

CROSS COUNTRY SKIING LEVEL II

PACKING LIST:

1. Money for 2 meals and a couple gas station stops.
2. Ski Equipment
3. Day pack
4. Duffel bag for clothes.
5. Extra wool socks
6. 2 sets polypropylene long underwear top and bottom
7. 2 pr wool or fleece pants
8. Micro or polar fleece sweater
9. Wind jacket and pants
10. 2 pr. Mittens
11. 2 Wool hats
12. Facemask or neck gator
13. Van clothes and camp shoes
14. Cup/bowl/spoon
15. Sleeping bag (ELC will provide)
16. Toothbrush/paste
17. Headlamp
18. Snow boots (sorrels/snowmobile/etc.)
19. Qt. Water bottle
20. Ice skates
21. Swim Suit and towel
22. **NO ELECTRONIC DEVICES:** i.e. cell phones, CD players, games, radio, etc.