

The Reader

CenterLine Dressage is a Group Member Organization of USDF. CLD members are automatically members of the United States Dressage Federation.

AN AUTHOR IN OUR MIDST

CLD's own Janice Dulak will present a short look at her book, *Pilates for the Dressage Rider*, at Chrissie Moran's house, 1500 Leland Avenue, Springfield, on Sunday, October 29. The evening will start with a potluck at 5:30 pm. Janice's presentation will be at 6:30, and she will autograph books at 7 pm. Copies of *Pilates for the Dressage Rider* will be available for purchase that evening.



Janice Dulak has trained in Pilates with Romana Kryzanowska since 1989 when a knee injury threatened her performing career as a dancer. With the improved body conditioning gained by Pilates, Janice was able to continue dancing and teaching internationally. Janice served as chair of the Stephens College Dance Department for 10 years. She was certified as a Pilates instructor in 1993 and she opened her first studio in Columbia, MO. At the request of Romana in 1999, Janice undertook further training and

DIRECTIONS TO CHRISSIE MORAN'S HOUSE
1500 Leland Avenue. Get on South Grand Avenue West, turn south on Bates (across from Washington Park playground/tennis courts), go south one block; 1500 is on the southwest corner of Bates and Leland. It is a white colonial with black shutters.



received her Level 2 instructor certification in 2000. This certification, held only by a handful of instructors, qualifies Janice to

train Pilates instructors at seminars throughout the United States.

The Pilates Center, in Champaign, is the first Pilates studio in East Central Illinois. It is dedicated to continuing the original



CALENDAR OF EVENTS

(For more info on events please see the CLD online calendar.)

October 29

Janice Dulak Book Signing, Presentation, & Potluck @ Chrissie Moran's House
Contact: Chrissie Moran, skipador@insightbb.com

November 4 - 6

Clinic at IRUS Stables, w/ Mary Wanless
Contact: Susan Moran 317-896-3912
suziehorse@aol.com

November 11

Awards Dinner, @ Maldaner's, Springfield
6:00 Cocktails
6:30 Dinner

November 17-19

Politz Clinic @ StarWest
www.starwestonline.net

November 29-Dec 3

USDF Annual Convention, Kansas City, MO at the Westin Crown Center with the symposium at Hale Arena at the American Royal complex.

teachings of Joseph H. Pilates. All Pilates Center instructors are certified by Romana Kryzanowska, heir to the teachings of Joseph H. Pilates. Completely equipped with multiple reformers, cadillac, barrels, chairs, pedi-pole, foot corrector, arm weights and Magic Circles, the Pilates Center is uniquely able to offer the complete Pilates System of exercise. The Pilates Center has Gratz-manufactured apparatus, the original manufacturer of Joseph Pilates' equipment. The Pilates Center offers private and semi-private instruction in the Pilates System, as well as group mat classes (mat classes for current clients only).

CLD YEAR END AWARDS BANQUET

Maldaner's Restaurant, at 222 South Sixth Street, Springfield, is again the site of CLD's annual Awards Banquet, to be held on Saturday, November 11 at 6:00 PM. Invitations have been mailed to all members. Reservations are due back to Tracey Walker on or before November 2, 2006.

In addition to the dinner and awards ceremony, there will be a short membership meeting, to elect representatives to the CLD Board of Directors. Enclosed with this newsletter is a membership ballot. If you are interested in running for one of these positions, please notify Tracey Walker. If you are unable to attend the banquet, please mail your completed ballot to Tracey Walker.

We also ask that all members bring a contribution to the CLD Awards Banquet for the annual USDF National Convention gift basket to be donated from our club in lieu of door prizes at the awards banquet. We encourage horsey or Illinois-themed gifts (such as local chilli, or Pease's candy, etc.). Several club members will be attending the National Convention in Kansas City, and will deliver the basket at that time. All GMO's are asked to contribute these baskets, which are used as door prizes at the USDF Board of Governors meeting.

MEMBERSHIP RENEWALS NOW DUE



Enclosed with this newsletter are renewal forms for your 2007 CenterLine Dressage membership and Horse/Rider Nomination Forms. Please note that the membership applications should be mailed to Kate Fleming-Kuhn and the Horse/Rider Nomination Forms to Marilyn Weber. CenterLine will appreciate your prompt renewals – it saves our treasurer from much extra work if your renewals are submitted promptly. Thank you in advance!

