

CURRICULUM VITAE
Joël Núñez, Ph.D

Professional License

Licensed Psychologist, State of New Jersey, # 35SI00437200 November 2006

Education

Doctor of Philosophy, Psychology August 2003

The Pennsylvania State University, University Park, PA

Summa cum Laude, GPA: 3.91

Dissertation: Towards a culture-specific model of sexual aggression in Latino college students.
(Defense passed, July 2001)

Master of Science, Psychology August 1999

The Pennsylvania State University, University Park, PA

Summa cum Laude, GPA: 3.91

Thesis: Perception of discrimination, acculturation, and self-esteem in Black and White Latinas/os. (Defense passed, July 1999)

Bachelor of Arts, Psychology June 1996

Drew University, Madison, NJ

cum Laude, GPA: 3.57

Commencement speaker for the College of Liberal Arts

Honors Thesis: Racial and ethnic identity conflict in the Black Latina/o.

Professional Experience

Clinical Supervisor (part-time) September 2009 – Present

Meadowview Psychiatric Hospital, Secaucus, NJ

Provide clinical supervision to staff psychologists-in-training in pursuit of their professional licenses to practice psychology in the States of New Jersey and New York. Provide twice weekly individual clinical supervision hours to two psychologists-in-training. Provide weekly group clinical supervision to three psychologists-in-training and psychology externs.

Consultant Psychologist January 2007 – Present

North Jersey Developmental Center, Totowa, NJ

Administer and interpret a variety of psychological tests for diagnosing mental, affective, and intellectual deficits, formulating treatment planning, and creating comprehensive reports among developmentally disabled, behaviorally-challenged, and severe and persistently ill adult and adolescent resident population. Present test results and conclusions at interdisciplinary group meetings. Manage the delivery of psychological services within a cottage of 32 clients all suffering from developmental disabilities and many with comorbid psychiatric disorders, including severe and persistent mental illness. Provide weekly supportive psychotherapy as needed with cottage residents. Provide weekly group psychotherapy to high functioning clients with a focus on accepting personal responsibility, development of empathy, affect regulation, adaptive coping and problem-solving. Devise Behavioral Assessment Reports and Behavior Support Plans for all clients as needed. Train the Behavior Support Plans to all cottage staff and on-campus staff as needed. Supervise the

daily operations of two Behavior Modification Program Technicians in their implementation of Behavior Support Plans. Manage the delivery of psychological services at the Special Support Unit for developmentally disabled youth adjudicated through the legal system. Provide individual and group psychotherapy for these youth as needed. Train cottage staff on the implementation of therapeutic and behavioral interventions.

Bilingual Psychologist September 2003 – January 2007

Meadowview Psychiatric Hospital, Secaucus, NJ

Administered and interpreted a variety of psychological tests for diagnosing mental and comorbid substance abuse disorders, formulated treatment planning, and created comprehensive reports among severe and persistently ill inpatient population. Presented test results and conclusions at interdisciplinary group meetings and case conferences. Selected the approach to use in individual and group therapy and planned the frequency, intensity, and duration of therapy. Treated individuals with psychiatric disorders to effect improved adjustments utilizing various accepted psychotherapeutic techniques. Integrated family, social, cultural, and economic factors that impact patients and their families. Developed and ran psycho--educational, illness recovery, and relapse prevention treatment groups in Spanish for monolingual and bi-lingual (Spanish-preferring) inpatients. Developed and led grand round and in-service presentations to clinical and hospital staff on issues of relevance such as establishing appropriate boundaries with patients, clinician self-care, spirituality and mental health, etc. Worked in interdisciplinary teams under the direction of psychiatrists using the bio-psycho-social approach to coordinate treatment and discharge planning for inpatients.

