

The Reader



CenterLine Dressage is a Group Member Organization of USDF. CLD members are automatically members of the United States Dressage Federation.

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UPCOMING EVENTS

(For full calendar of events, see the online calendar at centerlinedressage.com)

January 28

CLD Executive Board Meeting
at StarWest
2pm

Contact: Nancy Simpson
president@centerlinedressage.com

40th ANNIVERSARY CHAIRMAN REPORT BY ALICE MARTIN

This time I will discuss dressage clinicians who appeared regularly in Central Illinois and helped the “pioneers” further their education and thus the dressage education of the area. In the November column you saw a picture of Chuck Grant teaching in 1972 at the University of Illinois Stock Pavilion where I believe the first dressage clinic south of Chicago was held. Chuck and Carole Grant made three annual trips to clinic in central Illinois. A few will still remember the exhibition they performed at Big Creek Arena owned by the Decatur Park District. Chuck rode his Grand Prix horse Bit O Shine and Carole performed on

Chuck’s earlier GP mare, Shining Gold. For nearly every one there, more than 100 people, that was the first time they had ever seen a Grand Prix horse perform, much less a Pas de Deux with shining palominos.



“She initiated and managed the Violet Hopkins Seminars for dressage instructors, which were conducted for 11 years at her Tristan Oaks Farm. These seminars gave birth to the USDF Regional Workshops, the National Symposium, and the Instructor Certification Program. Ms. Hopkins has been the driving force to provide educational opportunities for grass-roots instructors and riders.”

About the same time the newly formed St. Louis Area Dressage Society began hosting an annual clinic with Violet Hopkins. Sometimes called the “mother” of American Dressage as Chuck Grant was called the “father of American Dressage, Violet was inducted in the USDF Hall of Fame in 1998. Her biography for the induction nailed it right on the head (see page 1 outlines).



“In recognition of her articulate genius as a riding instructor, strong commitment to rider education, and outstanding contributions to equitation theory over four decades. Sally Swift’s legendary book, *Centered Riding*, published in 1985, was translated into 14 languages and sold more than 500,000 copies. This book enabled everyone in every body type, on every horse, to enjoy riding better in a correct seat.” - Sam Barish at the induction ceremony, 2007.

The Chapins, Chick, Nancy, Anne and Sally, were the first to bring (Sarah) Sally Swift to area. She was inducted into the USDF Hall of Fame in 2006. It was a privilege to see her one last time at the ceremony in Kansas City before her death in 2007. Her genius, I think was memorable images and phrases that I still use today to visualize a correct seat.

The Chapins also became the first to bring Pamela Fitzwilliams to the area. She taught at their Windridge Farm in Chatham and subsequently at StarWest for many, many years. BHSI and AHSA “S” judge, the very British Pamela brought a splendid accent and an eye for detail and

discipline to her lessons that were legendary. Unfortunately I just learned of her October death while researching this column. I am copying her obituary as any of you who ever met Pamela will learn things about her. She was very close with personal information.

FITZWILLIAMS, MRS. PAMELA M., Nov. 4, 1919 - Oct. 17, 2011. Pamela Fitzwilliams was the daughter of Air Marshal Sir

John Baldwin KBE, CB, DSO, DL. Sir John was a cavalry officer in the First World War and appointed ADC to King George V (1931-3). He held a succession of senior RAF appointments. At the end of the war he returned to his old regiment, the 8th KRI Hussars, where he became their Colonel (1948-1958). Pamela grew up in England, where her childhood home was Levisham Hall, in North Yorkshire.



Pamela Fitzwilliams

During World War II, Mrs. Fitzwilliams was active in the Women's Auxiliary Air Force. Pamela moved to the USA from England in 1963. She lived and worked in Massachusetts before moving to the warmth of Florida. For the last years of her life Mrs. Fitzwilliams lived in Longwood, FL. Pamela started riding as a small child, and was an avid foxhunter and a keen polo player.

She trained, coached and judged dressage to international level for over 55 years. Many well known dressage riders and judges learned from Pamela who was a Founding Organizer of the United States Dressage Federation and a Founder of the New England Dressage Association. Pamela wrote a book 'Lungeing: How and Why' and recommended the yoga that she practiced to all her students. She became a licensed massage therapist when she was 70 years old and continued to ride into her 80's. Both horses and riders benefited from her massage skills.

