

BIKE TOURING 11

EQUIPMENT LIST

Personal Equipment

1 pair shoes
2 t-shirts
1 pair sweatpants
2 pair shorts
1 long sleeved shirt
3 pair socks
1 sleeping bag
insect repellent
notebook and pencil
cup/bowl/spoon
rain gear
light jacket
toothbrush/paste
flashlight
bandana
towel

insolite pad
2 qt. water bottles
Helmet

* 1 set panniers
rack
money

NO electronic devices: i.e. cell phones, radios, ipod, games, etc.

* ELC can provide

Team Equipment

* Tent
2 stoves
1 billy can/team
pot grips
spatulas
wooden spoon/team
fry pans
* fuel
scrubby

Instructor Equipment

matches
first aid kit
repair kit (stove and bike)

can opener
money for food (checkbook, CC)
Wildflower Handbook
camera/film
maps and quarters