Pre-Doctoral Clinical Experience

Pre-Doctoral Psychology Intern August 2002 – August 2003

UMDNJ-Robert Wood Johnson Medical School, Piscataway, NJ

Conducted individual psychotherapy and co-led group psycho-education with convicted juvenile sexual offenders using a relapse prevention model. Conducted individual psychotherapy and co-led group psycho-education with adults suffering from severe and persistent mental illness and personality disorders using supportive, cognitive-behavioral, interpersonal, and dialectical behavioral modalities within a community mental health center setting. Conducted evaluations and manualized treatment protocols, in both English and Spanish, using a cognitive-behavioral perspective for a NIH funded study of somatization disorders within primary care settings. Conducted on-going formal assessments to determine type, severity/degree of functional impairment of psychopathology, cognitive deficits, and negative treatment indicators of clients in brief and extended treatment settings; prepared comprehensive reports based on test results and clinical observations. Conducted home-based assessment and therapeutic interventions for Latino families, in Spanish. Made formal psycho-educational presentations in both English and Spanish to outpatient groups in primary care settings and clinical professionals on topics such as stress management, building self-esteem, and cultural competence. Received a total of seven hours per week individual and group supervision.

Staff Therapist July 2001 – July 2002

The Psychological Clinic, The Pennsylvania State University

Provided short- and long-term psychotherapeutic treatment for an average of 15 clients per week with mood, anxiety, personality, psychotic disorders and mental retardation; utilized integrative framework drawing from interpersonal, psychodynamic, humanistic-existential, cognitive-behavioral techniques; conducted therapy in Spanish with international clients; received four hours per week individual and group supervision. Provided weekly supervision for graduate student clinicians. Conducted formal assessments for learning

disorders, ADHD, and comorbid psychopathology; prepared comprehensive reports based on test results and clinical observations. Utilized WAIS-III-R, Woodcock-Johnson-III, Bateria-R, BVAT, CVLT-2, GORT-3, TOWL-2, WRAT-3, WMS-III, VSAT, Stroop, Vigil/W, PASAT, BDI, STAI, MMPI-2.

Research Assistant July 2000 – July 2001

Dr. Gordon C. Nagayama Hall's laboratory, The Pennsylvania State University
Assisted in the local management of a National Institute of Health funded multi-site, multi-year project; responsible for a staff of two graduate and four undergraduate students in preparing/administering questionnaires and collecting/analyzing data using SPSS and EQS; co-authored journal articles and book chapters resulting from project.

Clinic Assistant July 1997 – June 1999

The Psychological Clinic, The Pennsylvania State University
Received competitively-awarded 10-hour-per-week clinical position in Department of Psychology's training clinic two years in a row; provided short- and long-term treatment of graduate and undergraduate students and low-income adults with mood, anxiety, personality, eating, and psychotic disorders and mental retardation; utilized integrative framework drawing from psychodynamic, humanistic-existential, cognitive-behavioral, and experiential techniques; conducted therapy in Spanish with international clients; received four hours per week individual and group supervision.

Extern Therapist June 1997 – September 1997

Department of Child and Adolescent Services, Metropolitan Hospital, New York, NY
Provided short-term psychodynamic treatment for four low-income African American and Latina/o adolescents with substance-related disorders, mood disorders, and psychotic disorders; received three hours per week individual and group supervision.

Teaching Experience

Small Group Facilitator January 6, 2003 – January 10, 2003

Robert Wood Johnson Medical School, 30th Annual Human Sexuality Program
Co-led a weeklong process/didactic group comprised of medical students, nurses, and physician assistants.

Teaching Assistant January 1998 – May 1998

Psychology Department, The Pennsylvania State University
Taught a weekly undergraduate recitation for Abnormal Psychology course, developed and scored exams, lead review sessions; received 26 of 26 student ratings in the excellent range.

Teaching Assistant September 1997 – December 1997

Psychology Department, The Pennsylvania State University
Taught a weekly undergraduate recitation for Abnormal Psychology course, developed and scored exams, lead review sessions; received 23 of 24 student ratings in the excellent range.

Publications

Núñez, J. (2012). Enduring Impact: Educating with Heart and Mind to Reach Hearts and Minds. Maitland, FL: Xulon Press.

- Núñez, J. (2004). Towards a culture-specific model of sexual aggression in Latino college students. *Dissertation Abstracts International*, 64(09), 4628B. (UMI No. 3106299)
- Echemendía, R.J. & Núñez, J. (2004). Psychotherapy in a multicultural context. In M.J. Dewan, B.N. Steenbarger, & R.P. Greenberg (Eds.), *The Art and Science of Brief Psychotherapies: A Practitioner's Guide* (pp. 243-255). Washington D.C.: American Psychiatric Publishing Incorporated.
- Zane, N., Hall, G.C.N., Sue, S., Young, K. & Núñez, J. (2004). Research on psychotherapy with culturally diverse populations. In M. Lambert, A. E. Bergin, & S. L. Garfield (Eds.), *Handbook of psychotherapy and behavior change* (5th ed.) (pp. 767-804). New York: Wiley.

