



But you, O Lord, are a shield around me,
my glory, and the one who lifts up my head.

Psalm 3:3

Looking Back . . .

Sunday	Mark 13:1-8	The destruction of the Temple foretold
Monday	1 Samuel 3:19-4:1a	The Lord is with Samuel
Tuesday	Psalm 3	Trust in God under Adversity
Wednesday	Mark 13: 9-13	Persecution Foretold

Looking Ahead . . .

Thursday	Psalm 132	The Eternal Dwelling of God in Zion
Friday	1 Corinthians 15:20-28	Christ is first fruits of the resurrection
Saturday	2 Chronicles 18:12-22	False prophets
Sunday	John 18:33-37	Christ's Kingdom



Pentecost: Sabbath

Week 3:

"All life has emptiness at it's core it is the quiet hollow reed through which the wind of God blows and makes the music that is our life." — Wayne Muller, Sabbath: Finding Rest, Renewal, and Delight in Our Busy Lives. Pick a time for true Sabbath this week. Try to extend it past the 30 minutes or an hour to a few hours or a whole day. Begin by reading the bible verse for the day and then 'do nothing' or at least 'nothing' that needs getting done (read something, write something, close your eyes, lay in the sun). This time come back together and say a prayer or the blessing with one another.

Faith on the Go



God of Hope, we pray that we will focus on your goodness and love each day of our lives. We are grateful for signs of your love: our homes, our families, and our daily bread. May we point to the hope and love that only comes from you to the world! May we proclaim that Jesus will come again and make all things new! Amen.



Where did you see God today?
Where did you need God today?



Mark 13:1-8 - The destruction of the Temple foretold

Day 1

Mark 13:1

Have you ever wondered at the amazing things that people make and build? What is your favorite human made thing?

Day 2

Mark 13:2

How does it feel to think about how old our humans stories are compared to how old the earth is?

Day 3

Mark 13:3-4

The disciples come to Jesus looking for answers to scary things. When will the buildings fall? When will things change? Who do you turn to when you are scared?

Day 4

Mark 13:5-6

Is it easy for you to find peace with Jesus' words, or do you look for something more?

Day 5

Mark 13:7-8

What changes are you afraid of? A new job? A move to a new city? Children getting older? Can you see change as a new beginning?

***Jesus is coming! Don't be afraid!***