



INFORMATION SHEET

Below is the information for the Life Teen Retreat Sept. 30th-Oct.1st.
We will be staying at Camp Cho-Yeh at 2200 South Washington Avenue,
Livingston, TX 77351.
Check www.weather.com for the weekend forecast before packing.

SUPPLIES YOU WILL NEED TO PACK:

- Bible
- Flashlight
- Sleeping bag or bed sheets/blankets
- Pillow
- Towels/washcloths
- Toiletries
- Jacket/sweater
- Clothes for outdoor activities
- Messy Game Clothes: 1 set of clothes that you do not mind getting stained/ruined – including shoes that are NOT flip flops.
- Closed-toed shoes
- Medications (must be kept by nurse on retreat).
- Snack to share and drop off at Check-in (Chips, Cookies, Granola Bars, Candy, etc.) – NO Snacks allowed in luggage or in the rooms
- Swimsuit – Girls will wear a one piece swimsuit with shorts (Nike etc.) If they do not have a one piece they will wear a dark colored T-shirt over their suit. Boys – no speedos.
- Beach Towel
- Sunscreen and bug spray – Optional
- Positive Attitude!

CELL PHONE POLICY (NO CELL PHONES)

We want to create an environment during the retreat for all teens to fully engage in conversation and build community with their St. Anthony family. To best facilitate this, **teens are asked not to bring their cell phone to the retreat.** We know this can be a challenge but believe this will enable your teen to have the best weekend possible! Please discuss this policy with your teen before arriving at check-in.

Cell phones that do arrive at camp will be stored by the Youth Ministry Staff and returned to the teen upon return to St. Anthony's. If for any reason parents or guardians need to get in contact with their teen during the weekend, please see the emergency numbers on the other side of this page.



TIMES AND TRANSPORTATION

Check-in is at 7:30am on Saturday at the Sheltz Hall. At this time you will also turn in any prescription medications and your snack to share. Buses will leave St. Anthony Church PROMPTLY at 8:00am.

Sunday evening at 8:30 pm we will return to the church. Please be prompt in picking up your teen from the **St. Teresa of Calcutta Center** (the new food pantry near the football field).

- Since the teens will not have their cell phones you will receive a Flocknote email with an updated departure time when the buses depart Camp Cho-Yeh

EMERGENCY NUMBERS

Paige Ingersoll – 713-256-6723

Jonathan Cardinal – 832-221-5751

Camp Cho-Yeh – 936-328-3200

Diane Czerniak (*off-site contact only if you cannot get in contact with above numbers*): 832-620-6932

PLEASE NOTE:

1. If alcohol, cigarettes or illegal substances are found, the Teen will be sent home (parents will need to drive up to Camp Cho-Yeh to pick up their teen immediately).
2. No cell phones or other electronic devices at Retreat.
3. If there are serious discipline issues while at retreat, teens may be sent home. Parents will need to drive up to Camp Cho-Yeh to pick up their teen immediately.

Please keep us in your prayers. We are looking forward to a GREAT weekend!