Pamela had a strong faith and was an active member of the Wekiva Presbyterian Church in Longwood. She also enjoyed bird watching, gardening and swimming. Pamela is survived by her daughters, Caroline and Angela; and her granddaughters, Clare, Cecilia and Alexandra, all of whom live in England. Pamela asked to be cremated and repatriated to

Yorkshire, England. She also requested that there not be a service in the USA. Condolences may be sent to the family c/o Cecilia Hazlerigg, P.O. Box 541112, Orlando, FL 32854-1112. Pamela will be missed greatly by her family and her friends.

Next month, more influential instructors in central Illinois.

CLD is inviting all charter members to have dinner on us at our Awards Banquet on November 10, 2012. There will be other observances throughout the CLD calendar in 2012. Please join us as a member and let others know about the celebration. If you remember other charter members, please let me know. Current addresses of early members are welcome. Spread the word.

Get in touch,

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CLD'S GMO BASKET AT USDF CONVENTION

PHOTO BY JUDY NORDSTROM, CLUB DELEGATE

SARAH GEIKE CLINIC NOTES BY HEATHER VOYLES

The horse should listen and wait for rider's subtle aids.

Use weight aids to ask for downward transitions and to control tempo and length of stride.

Weight aids consist of seat and legs, mostly the seat. You need to internally rotate the upper leg inward to develop a deeper seat. Use rein aids last.

To make a horse sensitive in his reactions and response, take your legs off, move them back a quarter of an inch, place them back on. If there is no reaction, apply a harder aid. Then repeat the exercise with the softer aid. Horse must learn to stay attentive to rider's aids and respond to the smallest (softest) aid instantly. It is best to develop this with walk/trot transitions

Use the shoulder fore to make the horse straight. Use the überstreichen, a brief release of contact in the reins, to test self-carriage.

To help the horse maintain his balance through corners, set him up with half halts before and after the corner.

When the horse wants to lay on the rein, push him off that leg so he cannot. For example, if he leans on the left rein, push him off with your left leg.

Sitting to the inside helps the horse bend.

The way to establish a lower, rounder connection is through the seat and the use of half halts.

Ride the canter with your hips forward of your shoulders. Feel the stretch in your back.

To establish the canter in the young, unsettled horse, first circle 10m at the trot to establish balance.

To instill confidence and assurance to the horse, you must sit deep and in connection.

With half halts activate the hind end before your halts.

When horse is using his under neck instead of his upper neck, it means he is behind the leg. Your lower back and seat encourage the horse to move more from behind.

The turn on the forehand is a good tool to establish the outside aids.

The rider's outside thigh turns the horse's shoulder.

On the stretchy circle, you want to retain connection (don't throw away reins). You want the horse to stretch forward but also you want him to stay connected with you through his frame.

EXERCISES

Shoulder-in exercise - always start with a 10m circle in corners.

Do not over bend the horse's neck in shoulder-in.

Circle exercise – leg yield on the open ends

Push inside leg to outside aid

Give on the inside, support on the outside

Circle exercise with spiral – start on the circle, spiral in, and leg yield out.

Keep engaged, keep your horse pushing from behind. Keep the rhythm clear and forward.

Canter exercise on the center circle – canter 20m, trot a 10m circle in the opposite direction, then resume the canter on the 20m circle going the first direction.

Walk/Trot corner exercise – trot, walk into/through/ out of corner, trot.

The purpose of this exercise is to get the horse thinking he has to come back to you.

USDF DELEGATES VOTE FOR A NATIONAL CHAMPIONSHIP

San Diego, CA December 2

The topic of a U.S. Dressage Federation national championship created lively discussion at the 2011 Adequan/USDF Annual Convention Board of Governors meeting today before the motion eventually passed.

The first dressage national championship will be held in November of 2013 at the Kentucky Horse Park in Lexington. It will include open divisions and adult amateur divisions for all levels from training to Grand Prix and is proposed to rotate from the east coast to the west coast every three years. Riders will qualify for the national championship through the current regional championship system; the champion and reserve from each regional championship division will be invited to the nationals. If one or both of the top riders decide not to go to the national championship, the next-placed competitor will be invited. Invitations will be limited to the top five placings.

Several delegates made motions to amend the initial proposal—attempting to move the start date to 2014, move the championships from late fall to early spring, and include juniors and young riders—but the final vote was for the proposal as originally written. There were 1,014 votes for the championship and 441 against. Nine delegates abstained from voting.

“We’re very pleased with the outcome of the vote,” said USDF President George Williams immediately after the meeting. “We think the time has come to do this. Part of our attitude is that we have to start somewhere, sometime, and this seems like a very good time to start. It will definitely take a while to grow, and there will be growing pains; there is going to be a lot of tweaking. We’ll now be working out all the details about things that were discussed here—like setting out a budget—and we’ll have to continue to come back to this Board of Governors.”

