

2018

FEAST OF  
SAINT  
MARCELLIN  
CHAMPAGNAT



## RESOURCE BOOKLET

CELEBRATING OUR HOPE TOGETHER





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# HOPE AND A FUTURE

How do we give hope to the next generation?

In a TEDx talk last year Pope Francis, when talking about the future said, *'To Christians, the future does have a name, and its name is Hope.'*

Yet the global world trends suggest some very challenging indicators to a hope-filled future for many people of the world.

We are witnessing the highest levels of displaced people on record with over 65 million people in the world driven from their homes<sup>1</sup> (50% of these are people under the age of 18), 1 in 6 people live in extreme poverty, we see enormous flows of migration, seismic effects of war and terrorist attacks, devastating fallouts from the financial crisis, the serious prospect of ecological disaster, the widening gap between rich and poor, and in our own country particularly, alarming rates of homelessness and mental health issues.

In this context, what can be said of the hope we have to offer the next generation and what difference can we make? Timothy Radcliffe in his book, *What is the Point of Being a Christian?* suggests that it starts with each one of us and the way we live our lives as Christians: 'If we are pointed to God, then this should make a difference to how we live. This is not a moral superiority. Christians are usually no better than anyone else. But the lives of Christians should be marked by some form of **hope, freedom, happiness and courage**. If they are not then why should anyone believe a word they say?'

Jesus gives us the most beautiful example of the kind of **hope and freedom** He wants for every person through the story of the healing of the *bent over woman* (Luke 13:10-17). We don't know her name. We don't know where she came from. Over eighteen years this woman had been bent over and the only thing she could see was the dirt on the ground and dust at her feet.

Then she encountered Jesus. He called her to Him and with a gentle word and simple touch she was immediately cured; *'Woman, you are set free!'* From that moment she straightened up. She could see the smiles on people's faces. She could see the sun. The shape of her previous crippled body was a symbol of all those things that stunt or distort our lives: fear, ignorance, prejudice, discrimination. She was now set free and began another way of seeing the world. She could now look at the horizon for the first time, one full of possibility and promise.

This is the Christian hope that we have to offer to others, especially young people and those on the edges: to free them from that which cripples and burdens their lives, to know their lives matter, to stand tall and see the sky. And it begins with us, through our ability to love and the way that we are able to live our lives for others.

In the Year of Youth and taking up our 2018 theme of believing in **hope and a future** for all people, let us as Marists be people who, through our word and action, offer the world a new way of seeing and being. A world where every young person can enjoy the hope of a future beyond the horizon which they are yet to discover. Pope Francis said that *'a single individual is enough for hope to exist.'* The Good News is that our Marist communities are full of single individuals that together create an *'us.'* Indeed, hope does have a future.

Mr Anthony Clarke  
Director of Formation

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<sup>1</sup> United Nations High Commissioner for Refugees (UNHCR) [www.unhcr.org](http://www.unhcr.org)



# STUDENT PRAYER 1

## Aboriginal Thanksgiving Prayer

*We Give Thanks*

**Leader:**

(Sign of the Cross) In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

In the week we celebrate the Feast of St Marcellin Champagnat, we remember the way Marcellin saw every person as made in the image and likeness of God. In making Jesus Christ known and loved, Marcellin opened himself to the wonder of God's spark of love that is present in people from every nation of the world, including our home of Australia.

During the week, we pray for and with the first peoples of our nation, loved from the beginning of all time by a loving God. We acknowledge the Aboriginal people as the original owners and custodians of the land, and we pay our respects to their elders, past and present. We offer our gratitude to all people of goodwill who work together to care for our common home, as Marcellin did. We honour and bless the gift of God's love and life in every human person.

**Reader 1:** God of Holy Dreaming, Great Creator Spirit,  
from the dawn of creation you have given your children  
the good things of Mother Earth.

**All:** *We give thanks for the gift of life.*

**Reader 2:** You spoke and the gum tree grew.  
In the vast desert and the dense forest,  
and in the cities and at the water's edge, creation sings your praise.  
Your presence endures at the rock at the heart of our Land.

**All:** *We give thanks for the gift of faith.*

**Reader 3:** When Jesus hung on the tree you heard the cries of all your people  
and became one with your wounded ones:  
the convicts, the hunted, the dispossessed.  
The sunrise of your Son coloured the earth anew, and bathed it in glorious hope.

**All:** *We give thanks for the gift of hope.*

**Reader 4:** In Jesus we have been reconciled to you, to each other and to your whole creation.  
Lead us on, Great Spirit, as we gather from the four corners of the earth;  
enable us to walk together in trust from the hurt and shame of the past  
into the full day which has dawned in Jesus Christ.

**All:** *We give thanks for the gift of love.*

Loving God, we give thanks always and everywhere  
for the gift of life you have given to us.  
Be with us as we walk with you in hope, today and every day. Amen.

**Leader:** Mary, Our Good Mother:

**All:** *pray for us.*

**Leader:** St Marcellin Champagnat:

**All:** *pray for us.*

**Leader:** St Mary of the Cross:

**All:** *pray for us.*

**Leader:** And let us always remember:

**All:** *to pray for one another.*

**Leader:** (Sign of the Cross)

*Permission to use this prayer was given by Lenore Parker*

*The Prayer has been adapted from Lismore Aboriginal Catholic Ministry*

<http://acmlismore.org.au/pray/prayers/aboriginal-thanksgiving-prayer/>

# STUDENT PRAYER 2

## The Examen

*Review of the Day*

**Style of Prayer:** Contemplative Communal (structured), then personal.

**Timeframe:** 15-20 mins.

**Materials:** Summary Card, music, prayer focus.

**Space:** Sacred space or classroom with prayer focus of a candle, bible, cross, other sacred symbols.

This prayer can be led and prayed anywhere, both individually or communally.

### Possible Music to frame the Prayer (play before):

*Lord, I Need You* by Matt Maher from the album *Lord, I Need You* (2015). Available on itunes. Contemporary/rock: <https://www.youtube.com/watch?v=LuvfMDhTyMA>

*My Evening Prayer* by Sarah Hart from the album *Into These Rooms* (2004). Contemporary/folk: <https://www.youtube.com/watch?v=sVWp-GGDOUI>

*Hold On To Love* by Ken Canedo and Jesse Manibusan from the album *Fish With Me* (2016). Available on itunes. Contemporary/folk: <https://www.youtube.com/watch?v=v-5I8ZGkIN4>

*In The Silence* by Margaret Rizza from the album *Mysterium Amoris* (2012). Available on itunes. Choral/classical: <https://www.youtube.com/watch?v=1vBOvkMRt7I>

## About

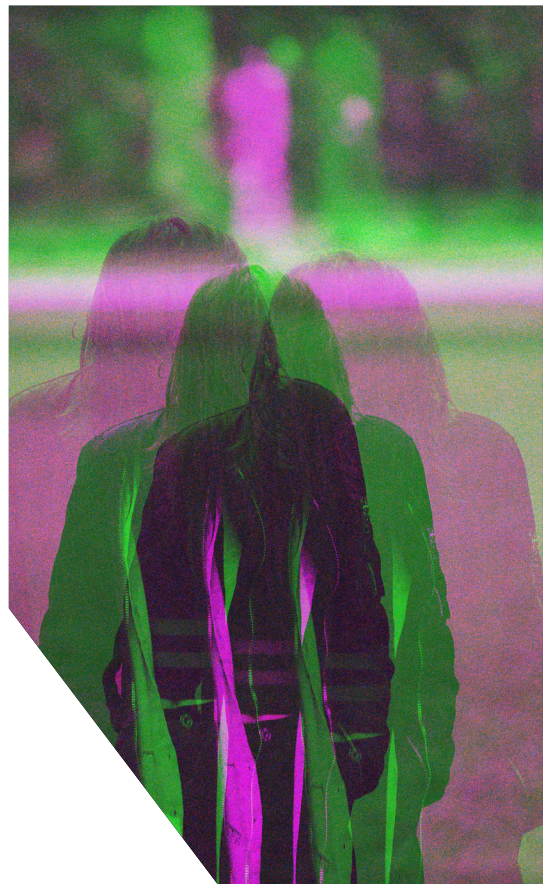
The simple way of the Examen, or the "Review of the day," is a prayer practice made popular by St Ignatius of Loyola, founder of the Jesuits, in the 15th Century. As we "RE-VIEW," or look over our day, we mindfully and patiently go deeper. We go beyond the surface.

This prayer has also become part of our Marist tradition as we form reflective hearts. Marcellin was a practical man and always took the best of whatever tradition he saw was leading young people to a closer relationship with Jesus.

The Examen is another way of entering into this adventure and deep relationship with God: we are led by the Spirit, and we discover moments where God has been present and active in our daily life. We see *what the Lord was doing in my day* and create the space to ask and explore the question *how I am responding?*

## Let me explain

Have you ever watched a 3D movie? Perhaps you haven't had a chance or you may have seen quite a few. While watching a 3D movie you need to wear 3D glasses and as you watch you feel as though the characters are jumping at you. It feels as if you are right in the middle of the action, as if you are acting in it. You seem to duck for cover when objects are flying at you.



Now imagine trying to watch a 3D movie without 3D glasses. You just don't get the same experience. Something is missing. It is not the same. It is boring. Sometimes it is even distorted.

The *review of the day* is looking over our day wearing **3D glasses**. It is looking over our day with 3D vision wearing "God's glasses" so that our day comes fully alive. We can then reflect and allow God to lead us back into our day to show us what really happened. Our day is no longer just "another day." It becomes a special day full of character, games, stories, conversations, love, disappointments, maybe pain, but also life. Your school day is no longer just classes, recess and lunch. It is a gift to be celebrated.

The "Review of the Day" follows FIVE simple steps. It is usually done in the evening to review the same day, or in the morning to review the previous day. However, you can pray the Examen anytime.



## STEP ONE: PRAY FOR LIGHT

Begin with a simple prayer:

"Lord, come to me and be my light. Let me know your love and presence that is always in my life."

