

# This is a Trans\* specific brochure...

This is a trans specific brochure for Trans\* survivors of violence. The resources in this brochure are intended for trans survivors and people supporting survivors.

## Useful Definitions

**Trans\*** - An umbrella term that encompasses a wide range of people whose gender identity or expression may not match the gender they were assigned at birth. [www.forge-forward.org](http://www.forge-forward.org)

**SOFFA** - Significant Others, Friends, Families, and Allies

**Cisgender** - A person who identifies as the gender/sex they were assigned at birth.

## To all survivors:

What happened is not your fault...

Sexual assault can happen to anyone regardless of their age, gender identity or expression, sexual orientation, class, race, appearance, ability or any other identity markers.

## You are not alone...

Because of oppression and discrimination Trans\* people experience high rates of violence. To know more, visit [www.forge-forward.org](http://www.forge-forward.org)

## Possible Responses After an Assault

Your recovery is very much your own. Getting information and support for yourself or a friend/partner/ family member may help.

The individual, SOFFA, and/or the community impacted may feel...

- degraded
- shock or disbelief
- fear, anger, sadness, anxiety and/or feelings of confusion and distrust
- numb
- shame or embarrassment
- loss of control
- one's gender identity has been threatened and/or challenged
- increased hyper-vigilance, assessment of safety, and fear of new people or new situations
- internalized negative feelings towards self
- physical changes like headaches, a decrease in energy and/or changes in appetite and sleep

These are only some of the feelings you may experience. You may also NOT experience these. Although there may be similarities in how a person responds to an incident, reactions and the process of recovery can vary.

## Seeking medical care

Reasons to seek medical care:

- You may have sustained physical injuries and may not be aware of these due to shock.
- You deserve to receive professional support and care.
- You can provide evidence in case you choose to open an investigation.
- Your medical records are confidential.
- You have a right to access non-discriminatory services that are available to all survivors of sexual assault in Boulder County.

If you have a forensic evidence exam, which are performed by a SANE-Sex Assault Nurse Examiner, **you are not required to interact with the police or file a report.** Speaking to the police or filing a report is **your choice.** The police will pick up the evidence kit. Whether or not you speak to the police, you will receive a case number in case you choose to make a report at a later date.

More info: [www.ccasa.org/reportingoptions/](http://www.ccasa.org/reportingoptions/)

## Was it a Hate Crime?

Any crime motivated by a bias against a person or group based on their actual or perceived identity. These crimes can either be committed against an individual or their property. The law provides for enhanced penalties for offenders if the assault is proven to be a hate crime. This also makes requirement of proof for hate crimes more rigorous. Some bias-motivated offenses may not rise to the level of a crime that can be charged in court.

If what you experienced does not meet the definition of a crime in court, you might still feel what you experienced was bias-motivated violence. You can still report it to Survivors Organizing for Liberation, as they provide support and referrals to LGBTQ survivors of all types of violence.

## Feeling overwhelmed?

- What are my options?
- Where can I talk confidentially?
- Where do I report?
- What if I don't want to report?

## Advocacy Can Help

Advocacy is listening, promoting, and supporting you on your journey. It is centered on you and your individual experiences, circumstances, and needs. Advocates are available to listen to you and to actively support and assist you. Advocacy can mean acting as a guide through the legal or medical systems, serving as a voice in the community, exploring available options, or just general support throughout your process as a survivor. **All of the organizations below have advocates that can help trans\* people and SOFFAs**

### Local Organizations

MESA [Moving to End Sexual Assault] - <http://www.movingtoendsexualassault.org/>

OVA [CU Office of Victim Assistance] - <http://www.cuvictimassistance.com/>

SPAN [Safehouse Progressive Alliance for Nonviolence] - <http://www.safehousealliance.org/>

SOL [Survivors Organizing for Liberation, formerly CAVP] - <http://solcolorado.org/>

Safe Shelter - <http://www.safeshelterofstvrain.org/>

### 24-Hour Support Numbers

\*Survivors Organizing for Liberation (GLBTQ) hotline (formerly CAVP) 303-852-5094  
\*statewide hotline 1-888-557-4441

\*CU's Office of Victim Assistance (OVA) 303-492-8855

\*Moving to End Sexual Assault (MESA) 303-443-7300

\*Safehouse Progressive Alliance for Non-Violence (SPAN) 303-444-2424

\*Safe Shelter of St. Vrain Valley 303-772-4422

### Reporting Options

City of Boulder's Office of Human Rights 303-441-3140

CU Institutional Equity Office 303-492-2127

### Police, non-emergency

Boulder Police 303-441-3333

Boulder County Sheriff's Office 303-441-4444

CU Police Department 303-492-6666

Lafayette Police 303-665-5571

Longmont Police 303-651-8555

Louisville Police 303-441-4444

### Health Resources

Boulder Community Health SANE 303-415-8100

Boulder Valley Women's Health Medical Center for the 303-442-5160

Rockies (Loveland) SANE program 970-624-1600

Planned Parenthood 303-447-1040

St. Anthony's North SANE (Sexual Assault Nurse Examiner) program 303-426-2121

### Identity-Based Resources

CU's Gender and Sexuality Center 303-492-1377

OASOS Group for LGBTQ youth 303-678-6259

Out Boulder 303-499-5777

### Other Community Resources

Boulder County's District Attorney 303-441-3700

Rocky Mountain Peace and Justice Center 303-444-6981

One Colorado 303-396-6170

\***confidential resources**

# Sexual Violence and Gender Violence Resources

## For Trans\* People and Allies



Boulder County Trans Survivor's Task Force is a community-wide partnership dedicated to promoting equitable, inclusive, welcoming care for trans\* survivors of sexual trauma.