



# St. Rita News

The new monthly newsletter serving Saint Rita Parish

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## *Meet the Daughters of St. Rita!*

On October 1, many women of St. Rita's parish met for the first time as the Daughters of St. Rita, a new umbrella women's organization comprised of both existing and new ministries for women of the parish. The Daughters' formation resulted from a survey of all women of the parish last spring. After compiling surveys and meetings as a group, women of St. Rita formed a

steering committee to establish the structure and mission of a parish organization that would best meet the needs of all St. Rita women. The Daughters are chaired by **Dian Moulins**, with **Jenny Lovett** and **Melanie Matel** serving as co-chairs. As explained in the kick-off meeting, the Daughters of St. Rita's mission is to inspire faith and spiritual formation of all St. Rita Parish women and encourage action and unification through communal prayer, fellowship & Christian hospitality, service, and spiritual development.

Examples of these four major activities include:

- 1. Communal Prayer** -- Silent Meditation, Vocal Meditation, and Contemplative Meditation;
- 2. Fellowship & Hospitality** -- Providing support to new parishioners, visitors and those in need; welcoming new/returning parishioners and visitors; organizing social gatherings/events;
- 3. Service** -- Outreach & Inreach; Fundraising or Development; Devotion to Parish/Dioceses;
- 4. Spiritual Development** -- Reading and discussions based on Scripture, Current issue/topic readings, and Church Culture/Traditions Old & New.

"This is a growing year," Melanie Matel, Daughters' co-chair, explains, "the examples given in each category are just that - examples - because only over time, through trials and errors, and God's will [can we discover] what the women of our parish and surrounding community will really need."

For the group's core activities, the Daughters will maintain two regular meeting times on the first Tuesday and third Friday of each month. The group is not intended to break any established women-focused/women-led parish groups, but to invite them, along with women who've not yet joined any groups, to gather and support each other while using their gifts to serve our Lord. Therefore, the third Fridays, which have been reserved in the past for a successful women's speaker series, will now become a key component of the Daughters' programs.

### **VOLUNTEERS NEEDED!**

Save the Date for the Daughters of St. Rita Silent Retreat for Women on December 14th!

Many volunteers are needed in the the following areas for this important inaugural program. Please consider how you can donate your time, talent or treasure to this new parish ministry:

- Decoration -- Donation: Donate supplies
- Decoration: Set-up and Break-down
- Program Packet -- Donation: Donate supplies
- Program Packet: Assist in creating
- Breakfast -- Donation: Food or financial donations
- Breakfast: Assist in setting up, serving, and/breakdown
- Lunch - Donation: Food or financial donations
- Lunch: Assist in setting up, serving, and/or breakdown
- Set-up: Dec. 13, 2013
- Clean-up/Breakdown: Dec. 14, 2013

Women AND men of the parish are welcome to assist by attending the retreat planning meetings at the Parish Ctr. from 7:30pm-8:30pm on Oct. 11 & 25, Nov. 8 and Dec. 6, as well as a set-up meeting on Dec. 13. For more information, please contact Melanie Matel at [melanie.matel@gmail.com](mailto:melanie.matel@gmail.com)

The upcoming Friday & Tuesday meetings will be:  
n **Fri. Oct. 18: Fr. Daniel Gee** will speak on "Lumen Fidei" after the 7:30pm Mass

n **Tue. Nov. 5:** Rosary and sharing of prayer intentions followed by a discussion of Advent and "How to Avoid the Commercialization of Christmas"

"I hope this new group of women can grow to truly support each other," Matel states when reflecting on the future of the group. She continues that it is a fitting time for the group's formation "especially when the role of women in society, in the family and, sadly even in religion, have been misconstrued, twisted, degraded...far from what our creator intended us to be."

For more detailed information on the Daughters of St. Rita, please contact Melanie Matel at [melanie.matel@gmail.com](mailto:melanie.matel@gmail.com) or Jenny Lovett at [jennylovett@gmail.com](mailto:jennylovett@gmail.com).

# All Souls Day is November 2nd

## *An Efficacious Prayer for the Faithful Departed*

O Most compassionate Jesus, have mercy on the Souls detained in Purgatory, for whose redemption Thou didst take upon Thyself our nature and endure a bitter death. Mercifully hear their sighs, look with pity upon the tears which they now shed before Thee, and by virtue of Thy Passion, release them from the pains due to their sins. O most merciful Jesus, let Thy Precious Blood reach down into Purgatory and refresh and revive the captive souls who suffer there. Stretch out to them Thy strong right hand, and bring them forth into the place of refreshment, light and peace. Amen.

OR

## *Prayer for the Poor Souls in Purgatory*

*English*

V. Eternal rest grant unto them, O Lord.  
R. And let the perpetual light shine upon them.

And may the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

*Latine*

V. Requiem aeternam dona eis, Domine.  
R. Et lux perpetua luceat eis.  
Fidelium animae, per misericordiam Dei, requiescant in pace. Amen.

## St. Rita Catholic School



Thank you, thank you, THANK YOU to our sponsors; all race participants; Nova Race Timing; and our amazing team of volunteers, led by Jude Prabakaran and Lisa McNichols, who made the 10th Annual St. Rita 5K for Education such a tremendous success!

Please support these businesses, who so generously support our parish school:

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## n LIVING OUR FAITH



### Baptisms

+ Maya Rose Alexander, Sept. 7  
+ Daniel A. Trejo Rivera, Sept. 28  
+ Steven D. Iraheta Sanchez, Sept. 28  
+ Genessis Paola Chavez, Sept. 28  
+ Felix Jack Blakeslee, Sept. 29  
+ Kaeden Michael Ikaika De Santos,  
Sept 29



### Weddings

+ Alexander Arias and Guadalupe Guevara,  
Sept. 1  
+ Thomas Griesemer and Caroline  
Hostomsky, Sept. 7  
+ Rufino B. Valesquez and Maria A. Morales,  
Sept. 28

### Deaths

+ Alison Nicolle Galeas, Sept. 24  
+ Jose Mauricio Luna, Sept. 26

*Do you have ideas for future items in the parish newsletter, or would you like to submit a feature for publication?  
All submissions can be directed to Catherine Feil at [catherine.feil@gmail.com](mailto:catherine.feil@gmail.com) or 703.671.0402. Thank you!*