

February

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> french toast muffin/fruit 	<ul style="list-style-type: none"> breakfast cinnamon crumble/fruit 	<ul style="list-style-type: none"> apple muffin/fruit
		1	2	3
<ul style="list-style-type: none"> yogurt/dick and janes smart crackers/fruit 	<ul style="list-style-type: none"> string cheese/skeeter cinn grahams/fruit 	<ul style="list-style-type: none"> blueberry burst whole grain bagel/cream cheese/fruit 	<ul style="list-style-type: none"> blueberry muffin/fruit 	<ul style="list-style-type: none"> plain whole wheat bagel/creamcheese/fruit
6	7	8	9	10
<ul style="list-style-type: none"> rf honey buttons cereal /mini dipperdoodle /fruit (DF) 	<ul style="list-style-type: none"> breakfast cinnamon crumble/fruit 	<ul style="list-style-type: none"> blueberry burst whole grain bagel/cream cheese/fruit 	<ul style="list-style-type: none"> mini dipperdoodle /hard boiled egg/ fruit (DF) 	<ul style="list-style-type: none"> string cheese/skeeter cinn grahams/fruit
13	14	15	16	17
<ul style="list-style-type: none"> No School 	<ul style="list-style-type: none"> yogurt/granola/ fruit 	<ul style="list-style-type: none"> lemon muffin/fruit 	<ul style="list-style-type: none"> skeeter honey grahams/cinnamon rumbles/fruit (DF) 	<ul style="list-style-type: none"> plain whole wheat bagel/creamcheese/fruit
20	21	22	23	24
<ul style="list-style-type: none"> yogurt/dick and janes smart crackers/fruit 	<ul style="list-style-type: none"> cinnamon duo: skeeter cinn grahams/cinnamon rumbles/fruit 			
27	28			

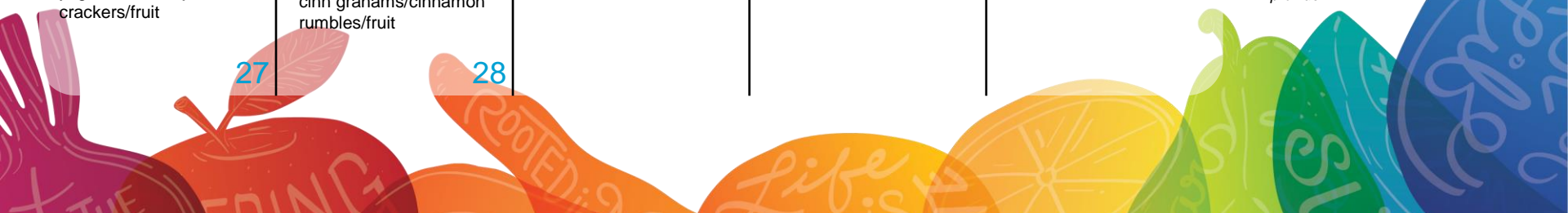
Did You Know?

The average American eats 14 pounds of cereal every year? Grab a spoon and try our whole grain, lightly-sweetened **Honey Buttons, Snow Flurries, and Cocoa Critters** cereals.

Breakfast: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered twice per week.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

This institution is an equal opportunity provider



February

LUNCH K-5

Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> • all natural hot dog • chilled, seasoned green beans <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> • chicken caesar wrap ○ chopped lettuce and sliced tomatoes with ranch <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> • chicken enchiladas ○ sweet potatoes <p style="text-align: right;">3</p>
<ul style="list-style-type: none"> • hot meatball sub ○ seasoned corn <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> • baked mac & cheese and chicken bites lunch combo ○ pinto beans & baby carrots <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> • orange chicken rice bowl (DF) ○ sweet potatoes <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> • flame broiled beef cheeseburger ○ celery sticks with ranch <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> • bbq chicken with cheesy rice ○ braised greens <p style="text-align: right;">10</p>
<ul style="list-style-type: none"> • chicken bites (DF) ○ green peas <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> • chicken teriyaki (DF) ○ edamame & blanched broccoli florets <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> • cheese lasagna (VG) ○ chilled, seasoned green beans <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> • all natural hot dog (DF) ○ chopped lettuce & sliced tomatoes with ranch <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> • kickin chicken melt sandwich ○ sweet potatoes <p style="text-align: right;">17</p>
<p>• No School</p> <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> • baked mac & cheese w/bbq chicken ○ pinto beans & baby carrot <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> • chicken taco trio ○ chilled, seasoned green beans <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> • cheeseburger ○ chopped lettuce and sliced tomatoes with ranch <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> • bbq meatballs with cheesy rice ○ sweet potatoes <p style="text-align: right;">24</p>
<ul style="list-style-type: none"> • hot turkey & cheddar flatbread ○ chilled, seasoned green beans <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> • chicken fajita burrito ○ pinto beans & baby carrots <p style="text-align: right;">28</p>			

What's New?