The issue of young riders and juniors being left out of the championships created the most controversy. An amendment to add them in was narrowly defeated with 694 in favor of including juniors and 719 opposed.

“I want to represent the youth in our region,” said Debbie DelGiorno of Region 1. “I wouldn’t be able to sleep tonight if I didn’t bring up that this doesn’t include the youth. I want to know if there’s an intent to add them later down the line.”

“The question about juniors and young riders has come up several times,” said USDF Secretary Janine Malone. “It’s better to start with something smaller and grow rather than start with something too big. Juniors and young riders have a lot of programs right now funded by USDF. The intention always was to include them in the future; it would be good to have them by the second or third year. As soon as possible, USDF would want juniors and young riders included in the championships.”

Other delegates were frustrated at the idea of saying “yes” to a championship when there are still many details about it up in the air. There was no proposed budget presented with the national championships plan.

“In our GMO, we don’t even put on a schooling show without a detailed budget,” said Rebecca Chatfield of Region 6. “We’re concerned there’s not enough information to make a decision on the long-term health and viability of this event. I’d like to see the business plan for this event.”

“All that would have to be done starting immediately if we approve this, but there are many details based on what the Board of Governors would approve that could have an impact of \$100,000 or more,” countered Malone. “We have nothing to sell until we know what the product is. You can’t go after

sponsors until you know what you have, and we can't go after sponsors until the board tells us to commit. Does anybody in this room realistically think we could have come up with a detailed budget before this meeting?"

Other details for the championships, including minimum qualifying scores, will be decided later.

"This is like getting married; we can all say yes and work out the details later," joked Region 2's Paula Briney before calling for the final vote.

SUSANNE VON DIETZE CLINIC NOTES BY JUDY NORDSTROM

Lunch Lecture Notes

Riding with light aids

- 1) seat- or weight aids
- 2) legs- used to get horse more active; to achieve rhythm
- 3) hands- keep soft connection

STRESS = awareness shuts down; more difficult to learn. You must listen to your horse which you cannot do under stress.

HALF HALT- tighten core to keep back less active.

CIRCLE OF AIDS- Balance between the inside and outside aids is the basis for all lateral movement.

BALANCE in MOVEMENTS- The use of our weight. Our weight aids are always present and they are always influencing the horse.

- Riders must become more aware of this influence: Shift of weight: left, middle, right, side to side

Rotation- rider's shoulders should be parallel to horse's shoulders

rider's hips should be parallel to horse's hips

rotation movements should be very subtle

Use of legs- elasticity to allow the horses movement through all joints: hip, knee and ankle.

Contact- soft hands; starts with softness in the body (shoulders and arms become independent of the seat and the horse's movement

Paula Briney's Ride with Susanne

She was instructed to find the horse's comfort zone.

This allows you to play with tension. Trust the comfort zone. Challenge his balance.

Straightness=balance

Riding in a triangle- shorten stride in hind legs, think forward- look where you are going.

- guide shoulders through turns

- inside/outside balance

Sit, turn, and look at next letter

Turn with him

Exercise: Walk before corner and turn on haunches.

On the long side, leg yield to inside, then go to outside (wall)

Push to inside, then straighten. Then do again.

Shoulders lead. Inside front leg goes first. This keeps horse from "snowballing" or running away.

Guide front legs, ride the back

Exercise: Go forward to straighten.

3 is your comfort zone, 1 is almost walking, and 5 is fast.

Go to 2 then 1, then back

3,2,1,2,3,4,5,4,3,2,1,2,3,4,5...etc.

Balance then give; let his nose come out and down while forward.

Now that gives you a bigger tool box!



CenterLine Dressage New Member & Renewal Form

(Membership year is December 1 through November 30)

Name: _____ USDF #: _____

Name: _____ USDF #: _____

Address: _____

City: _____

State: _____

ZIP: _____

Telephone: _____

E-mail: _____

Birth Date for Youth Members (21 & Under): _____

Reader Preference

<input checked="" type="checkbox"/>	Renewal:	<input type="checkbox"/>
<input checked="" type="checkbox"/>	New Member:	<input type="checkbox"/>

<input checked="" type="checkbox"/>	Paper Copy:	<input type="checkbox"/>
<input checked="" type="checkbox"/>	Digital Copy:	<input type="checkbox"/>

