

March

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> dipper doodle bar (DF) <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> banana muffin <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> string cheese/skeeter cinnamon grahams <p style="text-align: right;">3</p>
<ul style="list-style-type: none"> honey buttons cereal /zac attack strawberry bar (DF) <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> yogurt/skeeter cinnamon grahams <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> zac omega bar apple (DF) <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> plain whole wheat bagel/cream cheese <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> blueberry muffin <p style="text-align: right;">10</p>
<ul style="list-style-type: none"> yogurt/granola <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> blueberry burst whole grain bagel/cream cheese <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> french toast muffin <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> cold bagel sandwich w/turkey and cream cheese <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> banana muffin <p style="text-align: right;">17</p>
<ul style="list-style-type: none"> flurries cereal /mini dipperdoodle (DF) <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> yogurt/skeeter honey grahams <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> plain whole wheat bagel/cream cheese <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> blueberry muffin <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> breakfast cinnamon crumble <p style="text-align: right;">24</p>
<ul style="list-style-type: none"> string cheese/skeeter cinnamon grahams <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> flurries cereal /zac attack apple bar (DF) <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> yogurt/dick and janes smart crackers <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> breakfast cinnamon crumble <p style="text-align: right;">30</p>	<ul style="list-style-type: none"> plain whole wheat bagel/cream cheese <p style="text-align: right;">31</p>

What's New?

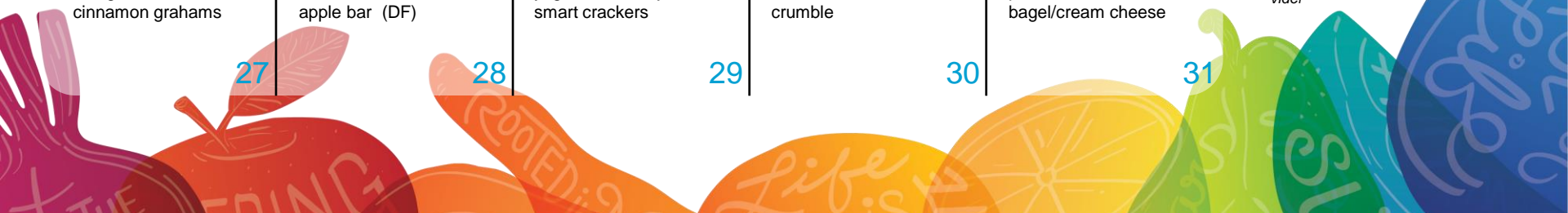
March 6 – 10th is **National School Breakfast**, and we're serving all your favorites to celebrate!

Try our delicious **Lemon Muffin**, you will also enjoy the delightful **Cinnamon Crumble** and more..

Breakfast: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered twice per week.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

This institution is an equal opportunity vider



March

LUNCH K-12

Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> • cheese pizza w/a whole grain crust (VG) ○ steamed corn <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> • cheese ravioli w/marinara sauce (VG) ○ chopped lettuce and sliced tomatoes with ranch <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> • sweet garlic noodles w/chicken thigh • southwest veggie wrap (VG) ○ sweet potatoes <p style="text-align: right;">3</p>
<ul style="list-style-type: none"> • lone star grilled chicken breast sandwich • cheese lasagna w/whole grain pasta (VG) ○ steamed corn <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> • chicken enchiladas • veggie chef's salad (VG) • edamame & baby carrots <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> • chicken taco trio • "pepperoni" calzoni pizza (meatless) (VG) ○ sweet potatoes <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> • all natural hot dog (DF) • sunbutter and jelly sandwich(VG) ○ celery sticks with ranch <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> • buffalo chicken crunchadilla • southwest veggie wrap (VG) ○ braised greens <p style="text-align: right;">10</p>
<ul style="list-style-type: none"> • chicken bites (DF) • cheese sandwich (VG) ○ green peas <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> • baked mac & cheese and bbq chicken lunch combo • veggie taco salad (VG) ○ pinto beans & baby carrots <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> • spaghetti and meatballs (DF) • egg salad sandwich (VG) (DF) ○ chilled, seasoned green beans <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> • flame broiled beef cheeseburger • southwest veggie wrap (VG) ○ chopped lettuce and sliced tomatoes with ranch <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> • chicken fajita burrito • breakfast for lunch: pancakes w/ omelet (VG) ○ sweet potatoes <p style="text-align: right;">17</p>
<ul style="list-style-type: none"> • crispy chicken sandwich (DF) • cheese sandwich (VG) ○ chilled, seasoned green beans <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> • honey mustard chicken wrap • cheese ravioli w/marinara sauce (VG) ○ blanched broccoli florets & pinto beans <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> • bbq chicken w/cheesy rice • egg salad sandwich (VG) (DF) ○ sweet potatoes <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> • all natural hot dog (DF) • cheese pizza w/a whole grain crust (VG) ○ chopped lettuce and sliced tomatoes with ranch <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> ○ pasta alfredo (VG) ○ steamed corn <p style="text-align: right;">24</p>
<ul style="list-style-type: none"> • chicken taco trio • egg salad sandwich (VG) (DF) ○ sweet potatoes <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> • turkey and cheese sandwich • veggie chef's salad (VG) ○ pinto beans & baby carrots <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> • baked mac & cheese and chicken bites lunch combo • cheese sandwich (VG) ○ green peas <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> • sloppy joe (DF) • sunbutter and jelly sandwich (VG) ○ chopped lettuce and sliced tomatoes with ranch <p style="text-align: right;">30</p>	<ul style="list-style-type: none"> • jumbo italian meatball w/penne • southwest veggie wrap (VG) ○ chilled, seasoned green beans <p style="text-align: right;">31</p>