February is crunch time! Get ready for the all **NEW Buffalo Chicken Crunchadilla**, a quesadilla with cheese and chicken served with Ranch Rumbles. Stuff your Rumbles directly inside to put the “crunch” in your “crunchadilla.”

Look for it on the menu on February 10 and February 21!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ Vegetable of the day

This institution is an equal opportunity provider.



February

LUNCH PK

Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> • sloppy joe (DF) ○ chilled, seasoned green beans <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> • chicken taco trio ○ chopped lettuce and sliced tomatoes with ranch <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> • chicken potstickers (DF) ○ sweet potatoes <p style="text-align: right;">3</p>
<ul style="list-style-type: none"> • hot meatball sub ○ seasoned corn <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> • baked mac & cheese and chicken bites lunch combo ○ pinto beans & blanched broccoli florets <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> • chillin' chinese chicken noodles ○ sweet potatoes <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> • beef cheeseburger ○ sliced cucumber with ranch <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> • bbq chicken with cheesy rice ○ braised greens <p style="text-align: right;">10</p>
<ul style="list-style-type: none"> • chicken bites (DF) ○ green peas <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> • chicken teriyaki with brown rice (DF) ○ blanched broccoli florets & pinto beans <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> • cheese lasagna (VG) ○ chilled, seasoned green beans <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> • bbq chicken sandwich) ○ chopped lettuce and sliced tomatoes with ranch <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> • kickin chicken melt sandwich ○ sweet potatoes <p style="text-align: right;">17</p>
<ul style="list-style-type: none"> • No School <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> • baked mac & cheese and bbq chicken lunch combo ○ pinto beans & diced carrots <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> • chicken taco trio ○ chilled, seasoned green beans <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> • beef cheeseburger ○ chopped lettuce and sliced tomatoes with ranch <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> • bbq meatballs with cheesy rice ○ sweet potatoes <p style="text-align: right;">24</p>
<ul style="list-style-type: none"> • hot turkey & cheddar flatbread melt ○ chilled, seasoned green bean <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> • chicken fajita burrito ○ pinto beans & diced carrots <p style="text-align: right;">28</p>			

What's New?

February is crunch time! Get ready for the all **NEW Buffalo Chicken Crunchadilla**, a quesadilla with cheese and chicken served with Ranch Rumbles. Stuff your Rumbles directly inside to put the “crunch” in your “crunchadilla.”

Look for it on the menu on February 10 and February 21!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ Vegetable of the day

This institution is an equal opportunity provider.



February

SNACK

Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> yogurt/fruit 	<ul style="list-style-type: none"> multigrain rumbles - cinnamon/fruit 	<ul style="list-style-type: none"> zac attack bar strawberry/fruit
		1	2	3
<ul style="list-style-type: none"> revolution foods honey wheat crackers/fruit 	<ul style="list-style-type: none"> yogurt/fruit 	<ul style="list-style-type: none"> granola/string cheese 	<ul style="list-style-type: none"> skeeter honey grahams/fruit 	<ul style="list-style-type: none"> sunflower seeds/fruit
6	7	8	9	10
<ul style="list-style-type: none"> goldfish pretzels/fruit 	<ul style="list-style-type: none"> granola/string cheese 	<ul style="list-style-type: none"> yogurt/fruit 	<ul style="list-style-type: none"> sunflower seeds/fruit 	<ul style="list-style-type: none"> skeeter cinnamon grahams/fruit
13	14	15	16	17
<ul style="list-style-type: none"> No School 	<ul style="list-style-type: none"> goldfish cheese crackers/juice 	<ul style="list-style-type: none"> mini dipperdoodle /fruit 	<ul style="list-style-type: none"> multigrain rumbles - ranch/fruit 	<ul style="list-style-type: none"> granola/string cheese
20	21	22	23	24
<ul style="list-style-type: none"> skeeter cinnamon grahams/fruit 	<ul style="list-style-type: none"> string cheese/fruit 			
27	28			

Did You Know?

Small bites, big nutrition. Healthy snacks can provide growing kids with important energy between meals. Choose whole grains, lean protein, and fruits or veggies for your best energy between meals.

Snack: fresh fruit available daily except when sunbutter, string cheese, or juice is served.

This institution is an equal opportunity provider