God loves you and has been waiting for you!  
This is a time to share with God about your day.

*Lord, help me to look over my day with your eyes. Let me wear your glasses.*



## STEP TWO: GIVE THANKS

This is time for gratitude.

A simple thanks to God for the gifts received today. Look for the small moments. Keep it simple.

### Examples:

These could be a good night of sleep, rest, breakfast, family, friends, recess or lunch, laughter, games, bus or train ride, conversations, a kind word. Perhaps you want to be thankful for a special talent you have been given, a positive comment by a teacher or an answer you gave, or your sense of humour or skills, health, a gift that you received, time you were able to give that helped someone...

*Lord, thank you for the gifts of this day. Thank you for your love...*



## STEP THREE: REVIEW THE DAY

A review of the day.

Replay the day as you would when you are watching a movie. Rewind to the beginning. How did your day begin? How did you get to school? What was your timetable like today? Which subjects and teachers did you have? What did you do at recess and lunch? What about when you got home?

Recall events, moments, conversations and people in your day. As you replay these events pay attention to what is **happening IN you**. What feelings, moods and desires are coming up?

**Ups** What were happy moments for you? Who wore God's face for you? When did you feel an energy lift? When did you feel most alive? When were you at your best?

**Downs** What about moments you felt down? When did you feel sad or un-happy? Or in a bad mood? Or felt really down? Or anxious or scared? What happened? Why?

Speak to God and share your feelings. Listen to God and allow yourself to be encouraged and challenged by God's words to you!

Lord, help me to see what is happening to me and IN me today.  
Help me to see how I responded to you.



## STEPFOUR: I AM SORRY

A time to say sorry.

Perhaps I have come across something I did that I feel down about. Perhaps I was not happy in the way I responded to someone. I was not generous enough or I was rude to my friends, parents or teacher. Perhaps I said or did something that I regret. Perhaps I over-reacted!

This is a time to simply say sorry. It is not so much about dwelling or spending too much time on my shortcomings. Don't over analyse. We are not perfect; we all make mistakes and that's okay. It is more a time to reflect and realise that God loves us just as we are, even when we are not being our best selves!

Lord, I am still learning to grow and often make mistakes. Thank you for the grace of your love and forgiveness.



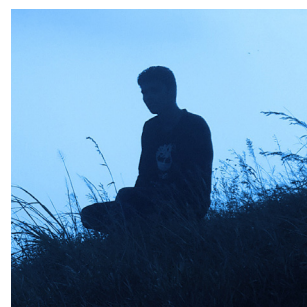
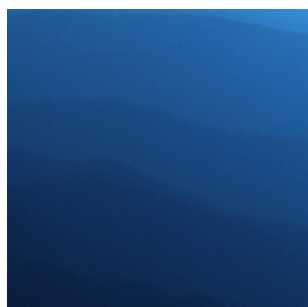
## STEPFIVE: LOOK FORWARD

Look forward to the next day.

This is time to have a conversation to Jesus as friends do. Tell him about your thoughts, actions, feelings. What are your hopes? Tell him what the day has been like and what you look forward to the next day. Perhaps you are worried or anxious about the next day. Perhaps you are excited? Or you simply feel "whatever!"

Finally, you may have a resolution you would like to make!  
You may need God's help tomorrow as you may be worried about a class, students, teacher or upcoming exams. You could be worried about assignments or concerns at home!

Lord, I need you today, tomorrow and every day.  
Stay with me as I learn to grow and be the best person I can be.





# A PRAYER FOR EVERYDAY: THE EXAMEN

## THE REVIEW OF THE DAY

### SUMMARY CARD

The "Review of the day" is a practice of looking over our day beyond the surface. I want to see "what the Lord was doing in my day" today and "how I am responding."



#### **Step ONE: Pray for light**

You are in the presence of God.  
God loves you and has been waiting for you!

*Lord, help me to look over my day with your eyes.*



#### **Step TWO: Give Thanks**

This is time to say thanks to God for the gifts you have received today. Look for the small moments. These could be a good night of sleep, rest, breakfast, family, friends, conversations, a kind word, your sense of humour or health...

*Lord, thank you for the gifts of this day. Thanks for your love.*




#### **Step THREE: REVIEW the DAY**

Replay the day as you would when you are watching a movie. Recall events, moments, conversations and people in your day.

- What were happy moments for you? When did you feel an energy lift? When did you feel most alive?
- What about moments you felt down? When did you feel sad or un-happy or in a bad mood? Or felt really down, anxious or scared? What happened? Why?

Speak and listen to God and allow God to encourage and challenge you!

*Lord, help me to see what is happening to me and IN me today. Help me to see how I responded to you.*



#### **Step FOUR: I am sorry**

This is a time to simply say sorry and not to spend too much time on your shortcomings. Don't over analyse. We are not perfect. It is more a time to reflect and realise that God loves us just as we are, even when we are not being our best!

*Lord, I am still learning to grow and often make mistakes. Thank you for the grace of your love and forgiveness.*



#### **Step FIVE: Look forward to the next day**

This is time to have a chat to Jesus, as friends do. Tell him about your thoughts, actions, feelings. What are you looking forward to the next day? Or you may need his help tomorrow? Or you may wish to make a resolution?

*Lord, I need you today, tomorrow and every day. Stay with me as I learn to grow and be the best person I can be.*

# STAFF PRAYER 1

## Source

*A Heart That Knew No Bounds: The Life and Mission of Saint Marcellin Champagnat.*  
Br Sean D. Sammon FMS, 2013.

## Leader:

(Sign of the Cross) In the name of the Father, and of the Son, and of the Holy Spirit.

All: Amen.

Marcellin Champagnat had a practical mind. This trait was evident throughout his life. He paid for his early seminary formation using money earned from a successful business raising and selling sheep. Later, after he had established his Little Brothers, the founder insisted that a garden be part of each house in which they would live. Marcellin was convinced that tending a vegetable garden would build a sense of family spirit and keep the brothers in touch with the lives of those whom they were called to serve. By providing their own vegetables, they would also minimise the cost to the parish and town for their support.

The Founder's strong will, made him a determined and persistent leader. These qualities were great gifts. No doubt, at times, they could also be maddening. Like all of us, the future saint had those areas in his life where he fell short of the ideal. He is a saint, not by his own merit, but rather because he allowed God's grace into his own heart, where it took root and flourished. He suggested as much when he wrote his Spiritual Testament: *"There are difficulties in living the life of a good religious, but grace makes all things easy."*

Marcellin Champagnat took seriously the Good News of Jesus Christ. He was a holy man because he lived his ordinary life exceptionally well and did ordinary things with extraordinary love. Having discovered the joy of the gospel and letting it transform him, the founder wanted to share with others, particularly the young, all that he had seen and heard. *"To love God,"* Marcellin often said, *"and to labour to make God known and loved – this is what a brother's life should be."* With these few words, the future saint painted his own portrait and recounted his own story. His was a heart that knew no bounds.

*(pause for a few moments of contemplation).*



Leader: Let us pray:

St Marcellin was gifted with a practical mind, a strong will, a love of people, and a love of the Gospel (*pause*). God of hope, inspire us to live the ways of St Marcellin.

All: *God of hope, inspire us to live the ways of St Marcellin.*

Leader: Young people are at the heart of Marist mission (*pause*).  
God of love, guide us as we nurture the goodness in each of the young people in our care.

All: *God of love, guide us as we nurture the goodness in each of the young people in our care.*

Leader: Family spirit was a core value fostered by St Marcellin (*pause*).  
God of peace, lead us into service to those in our community.

All: *God of peace, lead us into service to those in our community.*

Leader: We take a moment to pray in silence for our own personal intentions (*pause*).  
We ask Mary, our Good Mother, who is our constant companion to intercede for us in presenting our needs to her Son, Jesus.

All:

**HAIL MARY, FULL OF GRACE,  
THE LORD IS WITH YOU.  
BLESSED ARE YOU AMONG WOMEN  
AND BLESSED IS THE FRUIT  
OF YOUR WOMB, JESUS.  
HOLY MARY, MOTHER OF GOD,  
PRAY FOR US SINNERS,  
NOW AND AT THE HOUR OF OUR DEATH.  
AMEN.**



Leader: Mary, Our Good Mother:  
Leader: St Marcellin Champagnat:  
Leader: St Mary of the Cross:  
Leader: And let us always remember:

All: *pray for us.*  
All: *pray for us.*  
All: *pray for us.*  
All: *to pray for one another.*

Leader: (Sign of the Cross)





# STAFF PRAYER 2

Leader:

*(Sign of the Cross)*

In the name of the Father, and of the Son,  
and of the Holy Spirit.

**All: Amen.**

The Feast of St Marcellin invites us to reflect upon the spirit that has been carried through generations of Marists: the same spirit that we continue to carry forward and live today in our Marist communities. You are invited to close your eyes to listen to this version of the Salve Regina that was composed for the Marist bicentenary in 2017 by Br Michael Herry FMS.

HAIL, HOLY QUEEN, MOTHER OF MERCY.  
HAIL, OUR LIFE, OUR SWEETNESS,  
AND OUR HOPE.  
TO YOU DO WE CRY, POOR BANISHED  
CHILDREN OF EVE.  
TO YOU DO WE SEND UP OUR SIGHS,  
MOURNING AND WEeping IN THIS VALLEY  
OF TEARS.  
TURN THEN,  
MOST GRACIOUS ADVOCATE,  
YOUR EYES OF MERCY TOWARD US.  
AND AFTER THIS, OUR EXILE,  
SHOW US THE BLESSED FRUIT  
OF YOUR WOMB, JESUS.  
O CLEMENT, O LOVING,  
O SWEET VIRGIN MARY.

As we listen to this prayer in music, you are invited to contemplate the spirit that drives you to mission in caring for and educating the young people of our school.

