

KAYAKING LEVEL ONE (Summer)

Mississippi River PACKING LIST

PERSONAL EQUIPMENT

1. life jacket
2. sleeping bag
3. waterproof stuff bag for sleeping bag (plastic bag)
4. pocket knife
5. plastic cup
6. dish
7. large spoon
8. cameras (optional)
9. dry bags *
10. Insect repellent
11. Flashlight
12. Water jug - 1 gallon
13. Sunscreen
14. Matches
15. Personal items (toothbrush, toothpaste, toilet paper, soap, feminine supplies.....)

NO ELECTRONIC DEVICES: i.e. cell phones, CD players, games, radios, etc.

TEAM EQUIPMENT

1. kayak *
2. two paddles *
3. 25 foot nylon rope
4. food bag
5. one billy can
6. wooden spoon
7. pot grippers
8. two man tent *
9. four tent stakes *

SUGGESTED CLOTHING LIST

1. rain gear
2. hat
3. 2 short sleeve shirts
4. 1 pair underwear
5. bug shirt and pants (light cotton or wind pants)
6. 1 pair socks
7. 1 pair sandals
8. 1 warm poly top
9. 1pr shorts
10. swim suit

* ELC can provide - you pay for lost or damaged equipment