

Make it count with Go365.

Earn Points for your everyday activities –everyday!



Go365 KIDS™

Activity

Points

Health Assessment

The Kids Health Assessment covers a child’s physical activity, nutrition, lifestyle, and wellbeing. You get a better understanding of your children’s current health and the areas that need improvement. No Points are awarded for Kids Health Assessment completion.

Dental exam

Take your kids to the dentist and earn Points for preventive dental exams.

100 up to 200/program year

Vision exam

Earn Points for a preventive vision exam.

100 once/program year

Flu shot

Help your children avoid getting the flu by making sure they get an annual flu shot.

100 once/program year

Preventive care visit

A pediatrician can check on the health of your children and you can ask any questions you may have about their health.

200 once/program year

Immunizations

At designated ages, your children will receive immunization shots to help protect them from various illnesses.

100 once/program year

Fitness

Children (up to 18 years old) in a Go365 program can earn Points for two qualifying sports league activities and four athletic events, like baseball or swimming, per program year. Each sport season qualifies as a single sports league. Minimum number of games or matches is eight.

Sports league

100 up to 200/program year

Athletic events

50 up to 200/program year per child

1,000 maximum total Points may be earned per program year per child. Up to 500 maximum preventive Activity Points may be earned per program year per child. Preventive Activities include: dental exam, vision exam, flu shot, preventive care visit and immunizations. Children may earn up to 200 Points per program year for participating in an employer-sponsored event.

We are committed to helping you achieve your best health. Rewards for participating in Go365 are available to all members. If you think you might be unable to meet a standard for a Go365 reward, you might qualify for an opportunity to earn the same reward by different means. Sign in to your Go365.com account and visit the Communication center to send us a secure message and we will work with you (and, if you wish, with your healthcare practitioner) to develop another way to qualify for the reward.

Go365 Kids is not available to all Go365 programs. Check with your Employer or Benefits Administrator to check your eligibility.



Athletic Events

If your children participate in events like running, walking, cycling or swimming, they can earn Points that contribute to your family’s overall Point total and Status.



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