*The Salve Regina is available either as audio visual (4:26) or audio only from the Marist Music website: [www.maristmusic.org.au](http://www.maristmusic.org.au)*

*At the conclusion of Salve Regina, and after a short period of silence, the following extracts from our foundational Marist documents are read. Eyes may remain closed.*

Reader 1

Marcellin shows us how we are to form and live in communities of mission. In the very name he chose, the "Little Brothers of Mary", Marcellin summarises the fundamental identity of his community: the gospel virtue of simplicity, the call to fraternity, and the contemplation of the person of Mary.

*Water from the Rock, paragraph 98.*

*(Pause for 5 seconds)*





Reader 2

As a Catholic school, our Marist community is a setting in which faith, hope and love are lived and communicated leading young people “to learn to know, to be competent, to live together, and most especially, to grow as persons.”

*In the Footsteps of Marcellin Champagnat, paragraph 126.*

*(Pause for 5 seconds)*

Reader 3

To live Marist spirituality is, in short, to discover the daily source of the passion of Marcellin for the Kingdom and, like him, to respond ‘Yes.’ It is to revive our first love, to renew our commitment to Jesus in the style of Mary.

*Around the Same Table, paragraph 109.*

*(Pause for 5 seconds)*

Leader

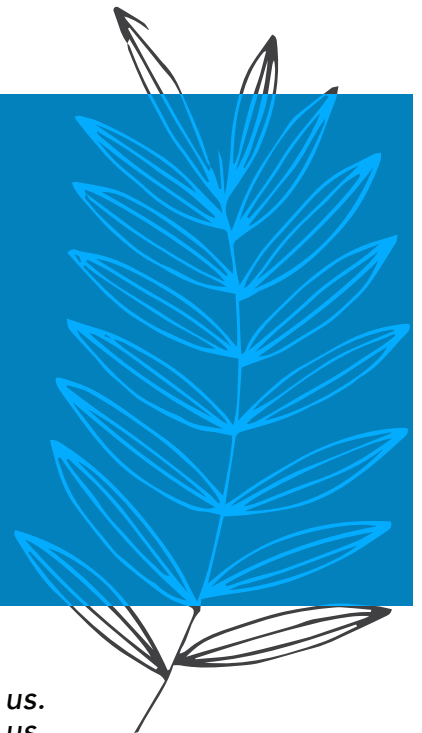
*(Participants are invited to open their eyes).*

When Marcellin and Br Stanislaus were lost in the snow and close to perishing, their hope and confidence in God’s goodness still remained. In their desperate situation, they recited the *Memorare*, a prayer they knew by heart. They trusted in God and were hopeful that Mary would seek to protect them through her Son.

We share this trust and hope with Marcellin, and with confidence together we pray the *Memorare*:

All:

REMEMBER, O MOST LOVING VIRGIN MARY,  
 THAT NEVER WAS IT KNOWN IN ANY AGE,  
 THAT ANYONE WHO FLED TO YOUR PROTECTION,  
 IMploRED YOUR HELP,  
 OR SOUGHT YOUR INTERCESSION WAS ABANDONED.  
 INSPIRED WITH CONFIDENCE, THEREFORE, I FLY TO YOU,  
 O VIRGIN OF VIRGINS, MY MOTHER.  
 TO YOU DO I COME, BEFORE YOU I STAND,  
 SINFUL AND SORROWFUL,  
 DO NOT, O MOTHER OF JESUS, DESPISE MY PRAYERS,  
 BUT GRACIOUSLY HEAR AND GRANT THEM. AMEN.



Leader: Mary, Our Good Mother:  
 Leader: St Marcellin Champagnat:  
 Leader: St Mary of the Cross:  
 Leader: And let us always remember:

All: pray for us.  
 All: pray for us.  
 All: pray for us.  
 All: to pray for one another.

Leader:

*(Sign of the Cross)*

In the name of the Father, and of the Son, and of the Holy Spirit.

All: Amen.

# STAFF REFLECTION 1

## MARCELLIN'S PEOPLE – GOD'S PEOPLE

She stands stolidly, her feet strongly stationed in the dust of a depicted vast, flat and barren landscape with dead trees and a cloudless sky. The artist has brought his subject to the fore and enlarged the woman, making her monumental. She may have lank hair, her garb may be drab, her dress unfashionable, her hat nondescript as are her flat lace-up shoes, as she looks out towards the viewer with her feet firmly planted on the ground. She may be alone, but she does not appear to be lonely; rather, she appears to be in harmony with herself and this place. She is not battling the elements, or anything else. In her own way she is heroic. This is Russell Drysdale's *The Drover's Wife* painted as a commission to record the drought devastation in north-western New South Wales in 1944.

Drysdale's people are strong women and men who are laconically at home in their environment. They are working people located in what might seem an inhospitable environment, but they are portrayed as being at ease there, as resilient as the environment demands. Drysdale stated that "it is a life that demands a different set of values, a heightened perception which in turn develops a new awareness."

St Marcellin Champagnat was also very much located in an environment that would challenge those without the strong legs to plunge into the heights and valleys of Mont Pilat. André Lanfrey's *History of the Institute Vol 1* recognises the suitability of St Marcellin's placement in the Parish of La Valla:



*The appointment of Marcellin Champagnat to such a parish was not without its significance. To bring effective pastoral ministry to a population that had endured such severe trials, and to cope with its extensive and hilly terrain, what was needed was a vigorous man familiar with the rural world of the mountains of Pilat and the Velay. This appointment was, to a certain extent, a mark of confidence in him.*

Like the drover's wife, St Marcellin is at ease with the demands of his environment. What drives him is the young of the area. His confidence in the love of God for each of the young gives him the fire to bring the young to a recognition of God's love for them. St Marcellin's golden rule was for all Marists to love each student and to love them all equally.

An awareness of God's love is the primary objective, but not the only one. St Marcellin sets his followers the task of making youth good Christians and good citizens. This love is not simply an abstract concept but is recognised in the example of the young Marists. The founding members of the Marists were committed to opening a new awareness for the young of Post-Revolution France.

*What is the awareness we lead our students and our peers towards?*





## REFLECTION

*As Marists, do we feel attached and comfortable in the environment in which we work?*

*How do we convey this love spoken by St Marcellin to our students and fellow Marists?*

*Who challenges us? Let us bring to mind that particular person.*

*What can I do this week to follow Marcellin's golden rule 'to love them all equally?'*

*Imagine how you will do this.*



# STAFF REFLECTION 2

## THE DAWN OF HOPE

WALKING WITH JESUS AND MARY AS MARISTS

Hope and despair are not opposites. They are cut from the very same cloth, made from the very same material, shaped from the very same circumstances. Every life finds itself forced to choose one from the other, one day at a time, one circumstance after another. The sunflower, that plant which in shadow turns its head relentlessly toward the sun, is the patron saint of those in despair. When darkness descends on the soul, it is time, like the sunflower, to go looking for whatever good thing in life there is that can bring us comfort. Then we need music and hobbies and friends and fun and new thought.

Despair colours the way we look at things, makes us suspicious of the future, makes us negative about the present. Most of all, despair leads us to ignore the very possibilities that could save us, or worse, leads us to hurt as we have been hurt ourselves.

Hope, on the other hand, takes life on its own terms, knows that whatever happens God lives in it, and expects that, whatever its twists and turns, it will ultimately yield its good to those who live it consciously, to those who live it to the hilt.

When tragedy strikes, when trouble comes, when life disappoints us, we stand at the crossroads between hope and despair, torn and hurting. Despair cements us in the present. Hope sends us dancing around dark corners trusting in a tomorrow we cannot see because of the multiple paths of life which we cannot forget.

Life is not one road. It is many roads, the walking of which provides the raw material out of which we find hope in the midst of despair. Every dimension of the process of struggle is a call to draw from a well of new understandings. It is in these understandings that hope dwells. It is that wisdom that carries us beyond the dark night of struggle to the dawn of new wisdom and new strength.

From *Scarred by Struggle, Transformed by Hope* by Sr Joan Chittister OSB (Eerdmans)

