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Katz, J.H. (2003, 1978). *White Awareness: Handbook for Anti-Racism Training* (2nd Edition) Norman, OK: University of Oklahoma Press.

Exercise 18 Exploring Institutional Racism: *True Colors*

To explore black–white relations and how they function vis-à-vis racism.

Goals

True Colors (video)

TV

VCR

**Materials
Needed**

1. Show the video *True Colors* (19 minutes).
2. Ask the participants to share what they have seen and the assumptions that they have made. Ask them to share also any feelings that they may have about either man and the situation.
3. Reactions, discussion. Questions raised should include the following:
 - a. How did the “world” treat Glenn and John?
 - b. How might this influence the way they see and interact with the world?
 - c. Were you surprised at the two different “realities” Glenn and John experienced?
 - d. To what do you attribute their different experiences? To what degree are they responsible for the advantages or disadvantages they received?
 - e. Do you think the people Glenn and John dealt with consider themselves racist or prejudiced? Do you consider them racist or prejudiced?
 - f. Discuss the role of power as it is displayed here.

Instructions

25 minutes

Time

This film may be used alone, as a substitute for Exercise 4, or in addition to Exercise 4.