

# February Fitness Challenge 2013 Results Booklet



*There is water in every lane, so it is OK whatever lane  
you swam in for the February Fitness.*

**Congratulations to all of the swimmers who participated in  
the 2013 February Fitness Challenge. You did a fantastic job  
getting fit in “your lane”.**

**Thanks from your Hosts,  
The Tualatin Hills Barracudas**

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# The 2013 February Fitness Challenge Result Booklet is Dedicated to the Memory of Vince Herring

*The Rochester Swim Club Orcas Masters are saddened to announce the sudden and untimely death of Vince Herring. Herring died on his 70th birthday, February 14, 2013. We have lost an outstanding distance swimmer, inspirational mentor, long time teammate, storyteller and wonderful friend.*

*Vince always loved a challenge and his goal this year was to set the yardage record in his new age group. He was on track to break the current mark of 297,000 yards set in 1996. Herring had a total of 164,690 yards for the first fourteen days and he had his eyes set on going over 320,000 for the month. Vince did two workouts a day from the 1st to the 13th of February, but only did a single swim of 5000 yards on the morning of that fateful day. He was treating himself because it was his birthday.*

*Herring was always up for a challenge and he was a huge goal setter. He inspired all of us to push a little harder, and set our goals a little higher. He was well within the reach of his goal and he felt great about the number of yards he had banked for the first half of the month. Herring was one of a handful of people who had participated in every FFC since its inception.*

*Vince was a world-renowned open water swimmer.*

*You can read about his accomplishments in that area here:*

*[http://openwaterpedia.com/index.php?title=Vince\\_Herring](http://openwaterpedia.com/index.php?title=Vince_Herring)*

*Vince had been a member of the Rochester Swim Club for over 40 years, as a coach, masters swimmer, mentor and friend. He will be sorely missed by the many lives he touched.*



**Vince prepares for a swim in the Mississippi River**

Vince was one of the Original Participants in the First Nation Wide February Fitness Challenge that was held in 1993. Since that first Challenge, Vince has swum a total of 3,566,525 yards during the Challenges that followed each year. Over three and a half million yards is an impressive total and truly shows the quality that Vince brought to the swimming community and to the February Fitness Challenge.



## Message from your February Fitness Coordinator



Greetings to all of you "Fitness Frogs" and many thanks for another successful year of the Challenge. As I think back about the Challenge for this year, my main thoughts are all expressed in this year's logo. **YOU**

**GOT OFF YOUR PADS AND YOU ALL DOVE IN!** That's what it is all about, diving in and getting fit.

I want to take this chance to say goodbye and thanks for being part of the FFC. I have told the Barracuda Board that this will be my last year as Coordinator of the FFC. I have so enjoyed doing this volunteer job. I feel like I know many of you and I recognize your names each year as the results come in. I want to especially thank my wife Nancy and our "Data Pro" Jon for being with me and beside me for all of the swims. Without their help the FFC would have been in real trouble. As an old retired swim coach and now as a Master Swimmer, I am thoroughly convinced that swimmers are the finest people in the world. As the quote says on the front of the Booklet, every lane has water in it and it doesn't matter which lane you swim in. The swimmers in each lane, and each in their own unique way, contribute so much. I was just listening to a newscast and they were talking about their Fitness Campaign. It is called "Commit to Fitness". I have news for all of you February Fitness Frogs. You are way ahead because with your swimming you have been committing to fitness and health. I hope the FFC has helped you and I know for sure that seeing your results, have helped me to keep going and keep pursuing fitness. I am saddened by the dedication on the first page but at the same time I know that Vince brought so much to swimming and his life had a great influence on so many. When our time comes, may we all be able to say the same. Thank you Vince and thank each one who have been part of the experience with FFC. You are the best!

Congratulations to BAM who defended their team title. The ORCAs and the Wildcats were second and third in the Team Competition. The RAMS from Rocklin have stepped up their team competition and came in fourth.

No official records were set this year but I know a number of you set personal records. The bottom line is that your personal records and getting fit and staying fit are the most important things you can gain from the FFC.