NEW ONLINE REGISTRATION PROCESS FOR 2006 ADEQUAN/ USDF CONVENTION & SYMPOSIUM

In keeping with the commitment to provide excellent customer service to its membership, the United States Dressage Federation (USDF) launched a new online registration capability for the upcoming Adequan/USDF National Convention and Symposium in Kansas City, Missouri. The convention is November 29 through December 3. The new online registration system is very user-friendly. Another value-added benefit for members is the automatic discount credit. For more information on USDF, the annual convention and symposium, or to register online, go to www.usdf.org. Early-bird discounts expire November 5.



EARLY REGISTRATION DISCOUNTS EXPIRE NOVEMBER 5.



USDF NAMES YOUTH REPRESENTATIVES TO THE USEF YOUTH COUNCIL

USDF congratulates Claire Darnell of Georgetown, Texas, for her nomination to serve as the USDF representative and Susan F. Walker of San Diego, California, for her nomination to serve as the alternate representative to the newly created USEF Youth Council. The USEF Youth Council will be comprised of youth members, age 21 and under, who are active in a breed or discipline's affiliate organization. The Youth Council's mission will be to provide leadership for equestrian sport in the United States to advance the level of horsemanship across all disciplines.

USDF SIGNS JANE SAVOIE FOR ADULT CLINIC SERIES IN 2007-2008

USDF is pleased to announce that Jane Savoie, who has been a member of the United States Equestrian Team and a popular clinician and author, is clinician for the nine adult clinics beginning in 2007. The clinic dates for 2007 are March 3-4 in Region 9, March 24-25 in Region 4, April 14-15 in Region 8, and October 13-14 in Region 5. The theme for the clinics is "Believe You Can; Ride the Possibilities," focusing on Ms. Savoie's sports psychology first expounded in her bestselling book, "That Winning Feeling."

The clinics will feature a lecture each day as well as riding for USDF members interested in benefiting from Jane's wealth of knowledge and expertise.

The series of clinics is aimed primarily at adults riding Training through Fourth Levels, however, FEI level riders are also welcome to attend.

For more information on the USDF Adult Clinic Series featuring Jane Savoie, please visit the USDF web site at www.usdf.org/Programs or contact Kathie Robertson at 859-271-7877 or via email at adultclinics@usdf.org or kr Robertson@usdf.org.

CALENDAR OF EVENTS

(For more info on events please see the CLD online calendar.)

December TBA
CLD Christmas Party

December 17 @ 3:30 p.m.
CLD Club Meeting at StarWest
Contact Tracey Walker

**OLYMPIC DREAM PROGRAM – A
REPORT BY KATE SUNDER**

Everyone had told me that the European experience is one in a lifetime; how right they were. The horses were magnificent and the surroundings, both in character and functionality, were breath taking. The sounds and sights of European dressage were awe-inspiring. My trip this summer through Germany and Austria, thanks to the wonderful support of The Dressage Foundation's Olympic Dream Program, was an experience I will never forget. Being granted the opportunity to learn in Europe for ten days and bring back this newfound knowledge was priceless.

The air was hot and humid on that July Saturday as our group, consisting of me, Bobbie Lynn McKee, Christina Rudman, Elizabeth Barclay and chaperones, Sharon Poulin and Sarah Martin, stepped off the plane into a country far from our own. The countryside was beautiful and anyone could definitely see we weren't in the United States anymore. After a very long 10 hour flight, we immediately found our rental van and made our way to Klaus Balkenhol's stable in Rosendahl, Germany. The brick barns, surrounding a cobblestone courtyard, held some of the most beautiful and superb horses in our sport. The American riders, Debbie McDonald, Guenter Seidel, Heather Blitz, and Arlene "Tuny" Page, had flown in recently to train for the World Equestrian Games. To see their horses, Brentina, Aragon, Arabella, and Wild One, was a treat beyond anything else. Meeting the top US riders and watching them train in one place was something I never thought I would see in my life. It was a great chance for our group to watch them solve the everyday training problems that all riders face on a daily basis. Underneath all the fame, glory, and gold medals are real people who love the sport and their horses like any equine enthusiast. Klaus himself was different than

what I had expected. I was initially intimidated by his reputation and presence, but after he spoke with us my apprehension dissolved. Not only was he generous and welcoming, making us feel completely at home, but he was also extremely funny. Between his lessons he would joke with us and encourage us to ask questions. Never once did he make us feel belittled or ignorant.

