

ARC

SURFCAMP

ARC SURF CAMP - JAX 2012 SCHEDULE

Wednesday - Friday

10:00 - 10:15 am - Campers sign in and meet leaders.

10:15-10:25 am - Prayer followed by introductions to leaders, day's events, and overview of beach safety.

10:25-10:35 am - Big circle warm up and stretch.

10:35 - 10:50 am - Splash Relay (need buckets and sandy boards).

10:50 - 11:15 am - Lifeguards Without Boarders Presentation!

11:15 - 11:30 am - Surf Instruction.

11:30 - 1:00 pm - Begin stations which include the following.

1. Surf (ten boards)
2. Team Challenges
3. Water Safety (advanced)
4. Surf (ten boards)
5. Life Guard Training (see Corey's notes for equipment)

1:00-1:15 pm - Rinse Off Relay

1:15-1:45 pm - Lunch

1:45-2:00 pm - Lesson and Prizes

Saturday Our group Saturday will be high school youth who are return campers. The vibe will be way more laid back, and we will focus on relationship building and relational ministry.

10:30 - 10:40 - Go Over The Vibe of ARC "Advanced"

10:40 - 12:00 Surf Lessons and Beach Front "Chilling"

12:00 - 12:30 - Lunch

12:30 - 12:45 - Presentation TISIRI

12:45 - 1:00 - ARC Time...

1:00 - 2:00 - Surfs Up!

