

**BOB RODALE PARK, TREXLERTOWN, PA**  
**ZUUUM POWER CLINIC**  
**& CLUB RACING**

REGISTER AT  
[ZUUUMCC.COM/PCR](http://ZUUUMCC.COM/PCR)  
\$5 TO COVER COSTS  
LIMITED TO 40 CYCLISTS

**Saturday - October 26, 2013**

- Our September clinic was a success so we're having another!
- Free ZUUUM Power Cycling Computer Rental
- Meet Top Power Experts Tim Cusick & Kathy Watts
- Take in... a Clinic Designed to Enhance Your Skills
- Compete... in ZUUUM Club-style Power Racing
- Enjoy... a Post-Event Power Analysis Webinar with Leading Power Authority Hunter Allen!

Come to the ZUUUM POWER CLINIC. Snap on the lowest cost power meter around, the iBike ZUUUM Power Cycling Computer. Find your power. Get tips from leading coaches Tim Cusick & Kathy Watts. Learn riding and racing skills. Get placed into a power bracket. Race, compete and contend in ZUUUM Club Racing.

Held at the Bob Rodale Cycling Park outside Allentown, PA ... ACT NOW --- LIMITED TO 40 CYCLISTS!

**JOIN IN! FIND YOUR POWER!**  
**[WWW.ZUUUMCC.COM/PCR](http://WWW.ZUUUMCC.COM/PCR)**  
**OCTOBER 26 • 10 AM TECH IN**

**PRESENTED BY ZUUUM CLUB CYCLING**

This is a free event. The \$5 covers the mailing cost to ship you a ZUUUM iBike Power Cycling Computer. It is rented to you free of charge. You can use a Power Cycling Computer up to and during the event to find out about power and how it can help you. MSRP \$499. Purchase price via this event is \$349. Power Cycling Computers not returned by 11/4/2013 will be charged.

**\$5 CHARGE**  
**FREE RENTAL OF A**  
**POWER CYCLING**  
**COMPUTER**

# SUMMARY AGENDA

DETAIL AGENDA / REGISTRATION at [ZUUUMCC.COM/PCR](http://ZUUUMCC.COM/PCR)

**LIMITED TO 40 CYCLISTS! - ACT NOW!**

## **Tech In - 10 AM**

- Power cycling computer (PCC) calibration check.
- Computer calibration ride and 'need to knows'

## **Bike Fit Discussion - 11:30 AM**

- Hear how a coach positions athletes on their bike

## **Power Clinic - 12 PM**

- How power helps you. The basics, the
- I've never raced, what do I need to be thinking about?
- Strategy and tactics

## **Finding Your Power - On the Track with the Power Cycling Computer - 1 PM**

- 20 minute power test... the power cycling computer will tell you your power
- 10 minutes cool down
- Grouping into orange, black and white (and more) racing teams

## **Team Power Racing - 2 PM**

- Team Races I & II

## **Individual Power Racing - 3 PM**

- Races I & II

## **Championship Race & Awards - 4 PM**

- Final Race "The Championship"
- Awards
- Insights into Power
- Power Cycling Computer Turn-in

Attendance entitles you to a "Show Me How to Use My Power Data" webinar on **Tuesday, October 29, 2013, at 8 PM** with **TOP WORLD CYCLING AUTHORITY HUNTER ALLEN**.

This event is free. \$5 is requested for power cycling computing shipping. Power cycling computer must be returned. Computers not returned will be charged to you at a cost of \$349.