On Sunday, Klaus took us to a local show where we got to see Materiale classes and M level classes. M level is equivalent to fourth level in the United States. The show experience in Germany is much different. No one is insisting that you be quiet and step back from the ring. In fact, the people were loud and sat within five feet of the ring! The atmosphere was very relaxed. We learned that in Germany one must qualify to move up the levels. They need to earn certain scores to pass and advance. No one is able to skip levels just because they want to or they don't want to show the lower levels. Klaus was very hospitable to us and, at the end of the show day, he took us back to his barn where we sat around with the American riders, sipping water and discussing dressage methods and techniques. How wonderful it was to be casually sitting and talking with some of the most influential people that the dressage world holds.

The second leg of our trip took us to Hubertus Schmidt's stable in Etteln. Green pastures and hills surrounded the property while young colts grazed in the distance. We watched several Grand Prix horses work including Wasella Suerte, Hubertus' 2004 Athens Olympic mount. She was extremely supple and light to his aids. He told us that the warm-up should be "as short as possible but as long as needed to get the horse loose and supple." He warmed up all his horses long and low, while maintaining connection, to loosen their backs and prepare them for

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the collected work. After each collected movement, whether it was a series of pirouettes or a some steps of piaffe, Hubertus allowed his horses to stretch over their back. He said this kept them relaxed and elastic for the entire training session.

On Tuesday the 18th, Ingrid Klimke was the third trainer to meet. Her stable, located in Munster, was equally as beautiful as the others we had seen. She gave us a personal tour of her private stable where we met her eventing Olympic mount, Sleep Late, the five year old champion, Damon Hill, and some other wonderful FEI horses and eventers. She stresses the use of cavallettis in a horse's training. Her horses work over cavallettis five days a week in addition to riding and one day a week working only over the cavallettis. We watched two tight, tense horses trot and canter over them and, at the end of the session, both were relaxed and stretching down over the back. Regrettably, Ingrid could not ride because of a recent back injury, but she commented as her students rode the horses. She gave us some of the personal tips that she goes by everyday in her training:

- Good to get horses used to things at home, such as clapping and blowing trash. Cannot get angry at the horse for spooking at these things at a show if they have never experienced them before.
- Relaxed and rhythmic before brilliance
- Few steps of medium, collect, few steps of medium, and back to collect to get horses responsive and off the leg
- Half steps MUST BE FORWARD
- At home, in between shows, the snaffle should be used on the FEI horse more than the double. Most people use the double to cover flaws and avoid a problem. Doubles should enhance good qualities, not cover up bad ones.

The final trainer on the tour was Jean Bemelmans near Düsseldorf. Unfortunately, he

was gone but his wife, Nicole, and Rafael Soto, one of the Spanish Olympians, said they would ride for us. Rafael gave us a tour of the facility, which is a Trakenher breeding farm. He then rode, Invasor, a three time Olympic, two time World Equestrian Games horse. Watching the pair move was like watching perfection evolve and take form. He told us that a rider "must listen to the horse and learn from it." Anger does not solve anything. Riders should always "learn from mistakes." Mistakes come but they also go. Do not dwell on them; think about them, solve them and move on. Rafael and Nicole had very similar philosophies to the other trainers we had seen earlier in the week. They gave their horses a lot of walk breaks and allowed them to stretch frequently. Nicole told us that "good jobs need time." She said that horses should not be pushed beyond their means but allowed to evolve with all the time that is needed. In the end, this makes a better horse mentally and physically.

On Thursday, July 20th we flew into Austria where we watched the European Young Rider Championships. For two days we watched the Individual rides for the Young Riders and Juniors. At lunch on those days we had the wonderful opportunity to talk to some of the judges and learn how they judge. Jane Weatherwax (USA), Dr. Volker Moritz (Germany), and Jean Michel Roudier (France) were very kind as they answered our questions honestly and openly. In a test, each of them wants to see harmony and lightness before brilliance. Afterall, the harmony created between horse and rider is the key to dressage. Walk is very important in a test. It tells alot about a horse, especially its training. If there are holes, they will show in the walk work. Compared to Europeans, Americans need to be more precise and accurate. Precious points are lost in competition because many people are not disciplined enough at home to be accurate. On Sunday we watched the Freestyles. How fun it was to watch thirty

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spectacular FEI freestyles! We were all in heaven that afternoon.

