

**ACETAZOLAMIDE 250 mg tablets (DIAMOX®)**

PURPOSE	Prevention and treatment of High Altitude Sickness
DOSAGE	125mg (1/2 tablet) twice a day, orally. Begin 24 hours prior to ascent, continue for three days or until symptom free at maximum altitude. May increase to 250mg per dose if necessary.
SIDE EFFECTS	Tingling of fingers / toes / face. Increased urination. Blurred vision
NOTES	If severe headache, nausea, vomiting, weakness, shortness of breath persist, immediate descent should be initiated.

**アセタゾラミド 250 mg 錠 (ダイアモックス)**

服用目的	高山病の予防と治療
用法	125mg (半錠) を1日2回服用 高地到着の24時間前に服用開始。必要に応じて1回250mgに増量。
副作用	頻尿、軽い手足のしびれ等
備考	服用中重度の頭痛、吐き気・嘔吐、脱力感、息苦しさ等がある場合はただちに下山すること。