Membership Type	Details	Totals
Individual Membership	\$45 Includes 1 Reader, 1 Vote, USDF Membership, Discounts at CLD Shows, Discounts on Advertising, Horse Nomination (requires separate form)	\$ _____
Junior Membership (21 & under)	\$25 Includes 1 Reader, 1 Vote, USDF Membership, Discounts at CLD Shows, Discounts on Advertising, Horse Nomination (requires separate form)	\$ _____
Family Membership	\$65 Includes 1 Reader, 2 Vote, 2 USDF Membership, Discounts at CLD Shows, Discounts on Advertising, Horse Nomination (requires separate form)	\$ _____
	Total Dues:	\$ _____

Please send to:

Anne Scrivner
 CLD Membership Secretary
 membershipsecretary@centerlinedressage.com
 7500 Minder Road
 Rochester IL 62563-6121

Revised: 1.3.12

Club Officers & Personnel
(Full list and mailing addresses online)

President	Nancy Simpson	217/793-6810	president@centerlinedressage.com
Vice-President	Judy Nordstrom	217/626-1518	vice-pres@centerlinedressage.com
Treasurer	Katie Keim	217/652-1855	treasurer@centerlinedressage.com
Secretary	Deb Porter	217/498-8731	secretary@centerlinedressage.com
Newsletter Editor	Kathi Cannon	217/756-8294	reader1@centerlinedressage.com
Membership Secretary	Anne Scrivner	217/498-6828	membershipsecretary@centerlinedressage.com
Awards Chair	Marilyn Weber	618/753-3446	awards_chair@centerlinedressage.com
Web Site	Moiety Design		moietyenterprises@mac.com

CLD Advertising Rates

(see detailed info & photo policy online www.centerlinedressage.com/advertising)

Reader Page Ads	Full Page	\$50 Non-Member	\$25 Member
	Half Page	\$25 Non-Member	\$12.50 Member
	¼ Page or Less	\$12 Non-Member	\$6 Member

Photographs (original preferred) can be included in your ad. They can be black and white or color, but they will be black and white in the printed READER. Page Ads Up for 1 Month

Reader Classified Ads	50 words or less	\$5 Non-Member	\$3 Member
	Additional 25 words	\$2 Non-Member	\$1 Member

No Photographs Classified Ads Up for 1 Month

Web Advertising	Basic Classified Web Ad included in any Reader Package! See online for more details.
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BOARD MEMBER BIO - JUDY NORDSTROM

Judy grew up riding horses just down the road from Pratense Farm. It wasn't until almost three years ago that she began taking dressage lessons on her Paint horse, Zip, from Paula Briney. She acquired her 23 y.o. schoolmaster, Guinness, just over a year ago. He is a chestnut Oldenburg gelding who was shown at Intermediare I by his previous owner. Judy and Guinness hope to show at Third Level this 2012 season.



Judy spent 23 years working in Radiology as a X-ray technologist and medical sonographer. She now enjoys time with her family and is looking forward to her first grandchild this Spring.

2011 CLD YEAR END RESULTS - SCHOOLING DIVISION

Intro Level Schooling	Scores	Average	Horse & Rider
Champion AA	63.750 & 55.710	59.730%	HEATHER VOYLES/MAJOR KAMOSHUN

Training Level Schooling	Scores	Average	Horse & Rider
Champion Open	66.136 & 65.830	65.983%	MARILYN WEBER/ SHENANIGANS TOO+
Champion Novice	66.789 & 62.500	64.643%	MARILYN WEBER/ GRANDEURS CHANEL
Champion Jr/YR	74.167 & 71.428	72.797%	JAYME GEISLER/ KNIGHT HAWK +/

First Level Schooling	Scores	Average	Horse & Rider
Champion Open	72.258 & 70.000	71.290%	KAYLA REIMER/ SILK FLAMBEAU
Res. Champion Open	65.135 & 65.000	65.067%	KAYLA REIMER/ SILK FLAMBEAU

Third Level Schooling	Scores	Average	Horse & Rider
Champion AA	70.000 & 67.000	68.500%	DEBORAH PORTER/ LIONHEART

