

**This One's for the Girls - Martina McBride (Martina - 2003) Album Key = Ab**

4/4||: 1 | 4 | 5 | :||  
 || 1 | 4 | 5 | | 1 |  
 This is for all you girls a - bout thirteen, High school can  
 | 4 | 5 | ||  
 be so rough can be so mean, Hold on  
 || 6m | 4 | 5sus4 \*5 | 5sus4 \*5 | 6m |  
 to on to your innocence, Stand your ground when  
 | 4 | 5sus4 \*5 | 5sus4 \*5 ||  
 everybody's givin' in. This one's for the girls

|| 1 | 4 | 5 | | 1 |  
 This is for all you girls about twenty five, In little a -  
 | 4 | 5 | ||  
 partments just tryin' to get by, Livin'  
 || 6m | 4 | 5sus4 \*5 | 5sus4 \*5 | 6m |  
 on on dreams and spaghetti-o's, Wonderin' where your  
 | 4 | 5sus4 \*5 | 5sus4 \*5 ||  
 life is gonna go. This one's for the girls,

|| 1 | 1/3 | 4 | \*6m \*5 | 1 |  
 Who've ever had a broken heart, Who've wished upon a shooting star, You're  
 | 1/3 | 4 | 5 | | 1 |  
 beautiful the way you are, This one's for the girls, Who  
 | 1/3 | 4 | \*6m \*5 | 4 |  
 love without holdin' back, Who dream with everything they have, All a-  
 | 5sus4 \*5 | 5sus4 \*5 ||  
 round the world, This one's for the girls.

||1 | 4 | 5 | | ||  
*this one's for all the girls*  
 || 1 | 4 | 5 | | 1 |  
 This is for all you girls about forty two, Tossin' |  
 | 4 | 5 | ||  
 pennies into the fountain of youth, Every  
 || 6m | 4 | 5sus4 \*5 | 5sus4 \*5 | 6m |  
 laugh laugh line on your face, Made you who you  
 | 4 | 5sus4 \*5 | 5sus4 \*5 ||  
 are to - day. This one's for the girls,

**(repeat chorus)**

|| 4 | 1/3 | 5 | | 4 | 1/3 |  
 Yeah we're all the same inside, From one to ninety nine  
 | 5(hold) | ||  
 This one's for the girls,

*Breakdown chorus:*

1	1/3	4	*6m	*5	1	
Who've ever had a broken heart, Who've wished upon a shooting star,					You're	
1/3	4	5	1			
beautiful the way you are,		This one's for the girls,			Who	
1/3	4	*6m	*5	4		
love without holdin' back,		Who dream with everything they have,			All a-	
	5sus4	*5	5sus4	*5		
round the world,		This one's for the girls.				

1	4	5		
<i>this</i>	<i>one's for</i>	<i>all the girls</i>	<i>yeah this one's for the girls</i>	
1	4	5	*6m	*5   1(end)
<i>this</i>	<i>one's for</i>	<i>all the girls</i>		