

## Ukiah

Monday 8 am - The Morning Miracles  
290 Seminary Ave. (Unity Hall) O, OD  
Monday Noon - N\_Unity Miracles On Monday  
290 Seminary Ave. (Unity Hall) O, OD  
Monday 6 pm - Back To Basics  
290 Seminary Ave. (Unity Hall) O, RF  
Monday 7:30 pm - No Matter What  
10 Cherry Ct. (Family Center) C, OD, T, NC  
Tuesday 8 am - The Morning Miracles  
290 Seminary Ave. (Unity Hall) O, OD  
Tuesday Noon - N\_Unity One Day At A Time  
290 Seminary Ave. (Unity Hall) O, OD  
Tuesday 6 pm – Break'n all the Rules  
290 Seminary Ave. (Unity Hall) O  
Wednesday 8 am - The Morning Miracles  
290 Seminary Ave. (Unity Hall) O, OD  
Wednesday Noon - N\_Unity Hump Day  
290 Seminary Ave. (Unity Hall) O, RF  
Wednesday 6 pm – Sisters In Serenity  
290 Seminary Ave. (Unity Hall) C, WM, JT  
Thursday 8 am - The Morning Miracles  
290 Seminary Ave. (Unity Hall) O, OD  
Thursday Noon - N\_Unity Nuts And Bolts  
290 Seminary Ave. (Unity Hall) O, JT, OD  
Thursday 6 pm – Male Call  
290 Seminary Ave. (Unity Hall) O, MM, OD, NBC  
Thursday 7:30 pm - Thursday Night Connection  
810 N State St. (Arbor) O, TD, KT/birthdays  
Friday 8 am - The Morning Miracles  
290 Seminary Ave. (Unity Hall) O, OD  
Friday Noon - N\_Unity NA Or Die  
290 Seminary Ave. (Unity Hall) O, OD  
Friday 6 pm - Friday Night Live  
290 Seminary Ave. (Unity Hall) O, SD  
Saturday 8:30 am - The Morning Miracles  
290 Seminary Ave. (Unity Hall) O, OD  
Saturday Noon - N\_Unity Weekend Warriors  
290 Seminary Ave. (Unity Hall) O, OD  
Saturday 6 pm – Carrying The Message  
290 Seminary Ave. (Unity Hall) O  
Living Clean Book Study  
Sunday 9:00 am - The Morning Miracles  
290 Seminary Ave. (Unity Hall) O, OD

## Ukiah (Continued)

Sunday Noon - N\_Unity - Weekend Warriors  
290 Seminary Ave. (Unity Hall) O, OD  
Sunday 6 pm - Serenity On Sunday  
640 S. Orchard (Church) O, SD

## Fort Bragg

Monday 6:30 pm – Learn To Live  
620 E. Redwood (Church) TD, O  
Tuesday 8 pm - Just For Today  
360 N. Corry (Church) O, JT  
Wednesday 6:30 pm - NA Different Way  
360 N. Corry (Church) O, BS  
Thursday 6:30 pm – Learn To Live  
620 E. Redwood (Church) O, JT  
Friday 6:30 pm - Tell It Like It Is  
360 N. Corry (Church) O, SD  
Saturday 6:30 pm – Learn To Live  
620 E. Redwood (Church) O, QA  
Sunday 6:30 pm –Learn To Live  
620 E. Redwood (Church) O, SS (steps 1, 2&3)

## Willits

Monday 7 pm - The Steps to Recovery  
66 E. Commercial St. (Church) O, SS  
Tuesday 7 pm - Together We Can  
66 E. Commercial St. (Church) O, JT  
Wednesday 7 pm - Primary Purpose  
66 E. Commercial St. (Church) O, BS, BT  
Thursday 7 pm - Tradition Meeting  
66 E. Commercial St. (Church) O, IP  
Friday 8 pm - Came To Believe  
221 S. Lenore St. (Atlantic room) O, SD  
Saturday 8 pm - Candlelight Delight  
66 E. Commercial St. (Church) O, JT, CL  
Sunday 6 pm – Conscious Contact  
221 S. Lenore St. (Atlantic room) O, BS  
1st Sunday of the Month-Natural Adventures  
Meeting & Hike