2011 CLD YEAR END RESULTS - OPEN DIVISION

Training Level Open	Scores	Average	Horse & Rider
Champion Open	80.800 & 77.800	79.300%	MARTIN KUHN/GREYSTOKE*
Res. Champion Open	78.571 & 74.000	76.285%	KATE FLEMING-KUHN/AGATHON JP
Champion Novice	71.429 & 68.929	70.179%	ALLISON DAVIS/ BEST YET
Res. Champion Novice	67.200 & 64.280	65.740%	JUDITH NORDSTROM/ ZIGMEISTER
Champion AA	70.400 & 67.200	68.800%	KATIE KEIM/RV STILL STANDING
Champion AA	70.000 & 67.600	68.800%	KATIE KEIM/ZLA PEPETS REGALO+/-
Res. Champion AA	66.000 & 65.600	65.800%	CAROLINE BEAN/ AQUA JP
Champion Jr/YR	72.143 & 71.429	71.786%	SUSAN ROSSE/ REJOICE
Res. Champion Jr/YR	65.714 & 62.400	64.057%	JESSALYN BRADLEY/ECHOS SPARKLE
First Level Open	Scores	Average	Horse & Rider
Champion Open	79.310 & 74.839	77.074%	MARTIN KUHN/GREYSTOKE*
Res. Champion Open	72.069 & 70.323	71.196%	KATE FLEMING-KUHN/AQUA JP
Champion Novice	70.323 & 65.405	67.864%	KATE FLEMING-KUHN/RV STILL STANDING
Res. Champion Novice	62.703 & 60.645	61.674%	MARILYN WEBER/ SHENANIGANS TOO+
Champion AA	67.419 & 66.774	67.096%	GLENDA MURRAY/ OUTRAGEOUS HF
Res. Champion AA	67.419 & 66.216	66.817%	KATIE KEIM/RV STILL STANDING
Champion Jr/YR	67.237 & 66.842	67.039%	EMILY LAYESKI/ FRIEDENSFEST
Second Level Open	Scores	Average	Horse & Rider
Champion Open	65.000 & 62.143	63.715%	KATE FLEMING-KUHN/RV STILL STANDING
Champion Novice	67.400 & 66.600	67.000%	JUDITH NORDSTROM/ ZIGMEISTER
Champion AA	67.714 & 62.286	64.713%	GLENDA MURRAY/ OUTRAGEOUS HF
Champion Jr/YR	69.714 & 65.000	67.357%	EMILY LAYESKI/ FRIEDENSFEST*

2011 CLD YEAR END RESULTS - OPEN DIVISION

Third Level Open	Scores	Average	Horse & Rider
Champion Open	64.474 & 62.683	63.578%	PAULA BRINEY/FARAMON
Champion AA	71.026 & 67.949	69.487%	JULIE KELLNER/MANHATTAN
Champion Jr/YR	72.308 & 68.974	70.641%	ALLISON GERLT/TEBALDO*
Res. Champion Jr/YR	70.769 & 70.000	70.384%	ALLISON GERLT/SAMURAI
Fourth Level Open	Scores	Average	Horse & Rider
Champion Open	61.892 & 60.270	61.081%	PAULA BRINEY/CHAMBORD*
Res. Champion Open	59.500 & 58.537	59.018%	MARILYN WEBER/ FOCUS SHALIMOR+//
PSG	Scores	Average	Horse & Rider
Champion Open	70.789 & 67.632	69.210%	MARTIN KUHN/MANHATTAN*
Res. Champion Open	61.429 & 59.780	60.614%	MARILYN WEBER/ FOCUS SHALIMOR+//
Intermediare I	Scores	Average	Horse & Rider
Champion Open	68.947 & 67.895	68.421%	MARTIN KUHN/MANHATTAN*
Champion Novice	65.789 & 63.684	64.736%	CHRISSIE SIMPSON/GOLD DIGGERR+//
Champion AA	70.000 & 63.158	66.579%	DEB KLAMEN/BOSS
Intermediare II	Scores	Average	Horse & Rider
Champion AA	62.105 & 61.316	61.710%	DEB KLAMEN/BOSS*
Grand Prix	Scores	Average	Horse & Rider
Champion AA	64.043 & 62.766	63.404%	DEB KLAMEN/BOSS*

Most Improved Rider @ Training Level
Judy Nordstrom (AA) & Jessalyn Bradley (Jr/YR)

For the first time in CLD history we had entrants at every level. Thanks goes to our tireless Awards Chairman Marilyn Weber who reminds everyone to nominate, or re-nominate their horse for year end awards using the online form at www.centerlinedressage.com/horsenom

DEADLINE FOR READER ITEMS



Items for publication or inclusion in the READER should be received by the editor by the 15th of the month. Items for THE READER, activity forms, etc should be sent with a check for the charges, if any, to:

THE READER
c/o Kathi Cannon
1736 S. Farmingdale Rd.
New Berlin, IL 62670

