



# December

## LUNCH PSN

Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> <li>Baked Mac &amp; Cheese and Chicken Bites Lunch Combo</li> <li>Egg Salad Sandwich (VG) (DF) (PSN)</li> <li>Steamed Corn</li> </ul> <p>1</p>
<ul style="list-style-type: none"> <li>Crispy Chicken Sandwich</li> <li>Five Cheese Lasagna (VG)</li> <li>Diced Carrots with Ranch</li> </ul> <p>4</p>	<ul style="list-style-type: none"> <li>Pepper Jack Cheeseburger</li> <li>Cheddar Cheese Sandwich (VG)</li> <li>Pinto Beans And Blanched Broccoli Florets</li> </ul> <p>5</p>	<ul style="list-style-type: none"> <li>Classic Chicken Parm Pasta</li> <li>Sunny Sandwich Kit (Sunbutter And Jelly) (VG)</li> <li>Steamed Corn</li> </ul> <p>6</p>	<ul style="list-style-type: none"> <li><b>Holiday Meal:</b> Roasted Turkey And Stuffing</li> <li>Southwest Veggie Wrap (VG)</li> <li>Chilled, Seasoned Green Beans</li> </ul> <p>7</p>	<ul style="list-style-type: none"> <li>Southern BBQ Chicken Sandwich</li> <li>Egg Salad Sandwich (VG) (DF)</li> <li>Braised Greens</li> </ul> <p>8</p>
<ul style="list-style-type: none"> <li>Italian "Sausage" Calzoni (VG)</li> <li>Green Peas</li> </ul> <p>11</p>	<ul style="list-style-type: none"> <li>Bean and Cheese Quesadilla (Vg)</li> <li>Diced Carrots and Pinto beans</li> </ul> <p>12</p>	<ul style="list-style-type: none"> <li>Chicken Enchiladas</li> <li>Southwest Veggie Wrap (VG)</li> <li>Chilled, Seasoned Green Beans</li> </ul> <p>13</p>	<ul style="list-style-type: none"> <li>Cheese Pizza With A Whole Grain Crust (VG)</li> <li>Chopped Lettuce And Sliced Tomatoes With Ranch</li> </ul> <p>14</p>	<ul style="list-style-type: none"> <li>Creamy Tomato Curry With Grilled Chicken</li> <li>Egg Salad Sandwich (VG) (DF)</li> <li>Sweet Potatoes</li> </ul> <p>15</p>
<ul style="list-style-type: none"> <li>Turkey And Cheddar Sandwich</li> <li>Sunny Sandwich Kit (Sunbutter And Jelly) (VG)</li> <li>Baby Carrots With Ranch</li> </ul> <p>18</p>	<ul style="list-style-type: none"> <li>Baked Mac &amp; Cheese And BBQ Baked Beans Combo (VG)</li> <li>Pinto Beans and Diced Tomatoes</li> </ul> <p>19</p>	<ul style="list-style-type: none"> <li>BBQ Chicken Quesadilla</li> <li>Cheddar Cheese Sandwich</li> <li>Chilled, Seasoned Green Beans</li> </ul> <p>20</p>	<ul style="list-style-type: none"> <li>Oven Roasted Chicken Sandwich</li> <li>Egg Salad Sandwich</li> <li>Chopped Lettuce And Sliced Tomatoes With Ranch</li> </ul> <p>21</p>	<p><b>Winter Break Holiday Begins</b></p> <p>22</p>
25	<p><b>Winter Holiday Break</b></p>			29

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (VG) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day



