

**AMY**  
BEFORE SURGERY: 34A/AA  
AFTER SURGERY: 32D  
COST: about £4,800

3 SISTERS,  
3 BOOB JOBS,  
ALL ON THE  
SAME DAY.

# Only in L.A

When sisters Amy and Christie Kedzior decided to have their breasts enlarged on US television, their younger sibling, Mary, couldn't resist joining in. Here, she tells Antonia Blyth how it feels to go from a not-quite B-cup to babe in a boob tube. Photographs by Lauren Greenfield

**CHRISTIE**  
BEFORE SURGERY: 34B  
AFTER SURGERY: 32D  
COST: about £8,800

**MARY**  
BEFORE SURGERY: 32A/B  
AFTER SURGERY: 34D  
COST: about £4,000



**W**hen I came round after the operation, it felt like

there was an elephant sitting on my chest,' recalls Mary, right. 'Me and my sisters, Christie and Amy, were throwing up from the anaesthetic, and I couldn't lift my arms at all – it was too painful.

'I have a tight relationship with my sisters – we've always leaned on each other. So, when they went to see Dr Rey about having their boobs done on his TV show [*Dr 90210*, a real-life drama series set in Hollywood's cosmetic surgery clinics], I naturally considered surgery, too.

'I'd felt bad about my boobs for so long – A-cups were too narrow, but I couldn't fill a B-cup. I'd always told my friends, "Don't worry, I'm gonna buy them one day!" When I told my boyfriend I was considering surgery, he was excited – although he said he liked me as I was, which is exactly what he's supposed to say.

'When we all went to sign the paperwork after our consultation, I panicked – you're changing your body forever, and it's scary. I also needed to make sure that I was having my breasts enlarged for *me* – and not just because my sisters were doing it.

'The consultation itself was exciting, though: we went to Dr Rey's office in Beverly Hills. It's so plush and upscale, and he's quite a character. He has a crazy amount of energy, but manages to be comforting at the same time.

'He measured our breasts, then asked how big we wanted to be – I wanted small C-cups. He then suggested I have this new belly-button insertion method [see How does it work?, right], because I have raised lumpy scars on my knees from playing volleyball and was afraid I'd get the same thing on my breasts. I was also worried about ending up with massive nipples, as some women's get



#### LOOK, NO SCAR

Mary points to the only scar she received from the trans-umbilical surgery performed by Dr Rey. 'When he took off my bandages, I looked down and thought, "Wow! Instant boobs!"; laughs the 23-year-old

#### HOW DOES IT WORK?

**TUBA (trans-umbilical breast augmentation) is the newest trend in breast enlargement.**

**Under general anaesthetic, an incision is made in the belly button. Next, a hollow rod with a tissue expander is inserted and passed under the skin, up to the breast. A pocket is created underneath the breast muscle on both sides; then a rolled-up, empty saline implant is passed through the rod and unrolled inside the breast pocket. The implant is then filled with saline and the belly button is closed using a couple of soluble stitches. The procedure takes 30 minutes.**

**'When my sisters went to see about having their boobs done on television, I naturally considered having surgery, too'**

really enlarged from having the incision around them.

'While I waited for my sisters to get their blood tests done, I watched *Dr 90210* in Dr Rey's office. He was doing a girl's belly-button implants and I had to turn away, even though he had already explained the procedure to me.

'The two weeks before surgery were tense. I suppose I was worried it might go wrong, because you do see some awful boob jobs. The worst ones look like rocks on the chest – because they're over the muscle, not under it. It's funny how good I've got at spotting fakes. I

think most celebrities have had something done – I can even see it in the ones no one suspects.

'On the day of our surgery, we were in the waiting room and I noticed a girl with her mother. They were talking about an intimate "private" surgery – it must have been on the labia. I've seen before-and-after pictures of that on Dr Rey's website, and I swear one of those women needed to have it done because she looked like she had a penis!

'Half an hour before surgery, Dr Rey told me my muscle might be really thick from working out and so the implants we originally chose might not be enough for a C-cup, so I went for slightly larger ones. In essence, it's only two tablespoons of water more, but they look quite different. By then, I was incredibly nervous, ►

◀ though, and thinking, “Should I really be doing this to myself?”

‘I was there for an hour after surgery before I was allowed home to sleep – my parents were told to wake me every two hours to check I was OK. I had to wear special leggings to help my circulation. I felt like I’d been punched in the stomach. I was so weak, I needed help just to pull out my bedside drawer.

‘The next day, Christie, Amy and I went to Dr Rey’s office for the unwrapping of our bandages. I looked down and thought, “Wow – instant boobs!” There were absolutely no stitches or cuts. When I saw my sisters’ stitches, I thought, “Ouch!”

‘After surgery, you feel pretty bad for a couple of weeks – I was out of it on Vicodin and, unfortunately, that’s the first time my boyfriend saw my new look. I don’t really think he appreciated the full effect until one night a few weeks later when we were going out to dinner and I wore a boob tube and jeans. I saw him do a double take, which felt great. I was like, “Thanks!”

‘For a while, you have days when you think, “Oh my God, I look like a porn star – they’re too big.” Then, you begin to feel good about them. It takes a couple of months for the swelling to go down and I think that having them done through the belly button made them come out a bit higher, so it took longer for them to settle into position.

‘Not everyone is enthusiastic about my new body. A guy I used to work with said, “I thought you looked fine before.” Another time, this old man grabbed them. He said, “I love them! Are they real?” And one guy friend just said, “Nice tits.” I told him he was rude and he said, “What? You’re not used to it yet?”

‘It’s funny – I always used to wish someone would say that to me but, when it happens, you feel like a piece of meat.’ ■



## CHRISTIE

‘We had surgery on a Wednesday and the following Thursday I started a new job. It was awful,’ recalls Christie, 28. ‘I was really swollen and paranoid that people thought I’d just had a baby because my boobs were so huge. I get the odd negative comment from other women but, since my surgery, two of my friends have had the operation, too.’



## AMY

‘It was when Dr Rey said he was looking for sisters to go on his show that I made up my mind,’ says Amy, 25. ‘Afterwards, it was tough having a camera in my face, but I’m pleased with the results. My new boyfriend says I look amazing, although it hasn’t changed my sex life. If it had, then there would be something wrong with my relationship.’

## THE LATEST IN SURGERY FROM LA

There’s never a lack of new procedures to keep the world’s beautiful people at their best.

### VAGINAPLASTY OR LABIAPLASTY

The fastest-growing trend in Dr Rey’s Beverly Hills practice. Pregnancy or genetics can give you labia that protrude by as much 5-6cm, making exercise, G-strings and sex uncomfortable. Vaginoplasty promises a designer vagina with six weeks’ healing time and no detectable scars.

### THERMAGE

A no-cuts face-lift beloved by celebrities for its subtle youthful effect, Thermage uses radio waves to tighten skin by heating the dermal layers beneath, causing them to contract and build up collagen. Fairly uncomfortable, an anaesthetic cream is used to numb the face for the procedure, which can take up to an hour.

### THE FEATHER LIFT

Tiny surgical threads are inserted to ‘support’ sagging skin and reduce the rate of future ageing with just one week of recovery time. Choose to target one area, such as sagging jowls, or get your whole face done at once. This is a more subtle, natural-looking alternative to the traditional facelift.

### ENDOSCOPIC FACELIFT

Small incisions are made to the face under local anaesthetic. Using an endoscope (a tiny probe with a camera on its end), the surgeon goes into one incision, while an operating probe is used in another. Restructuring from under the skin can then be done, keeping scarring down.