Feeling stressed or anxious because of the coronavirus pandemic? Feeling isolated because you are unable to see friends or family members? Do you need to connect with others or share your experiences? Our Coronavirus Peer Support Group can help!

The group will meet every other Monday from 1:00 to 2:00 PM on Zoom. A computer or smartphone with a camera and internet connection is all you need! You will have an opportunity to share your experiences and concerns while helping each other get through this health crises.

If you have any questions, please contact Luke Koppisch at lkoppisch@adacil.org or 732-738-4388.

Remember: Stay Safe and Healthy!