Astro Diagnosis
Medical Astrology Conference

healing practically with astrology
February 27th, 28th and March 1st, 2015
at the Portland Herbal Education Center: 2714 NE Alberta St, Portland

Friday Night February 27th

7-8:30pm Keynote Speaker
Andrea L. Gehrz
An Introduction to the Heavenly Body

Did you know that your body grows on a helix of light? Imagine that, every morning as you wake up and open your eyes, the light of a new day comes in and bounces down your spine, awakening your consciousness. Astrologers throughout the ages have understood the Sun and Moon as the lights of the heavens. These two celestial batteries align our spirit, keeping our life stream flowing. During this introduction to the ancient science of light that is astrology, we will learn how the heavenly flow gets within us. We will discuss ensoulment, and the astrological chart as a map of our heavenly apparatus--our astral body. Lastly, we will explore how, why, and when to apply the astrological chart to medical issues.
Saturday, February 28th

10-11:15am Jessica Lanyadoo
How to Read Medical Issues In The Chart
Insight and strategies for coping with body health issues as they show up in the Birth Chart. We will focus on the influence of the outer planets, their impact on our medical predispositions and how to find them reflected in the chart. This will be a lively discussion that is suitable for astrology connoisseurs of all levels.

11:45-1pm Jon Keyes
4 Element Medicine: Astrology, Nature and Transformative Healing
In this lecture, Jon will talk about how we can look to the astrological chart for an understanding of our elemental nature and how to use ancient healing practices for bringing greater balance and healing. This lecture will explore the roots of astrology, that was embedded in an animistic cosmology that saw all of nature and life as infused with vitality and spirit. We will look at how to work with nature in the form of plants, stones and totems, to bring greater balance to our charts.

1-2pm: LUNCH

2-3:15pm Jenn Zahrt, PhD
Fertility and Astrology
Infertility remains one of the major enigmas of medicine today, but astrology can help us where modern Western medicine fails. In this ‘Primer on Predicting Pregnancies’, we will learn astrological techniques from Hellenistic and Medieval sources, fixed stars, and pioneering work from South African astrologer Nicola Smuts-Allsop, in order to diagnose the quality of a person’s fertility and identify specific windows of opportunity for them to achieve successful pregnancies. Participants are encouraged to bring a chart they would like to work with to the course.

3:45-5pm Jessica Lanyadoo
Making the Most of Your Crazy
In this talk we will look at mental health. In this hands on and helpful talk we will explore what planets govern the most common mental health maladies, the spiritual roots of our struggles and predispositions, and how to best cope with them.
Sunday, March 1st

10-11:15am Andrea L. Gehrz
The Subtle Art of Doing No Harm
When doctors go through medical school, they routinely take the Hippocratic Oath. This oath helps them remember to Do No Harm. As medical astrologers, we are wise to take heed of this message. In this session, we will examine the ethics of medical astrology, considering its use for ourselves, family, friends, clients, etc. Participants will leave with greater confidence in utilizing medical astrology to aid in everyday life. We will come to understand its strengths and limitations, working through concepts such as scope of practice, power differential, act utilitarianism, and more.

11:45-1pm Carol Ferris
Zodiac Symbolism and the Chinese Seasonal Calendar: The Earth/Sky Body
The earthly experience of light and dark, and all its middle shades, underlie heavenly symbol systems of the east and the west. This talk compares and contrasts the western zodiac and the Chinese seasonal calendar in an understanding of the human and earthly body and its metabolic processes in time.

1-2pm: LUNCH

2-3:15pm Casey Cardoso
Astral Kinesiology and the Astral Spine
Are injuries and chronic diseases and their flare ups related to transits? Taking from what we know about the planets and the signs and asking a few more detailed questions about how they relate to the body, a colleague of mine and I were able to decipher (what our Greek medical fathers knew, but our current medical structure omits) an Astral Spine. The natal chart holds a key to decipher a code within our bodies. In this overview lecture I will share with you my understanding of the key and the code and discuss the possibility of using this to key to help people who suffer from chronic and acute flare ups.

3:45-5pm Jenna Abernathy
Women, Food and Astrology: How An Eating Psychology Coach Uses Astrology For Body Image, Chronic Dieting And Emotional Eating
In this talk we will take a dip into the psychological world of eating and body image challenges and look at how astrology can be applied to bring out the soul lessons that support a client in their healing journey. The combination of astrology and coaching makes for an interesting way to discuss this touchy subject from a place of respect and understanding that behind every unwanted symptom are important gifts waiting to be uncovered.
Speaker Biographies

