

## **WINTER SURVIVAL LEVEL I PACKING LIST FOR OVERNIGHT**

### **PERSONAL EQUIPMENT**

- \* 1. Sleeping bag
- \* 2. Insolite pad
- 3. pocket knife
- 4. cup, bowl, spoon
- 5. camera (optional)
- \* 6. Backpack
- 7. toothbrush/paste
- 8. (2) Quart water bottles
- \* 9. Snowshoes
- 10. small flashlight
- 11. toilet paper
- 12. Personal stuff sack

### **TEAM EQUIPMENT**

- 1. Billy cans
- 2. Wooden spoon
- 3. Pot grips
- 4. Matches- no lighters
- \*5. Sled
- 6. Fry pan
- 7. Spatula
- 8. Scrubby
- 9. Food for trip

**NO WATCHES or ELECTRONIC DEVICES**  
i.e. cell phones, CD players, radios, games, etc.

### **SUGGESTED CLOTHING LIST**

- 1. 1 pair winter boots (sorrels, snowmobile boots, etc.)
- 2. 2 pair light socks (no cotton)
- 3. 4 pair wool socks
- 4. 2 pair wool or polypropylene long underwear tops and bottoms
- 5. 1 wool or warm shirt
- \*6. 1 pair wool or fleece pants
- 7. 1 wind pants
- 8. 1 wool or fleece sweater
- 9. 1 heavy coat or parka
- 10. 2 pair mittens
- 11. 2 wool stocking hats
- 12. 1 Ski mask, Bavaclava
- 13. 1 pair wool gloves
- 14. 1 scarf/neck gaiter
- 15. 1 windbreaker
- 16. wrist gloves (optional)
- 17. extra pair boot liners

### **NO COTTON CLOTHING**

\* E.L.C. can provide. You pay for loss or damage.