### How to use this prayer schedule

1. **Print this page, cut out the schedule to fit your copy of *The Valley of Vision* and tuck or tape it inside.** The inside of the back cover is a great place for it.

2. **Set email or phone reminders to alert you at 9 a.m., 12 p.m. and 3 p.m., Monday through Friday.**

3. **Follow the scheduled prayers by page number according to the day of the week and the time. Begin with the page numbers in the upper left, and move downward each day.**

4. **Pray these prayers; do not merely read them. Consider these appointments in your day as intense, concentrated times of prayer and worship.**

5. **If you find it helpful, share it with others! This file (and a parallel version for the paperback copy) is available at [www.joethorn.net/valley](http://www.joethorn.net/valley).**

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