

Ukiah

Monday 8 am - The Morning Miracles
290 Seminary Ave. (Unity Hall) O, OD
Monday Noon - N_Unity Miracles On Monday
290 Seminary Ave. (Unity Hall) O, OD
Monday 6 pm - Back To Basics
290 Seminary Ave. (Unity Hall) O, RF
Monday 7:30 pm - No Matter What
10 Cherry Ct. (Family Center) C, OD, T, NC
Tuesday 8 am - The Morning Miracles
290 Seminary Ave. (Unity Hall) O, OD
Tuesday Noon - N_Unity One Day At A Time
290 Seminary Ave. (Unity Hall) O, OD
Tuesday 6 pm – Break’n all the Rules
290 Seminary Ave. (Unity Hall) O
Tuesday 7:30 pm - The Misfits, “Living Clean”
10 Cherry Ct. (Family Center) NC, BS
Wednesday 8 am - The Morning Miracles
290 Seminary Ave. (Unity Hall) O, OD
Wednesday Noon - N_Unity Hump Day
290 Seminary Ave. (Unity Hall) O, RF
Wednesday 6 pm – Sisters In Serenity
290 Seminary Ave. (Unity Hall) C, WM, JT
Thursday 8 am - The Morning Miracles
290 Seminary Ave. (Unity Hall) O, OD
Thursday Noon - N_Unity Nuts And Bolts
290 Seminary Ave. (Unity Hall) O, JT, OD
Thursday 6 pm – Male Call
290 Seminary Ave. (Unity Hall) O, MM, OD, NBC
Thursday 7:30 pm - Thursday Night Connection
810 N State St. (Arbor) O, TD, KT/birthdays
Friday 8 am - The Morning Miracles
290 Seminary Ave. (Unity Hall) O, OD
Friday Noon - N_Unity NA Or Die
290 Seminary Ave. (Unity Hall) O, OD
Friday 6 pm - Friday Night Live
290 Seminary Ave. (Unity Hall) O, SD
Saturday 8:30 am - The Morning Miracles
290 Seminary Ave. (Unity Hall) O, OD
Saturday Noon - N_Unity Weekend Warriors
290 Seminary Ave. (Unity Hall) O, OD
Saturday 6 pm – Carrying The Message
290 Seminary Ave. (Unity Hall) O
Living Clean Book Study
Sunday 9:00 am - The Morning Miracles
290 Seminary Ave. (Unity Hall) O, OD

Ukiah (Continued)

Sunday Noon - N_Unity - Weekend Warriors
290 Seminary Ave. (Unity Hall) O, OD
Sunday 6 pm - Serenity On Sunday
640 S. Orchard (Church) O, SD

Fort Bragg

Monday 6:30 pm – Learn To Live
620 E. Redwood (Church) TD, O
Tuesday 8 pm - Just For Today
360 N. Corry (Church) O, JT
Wednesday 6:30 pm - NA Different Way
360 N. Corry (Church) O, BS
Thursday 6:30 pm – Learn To Live
620 E. Redwood (Church) O, JT
Friday 6:30 pm - Tell It Like It Is
360 N. Corry (Church) O, SD
Saturday 6:30 pm – Learn To Live
620 E. Redwood (Church) O, QA
Sunday 6:30 pm – Learn To Live
620 E. Redwood (Church) O, SS (steps 1, 2&3)

Willits

Monday 7 pm - The Steps to Recovery
66 E. Commercial St. (Church) O, SS
Tuesday 7 pm - Together We Can
66 E. Commercial St. (Church) O, JT
Wednesday 7 pm - Primary Purpose
66 E. Commercial St. (Church) O, BS, BT
Thursday 7 pm - Traditions Meeting
66 E. Commercial St. (Church) O, BS, TS, H&W
Friday 8 pm - Came To Believe
221 S. Lenore St. (Atlantic room) O, SD
Saturday 8 pm - Candlelight Delight
66 E. Commercial St. (Church) O, JT, CL
Sunday 6 pm – Conscious Contact
221 S. Lenore St. (Atlantic room) O, BS
2nd Saturday of the Month-Natural Adventures

Meeting & Hike

Redwood Valley

Wednesday 7 pm – A Simple Way
642 Ellen Lynn - O
Sunday 7 pm – A Simple Way
642 Ellen Lynn - O

Lavtonville

Saturday 7 pm - K.I.S.S.
44321 N. Hwy 101(Long Valley Lumber) O, OD

Point Arena

Friday 6:30 pm – Point Of Freedom
175 Main St. (Cerrutti Medical Bldg.) O, RF



LEGEND

BS	Book Study
BT	Basic Text
H&W	How And Why
SS	Step Study
TS	Traditions Study
JT	Just For Today
SD	Speaker Discussion
SM	Speaker Meeting
MM	Men's Meeting Only
WM	Women's Meeting Only
C	Closed, addicts only
O	Open, anyone may attend
TD	Topic Discussion
OD	Open Discussion
RF	Rotating Format
CL	Candlelight
T	Tag
NCS	No Cards Signed
GB	Grab Bag
IP	Reading
NBC	No Birthday Chips
MD	Meditation Discussion
Q&A	Question & Answer
S	Spanish Speaking
NC	No Children Allowed
KT	Key Tags

Any mention of names of buildings/facilities, is not to imply endorsement or affiliation, but only to help you locate the meeting.

MCASCNA
P.O. Box 281 Talmage, CA. 95481

NCRSC (707) 422-9234

Area Service Meeting
4th SATURDAY 1:30 p.m.
Willits 221 S. Lenore St. (Atlantic room)

Area Service Subcommittees

Public Relations
4th SATURDAY 12:00 p.m.
Willits 221 S. Lenore St. (Atlantic room)
(If Area Service Meeting day moves so also will PI)

Activities
OHHWLQJVEDQRFPHQW

As addicts, we know the pain of addiction.
But we also know the joy of recovery we
have found in Narcotics Anonymous.

Narcotics Anonymous Is a fellowship of
recovering addicts who are living their
lives, one day at a time, without the use of
drugs. We meet regularly to help each
other stay clean. It costs nothing to
become a member of N.A. The only
requirement for membership is a desire to
stop using.

Meetings listed here have many different
formats.

Each group has but one primary purpose -
- to carry the **message** to the addict who
still suffers.

Phone List

Other Area Phone Lines

Anderson	530 366 1016
Angels Camp	800 240 4956
Auburn	530 268 4552
Bakersfield	877 629 6759
Chico	530 877 6361
Concord	925 685 4357
Eureka	707 444 8645
Lake Tahoe North	530 546 1116
Lake Tahoe South	530 541 4100
Lakeport	707 262 0132
Modesto/Merced	209 526 1817
Monterey	831 624 2055
Napa	707 251 5982
Newhall/Saugus	661 299 5599
Oakland	510 444 4673
Redding	530 221 5060
Sacramento	916 732 2299
Salinas	831 758 1630
San Francisco	415 621 8600
San Jose	408 998 4200
San Rafael	415 456 1292
Santa Cruz	831 429 7436
Santa Rosa	707 575 7837
Stockton	209 464 9262
Yreka	530 842 7502

Narcotics

Anonymous

(707) 485-9110

mendona.org



Narcotics Anonymous

Meeting Directory

*July - Sept
2017*

“Together We Can”