<http://www.joanchittister.org/word-from-joan/3-26-2018/dawn-hope>



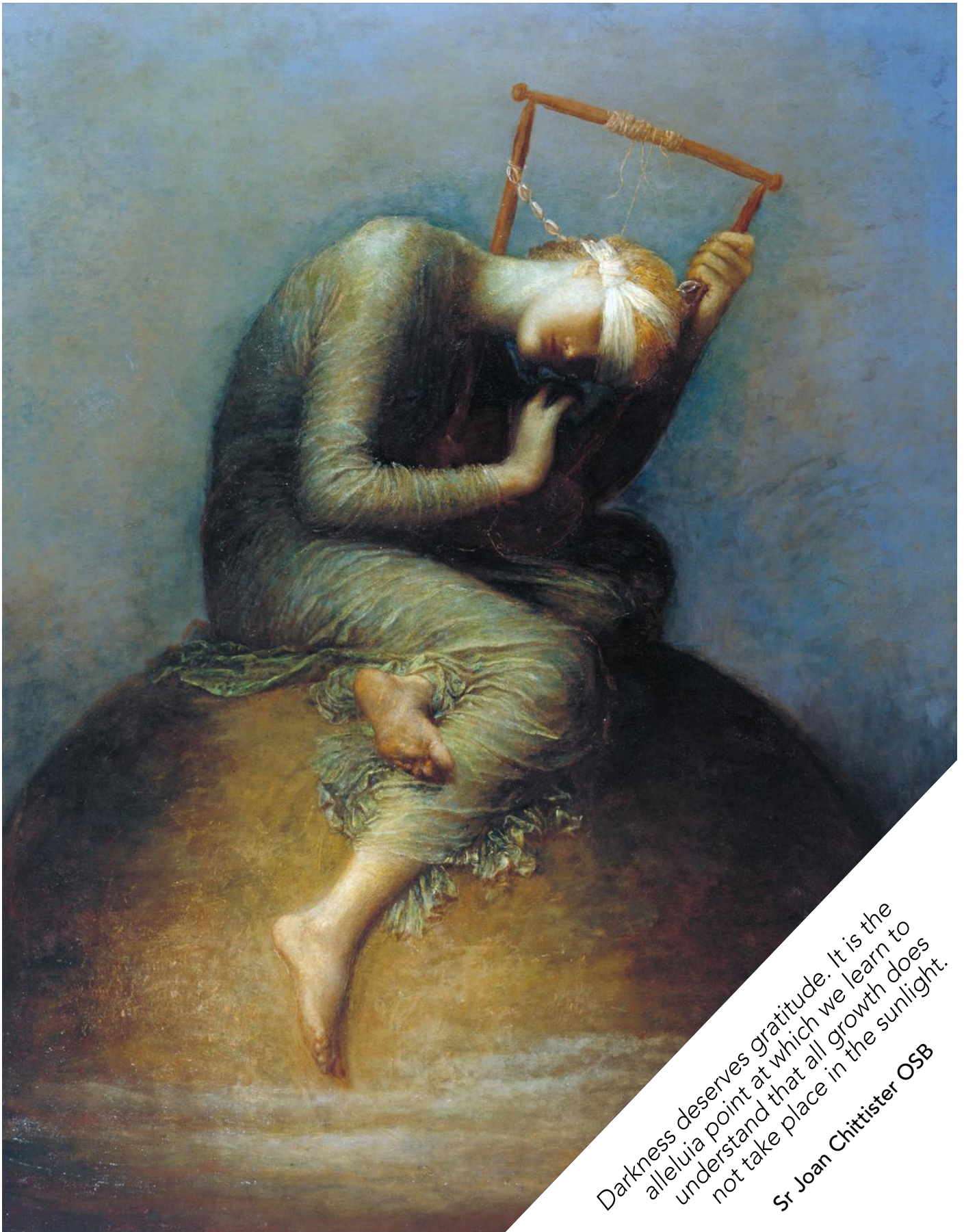
## LAMENTATIONS 3:22-23

*The steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning; great is your faithfulness.*



# STAFF REFLECTION 3

HOPE BY G.F WATTS (1897-1904) | MARCELLIN - MAN OF HOPE

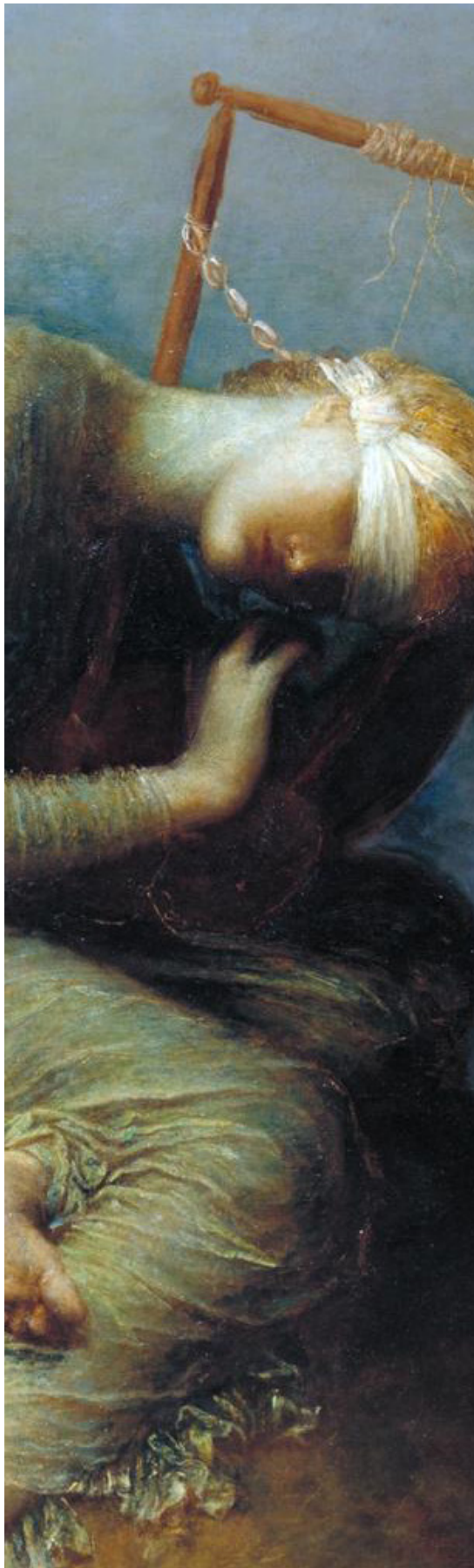


Darkness deserves gratitude. It is the alleluia point at which we learn to understand that all growth does not take place in the sunlight.

Sr Joan Chittister OSB



Marcellin often was in situations where he was called to hope, even when he could not see where the road was taking him. His deep faith in the loving care of Mary and Jesus allowed him to be free to walk into any future knowing that he would never be alone.



*You are invited to reflect on the above image of hope.*

*How does this image challenge or enhance your idea of hope?*

### **Commentary by Julie Gittoes, 2015**

Residentiary Canon for Education  
at Guildford Cathedral, UK

*"This painting is perhaps one of his most popular images and certainly the most famous. She is wearing a pale blue robe; sitting precariously on what seemed to me at first a rock, but perhaps it's a globe. She is stooping awkwardly, even uncomfortably; bent almost double, folded in on herself. She cannot see but she can touch and hear. She seems to be paying absolute attention to the lyre she's holding. She is clinging on to it, straining to hear the faint sound it makes (the note she can make) on the last remaining string. A very melancholy, tuneless reverberation made by finger plucking a string in the air.*

*Although the figure of the woman occupies much of the canvas, there is an expanse of space which seems to exaggerate her alone-ness. She is a solitary figure – abandoned, exiled, escaping or seeking safety. As we have seen, in the scriptural tradition hope is not absent in adversity. Even when the exiled people of Israel hung up their harps, God's love remained faithful."*

### **Reflection**

Is there a sense of hope in this young woman?

Perhaps it isn't a hope that is rooted in her own emotional resilience or inner strength; perhaps there is a hope beyond the constraints of her circumstances.

There is a single star in the sky; a single still point. She cannot see it.

As Paul writes to the Romans: in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But is we hope for what we do not see we wait for it with patience (Rom 8: 24-25).

When has there been a time when you have had to hold on through the dark, as Marcellin did many times, trusting in the hope of a new beginning?

*Ring the bells that still can ring.  
Forget your perfect offering.  
There is a crack, a crack in everything.  
That's how the light gets in.*

Leonard Cohen Anthem

# MASS FOR THE FEAST OF SAINT MARCELLIN CHAMPAGNAT

## ORDER OF MASS

### THE INTRODUCTORY RITES

**Presider:** In the name of the Father, and of the Son, and of the Holy Spirit.

**All:** *Amen.*

**Presider:** The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

**All:** *And with your Spirit.*

### COLLECT

**Presider:** Holy Father, you have revealed the commandment of the new law through your Only Begotten Son, and shown us how to put it into practice by the inspiring example of Saint Marcellin; grant us, we pray, the grace to persevere in loving all our sisters and brothers as he taught, and to lead our world to the knowledge of the truth of Jesus Christ, who lives and reigns with you in the unity of the Holy Spirit, One God, for ever and ever. Amen.

### PENITENTIAL ACT

**Presider:** Lord Jesus, you love us with patience and kindness.  
Lord, have mercy.

**All:** *Lord, have mercy.*

**Presider:** Lord Jesus, you invite us to be ministers of mercy and care.  
Christ, have mercy.

**All:** *Christ, have mercy.*

**Presider:** Lord Jesus, you give us gifts to walk with those who are oppressed or in pain. Lord, have mercy.

**All:** *Lord, have mercy.*

**Gloria** (*sung or said by all*)

Glory to God in the highest,  
and on earth peace to people of goodwill.

We praise you, we bless you, we adore you, we glorify you,  
We give you thanks for your great glory,  
Lord God, heavenly King, O God almighty Father.

Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
You take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.

For you alone are the Holy One,  
 you alone are the Lord,  
 you alone are the Most High,  
 Jesus Christ,  
 with the Holy Spirit,  
 in the glory of God the Father.  
 Amen.

**Presider:** Grant us, Lord our God, that we may honour you with all our mind, and love everyone in truth of heart. Fill us with your Spirit as we journey as Marial people into a hope-filled future with you always as our companion and guide. We ask this through Christ, our Lord.

**All:** Amen.

**THE LITURGY OF THE WORD**

**First Reading**

**A reading from the Book of Sirach (24:28–31)**

I, wisdom, poured forth rivers.  
 I, like a rivulet from her stream, channelling the waters into paradise, said to myself,  
 "I will water my plants, my flower bed I will drench;"  
 and suddenly this rivulet of mine became a river,  
 and this stream of mine, a sea.  
 Thus do I send my teachings forth shining like the dawn,  
 to become known afar off.  
 I shall penetrate the lower parts of the earth,  
 and I shall look upon all who sleep,  
 and enlighten those who hope in God.  
 Thus do I pour out instruction like prophecy  
 and bestow it on generations to come,  
 and I shall continue in their descendants forever.  
 See, I have worked not for myself alone, but for all who seek instruction.

The Word of the Lord.

**All:** Thanks be to God.

**Responsorial Psalm 112: 1-9** *Happy the man whom the Lord instructs.*

**Verse 1** Happy the man whom the Lord instructs,  
 Who greatly delights in his commands.  
 His posterity shall be mighty upon the earth;  
 The upright generation shall be blessed. *Response*

**Verse 2** Wealth and riches shall be in his house;  
 His generosity shall endure forever.  
 He dawns through the darkness, a light for the upright;  
 He is gracious and merciful and just. *Response*

**Verse 3** Well for the man who is gracious and lends,  
 Who conducts his affairs with justice;  
 He shall never be moved;  
 The just man shall be in everlasting remembrance. *Response*



**Verse 4** An evil report he shall not fear;  
His heart is firm, trusting in the Lord.  
His heart is steadfast, he shall not fear  
Till he looks down on his foes.