Thanks to all of you who took part in the 2013 February Fitness Challenge - *Dave Radcliff*

### Special Thanks

To every swimmer who entered the 2013 FFC: with your help we swam and kicked and pulled and then did it all over again and again for a fantastic total of yards and miles and participation. You are the reason the Barracudas continued to sponsor the FFC.

THANKS:

To Jon Schieltz, our Data Pro, who does all the inputting and analyzing of the entry information.

To our head coach, Jon Clark, and all the coaches out there who motivated us during the month.

To Printing Solutions, our printers, who are the greatest ladies to work with. They give us help and do a really quick turnaround on all of our printing needs, which enables us to get the results to you much faster.

To Katy at Elements-Graphics for another great logo and then a super quick turn around on the T shirts.

To Mike at Hy-Graphics who designs and makes the team Championship plaques.

To JD Pence for the swim caps.

To Brent Washburne, who runs our online Registration and Entry.

To Michelle Macy, who designed and put together the first February Fitness Challenge Facebook page.

To Nancy, my wife, who puts up with me and does most of the proofing of the entries. I am so lucky!



## 2013 Fitness Feedback

You took us seriously when we challenged you to “get off your pad and dive in”. Check out these two “Dive Ins”.

Gayle Orner, recently moved from Oregon to Wisconsin, decided to continue her tradition of unusual places to swim. In Oregon it was swimming with the “wild” creatures at the Oregon Aquarium. In Wisconsin, she thought, I love open water swimming so why not try it in Wisconsin in the winter. In doing so she becomes the first “Fitness Frog” to ever record yards by swimming under the ice in a frozen Lake. Seeing is believing and here’s the proof. —————>



Debra Johnson, of the West End Chlorinators in Pennsylvania, visited her daughter, a captain stationed at Guatamo Bay, Cuba and was able to swim her laps at the Base Pool. She becomes the first Fitness Frog to ever swim in Cuba. Debra, please thank your daughter for her service to our country.

Vivian Reinikainen, of New Mexico, one of our great distance swimmers went to California to be with her daughter and her new “beautiful” grandson, who was born January 30. Vivian’s daughter told her, “Mom, I love your help but you still have to swim your Challenge everyday”. And Vivian did swim every day and recorded 152,000 yards, plus it was outdoors in a fantastic salt water pool. In Vivian’s own words: “So much fun this year - my beautiful grandson, the gorgeous weather, the magical swimming, new friends - couldn’t have been better”.

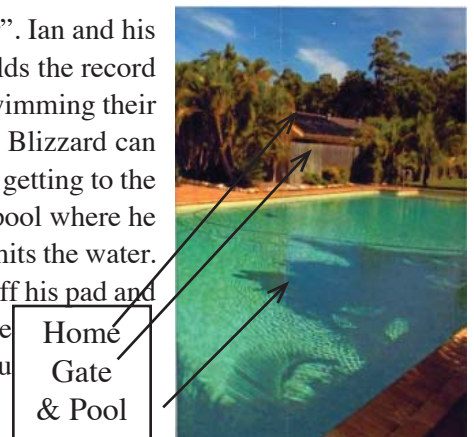
Kristi Panayotoff, was a Barracuda for years and one of the first “Cudas” I met when I joined the team in 1995. Kristi has moved to Maine and is now a really loyal Fitness Frog in that State. Kristi still has her old Barracuda Swim Suit and in honor of the Fitness Challenge, she wore it one day. Thanks Kristi for taking the FFC to Maine.



Lois Madsen, from the Sage YMCA, writes that she was able to get in her laps, inspite of a foot surgery. Kicking must have hurt but I have noticed through the years that nothing will stop you Fitness Frogs. Way to go Lois!

