

# Yurika T. Gillum

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## Areas of Specialty

- Mental/Clinical Health
- Case Management
- Geriatrics and Extended Care
- Crisis Intervention
- Psychiatric Evaluation
- Drug and Alcohol Assessment
- Strengths-based Counseling
- Culturally Competent Practice
- Hospital Discharge Coordination
- Children, youth and family

## Education

**University of Washington**  
**Masters in Social Work**

July 2007 – June 2008

**University of Washington**  
**Bachelor of Arts in Social Work**  
Honor/Award: Cum Laude

September 2005 – June 2007

## Experience

**Private Practice**

Mountlake Terrace, WA

**Therapist with Mindful Therapy Group**

September 2010-Present

- Conduct psychiatric evaluations.
- Provide counseling for children, youth, individuals, couples and families.
- Treat depression, anxiety, relational issues, addiction, grief and loss, bipolar, schizophrenia, OCD, personality disorders, PTSD etc.
- Provide support for clients in domestic violence or abusive relationships.
- Practice with knowledge and understanding in cultural and racial diversity and advocate for people of color, interracial couples and families.

**City Ministries Child Placement Agency**

Kirkland, WA

**Case Manager**

December 2009-December 2011

- Case manage through intake, foster family placement and permanency planning.
- Write extensive Home Studies for potential foster families.
- Conduct mental health assessments for foster families
- Crisis intervention.
- Support reunification for foster children and their biological parents or relatives.
- Work with Department of Social and Health Services (DSHS) to coordinate appropriate care for foster children.

**University of Washington Medical Center**

Seattle, WA

**Emergency Room Social Worker**

May 2009-Present

- Conduct psychiatric evaluations and substance abuse assessments.
- Work with county designated mental health professionals to arrange appropriate care for patients with psychiatric issues.
- Crisis intervention.
- Support patients and families who have experienced trauma.
- Provide appropriate community resources to patients.

**Providence Regional Medical Center Everett**

Everett, WA

**Clinical Social Worker**

June 2008-September 2010

- Provide case management to individuals and families experiencing medical, social, and mental issues.
- Coordinate discharge plans for alternative housing, shelters, rehabilitation, and durable medical equipment
- Work corroboratively with interdisciplinary team in Surgery, Nephrology, Oncology, Orthopedics, and Cardiology.
- Support patients and families who are making end of life decisions.
- Connect patients and families to community and charity resources.
- Conduct bio-psychosocial assessments, psychiatric evaluations, substance abuse assessments, Motivational Interviewing, Strength-based Counseling and Cognitive Therapy.
- Assist patients with getting established with DSHS.
- Crisis intervention.
- Work with county designated mental health professionals to arrange appropriate care for patients with psychiatric issues.

**Evergreen Hospital Medical Center**

Seattle, WA

**Clinical Social Work Intern**

September 2007-June 2008

- Coordinated discharge plans for alternative housing/ shelters, rehabilitation.
- Arranged transportation and durable medical equipment as needed.
- Worked corroboratively with interdisciplinary teams in Orthopedics, Surgery and Oncology.
- Provided case management to individuals and families experiencing physical/mental illness.
- Conducted bio-psychosocial assessments, psychiatric evaluations, substance abuse assessments, Motivational Interviewing, Strength-based Counseling and Cognitive Therapy.
- Provided emotional support and counseling and assist patients with navigating end of life resources such as palliative care and hospice.

**Refugee Assistance Program**

Seattle, WA

**Resettlement Caseworker**

September 2006-June 2007

- Case managed refugees from pre-arrival coordination to resettlement.
- Coordinated appropriate resources.
- Organized cultural orientations.
- Helped refugees get resources and connected them to the suitable services.
- Worked with DSHS and community organizations.
- Facilitated a girls group and mentor refugee teenage girls.

### **Hope Community Charter School**

Washington, DC

#### **Principal Assistant**

July 2006-September 2006

- Served children from Pre-Kindergarten to 6<sup>th</sup> grade and their families in a low-income African American neighborhood
- Coordinated student programs and parents meetings
- Developed Gifted and Talented Program and Etiquette Training program
- Oversaw coordination of Family/Faculty Handbook
- Substituted in Pre-Kindergarten and Kindergarten

### **King County Juvenile Court**

Seattle, WA

#### **Social Work Intern at Drug Court**

September 2005-June 2006

- Coordinated alternative education programs for youths in drug court
- Created a referral manual for educational programs and schools
- Provided supportive counseling for youths

### **Leadership Experiences/Activities**

#### **National Association of Social Workers**

Seattle, WA

#### **Member of the Finance Committee**

August 2010-Present

- Organize fund raising activities.
- Participate in Finance Committee meetings.

### **University of Washington School of Social Work**

Seattle, WA

#### **Organization of Student Social Workers**

September 2006-June 2007

#### **Community Service Coordinator**

- Organized community services like Day of Service and Warming Spirit for homeless people
- Organized and led student events at School of Social Work
- Fundraised

### **Professional Considerations**

- Washington State Licensed Independent Clinical Social Worker