On Monday the 24th we flew back home after a rewarding and timeless experience in Europe. There is not enough time in a lifetime to really digest all that I learned on this trip and try to put it into words and action. Dressage is about discipline and learning to become humble. As a dressage rider, I have learned to become that humble athlete, but also have learned to become that humble person. My journey through Europe, seeing these riders interact with their horses and each other, has made me truly see that riding is not about gold medals and making that coveted international team. It's about love for the animal and those people supporting and surrounding you. Learning is never ending and we all have something to learn and gain from each other. Europe has made me understand that, and my appreciation for my horses, my trainer, and my fellow riders has grown deeper because of it.

MINUTES OF THE OCTOBER 15, 2006 MEETING OF CENTERLINE DRESSAGE

Present: Pinky Noll, Alice Martin, Chrissy Simpson, Marilyn Weber, Tracey Walker, John Simpson, Brenda Coss, Janet Fitch. Present by phone connection: Elena Voigt and Paula Briney.

“ RIDING A HORSE IS NOT A GENTLE HOBBY TO BE PICKED UP AND LAID DOWN LIKE A GAME OF SOLITAIRE. IT IS A GRAND PASSION. IT SEIZES A PERSON WHOLE AND, ONCE IT HAS DONE SO, HE WILL HAVE TO ACCEPT THAT HIS LIFE WILL BE RADICALLY CHANGED . ”

RALPH WALDO EMERSON

The meeting was called to order at 3:37 by President Tracey Walker. Tracey read the minutes of the last meeting and no one offered corrections or additions. There was no official treasurer's report, but it was noted that the Classic had made a profit for the club.”

Old Business:

2007 HorseFair

Pinky announced that we have an oral agreement with Christine Traurig for three days of clinic in conjunction with HorseFair. HorseFair is working with Ms. Traurig on her contract. HorseFair has pledged \$1,100 toward her fees. We need another \$750 from CLD money to make up the difference. Pinky will prepare an application to the Dressage Foundation for that amount. We will need to advertise the event as widely as possible. Pinky is working on that task. Pinky also asked for the board's support in trying to line up an excellent clinician for 2008 while at the USDF Convention in Kansas City.

The 2006 Classic

Tracey reported that the Classic made a profit and said that more complete information will be available once a final accounting has been done. She also mentioned some comments from exhibitors and others about the Classic for possible consideration in future planning.

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Club Officers & Personnel (Full list and mailing addresses online)			
President	Tracey Walker	217/496-3837	president@centerlinedressage.com
Vice-President	Eleana Voigt	618/995-2720	vice-pres@centerlinedressage.com
Treasurer	Kate Fleming	217/546-9400	treasurer@centerlinedressage.com
Co-Secretaries	Janet Fitch	217/355-1658	j-fitch@uiuc.edu
	Debra Porter	217/498-8731	dp2roch@aol.com
Newsletter Editors	Brenda Coss	217/364-5920	reader1@centerlinedressage.com
	Pinky Noll	217/787-7317	reader2@centerlinedressage.com
Awards Chair	Marilyn Weber	618/753-3446	awards_chair@centerlinedressage.com
Web Site	Moiety Design		admin@centerlinedressage.com
At Large Members (Even Years)	Janet Fitch	Tracey Walker	Kate Fleming & Alice Martin
At Large Members (Odd Years)	Martin Kuhn	Paula Briney	Genelle Royer & Marilyn Weber

Year End Awards

The board discussed at some length an item discussed briefly at a past meeting. Awards Chair Marilyn Weber suggested that we should somehow separate scores for rated shows and those for schooling shows when calculating awards. She mentioned that currently a high score in a schooling show might increase the total scores of some competitors over those of someone who submitted only scores from rated shows. She felt that this was unfair to the rated show competitors. After the discussion, Marilyn moved that the year end awards be separated into two categories:

1. The Rated Category, to be calculated just as it is now.
2. The Schooling Category, which will include four divisions:



Introductory level

Training level

First level and above

Freestyle

Under the new system, a member cannot submit scores at the same level in both categories. For example, rider Jane Doe can submit scores for training and first level from rated shows and freestyle in schooling shows--and theoretically, at least, just the opposite. However, she cannot submit scores for any of these divisions in both categories.