Edward Price sent this message: “Each year I have increased my performance in the Challenge. Last year I did 143,000 yards with anticipation of exceeding that in 2013. However my hopes were spoiled by a blizzard that closed all the pools for several days and by a heart attack in January that limited my workouts. Nevertheless, the challenge kept me on target for recovery and by the end of the month my times for 2,000 yards were at or near pre-attack levels. Thank you for providing the encouragement to stay in the pool”. Well Edward, the thing I noticed first off about your message was that you mentioned the Blizzard first. Most people would have mentioned having a heart attack, but Fitness Frogs keep on swimming. Congratulations on your comeback and keep on swimming.

Ian Redpath of Runaway Bay, Australia sent his greetings from “Down Under”. Ian and his brother Harry are our co record holders in the 80 - 84 age division and Ian holds the record in the 85 -89 division. Ian wrote about how lucky they are in Australia to be swimming their Fitness Challenge during their summer. As Edward Price mentioned above, a Blizzard can be a real downer when you are trying to get to the pool every day. Speaking of getting to the pool everyday, Ian sent this picture of his home, his gate and the community pool where he swims. Every morning at 3:30 AM, Ian pops out his house, opens his gate and hits the water. What a great set up for our “Down Under” Fitness Frog. He can literally dive off his pad and get fit. Ian encouraged the Barracudas to use the modern media to promote the FFC. We did start our own FFC Facebook page this year but we did not get you notified about our page. It is there so check it out..



## 2013 FFC Swim Stats

<b>Total Yards</b> 18,169,648	<b>Total Mileage</b> 10,323.66	<b>Avg. Yards</b> 55,564.67	<b>Avg. Mileage</b> 31.57	<b>Total Days</b> 4998	<b>Avg. Days</b> 15.28
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Teams	No. of Swimmers	Total Yards	Yards Per Swimmer	Miles Per Swimmer	Total Days Per Swimmer	Avg Days
Bainbridge Aquatic Masters	55	2,580,953	46,926	26.66	739	13.44
Orcas	32	2,343,827	73,245	41.62	473	14.78
Wildcat Masters	18	856,100	47,561	27.02	269	14.94
Rocklin Aquatics Masters	12	594,812	49,568	28.16	158	13.17
Maui County Upcountry Pool	8	455,478	56,935	32.35	168	21.00
West End Chlorinators	8	402,379	50,297	28.58	152	19.00
ABC Swimming	6	1,168,375	194,729	110.64	146	24.33
RIO Mesa Masters Club	6	279,975	46,663	26.51	127	21.17
McMinnville Swimmers	5	342,950	68,590	38.97	87	17.40
DAHLC	4	306,806	76,702	43.58	99	24.75
Sage YMCA	4	62,510	15,628	8.88	55	13.75
Del Norte Masters	3	210,400	70,133	39.85	72	24.00
Indy Aquatic Masters	3	217,275	72,425	41.15	65	21.67
Mt Tam RC	3	365,520	121,840	69.23	75	25.00
Berkeley Aquatics, NJ	2	112,881	56,441	32.07	27	13.50
Hydropowers Masters Swimming	2	234,027	117,014	66.48	52	26.00
Nitro Masters	2	160,650	80,325	45.64	44	22.00
Oregon Reign Masters	2	151,110	75,555	42.93	50	25.00
300 Club Masters	1	51,950	51,950	29.52	19	19.00
Bexley Swim Club	1	101,159	101,159	57.48	28	28.00
CBATS	1	53,300	53,300	30.28	28	28.00
Cheltenham	1	135,827	135,827	77.17	27	27.00
Corvallis Aquatic Team	1	105,248	105,248	59.80	26	26.00
DCM	1	87,450	87,450	49.69	28	28.00
Durango Masters Swim Club	1	122,000	122,000	69.32	28	28.00
Gateshead & Whickham ASC	1	83,916	83,916	47.68	27	27.00
Gold Coast	1	48,500	48,500	27.56	28	28.00
Hilton Head Aquatics	1	35,950	35,950	20.43	19	19.00
Maine Masters	1	65,600	65,600	37.27	27	27.00
Market Harborough 'Muttleys' SC	1	71,085	71,085	40.39	28	28.00
Masters of Brazus	1	54,000	54,000	30.68	15	15.00
Monarch Aquatics Masters Swimming	1	101,050	101,050	57.41	28	28.00
New England Masters	1	157,945	157,945	89.74	27	27.00
New Mexico Masters	1	152,000	152,000	86.36	28	28.00
Oregon City Tankers	1	106,573	106,573	60.55	27	27.00
Salem Kroc Masters	1	50,020	50,020	28.42	16	16.00
Space Coast Masters	1	57,300	57,300	32.56	12	12.00
Stanford Masters	1	184,800	184,800	105.00	28	28.00
Sunfish Masters	1	24,100	24,100	13.69	13	13.00
Swim & Stay Fit	1	21,046	21,046	11.96	12	12.00
Team Club Sport Oregon	1	66,400	66,400	37.73	25	25.00
Team Pittsburgh Masters	1	30,150	30,150	17.13	18	18.00
Virginia Masters Swim Team	1	196,100	196,100	111.42	28	28.00
Oregon Masters	1	Days	Days	0.00	21	21.00
No Team Listed	40	2,953,727	73,843	41.96	855	21.38
Tualatin Hills Barracudas (Host Team)	51	2,206,424	43,263	24.58	674	13.22



