



Sashiko Supply List

Sashiko kit (includes sampler, thread and needles) \$15.00 to be purchased from Susan

1 solid cotton fat quarter
marking pencil to use with stencils—no chaco-liner
fabric scissors
masking tape
white thread and needles from your kit can be used in the Chiku class

Chiku-Chiku pillow workshop or table runner

Chiku-Chiku in Japanese translates into “big stitch”. Students will learn how to layer old and new Asian fabrics on to a background to create a organic base for big stitch “quilting”. Scrap fabrics work best, even fabric with holes! Nothing is wasted. We will also discuss color selections. This workshop is for everyone. This class can be done by hand, or machine. It’s easy, no rules, and you can use all of those scraps!

Supply List

Base fabric, this will be the fabric you will be adding layers onto. It can be one whole piece of fabric or pieced together.

Decide what size you want your pillow (12 x12”, 14 x14” etc..) add 1 inch around all sides and cut one piece. Same goes for your table runner. Not sure what you want to make. Bring enough fabric for both.

Scrap fabric- bring all of your Asian theme fabrics, old, new, used, cotton, silk, anything that you like. If you don’t have any Asian fabric then bring what scraps you have. I will be helping you edit what will work before you start stitching. It’s also great to share with your fellow students.

Thread- Sashiko (thin or thick), pearl cotton balls size 8 or 12, any name brand, No floss. You will be sewing through at least 2-3 layers of fabric so your thread shouldn’t be thick. Bring all the colors you have or basic colors (white, cream, blue, etc). Any combinations work.

Needles- Sashiko. These work the best because they are very long and the shank is the same size along the whole needle to help it glide through the fabric.

Safety pins, only

Thimble

Basic sewing supplies

NO hoop is required.

Sewing machine optional

Boro repair stitch supply list

You might have seen this stitch used to repair jeans. It's all the rage right now.

Bring a pair of jeans with/and or without holes and I will show you how to repair them using your Sashiko threads.

Additional thread and fabric may be purchased during class.

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