*Response*

**Verse 5** Lavishly he gives to the poor;  
His generosity shall endure forever;  
His horn shall be exalted in glory.

*Response*

**Second Reading**

**A reading from the Acts of the Apostles (1: 12-14; 2: 44-47)**

The Apostles returned to Jerusalem from the mount called Olivet near Jerusalem – a mere Sabbath’s journey away. Entering the city, they went to the upstairs room where they were staying: Peter and John and James and Andrew; Philip and Thomas, Bartholomew and Matthew; James, son of Alphaeus; Simon, the zealot party member, and Judas, son of James. There were some women in their company, and Mary the mother of Jesus, and his brothers.

Those who believed shared all things in common; they would sell their property and goods, dividing everything on the basis of each one’s need. They went to the temple area together every day, while in their homes they broke bread. With exultant and sincere hearts, they took their meals in common, praising God and winning the approval of all the people. Day by day the Lord added to their number those who were being saved.

The Word of the Lord.

*All: Thanks be to God.*

**Gospel Acclamation**

*How blessed are the poor in spirit: the reign of God is theirs.*

**Gospel**

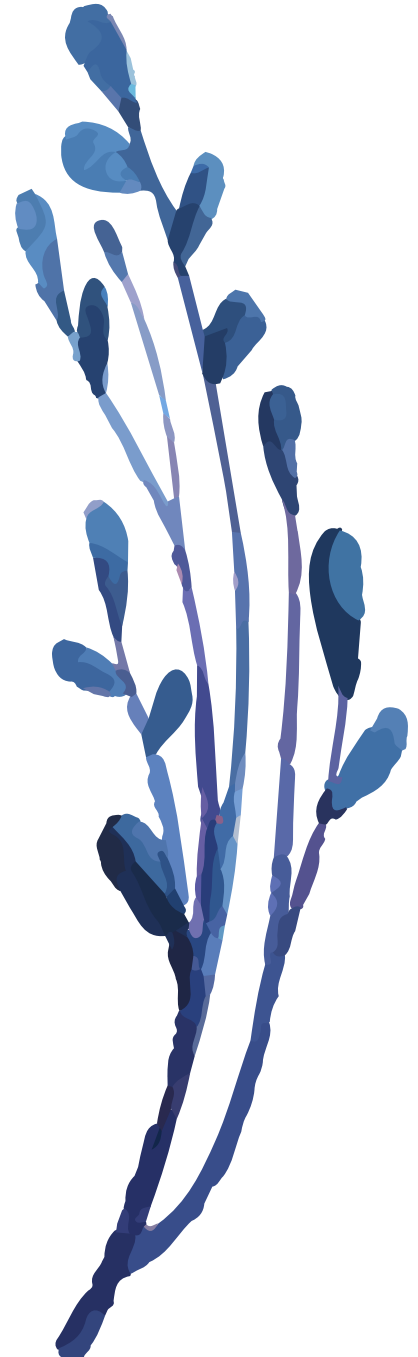
**A reading from The HOLY GOSPEL ACCORDING TO MATTHEW (18:1-5)**

Just then the disciples came up to Jesus with the question, “Who is of greatest importance in the kingdom of God?” He called a little child over and stood him in their midst and said: “I assure you, unless you change and become like little children, you will not enter the kingdom of God. Whoever makes himself lowly, becoming like this child, is of greatest importance in that heavenly reign. Whoever welcomes one such child for my sake welcomes me. On the other hand, it would be better for anyone who leads astray one of these little ones who believe in me, to be drowned by a millstone around his neck, in the depths of the sea. What terrible things will come on the world through scandal! It is inevitable that scandal should occur. Nonetheless, woe to that man through whom scandal comes! See that you never despise one of these little ones. I assure you, their angels in heaven constantly behold my heavenly Father’s face.

The Gospel of the Lord.

*All: Praise to You, Lord Jesus Christ.*

**HOMILY**



## PRAYER OF THE FAITHFUL

*For the needs of the Church*

We pray that we be people who live hope: in our world, and in our communities of faith.  
We pray to the lord:

**All:**            *Lord, hear our prayer.*

*For the leaders of the church, public authorities, and all people in our world*

We pray for Pope Francis, our Bishop n., our local, state and national government, and the global community: may all seek the common good and lead through serving the world in humility and mercy.

We pray to the lord:

**All:**            *Lord, hear our prayer.*

*For the poor and those on the margins*

We pray that, like Saint Marcellin, we have eyes to see those who most need our help: in our local communities, and throughout the world.

We pray to the lord:

**All:**            *Lord, hear our prayer.*

*For Marist mission*

We pray for Marist's everywhere, that they continue to be signs of hope by witnessing to the love of God that is always alive and active in the world.

We pray to the lord:

**All:**            *Lord, hear our prayer.*

*For those who are ill or who have died*

We ask Saint Marcellin, Mary, and all the saints to join with us in prayer for our sick and for all who have gone home to God. We call to mind these people and ask God to surround them with the light of love that never ends (*pause for 5 seconds*).

We pray to the lord:

**All:**            *Lord, hear our prayer.*

**Presider:**    Loving God, source of all blessing and hope of the world, you shine your merciful and healing light in all places. Hear the prayers we offer for all your people and for your world in this Year of Youth and our Marist Year of Hope. We ask that you graciously fulfil our needs and guide our actions into the future as we continue your mission of love in and for the world. We ask this through Christ, our Lord.

**All:**            *Amen.*

## THE LITURGY OF THE EUCHARIST

### The Preparation of the Gifts

**Presider:**    Father, all powerful and ever living God  
we do well always and everywhere to give you thanks,  
and to praise you for your gifts  
as we contemplate your saints in glory.  
Like a loving parent,  
you always watch over us, your people.  
You gave us Mary as our Good Mother,  
first among the believers, a just and simple woman.

You gave us Marcellin Champagnat,  
 a man who truly reflected your loving faithfulness  
 in his commitment to serving you in your people.  
 His life was a living witness of the ideal  
 that he presented to his first followers:  
 to become a Brother means to strive to become holy.  
 Through Christ, the angels of heaven  
 offer their prayer of adoration as they rejoice in your presence forever.

**Prayer Over the Gifts**

**Presider:** May our offering be pleasing to you, O Lord; and grant that, filled with the spirit of your love, we may persevere in the teaching of the Apostles, in communion, in the breaking of bread and in prayer. Through Christ our Lord.

**All:** *Amen.*

**COMMUNION**

**Thanksgiving Hymn (Optional)**

**Prayer after Communion**

**Presider:** Nourished with the Body and Blood of your Son, we pray, O Lord, that we who celebrate the great work that you have accomplished in your Church through Saint Marcellin, may be strengthened by the power of this Sacrament and inspired to undertake even greater apostolic works. Through Christ our Lord.

**All:** *Amen.*

**FINAL BLESSING**

**Presider:** Bow your heads and pray for God's blessing.

By the example of Saint Marcellin who had a passion for God and compassion for people, may we be inspired to live our lives in the way of Mary, with our gaze upon Jesus and our hearts full of justice, love and mercy.

**All:** *Amen.*

**Presider:** And may Almighty God bless you, the Father, the Son and the Holy Spirit.

**All:** *Amen.*

**Presider:** The Mass has ended, go in peace.

**All:** *Thanks be to God.*



# MUSIC SUGGESTIONS

## FEAST OF SAINT MARCELLIN CHAMPAGNAT DAY MASS

**Call to Prayer**      *This gives some scope for more praise and worship style music, or sacred choral music lead by a choir, or instrumental music. There may be up to 15 mins worth of music on the theme of Christ-centred hope.*

- Audrey Assad      Be Thou My Vision (from *Inheritance*)  
How Can I Keep From Singing? (from *Inheritance*)
- Steve Angrisano      A Righteous Place (from *A New Day*)  
Benedictus (from *A New Day*)  
Magnificat (from *A New Day*)  
10,000 Reasons (from *A New Day*)
- Genevieve Bryant      Pure of Heart  
(theme song for the 2015 Australian Catholic Youth Festival)  
<https://soundcloud.com/acbcyouth/pure-of-heart-by-genevieve-bryant>  
Send Us Out (from *Enough for Me*)
- Fr Rob Galea      Alive (from *Something About You*)  
No Greater Love (from *Something About You*)  
To The Ends of the Earth (from *What A Day*)
- David Haas      Holy Is Your Name (from *Spirit and Song Vol 3 Discs E and F*)
- Tim Hart      Joyful Generation  
(theme song for the 2017 Australian Catholic Youth Festival)  
<http://youthfestival.catholic.org.au/resources/song>
- Matt Maher      Alive Again (from *Alive Again*)  
All the People Said Amen (from *And All The People Said Amen Live*)  
Because He Lives (from *Saints and Sinners*)  
Christ Is Risen from *Alive Again*)  
Great Things (from *Empty and Beautiful*)  
Your Grace is Enough (from *Empty and Beautiful*)  
Your Love Defends Me (from *Echoes*)
- Jesse Manibusan      Hold On to Love (from *Fish With Me*)

### Suggested Music Collections for Schools

As One Voice 1, As One Voice 2, As One Voice Next Generation  
Catholic Worship Book II  
Gather Australia

*Digital Downloads also possible from:*  
GIA, OCP, WLP, Butterfly Music, Liturgical Song, Litmus Music, Marist Music, Willow

### Entrance

- |   |                      |
|---|----------------------|
| All Are Welcome                                   | CWBII 535, DD GIA    |
| Alleluia! Raise the Gospel (Bernadette Farrell)   | DD OCP*              |
| Be Thou My Vision (Irish Traditional)             | AOV1-9, CWBII 455    |
| Celebrate (Monica O'Brien)                        | AOV1- 44*            |
| Celebrate Our Marist Story (Br Michael Herry FMS) | free DD Marist Music |
| Christ, Be Our Light (Bernadette Farrell)         | AOV2-3, CWBII 540*   |
| Come to the Feast (Marty Haugen)                  | AOV1-151             |
| Gather Your People (Bob Hurd)                     | AOV1-71, CWBII 490   |
| God Has Chosen Me (Bernadette Farrell)            | AOV1-21, CWBII 495*  |
| Great Man of God (Br Michael Herry FMS)           | free DD Marist Music |

Joyful in Hope (Br Michael Herry FMS)	AOV1-20, free DD Marist Music* <a href="#">Link</a>
Let All The Peoples (Chris Willcock SJ)	AOV2-56, CWBII 532*
Lord of All Hopefulness	CWBII 541*
My Soul Rejoices (Owen Alstott)	CWBII 212, DD OCP*
Praise to the Lord, the Almighty	AOV2-132, CWBII 586
Send Down the Fire	AOV2-164*
Shine Jesus, Shine (Graham Kendrick)	AOV2-59, CWBII 550*
Sing A New Church (Delores Dufner)	DD OCP*
Sing A New Song (Dan Schutte)	AOV1-80, CWBII 598*
Sing to God With Joy (John Bell)	AOV2-39, CWBII 603*
Tell Out, My Soul (Timothy Dudley-Smith)	CWBII 213*
The Great Southland (Geoff Bullock)	AOV2-159*
The Summons (John Bell/Graeme Maule)	CWBII 645
We Are Called (David Haas)	AOV2-60, CWBII 476

\*Can be used as an entrance or a recessional hymn for sending forth.

