

TARA BROWN
TEEN LIFE COACH



SHE'S BEEN CALLED

**“TEEN WHISPERER” &
“TARA THE TIGER”**

REGARDLESS OF THE TITLE... **TARA GETS RESULTS...** BECAUSE SHE **'GETS'** TEENAGERS

Navigating the teen years can be emotionally challenging for parents and kids. At times, parents struggle greatly to connect and influence teens who can be hard to understand, challenging to communicate with, and lacking motivation in both school and life. Course correcting with someone who is caring and skilled in academics and life coaching is vital.

Award winning educator, author and life coach Tara Brown brings her expertise to you and your teen to help navigate the tough times. Tara will discover what motivates your teen both academically and in life. Through a combination of compassionate connections and tough love, Tara will help guide them in self-discovery and toward the direction of their dreams... holding them accountable every step of the way.



“All I have to say to Sara is “What would Tara say?” Sara responds by quoting, “Would you be proud to put your name on that?” If the answer is no, Sara starts making changes. Tara took Sara from an attitude of doing ‘just good enough to get by’ to “if its worth doing, its worth doing right. Thank you Tara!” C. Kubica-Parent

“Tara was tough on me, but I respect that. I’ve worked with other coaches and it was too easy to pull one over on them...not Tara. She’s tough but fair.” 14 year old teen

“There is a reason young people gravitate towards Tara. She knows how to create and maintain an environment that is respectful, rewarding, and relevant. Most importantly, young people know that she cares.” Hal Cato, President & CEO Oasis Center



Tara Brown
M.Ed./CMT

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