The motion was seconded by John Simpson and carried. This new system will be in effect for the 2007 show season, and may be modified for the following year if experience shows that changes are necessary.

Baskets for the 2006 USDF Convention

It is customary for GMOs like CLD to take a basket to the annual convention, where they are given as door prizes. CLD has done this for several years. We are asking members to bring either horse-related or something emblematic of our region to the Awards Banquet so that they can be placed in a basket for Paula, our official delegate, to take to Kansas City.

New Business:

Membership Dues

There was a discussion of the possibility of instituting a late fee or discount for early payment of annual dues. This is an issue because the number of voting delegates that we are allowed to send to the annual USDF Convention is determined by the number of paid memberships we submit to USDF on a certain date.

Although we welcome new memberships at any time, late payment of dues by continuing members may give us membership money; but it does not add to our official USDF member count as calculated to determine the number of delegates we are entitled to. Several suggestions were put forward and discussed, but it was decided to put off any decision until a later date when the new USDF membership year changes.

Election of New Board

Members at large Tracey Walker, Alice Martin, Kate Fleming-Kuhn, and Janet Fitch are up for reelection this year. All of them expressed a willingness to continue on the board and, where applicable, in their present board positions. A printed ballot should be included in the next newsletter. Election results will be announced at the Awards Banquet.

Christmas Party

During a brief discussion of the annual CLD Christmas Party, Paula Briney announced that she may have a volunteer to host the event. Pinky offered her home as a back-up locale. No date was set for the event since the date is usually at the convenience of the hosts.

Continuing Educational Opportunity

Alice Martin suggested that we arrange for Jay Solomon from the Peoria office

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of UI Extension to speak to the group about issues related to setting up horsekeeping. According to Alice, he was extremely helpful to her during the recent StarWest construction project, and he is knowledgeable about building sighting, grading, materials, and many other issues involved in setting up or maintaining a horse property. Pinky suggested that we might try to hold the event at Pine Lodge on the Sangamon County Fairgrounds, with a potluck dinner and the speaker. More information will be forthcoming.

The meeting was adjourned at 5:05.

Respectfully submitted,

Janet Fitch, Secretary

CLD Advertising Rates (see detailed info & photo policy online www.centerlinedressage.com/advertising)			
Reader Page Ads	Full Page	\$50 Non-Member	\$25 Member
	Half Page	\$25 Non-Member	\$12.50 Member
	¼ Page or Less	\$12 Non-Member	\$6 Member
Photographs (original preferred) can be included in your ad. They can be black and white or color, but they will be black and white in the printed READER. Page Ads Up for 1 Month			
Reader Classified Ads	50 words or less	\$5 Non-Member	\$3 Member
	Additional 25 words	\$2 Non-Member	\$1 Member
No Photographs Classified Ads Up for 1 Month			
Web Advertising	Basic Classified (unlimited words; 1 pic)	\$25 Non-Member	\$20 Member
	Additional Pics for Classified	\$5 Non-Member	\$2 Member
	All Pages Ad (link to individual Classified Ad from every CLD page)	\$20 Non-Member	\$10 Member
	All Pages Ad (Direct link to offsite Web-page from every CLD page)	\$60 Non-Member	\$45 Member
All Web Ads Up for 3 Months			

DEADLINE FOR READER ITEMS



Items for publication or inclusion in the READER should be received by the editor by the 15th of the month. Items for THE READER, activity forms, etc should be sent with a check for the charges, if any, to:

THE READER
Brenda L Coss
10470 E State Rt 54
Buffalo, IL 62515



**CENTERLINE DRESSAGE AT-LARGE REPRESENTATIVE
BALLOT – 11/2006**

According to the By-Laws of CenterLine Dressage:
Four At-Large representatives shall be elected by the general membership prior to the annual meeting in every even-numbered year for a term of office for two years. The At-Large Representatives will represent the entire membership, including those members not affiliated with a chapter. The general membership will vote for FOUR representatives from this slate. The four names with the highest number of votes will become the At-Large Representatives.

- | | |
|--|---------------------------------------|
| <input type="checkbox"/> Tracey Walker | <input type="checkbox"/> Janet Fitch |
| <input type="checkbox"/> Kate Fleming-Kuhn | <input type="checkbox"/> Alice Martin |
| Other _____ | |

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| Other _____ | |