## Age Group Results



### Women

#### Women 18-24

**200,000 yards, Jaymi MacKenzie, 23, Lexington, KY USA 2/10**

PI	Name	Age	City/State/Country	Yards	Miles
1	Jessica Bonner	23F	Auburn, CA USA	70,200	39.89
2	Melissa Heyrman	24F	Rochester, MN USA	16,000	9.09

#### Women 25-29

**238,500 yards, Kathleen Davison, 27, Reston, VA 2/06**

PI	Name	Age	City/State/Country	Yards	Miles
1	Cara Lewis	29F	Lexington, KY USA	50,300	28.58
2	Julie Goldberg	28F	Woodbridge, VA USA	24,100	13.69
3	Allison Gibson	29F	Lexington, KY USA	23,400	13.30
4	Liz Johnson	28F	Allentown, PA USA	10,499	5.97

#### Women 30-34

**258,000 yards, Trisha Commons, 32, Thousand Oakes CA 2/97**

PI	Name	Age	City/State/Country	Yards	Miles
1	Annette Ihrke	30F	Rochester, MN USA	177,800	101.02
2	Julie Porro	34F	North Plainfield, NJ USA	66,000	37.50
3	Erin Scott	32F	Beaverton, OR USA	56,800	32.27
4	Jessica Tuffley	34F	Bainbridge Island, WA USA	29,150	16.56
5	Molly Clark	31F	Beaverton, OR USA	29,050	16.51
6	Aubree Legault	30F	Portland, OR USA	26,500	15.06
7	Elizabeth Coon	30F	Rochester, MN USA	26,300	14.94
8	Stephanie Trudel	32F	Seattle, WA USA	21,900	12.44

#### Women 35-39

**418,400 yards, Dawn Bergeson, 39, Cottonwood MN 2/01**

PI	Name	Age	City/State/Country	Yards	Miles
1	Katie Nimmo	36F	Cheltenham, Gloucestershire ENG	135,827	77.17
2	Elizabeth Harrison	38F	Portland, OR USA	92,000	52.27
3	Anna Casey	36F	Beaverton, OR USA	59,850	34.01
4	Shannon Florea	35F	Lexington, KY USA	41,700	23.69
5	Tracy Spigelman	38F	Lexington, KY USA	41,250	23.44
6	Betty Ogren	36F	Rochester, MN USA	40,062	22.76
7	Jenn Hess	39F	Rochester, MN USA	32,400	18.41
8	Julie Peterson	37F	Beaverton, OR USA	28,300	16.08
9	Heidi Kennedy	37F	Goodhue, MN USA	21,000	11.93
10	Alanna Woods	38F	Beaverton, OR USA	9,350	5.31
11	Angela Payne	37F	Bainbridge Island, WA USA	5,468	3.11