What's New?

It's always a party w/our new **Fiesta Scoops!** Oven-baked tortilla scoops are served w/a cheesy, taco-spiced bean & rice dip.

Look for it on the menu on Tuesday the 14th and 31st

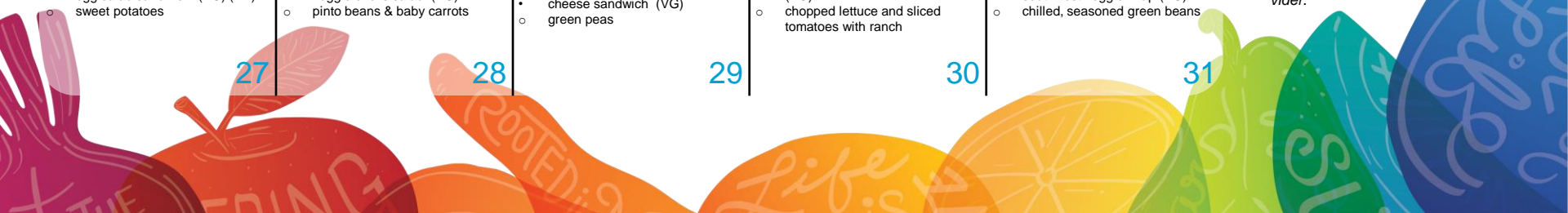
**Fiesta Scoops currently unavailable for schools that receive hot deliveries. On-site oven required.*