**Suggested Mass Settings (Gloria, Holy Holy, Memorial Acclamation, Amen, Lamb of God)**

Jubilee Mass of St Marcellin Champagnat	Br Michael Herry FMS <a href="#">Link</a>
Mass of Creation Marty Haugen	AOV1 (3rd Edition only), CWBII, DD GIA
Mass of Freedom Maggie Russell	AOV1 (3rd Edition only), DD Willow
Mass of Glory and Praise Paul Mason	CWBII 25, DD Liturgical Song
Mass of Light David Haas	DD GIA
Mass of a Joyful Heart Steve Angrisano	DD OCP
Mass Shalom Colin D. Smith	AOV1 (3rd Edition only), CWBII 27, DD Willow(Arr. Paul Mason)

**Responsorial Psalm 112: 1-9**

*Happy the man whom the Lord instructs.*

Music composed by Br Michael Herry FMS

A Cantor will lead the verses using the psalm tone. All people are invited to sing the response after the cantor has intoned it for the first time, and after each verse.

Chords: Ab Cm D $\flat$  B $\flat$ m<sup>7</sup> E $\flat$ (sus<sup>4</sup>) E $\flat$  D $\flat$  E $\flat$  Ab

Hap-py the man whom the Lord in-structs; Hap-py in-deed the man.

**Psalm Tone**

Chords: Ab E $\flat$ /G Fm Cm D $\flat$  B $\flat$ m D $\flat$  E $\flat$

**Verse 1** Happy the man whom the Lord instructs,  
Who greatly delights in his commands.  
His posterity shall be mighty u-pon the earth;  
The upright generation shall be blessed. **Response**

**Verse 2** Wealth and riches shall be in his house;  
His generosity shall en-dure forever.  
He dawns through the darkness, a light for the upright;  
He is gracious and merci-ful and just. **Response**

**Verse 3** Well for the man who is gra-cious and lends,  
Who conducts his af-fairs with justice;  
He shall ne-ver be moved;  
The just man shall be in everlas-ting remembrance. **Response**

AUDIO <http://tinyurl.com/2017-bicentenary-psalm>  
 Alternative Suggestions *Common of Holy Men and Women, CWBI 482a*  
 or a local suggestion.

### **Responsorial Psalms** **Australian Collections**

Psalms for All Time (Paul Mason)	DD Liturgical Song
Psalms for Feasts and Seasons (Christopher Willcock SJ)	DD OCP
Psalms for the Church Year (Br Michael Herry FMS)	free DD Marist Music
Responsorial Psalms (Colin D. Smith)	DD Willow Publishing
Responsorial Psalms (Jenny O'Brien)	DD Brighton Publishing (SA)

### **Gospel Acclamation**

Alleluia from <i>Mass of a Joyful Heart</i> (Angrisano)	Digital Download from OCP
Celtic Alleluia	CWBII 48 and AOV1-13
Chant Alleluia (Mode 6)	CWBII 45
Halle, Halle, Halle (Caribbean)	AOV2-46
Mawby Alleluia	CWBII 51
Mass of Light (Haas)	CWBII 50
Shalom Alleluia	CWBII 27d, DD Liturgical Song
Taize Alleluia	CWBII 53

### **Procession of the Gifts (a choral piece or an appropriate instrumental may also be played)**

A Future With Hope (David Haas)	DD from GIA Music <a href="#">Link</a>
A Trusting Psalm (Brian Boniwell)	AOV1-115, CWBII 293
Eye Has Not Seen (Marty Haugen)	AOV1 146
Lord, We Come to Your Table (Br Michael Herry FMS)	CWBII 547, or free DD from Marist Music
One Heart, One Mind (David Haas)	DD from GIA Music
Open My Eyes (Jesse Manibusan)	AOV1-166, CWBII 582
Seed, Scattered and Sown (Dan Feiten)	CWBII 592
Song of the Body of Christ (David Haas)	AOV1-27
Take and Eat (Maggie Russell)	AOV2-162, CWBII 117
The Lord is My Shepherd (Brian Boniwell)	AOV1-26

### **Communion**

Come to the Table (John Angotti)	AOVNG 32 or DD WLP
Eat this Bread (Jacques Berthier - Taize)	AOV1-125, CWBII 484
Father Welcomes	AOV1-24
I Am the Bread of Life (Suzanne Toolan)	AOV1-49
In the Breaking of the Bread (Bob Hurd)	AOV1-58
Lord, to Whom Shall We Go? (Br Michael Herry FMS)	AOV1-6, CWBII 549, or free DD from Marist Music
One Bread, One Body (John Foley SJ)	AOV1-129, CWBII 579
Remembrance (Matt Maher)	Digital Download from OCP
Shepherd Me, O God (Marty Haugen)	AOV1-33, CWBII 597
Psalms 33 Taste and See (Br Michael Herry FMS)	CWBII 611, free DD Marist Music

### **Thanksgiving Hymn**

A Righteous Place (Steve Angrisano)	DD OCP
In the Lord I'll Be Ever Thankful (Jacques Berthier, Taize)	AOV2-109, CWBII 522
Jesus Christ, You Are My Life	CWBII 523, DD OCP
Sub Tuum Presidium (Louis Lambilotte)	CWBII 419

### **Recessional**

Bring Forth the Kingdom (Marty Haugen)	AOV2-4, CWBII 647
Create A New Heart (O'Brien/Watts)	AOV1-158, CWBII 477
Go, Make A Difference (Steve Angrisano)	AOVNG-52, DD OCP
Go Out in the World (Ed Bolduc)	AOVNG 54, DD WLP
Hearts On Fire (Michael Mangan)	AOVNG-62, DD Litmus Music
I Send You Out (John Angotti)	DD WLP
Siyahamba/We Are Marching (South Africa)	AOV2-113



Sub Tuum Presidium (Louis Lambilotte)

CWBII 419

### **Copyright**

Please make sure that your school has current copyright, and please use music from Catholic sources where possible. This helps to build Catholic Identity in your school. See <https://www.onelicense.net> to update copyright for your school.

*Please note that Word of Life is now part of OneLicense and schools must update their membership. The Word of Life music license must now be updated to OneLicense to cover most Catholic repertoire. The CCLI music license does not cover most Catholic repertoire.*

Schools should have both licenses if they wish to use a broader range of repertoire as part of their liturgical life.

A useful link on *Copyright in Schools* from Liturgy Wollongong:

<http://www.liturgydow.org.au/assets/guidelines---copyright-in-parish-and-school-liturgy.pdf>

### **Notes on Music Within the Mass**

Music in any Mass should suit the function of the part of the Mass (Eg. Gathering, Communion, Sending Forth) and also sit well within the themes for the Scripture of the day, and the liturgical season (Advent, Lent, Ordinary Time, Feast Day). There can be some crossover with music for retreats, rallies and prayer services, but this will depend on the piece of music. For Mass, we usually focus on 'we' rather than 'me' in terms of texts.

For more information on singing the Mass, see this useful link on *Music Within the Mass* from Liturgy Wollongong:

[http://www.liturgydow.org.au/assets/guidelines-music\\_within\\_the\\_mass.pdf](http://www.liturgydow.org.au/assets/guidelines-music_within_the_mass.pdf)

# SCRIPTURE SUGGESTIONS

## FEAST OF SAINT MARCELLIN CHAMPAGNAT | HOPE

### **1 John 4:7-11**      *God Is Love*

Beloved, let us love one another, because love is from God; everyone who loves is born of God and knows God. Whoever does not love does not know God, for God is love. God's love was revealed among us in this way: God sent his only Son into the world so that we might live through him. In this is love, not that we loved God but that God loved us and sent his Son to be the atoning sacrifice for our sins. Beloved, since God loved us so much, we also ought to love one another.

### **Mark 4:35-41**      *Jesus Stills A Storm*

On that day, when evening had come, he said to them, 'Let us go across to the other side.' And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great gale arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, 'Teacher, do you not care that we are perishing?' He woke up and rebuked the wind, and said to the sea, 'Peace! Be still!' Then the wind ceased, and there was a dead calm. He said to them, 'Why are you afraid? Have you still no faith?' And they were filled with great awe and said to one another, 'Who then is this, that even the wind and the sea obey him?'

### **Matthew 5:1-10**      *The Beatitudes*

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

'Blessed are the poor in spirit, for theirs is the kingdom of heaven.  
'Blessed are those who mourn, for they will be comforted.  
'Blessed are the meek, for they will inherit the earth.  
'Blessed are those who hunger and thirst for righteousness, for they will be filled.  
'Blessed are the merciful, for they will receive mercy.  
'Blessed are the pure in heart, for they will see God.  
'Blessed are the peacemakers, for they will be called children of God.  
'Blessed are those who are persecuted for righteousness' sake,  
for theirs is the kingdom of heaven.