#### Women 40-44

**486,800 yards, Dawn Bergeson, 42, Cottonwood MN 2/04**

PI	Name	Age	City/State/Country	Yards	Miles
1	Joy Archer	40F	Bainbridge Island, WA USA	82,250	46.73
2	Karen Gernert	42F	Fishers, IN USA	80,950	45.99
3	Andrea Wilson	44F	Bainbridge Island, WA USA	57,800	32.84

4	Lynn Erickson	44F	Bainbridge Island, WA USA	52,200	29.66
5	Laura Hegarty	42F	Bainbridge Island, WA USA	49,600	28.18
6	Joy Suppes	44F	Coos Bay, OR USA	48,500	27.56
7	Gretchen Gende	42F	Bainbridge Island, WA USA	32,500	18.47
8	Claudia Tabini	40F	Rochester, MN USA	28,200	16.02
9	Jamie Pope	42F	Lexington, KY USA	27,700	15.74
10	Jill Beermann	40F	Bainbridge Island, WA USA	22,800	12.95
11	Jocelyn Waite	44F	Bainbridge Island, WA USA	21,400	12.16
12	Michaela Ramsey	40F	Portland, OR USA	13,150	7.47
13	Marisa Frieder	43F	Portland, OR USA	12,800	7.27
14	Sue Yerina	43F	Topsham, ME USA	9,700	5.51

### Women 45-49

**422,577 yards, Lynn Kubasek, 49, Laguna Beach CA 2/08**

PI	Name	Age	City/State/Country	Yards	Miles
1	Diane Morehead	48F	Riva, MD USA	252,375	143.39
2	Renee Reiser	46F	Annapolis, MD USA	155,000	88.07
3	Kate Carr	46F	Bainbridge Island, WA USA	107,650	61.16
4	Sue Phillips	48F	Corvallis, OR USA	105,248	59.80
5	Gwen Owens	46F	Sacramento, CA USA	101,600	57.73
6	Victoria Nicholls	47F	Chesapeake, Va USA	101,050	57.41
7	Loralie Langman	46F	Rochester, MN USA	100,200	56.93
8	Marianne Thomas	49F	Round Rock, TX USA	95,100	54.03
9	Kathy Lewis	47F	Beaverton, OR USA	85,500	48.58
10	Elisa Reuter	48F	Carmichael, CA USA	65,050	36.96
11	Kymmberly Myrick	49F	Bainbridge Island, WA USA	58,500	33.24
12	Cathy Law	45F	Corvallis, OR USA	53,300	30.28
13	Candace Morgan	46F	Bainbridge Island, WA USA	51,150	29.06
14	Ruth Frobe	46F	Bainbridge Island, WA USA	47,850	27.19
15	Cindy Ruggiero	49F	Bainbridge Island, WA USA	34,685	19.71
16	Nina Cousins	45F	Bainbridge Island, WA USA	15,600	8.86

### Women 50-54

**633,600 yards, Lynn Kubasek, 50, Laguna Beach CA 2/09**

PI	Name	Age	City/State/Country	Yards	Miles
1	Lynn Kubasek	54F	Laguna Beach, CA USA	187,540	106.56
2	Barbara Hewitt	53F	Lakewood, CO USA	119,700	68.01
3	Sallie Perkins	52F	Rochester, MN USA	118,300	67.22
4	Julie Andrade	51F	Beaverton, OR USA	114,400	65.00
5	Dianne Viales	51F	Damascus, OR USA	100,048	56.85
6	Lisa Claesson-Gordon	50F	Bainbridge Island, WA USA	87,550	49.74
7	Verity Dobbie	53F	Ebchester, County Durham GBR	83,916	47.68
8	Ruthie Cartwright	50F	Market Harborough, Leics UK	71,085	40.39
9	Lori Lamoureux	53F	Tigard, OR USA	66,400	37.73
10	Elisabeth Tronoski	51F	Lexington, KY USA	65,600	37.27
11	Debra Streiff	54F	Rochester, MN USA	59,200	33.64
12	Jane Lindley	51F	Rollingbay, WA USA	53,050	30.14
13	Mary Gregg	54F	Camarillo, CA USA	40,000	22.73
14	Heather Burger	51F	Bainbridge Island, WA USA	38,650	21.96
15	Brenda Beck	51F	Upland, California USA	37,982	21.58
16	LoRee LeFon	52F	Lincoln City, OR USA	32,535	18.49
17	Debra Rateri	52F	Lexington, KY USA	32,450	18.44
18	Sarah Footh	50F	Bainbridge Island, WA USA	31,500	17.90
19	Paula Pavelco	54F	Slatington, PA USA	26,790	15.22



