

Arugula Salad with Pomegranate Dressing

½ lb arugula, chopped
1 Gala apple, cored and sliced
1 seedless tangerine, peeled and sectioned
seeds from half a pomegranate

Pomegranate Dressing: whisk together

3 Tbsp pomegranate juice
1 ½ Tbsp red wine vinegar
2 Tbsp extra-virgin olive oil
½ tsp Dijon mustard
1/8 tsp tangerine zest
½ tsp molasses or honey
salt and pepper to taste

Divide arugula on 4 salad plates. Arrange apple and tangerine on the plates. Drizzle with dressing and garnish with pomegranate seeds.