Selected Presentations

- 2012 Professional Development Workshop – Establishing, Enhancing & Repairing Self-Esteem in Children, June 19, 2012, Al-Ghazaly School, Jersey City, NJ.
- 2012 Professional Development Workshop – Managing Maladaptive Behaviors in the Classroom, June 11, 2012, Badr School, Jersey City, NJ.
- 2012 Student Development Workshop – How Do You Get There From Here? May 29-31 2012, Badr School, Jersey City, NJ.
- 2012 Professional Development Workshop – Creating a Therapeutic Learning Environment, April 25, 2012, St. Nicholas School, Jersey City, NJ.
- 2012 Professional Development Workshop – Teaching Children the Value of Failure, April 18, 2012, St. Nicholas School, Jersey City, NJ.
- 2011 Professional Development Workshop – Self-Care for the Educator, December 21, 2011, Jersey City Board of Education, Jersey City, NJ.
- 2011 Professional Development Workshop – The Psycho-Social Impact of a Teacher on a Child's Life, August 30, 2011, Joseph's School of Tomorrow, Jersey City, NJ.
- 2009 Jumpstart Program 2009 – The Talk I Wish I Would Have Received as an Incoming Freshman, September 2, 2009, Ronald McNair Academic High School, Jersey City, NJ.
- 2006 NAMI Monthly Family Support Group – Strength in the Midst of Crisis: The Potential Benefits of Spirituality and Religiosity in Mental Health, October 10, 2006, National Alliance for the Mentally Ill, Hudson County Chapter, Jersey City, NJ.
- 2006 New Teacher Induction (Keynote Address) – To Make a Difference, August 28, 2006, Joseph H. Brensinger Public School #17, Jersey City, NJ.
- 2006 Nursing Staff In-Service – Appropriate Limits and Boundaries in Patient Care (co-presented with Dona Bellucci, Ph.D), April 19-20, 2006, Meadowview Psychiatric Hospital, Secaucus, NJ.
- 2006 NAMI Monthly Family Support Group – La espiritualidad, religiosidad y salud mental: Cuidado propio para los que cuidan (Spirituality, Religiosity and Mental Health: Self-Care for the Caregivers), April 5, 2006, National Alliance for the Mentally Ill, Hudson County Chapter, Union City, NJ.

Honors and Awards

Paul and Daisy Soros Fellowships for New Americans, Fellow, 1998 – 2000

One of 20 Fellows selected from a field of over 600 applicants from colleges and universities across the United States on the basis of academic achievement and post-graduate promise;

received a yearly stipend and half-tuition payment; attended annual Fellows' Conference in New York, NY.

Penn State Minority Graduate Assistant Award, Recipient, 1996 –1998

Selected by the Graduate School to receive award on the basis of scholarly achievement and academic promise.

Drew University (College of Liberal Arts) Annual Commencement Address, May 1996.

Selected to give commencement address by deans of the colleges, university faculty, and graduating class from a field of over 50 candidates on the basis of oratorical skill and outstanding contribution to campus community.

Drew University Psi Chi Research Award, Recipient, May 1996.

Selected from a field of 10 honors theses and research projects in psychology on the basis of thesis originality and methodological rigor.

National Science Foundation Summer Psychology Program, Recipient, Summer 1995.

One of seven undergraduates selected from a nationwide search on the basis of scholarly achievement and academic promise in the field of psychology. Attended weekly seminars taught by psychology professors at the Pennsylvania State University; worked in a graduate laboratory in the department of psychology; developed a proposal for an empirical study conducted during the subsequent academic year.

References

Dona Bellucci, Ph.D
Principal Clinical Psychologist
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Victor Carlson, Psy.D
Chief of Homeless Services
Veterans Affairs New Jersey Healthcare System
385 Tremont Avenue
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