

August

K-12 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
• yogurt/educational snacks/fruit	• corn chex/mini dipperdoodle bar/fruit (df)	• blueberry burst whole grain bagel/cream cheese/fruit	• hot cinnamon toast bagel/fruit	• french toast muffin/fruit
21	22	23	24	25
28	29	30	31	

What's New?

Kid-favorite cereal available in August!

- o Cinnamon Chex
- o Corn Chex
- o (Classic) Cheerios
- o Multigrain Cheerios

Breakfast: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered twice per week.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request

This institution is an equal opportunity provider.



August

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
<ul style="list-style-type: none"> • lone star bbq chicken sandwich • cheese pizza with a whole grain crust (vg) • chilled, seasoned green beans 	<ul style="list-style-type: none"> • chicken bites (df) • sunny sandwich kit (sunbutter and jelly) (vg) • pinto beans and baby carrots 	<ul style="list-style-type: none"> • chicken taco trio • southwest veggie wrap (vg) • steamed corn 	<ul style="list-style-type: none"> • oven roasted chicken sandwich (df) • egg salad sandwich (vg) (df) • chopped lettuce and sliced tomatoes with ranch 	<ul style="list-style-type: none"> • baked mac & cheese and bbq chicken lunch combo • cheddar cheese sandwich (vg) • sweet potatoes
21	22	23	24	25
28	29	30	31	

What's New?

Buffalo Chicken Pizza!
Look out for it on
August 2nd and 23rd.

Dairy-free (DF) and vegetarian (V) options available daily – if nLunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day



August

K-12 Snack

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
• string cheese/fruit	• yogurt/fruit	• goldfish "hot & spicy" cheddar crackers/fruit	• educational snacks/string cheese	• zac attack bar apple/fruit
21	22	23	24	25
28	29	30	31	

Snack: fresh fruit available daily except when sunbutter, string cheese, or juice is served.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

