

CHANGING YOUR PATTERNS IN INTIMATE RELATING



WITH CATHY BRESHEARS

Bring balance and healing to yourself & your life using the tools of
PROCESS COACHING®

- ♥ Clear blocks & manifest your deepest desires.
- ♥ Have more love for yourself, your partner, family & others.
- ♥ Be more of who you truly are.

Process Coaching is a unique approach for achieving deep emotional healing in the service of manifesting what you truly desire. This class is open for both men and women. You will learn the powerfully effective tools and inner art of Process Coaching, a new healing modality akin to Hypnotherapy, Neuro-Linguistic Programming, Shamanic Wisdom and the Intuitive Arts unleashing the power of unconditional love.



Cathy Breshears, a certified Process Coach and Teacher, has been teaching Process Coaching since 2007. Cathy has also been a Hatha, Kundalini and Yin Yoga instructor since 1992. She finds great joy in teaching ways to deeply listen and feel in order to heal deep emotional issues and find better balance between the body, emotions and mind.

Weekend Class: Saturday and Sunday April 13th and 14th, 2013
10 am-6 pm with lunch break

at Miss Kimbers Dance Magic ~ 628 SW Glacier, Redmond, OR 97756

Cost for the class series: \$225, which includes telephone check-ins,
240-page Process Coaching Practitioner Manual, and Healer's Practices 2-CD set.

For registration, or further information, contact: Cathy 425-802-9480
ProcessCoaching.com/Cathy & CathyBreshears.com