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ Vegetable of the day

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March

LUNCH PK

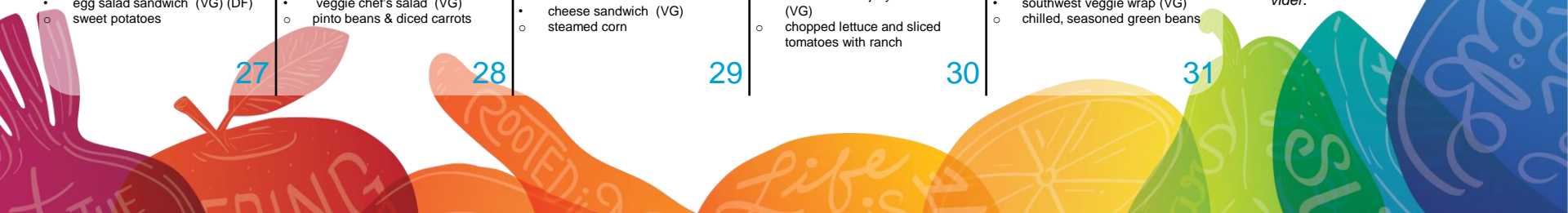
Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> • cheese pizza (VG) ○ steamed corn <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> • cheese ravioli w/marinara sauce (VG) ○ chopped lettuce and sliced tomatoes with ranch (green) <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> • sweet garlic noodles w/chicken thigh • southwest veggie wrap (VG) ○ sweet potatoes <p style="text-align: right;">3</p>
<ul style="list-style-type: none"> • lone star grilled chicken breast sandwich • cheese lasagna w/whole grain pasta (VG) ○ steamed corn <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> • chicken enchiladas • veggie chef's salad (VG) ○ diced carrots & pinto beans <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> • chicken taco trio • "pepperoni" calzoni pizza (meatless) (VG) • "sweet potatoes <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> • sloppy joe (DF) • sunbutter and jelly sandwich(VG) ○ sliced cucumber <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> • buffalo chicken crunchadilla • southwest veggie wrap (VG) ○ braised greens <p style="text-align: right;">10</p>
<ul style="list-style-type: none"> • chicken bites (DF) • cheese sandwich (VG) ○ steamed corn <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> • baked mac & cheese and bbq chicken lunch combo • veggie taco salad (VG) ○ diced carrots & pinto beans <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> • spaghetti and meatballs (DF) • egg salad sandwich (VG) (DF) ○ chilled, seasoned green beans <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> • flame broiled beef cheeseburger • southwest veggie wrap (VG) ○ chopped lettuce and sliced tomatoes with ranch <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> • chicken fajita burrito • breakfast for lunch: pancakes w/ omelet (VG) ○ sweet potatoes <p style="text-align: right;">17</p>
<ul style="list-style-type: none"> • crispy chicken sandwich (DF) • cheese sandwich (VG) ○ chilled, seasoned green beans <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> • cheese ravioli w/marinara sauce (VG) ○ pinto beans & blanched broccoli florets <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> • bbq chicken w/cheesy rice • egg salad sandwich (VG) (DF) ○ sweet potatoes <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> • turkey and cheese sandwich • cheese pizza w/a whole grain crust (VG) ○ chopped lettuce and sliced tomatoes with ranch <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> • pasta alfredo (VG) ○ steamed corn <p style="text-align: right;">24</p>
<ul style="list-style-type: none"> • chicken taco trio • egg salad sandwich (VG) (DF) ○ sweet potatoes <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> • turkey and cheese sandwich • veggie chef's salad (VG) ○ pinto beans & diced carrots <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> • baked mac & cheese and chicken bites lunch combo • cheese sandwich (VG) ○ steamed corn <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> • sloppy joe (DF) • sunbutter and jelly sandwich (VG) ○ chopped lettuce and sliced tomatoes with ranch <p style="text-align: right;">30</p>	<ul style="list-style-type: none"> • jumbo italian meatball w/penne • southwest veggie wrap (VG) ○ chilled, seasoned green beans <p style="text-align: right;">31</p>

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ Vegetable of the day

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March

SNACK

Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> dick and janes smart crackers 	<ul style="list-style-type: none"> mini dipperdoodle 	<ul style="list-style-type: none"> zac attack bar apple
		1	2	3
<ul style="list-style-type: none"> goldfish cheese crackers/juice 	<ul style="list-style-type: none"> granola/string cheese 	<ul style="list-style-type: none"> yogurt 	<ul style="list-style-type: none"> multigrain rumbles - ranch 	<ul style="list-style-type: none"> mini dipperdoodle
6	7	8	9	10
<ul style="list-style-type: none"> string cheese 	<ul style="list-style-type: none"> dick and janes smart crackers 	<ul style="list-style-type: none"> mini dipperdoodle 	<ul style="list-style-type: none"> goldfish pretzels 	<ul style="list-style-type: none"> granola/string cheese
13	14	15	16	17
<ul style="list-style-type: none"> skeeter honey grahams 	<ul style="list-style-type: none"> granola/string cheese 	<ul style="list-style-type: none"> yogurt 	<ul style="list-style-type: none"> zac attack bar apple 	<ul style="list-style-type: none"> revolution foods honey wheat crackers
20	21	22	23	24
<ul style="list-style-type: none"> dick and janes smart crackers/juice 	<ul style="list-style-type: none"> string cheese 	<ul style="list-style-type: none"> skeeter cinnamon grahams 	<ul style="list-style-type: none"> granola/string cheese 	<ul style="list-style-type: none"> zac attack bar apple
27	28	29	30	31

Did You Know?

Get your grains on! Our Rumbles come in three different flavors, and all are made w/six different types of whole grains, including wheat, cornmeal, barley, brown rice, spelt, and rye

Snack: fresh fruit available daily except when sunbutter, string cheese, or juice is served.

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