### **Romans 12:9-12**      *Marks of the True Christian*

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honour. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer.

### **1 Peter 1:3-6**      *A Living Hope*

Blessed be the God and Father of our Lord Jesus Christ! By his great mercy he has given us a new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you, who are being protected by the power of God through faith for a salvation ready to be revealed in the last time. In this you rejoice, even if now for a little while you have had to suffer various trials, so that the genuineness of your faith—being more precious than gold that, though perishable, is tested by fire—may be found to result in praise and glory and honor when Jesus Christ is revealed. Although you have not seen him, you love him; and even though you do not see him now, you believe in him and rejoice with an indescribable and glorious joy, for you are receiving the outcome of your faith, the salvation of your souls.



**Luke 13:10-14**     *Jesus Heals a Crippled Woman*

Now he was teaching in one of the synagogues on the sabbath. And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. When Jesus saw her, he called her over and said, "Woman, you are set free from your ailment." When he laid his hands on her, immediately she stood up straight and began praising God.

**Psalms 23**     *The Divine Shepherd*

The Lord is my shepherd, I shall not want.  
 He makes me lie down in green pastures; he leads me beside still waters;  
 he restores my soul.  
 He leads me in right paths for his name's sake.  
 Even though I walk through the darkest valley, I fear no evil;  
 for you are with me;  
 your rod and your staff— they comfort me.  
 You prepare a table before me in the presence of my enemies;  
 you anoint my head with oil; my cup overflows.  
 Surely goodness and mercy shall follow me all the days of my life,  
 and I shall dwell in the house of the Lord my whole life long.

**1 Corinthians 13**     *The Gift of Love*

If I speak in the tongues of mortals and of angels, but do not have love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but do not have love, I am nothing. If I give away all my possessions, and if I hand over my body so that I may boast, but do not have love, I gain nothing.

Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things.

Love never ends. But as for prophecies, they will come to an end; as for tongues, they will cease; as for knowledge, it will come to an end. For we know only in part, and we prophesy only in part; but when the complete comes, the partial will come to an end. When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; when I became an adult, I put an end to childish ways. For now we see in a mirror, dimly, but then we will see face to face. Now I know only in part; then I will know fully, even as I have been fully known. And now faith, hope, and love abide, these three; and the greatest of these is love.

**Habakkuk 2:3**     *Vision*

For there is still a vision for the appointed time;  
 it speaks of the end, and does not lie.  
 If it seems to tarry, wait for it;  
 it will surely come, it will not delay.

# LESSON PLAN

## GROWING A HOPE LIKE MARCELLIN'S

*Please adapt the lesson as appropriate for your class age group*

### Teacher Framing

Hope is a quality that can be grown. It was a quality that Saint Marcellin Champagnat possessed and that he gifted so many with in his own life.

Like a young plant, we all need nurturing to grow into the person we are meant to be, and to know how to move towards things that will help us on this journey of growth and discovery. Marcellin worked especially with young people on the margins who may have lost hope. He knew that hope could grow strong with presence, hard work, and a willingness to be part of and to create a supportive community. His goal was always to make Jesus Christ known and loved so that young people would know how precious their lives were in God's eyes. His was a simple and inclusive family spirit that was shared with everyone.

In this lesson we are going to make some connections on how we ground hope, nurture our hope, and live in the light of hope, in good times and in more challenging times, as Marcellin did.

### Materials needed

- Workbook/Journal
- Hope Sunflower Template/s
- Art materials

**Process Questions** (can be completed in student workbooks or brainstorm on board)

1. What is something that might happen soon that you're excited for and hopeful about?  
What is something that might happen in one or two years that you are hopeful about?
2. What does it feel like for you to be hopeful?
3. Can you think of a special person in your life that gives you hope?
4. Can you think of a time when you were scared or angry?  
What did you do to help yourself feel better?
5. Do you have an activity that makes you feel happy and why?

### Teacher Framing

Having hope is a very important skill that you can learn. You can use it every day in whatever you do.

Hope is like running. The more you run, the better you get at it. The better you are at running, the better you are at other activities such as baseball, soccer, hockey, dance, or gymnastics. The more you practice your hope skills, the better they become. The better your hope skills are, the better you are at living your life.

Let's think more about what the word "hope" means. There are different definitions of hope. We are going to work through some of them now. (You may wish to write them in front of the class for a visual aid).

Dr. Anthony Scioli, a psychologist with a specialisation in building and sustaining hope, explains that hope is a part of a person's character or personality, like it was in Marcellin's character. Hope must be developed, like a set of muscles.

There are four kinds of hope: attachment, mastery, survival, and spiritual. Each type of hope, just like each muscle, has a special purpose.

## Journaling – Definitions of Hope

### *Attachment hope:*

Used to build and keep trusting relationships, to have a sense of connection to others, and to have strong survival skills.

### *Mastery hope:*

Used to become strong and successful, to feel supported in your efforts, and to be inspired by good role models.

### *Survival hope:*

Used to stay calm and find ways out of trouble or difficult situations. It allows you to manage your fears.

### *Spiritual hope:*

Used to feel close to nature and all human beings and to draw extra strength and protection. In the Catholic tradition, we draw close to God and ask him to be with us always: to protect us, to guide us, and to give us strength and courage to live his way of life, even when life is difficult and challenging. We ask Mary, our Good Mother, to walk with us and to pray for us to Jesus.

Dr. Shane Lopez was the leading researcher on hope in the world. He wrote:

*“Hope is the feeling you have when you have a goal, are excited about achieving that goal, and then you figure out how you achieve your goal.”*

What do you agree with from these definitions?

What do you disagree with? What would you add?

### Teacher Prompt:

1. Summarise the responses from students in order to create a new hope definition for your classroom. You can write this definition in the centre of a classroom **Marcellin’s Hope Sunflower** and then place the flower on your wall.
2. Have each student write their own personal definition of hope on their individual sunflower sheet in the centre of their flower.
3. They can then work their way through the process of writing on their sunflower.
4. These can then be shared around the classroom, or taken home for students to use for their own resilience reminders.
5. Students have 3 extra sunflower templates to take home.

*“Every friend is to the other a sun and a sunflower also. He attracts and follows.”*

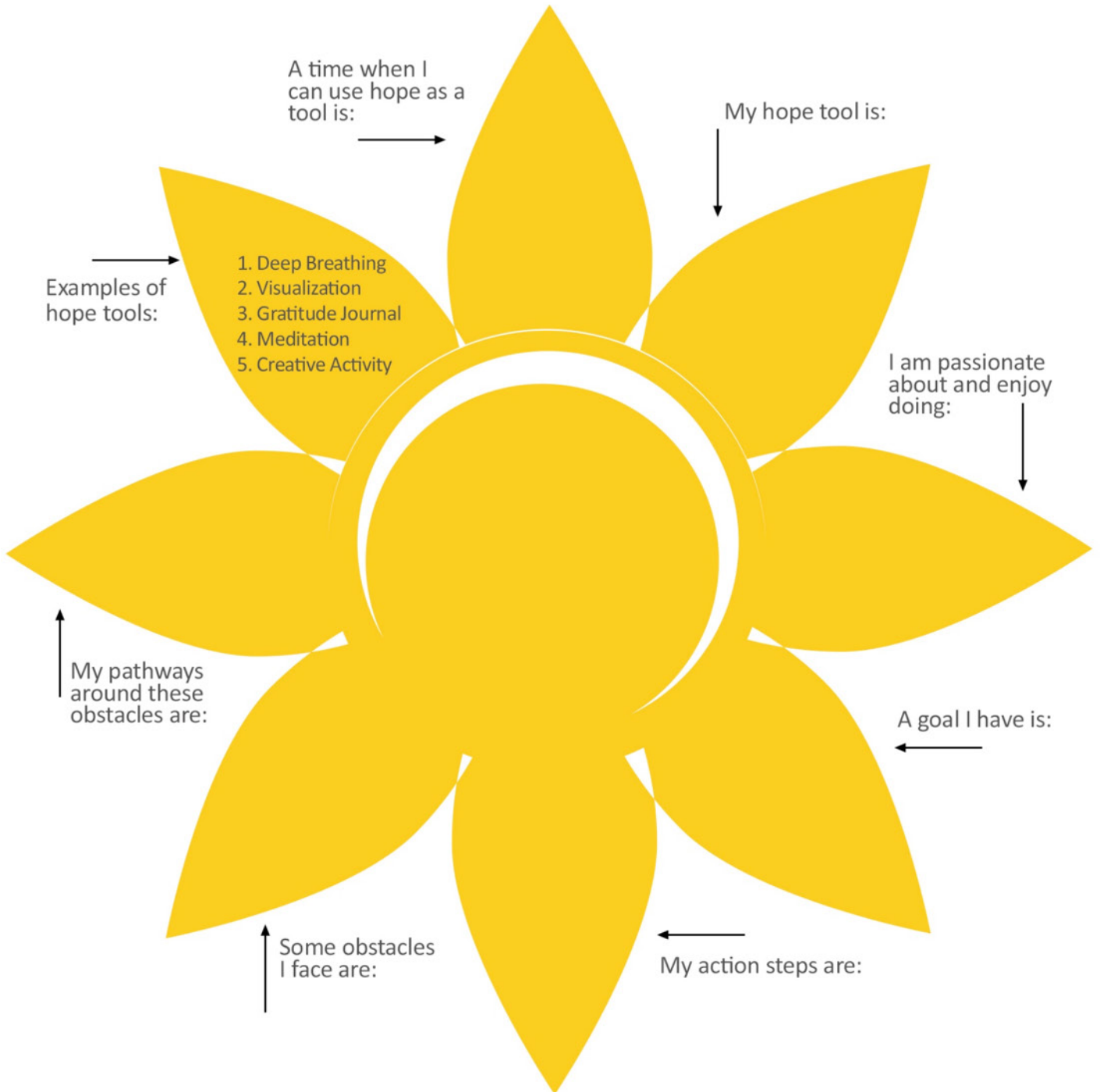
Jean Paul Richter (1763-1825)