# December

## LUNCH K-12

Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> <li>Baked Mac &amp; Cheese and Chicken Bites Lunch Combo</li> <li>Egg Salad Sandwich (VG) (DF) (PSN)</li> <li>Steamed Corn</li> </ul> <p>1</p>
<ul style="list-style-type: none"> <li>Crispy Chicken Sandwich</li> <li>Five Cheese Lasagna (VG)</li> <li>Diced Carrots with Ranch</li> </ul> <p>4</p>	<ul style="list-style-type: none"> <li>Pepper Jack Cheeseburger</li> <li>Cheddar Cheese Sandwich (VG)</li> <li>Pinto Beans And Blanched Broccoli Florets</li> </ul> <p>5</p>	<ul style="list-style-type: none"> <li>Classic Chicken Parm Pasta</li> <li>Sunny Sandwich Kit (Sunbutter And Jelly) (VG)</li> <li>Steamed Corn</li> </ul> <p>6</p>	<ul style="list-style-type: none"> <li><b>Holiday Meal:</b> Roasted Turkey And Stuffing</li> <li>Southwest Veggie Wrap (VG)</li> <li>Chilled, Seasoned Green Beans</li> </ul> <p>7</p>	<ul style="list-style-type: none"> <li>Southern BBQ Chicken Sandwich</li> <li>Egg Salad Sandwich (VG) (DF)</li> <li>Braised Greens</li> </ul> <p>8</p>
<ul style="list-style-type: none"> <li>Italian "Sausage" Calzoni (VG)</li> <li>Green Peas</li> </ul> <p>11</p>	<ul style="list-style-type: none"> <li>The Revolution Hot Dog</li> <li>Diced Carrots and Pinto beans</li> </ul> <p>12</p>	<ul style="list-style-type: none"> <li>Chicken Enchiladas</li> <li>Southwest Veggie Wrap (VG)</li> <li>Chilled, Seasoned Green Beans</li> </ul> <p>13</p>	<ul style="list-style-type: none"> <li>Cheese Pizza With A Whole Grain Crust (VG)</li> <li>Chopped Lettuce And Sliced Tomatoes With Ranch</li> </ul> <p>14</p>	<ul style="list-style-type: none"> <li>Creamy Tomato Curry With Grilled Chicken</li> <li>Egg Salad Sandwich (VG) (DF)</li> <li>Sweet Potatoes</li> </ul> <p>15</p>
<ul style="list-style-type: none"> <li>Turkey And Cheddar Sandwich</li> <li>Sunny Sandwich Kit (Sunbutter And Jelly) (VG)</li> <li>Baby Carrots With Ranch</li> </ul> <p>18</p>	<ul style="list-style-type: none"> <li>Baked Mac &amp; Cheese And BBQ Baked Beans Combo (VG)</li> <li>Pinto Beans and Diced Tomatoes</li> </ul> <p>19</p>	<ul style="list-style-type: none"> <li>BBQ Chicken Quesadilla</li> <li>Cheddar Cheese Sandwich</li> <li>Chilled, Seasoned Green Beans</li> </ul> <p>20</p>	<ul style="list-style-type: none"> <li>The Revolution Hot Dog</li> <li>Egg Salad Sandwich</li> <li>Chopped Lettuce And Sliced Tomatoes With Ranch</li> </ul> <p>21</p>	<p><b>Winter Break Holiday Begins</b></p> <p>22</p>
25	<b>Winter Holiday Break</b>			29
	26	27	28	

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (VG) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day



# December

## NSLP SNACK

Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> <li>Revolution Foods Honey Wheat Crackers/Fruit</li> </ul> <p>1</p>
<ul style="list-style-type: none"> <li>Sunflower Seeds/Fruit</li> </ul> <p>4</p>	<ul style="list-style-type: none"> <li>Educational Snacks/Fruit</li> </ul> <p>5</p>	<ul style="list-style-type: none"> <li>Yogurt/Fruit</li> </ul> <p>6</p>	<ul style="list-style-type: none"> <li>Revolution Foods Honey Wheat Crackers/Fruit</li> </ul> <p>7</p>	<ul style="list-style-type: none"> <li>Multigrain Rumbles - Salsa Fresca/Fruit</li> </ul> <p>8</p>
<ul style="list-style-type: none"> <li>String Cheese/Fruit</li> </ul> <p>11</p>	<ul style="list-style-type: none"> <li>Multigrain Rumbles -</li> </ul> <p>12</p>	<ul style="list-style-type: none"> <li>Revolution Foods Honey Wheat Crackers/String Cheese</li> </ul> <p>13</p>	<ul style="list-style-type: none"> <li>Educational Snacks/String Cheese</li> </ul> <p>14</p>	<ul style="list-style-type: none"> <li>Zac Attack Bar Apple/Fruit (Snack)</li> </ul> <p>15</p>
<ul style="list-style-type: none"> <li>Goldfish Pretzels/Fruit</li> </ul> <p>18</p>	<ul style="list-style-type: none"> <li>Mini Dipperdoodle (1.3 oz)/Fruit</li> </ul> <p>19</p>	<ul style="list-style-type: none"> <li>Educational Snacks/Fruit</li> </ul> <p>20</p>	<ul style="list-style-type: none"> <li>Skeeter HONEY Grahams/Fruit</li> </ul> <p>21</p>	<p><b>Winter Break Holiday Begins</b></p> <p>22</p>
<p>25</p>	<p><b>Winter Holiday Break</b></p>			<p>29</p>

Snack: fresh fruit available daily except when sunbutter, string cheese, or juice is served.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