Andrea L. Gehrz
Andrea L. Gehrz is an astrological scholar and has been a practicing astrologer and psychic channel for over 10 years and has lectured to countless groups on the uses and mechanism of Astrology. A Kepler College graduate, she has spent her time reading and translating ancient Greek astrological texts in order to bring back the ancient and magical study of Astrology. She has published *Astrological Remediation: A Guide for the Modern Practitioner*, *A Wonderbook of True Astrological Case Files* (co-authored along with Judith Hill), and her own English rendering of *Vettius Valens: Book Two* (Moira Press). Andrea loves doing consultations as well as astrological research, and her current interests are astrological remediation, the astrology of relationships, children’s readings, addiction relief through astrology, and the intricate timing of everyday life in order to optimize the energies of the chart. [www.MoiraPress.org](http://www.MoiraPress.org)

Jessica Lanyadoo
Jessica is a Bay Area based and internationally respected Astrologer and Psychic Medium who has been in private practice since 1995. She offers sessions for individuals and couples by phone or in person. Lanyadoo specializes in medical astrology and absolutely loves helping people help themselves! She offers sessions for individuals and couples by phone or in person. Schedule an appointment and read her astrology columns at [lovelanyadoo.com](http://lovelanyadoo.com)

Jon Keyes, MS, LPC
Jon Keyes is licensed professional counselor, astrologer and herbalist with a private practice in Portland, Oregon. Jon is the author of *Guide to Natural Health, Using the Horoscope as a Key to Ancient Healing Practices*. Jon also has written for *The Mountain Astrologer*, [StarIQ.com](http://StarIQ.com) as well as numerous Llewellyn almanac publications. As an astrologer who specializes in health and well being, Jon likes to incorporate ritual and plant medicine as part of his practice. You can find Jon at [HearthsideHealing.com](http://HearthsideHealing.com).
Jenn Zahrt, Ph.D
Jenn Zahrt completed her PhD in May of 2012 at the University of California, Berkeley. Her thesis, “The Astrological Imaginary in Early Twentieth Century Germany” focuses on the cultural history of astrology in the literature and film of Weimar, Germany. Jenn works primarily as a research astrologer and editor. She began learning astrology in 1998, and since 2011 she has been focusing on fertility astrology with Nicola Smuts-Allsop. Jenn’s editorial credentials include the interdisciplinary academic journal Representations (2007–2010), the literary arts quarterly, The Threepenny Review (2011–2013), as well as multiple titles for the Sophia Centre Press in Wales. She is currently the Deputy Editor of the journal Culture and Cosmos, the Series Editor for Sophia Centre Master Monographs, and she serves on the Board of Trustees of Kepler College in Seattle, Washington. When she is not researching the history, culture, and practice of astrology, hermeneutics, and cultural history, she can be found playing capoeira in the Pacific Northwest. [www.jennzahrt.com](http://www.jennzahrt.com)

Carol Ferris, MA
Carol Ferris is an astrologer with a full-time consulting practice in Portland, Oregon with decades of experience. Her introduction to, and subsequent study of Classical Chinese Medicine (CCM) philosophy led to a Masters Thesis from Marylhurst University in 2013. Titled “The Sky’s Body: Constellations and Medicine,” it delineates the relationship of the macrocosm of the heavens to the microcosm of the body in both western and Chinese cultures. Carol tutors private students in astrological practice; teaches private classes in her home; has taught and lectured at both NCNM (National College of Natural Medicine, Portland) and OCOM (Oregon College of Oriental Medicine); and has presented at academic conferences.
Casey Cardoso, LMT

Casey Cardoso has been a fan of astrology for as long as can be remembered and a bodyworker since 1998. In 2005, Casey started asking new questions about what this all meant personally and sought natal chart transit counseling to validate crazy life experiences, after 3 years of this pattern Casey realized that the readings were actually gifts of how to utilize energies that could be navigated through in the future, in addition to validating my past. It was at this junction of learning, in 2012 when Casey started to really figure some things out. As the knowledge well deepens so do the questions…How did other people use this information? Is there any relationship to managing acute and chronic conditions and transits to our natal chart? Casey’s curiosity and willingness to step outside the box has led to some fascinating correlations between astrology, health and our bodies.

Jenna Abernathy

Jenna Abernathy is an astrologer, certified eating psychology coach, yoga teacher, bodyworker, blogger, meditator, speaker, teacher, and workshop leader. Raised on the east coast, Jenna started her astrology studies in 1993 after being floored by her first astrology reading. Her practice as an Eating Psychology Coach, helping clients to discover what they are truly hungry for behind food, body and weight challenges has been a deep passion of hers in recent years. In 2012 Jenna merged her practice of astrology with her coaching and found fascinating results that have helped to deepen her client transformational experiences. Jenna has been a teacher and workshop creator for 14 years. Her classes are grounded in a sacred and creative approach to health from such workshops as “The Astrology of Stress Eating”, “Sacred Nourishment” and Sensual Shapeshift”. Her most recent workshop series called “Creative Hunger: Expressing the Power Behind Overeating” has been focused on bridging the gap between our creative desires and our urges to overeat. www.DivineHunger.com