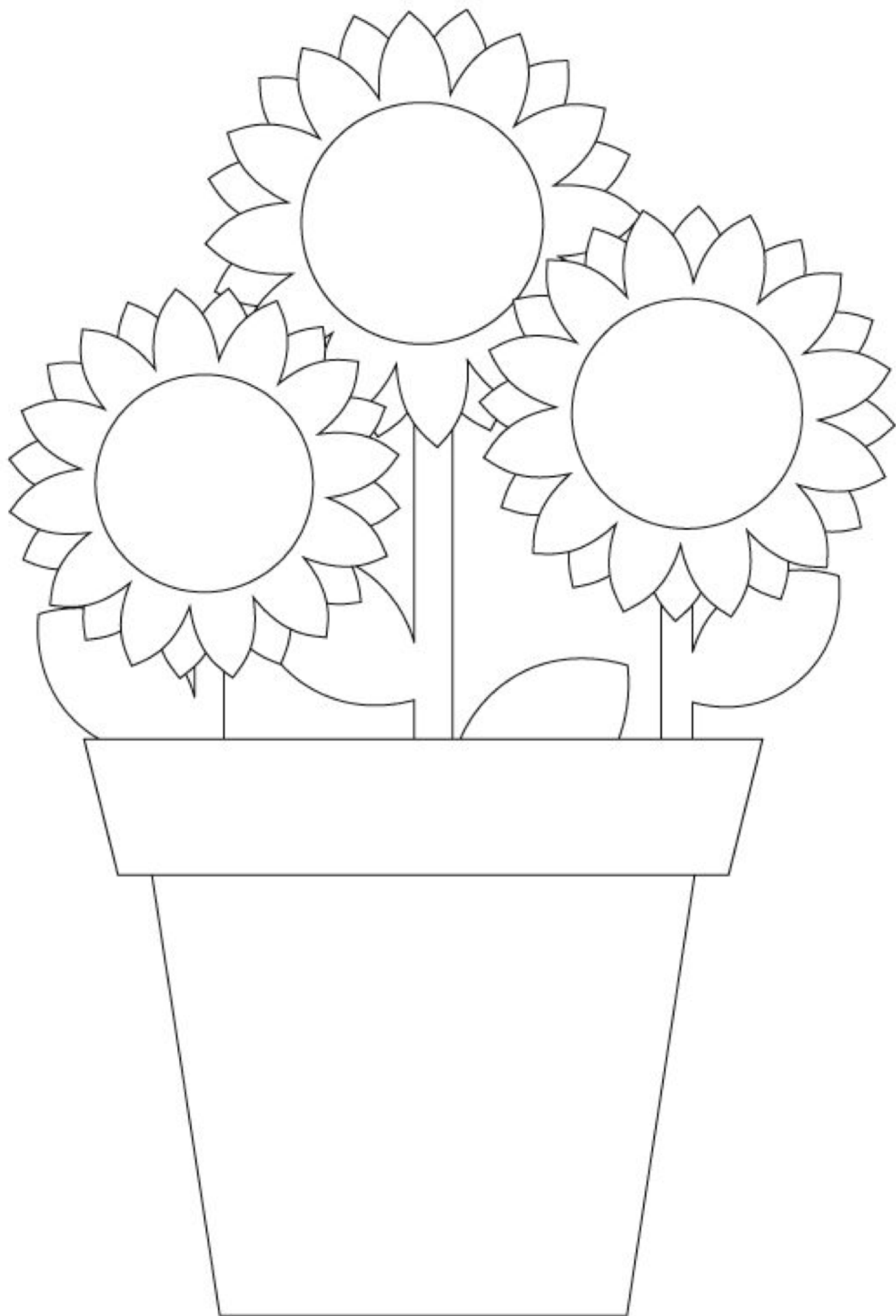
### Other activities:

1. *Marcellin’s Gallery of Hope*  
Students are to create a piece of artwork that speaks of hope for them and write a short paragraph on why it gives them hope to place underneath the artwork. The “Gallery of Hope” will be displayed along one wall in your classroom, or in another appropriate place in the school.
2. *Marcellin’s Songlines of Hope*  
Students are to create a short presentation in Garageband, Soundation or a similar program that samples a piece of music that speaks of hope for them. They will record a short 1-3 minute monologue/interview at the end of the song on why it gives them hope. These pieces can be shared at a collective point and sharing is for educational purposes only.

Activities and resources are adapted from the not-for-profit Schools for Hope ([iFred.org](http://iFred.org))  
For more resources, see <http://schoolsforhope.org>

# Hope Sunflower





# FURTHER READING

## HOPE AND A FUTURE

Fr Gregory Boyle SJ <i>Tattoos On the Heart</i> <i>Barking to the Choir</i>	Free Press, New York Simon and Schuster, New York
Dom Helder Camara <i>A Thousand Reasons for Living</i>	Darton, Longman and Todd, London
Sr Joan Chittister OSB <i>Scarred by Struggle, Transformed by Hope</i>	Eerdmans
Pope Francis <i>Wednesday Addresses on Hope</i>	E-book <a href="#">Link</a>
Viktor E. Frankl <i>Man's Search for Ultimate Meaning</i>	Rider, London
Anthony J. Gittens <i>Where There's Hope, There's Life</i>	Liguori Press, Missouri
Martin Luther King Jr. <i>A Testament of Hope:</i> <i>The Essential Writings and Speeches</i> <i>of Martin Luther King Jr.</i>	Harper Collins, New York
Richard Leonard SJ <i>What Are We Hoping For?</i> <i>Where the Hell Is God?</i>	Paulist Press, New Jersey Hidden Spring, New Jersey
Fr James Martin SJ <i>In All Seasons For All Reasons</i>	Liturgical Press, Collegeville, Minnesota
Timothy Radcliffe <i>What is the Point of Being A Christian?</i>	Bloomsbury, London
Roberto Morozzo della Rocca <i>Oscar Romero: Prophet of Hope</i>	Pauline Books, Boston
Francis Xavier Nguyen Van Thuan <i>Prayers of Hope, Words of Courage</i> <i>Testimony of Hope</i>	Pauline Books, Boston Pauline Books, Boston
Jean Vanier <i>Seven Words of Hope</i>	Paulist Press, New Jersey
Website	Hope Sings, So Beautiful <a href="#">Link</a>



# FEAST OF SAINT MARCELLIN CHAMPAGNAT 2018 CARDS

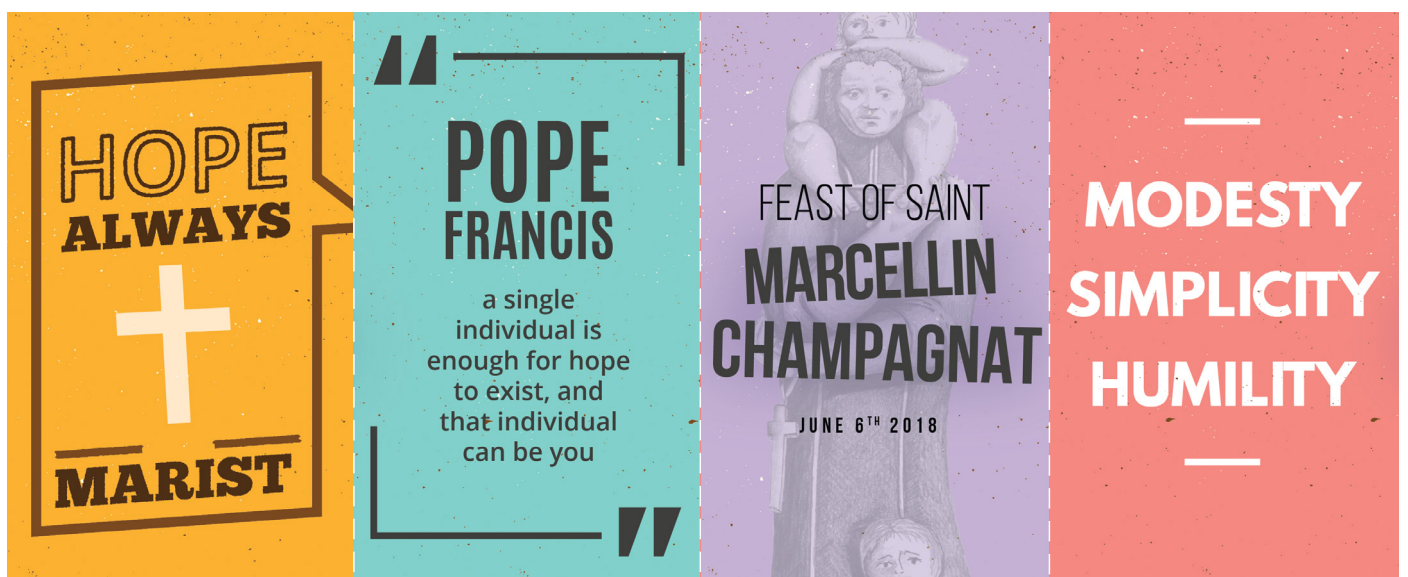
Each year, the Mission and Life Formation team produces special resources for students and staff for the celebration of Saint Marcellin Champagnat's Feast Day. This year, these cards complement our annual theme of believing in a hope and a future for all people, teaming with the verse from Jeremiah 29:11 'For I know the plans I have for you...'

**Price:** \$0.30 cents per card (includes postage and handling)

**Order online at:** [Feast Of Saint Marcellin Champagnat 2018 Cards](#)

Orders to be received by no later than midday on **Monday 14 May 2018**.

Please find an example of the card below. These are back-to-back and perforated.



Please direct all questions to:  
Nicole Keehan, Marist Mission & Life Formation, Sydney  
**Email:** [nicole.keehan@marists.org.au](mailto:nicole.keehan@marists.org.au)  
**Telephone:** 02 9218 4000

