

Leap Therapy for Kids offers occupational therapy services for children from birth to 18 years, with a wide variety of concerns and goals. Our occupational therapists provide comprehensive assessment and a customized therapy plan to help each child to make gains and achieve success in a wide range of areas, including:

Fine Motor Skills

- Grasp - holding a pencil, picking up small and large objects, manipulating objects using fingers/hand
- Hand dominance
- Ability to use both hands together (bimanual coordination) to fasten buttons, snaps and zippers, tie shoes, open containers, scissor skills
- Printing and drawing skills

Leisure and Social Participation

- Strategies to facilitate successful interaction within a child's community (school, family, and peer groups)
- Exploring leisure interests, skills, and opportunities

Mealtimes

- Eating and swallowing
- Introduction to solid foods; transitioning to more challenging textures
- Learning how to drink from a bottle, to use a cup and utensils

Mobility

- Strategies, adaptations and equipment needed to assist with independent mobility
- Wheelchair and community mobility (private and public transit)

Play Skills

- Strategies to promote development of play skills (exploration, practice, pretend play, games, constructive and symbolic play) and increased participation in play

Self Care

- Dressing
- Washing and grooming - bathing/showering, brushing teeth, modification and equipment needs
- Toileting - identifying signs of readiness, helping to develop and support routine, equipment needs
- Sleep and rest

Sensory Processing Skills

- Identification of a child's sensory profile and use of sensory integration strategies to support successful participation in daily life skills

Transition Planning

- Entry into school (kindergarten, high school)
- Adolescent to adult transition

Vocational Skills

- Strategies and customized plan to attain meaningful work skills and opportunities (volunteer/paid)

We invite you to contact our clinic for more information about our clinic and therapy services for infants, children and teens.