## Redwood Valley

Wednesday 7 pm – A Simple Way  
8591 West Road (Kol  
Ha'Emek)- O  
Sunday 7 pm – A Simple Way  
8591 West Road (Kol  
Ha'Emek)- O

## Laytonville

Saturday 7 pm - K.I.S.S.  
44321 N. Hwy 101(Long Valley Lumber) O, OD

## Point Arena

Friday 6:30 pm – Point Of Freedom  
175 Main St. (Cerrutti Medical Bldg.) O, RF



## **LEGEND**

<b>BS</b>	<b>Book Study</b>
<b>BT</b>	<b>Basic Text</b>
<b>H&amp;W</b>	<b>How And Why</b>
<b>SS</b>	<b>Step Study</b>
<b>TS</b>	<b>Traditions Study</b>
<b>JT</b>	<b>Just For Today</b>
<b>SD</b>	<b>Speaker Discussion</b>
<b>SM</b>	<b>Speaker Meeting</b>
<b>MM</b>	<b>Men's Meeting Only</b>
<b>WM</b>	<b>Women's Meeting Only</b>
<b>C</b>	<b>Closed, addicts only</b>
<b>O</b>	<b>Open, anyone may attend</b>
<b>TD</b>	<b>Topic Discussion</b>
<b>OD</b>	<b>Open Discussion</b>
<b>RF</b>	<b>Rotating Format</b>
<b>CL</b>	<b>Candlelight</b>
<b>T</b>	<b>Tag</b>
<b>NCS</b>	<b>No Cards Signed</b>
<b>GB</b>	<b>Grab Bag</b>
<b>IP</b>	<b>Reading</b>
<b>NBC</b>	<b>No Birthday Chips</b>
<b>MD</b>	<b>Meditation Discussion</b>
<b>Q&amp;A</b>	<b>Question &amp; Answer</b>
<b>S</b>	<b>Spanish Speaking</b>
<b>NC</b>	<b>No Children Allowed</b>
<b>KT</b>	<b>Key Tags</b>

***Any mention of names of buildings/facilities, is not to imply endorsement or affiliation, but only to help you locate the meeting.***

MCASCNA  
P.O. Box 281 Talmage, CA. 95481

NCRSC (707) 422-9234

**Area Service Meeting**  
4<sup>th</sup> SATURDAY 1:30 p.m.  
Willits 221 S. Lenore St. (Atlantic room)

**Area Service Subcommittees**

**Public Relations**  
4<sup>th</sup> SATURDAY 12:00 p.m.  
Willits 221 S. Lenore St. (Atlantic room)  
(If Area Service Meeting day moves so also will PI)

**Activities**  
Meetings by Announcement

As addicts, we know the pain of addiction.  
But we also know the joy of recovery we  
have found in Narcotics Anonymous.

Narcotics Anonymous Is a fellowship of  
recovering addicts who are living their  
lives, one day at a time, without the use of  
drugs. We meet regularly to help each  
other stay clean. It costs nothing to  
become a member of N.A. The only  
requirement for membership is a desire to  
stop using.

Meetings listed here have many different  
formats.

Each group has but one primary purpose -  
- to carry the **message** to the addict who  
still suffers.

**Phone List**

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

**Other Area Phone Lines**

Anderson	530 366 1016
Angels Camp	800 240 4956
Auburn	530 268 4552
Bakersfield	877 629 6759
Chico	530 877 6361
Concord	925 685 4357
Eureka	707 444 8645
Lake Tahoe North	530 546 1116
Lake Tahoe South	530 541 4100
Lakeport	707 262 0132
Modesto/Merced	209 526 1817
Monterey	831 624 2055
Napa	707 251 5982
Newhall/Saugus	661 299 5599
Oakland	510 444 4673
Redding	530 221 5060
Sacramento	916 732 2299
Salinas	831 758 1630
San Francisco	415 621 8600
San Jose	408 998 4200
San Rafael	415 456 1292
Santa Cruz	831 429 7436
Santa Rosa	707 575 7837
Stockton	209 464 9262
Yreka	530 842 7502

**Narcotics**

**Anonymous**

(707) 485-9110  
mendona.org



**Narcotics Anonymous**

**Meeting Directory**

*April - June  
2018*

*“Together We Can”*