20	Nora Masters	52F	Bainbridge Island, WA USA	24,300	13.81
21	Julie Campbell	52F	Wilmette, Illinois USA	7,500	4.26
22	Becky Britton	52F	Rochester, MN USA	1,500	0.85

### Women 55-59

**433,800 yards, Kathleen Brunner, 56, Seattle, WA USA 2/10**

PI	Name	Age	City/State/Country	Yards	Miles
1	Maureen Rohrs	57F	Severna Park, MD USA	311,550	177.02
2	Paula Yankauskas	58F	Hyde Park, VT USA	157,945	89.74
3	Patricia Pallotta	56F	Crofton, MD USA	114,700	65.17
4	Patricia Reed	56F	Sidcup, Kent UK	101,159	57.48
5	Debra Johnson	59F	Allentown, PA USA	94,400	53.64
6	Rosanna Sikora	57F	Morgantown, WV USA	87,450	49.69
7	Alison Craig	55F	Bainbridge Island, WA USA	72,600	41.25
8	Janice Kregor	56F	Lexington, KY USA	71,000	40.34
9	Lorrie Bennett	55F	Rochester, MN USA	69,000	39.20
10	Cheryl Gettelfinger	55F	Carmel, IN USA	62,050	35.26
11	Jan Fick	57F	Bainbridge Island, WA USA	51,550	29.29
12	Carleen Gosney	58F	Bainbridge Island, WA USA	50,000	28.41
13	Nancy Kryka	57F	Rochester, MN USA	48,250	27.41
14	Martha McMahon	56F	Woolford, MD USA	44,750	25.43
15	Cynthia Hlebasko	56F	Bainbridge Island, WA USA	41,900	23.81
16	Mary Gray	55F	Mantorville, MN USA	41,650	23.66
17	Toby Petty	56F	Ventura, CA USA	39,000	22.16
18	Linda Warren	55F	Bainbridge Island, WA USA	37,200	21.14
19	Pam Ogden	56F	Eau Claire, WI USA	36,200	20.57
20	Jo Ann Casselberry	58F	Corvallis, OR USA	33,900	19.26
21	Lisa Kniginyzky	56F	Bainbridge Island, WA USA	33,850	19.23
22	Robin Moeur	57F	Bainbridge Island, WA USA	28,500	16.19
23	Nancy Shurtleff	56F	Bainbridge Island, WA USA	25,600	14.55
24	Karen Eady	55F	Bainbridge Island, WA USA	18,900	10.74
25	Jan Jeddelloh	57F	Portland, OR USA	15,050	8.55
26	Heather Adkins-Narte	58F	Bainbridge Island, WA USA	7,600	4.32

### Women 60-64

**390,720 yards, Carlita 'Lee' Durand, 64, San Diego CA 2/03**

PI	Name	Age	City/State/Country	Yards	Miles
1	Andrea Harris	63F	Pukalani, HI USA	181,250	102.98
2	Sally Marshall	64F	Larkspur, CA USA	127,270	72.31
3	Rita Belserene	61F	Bainbridge Island, WA USA	103,200	58.64
4	Margaret Sandner	62F	Morrison, CO USA	102,800	58.41
5	Kate Carruthers	64F	Bainbridge Island, WA USA	100,100	56.88
6	Kristina Panayotoff	64F	Lincolnton, ME USA	65,600	37.27
7	Donna Schubkegel	60F	Round Rock, TX USA	65,550	37.24
8	Marjorie Pannell	62F	Chicago, IL USA	60,200	34.20
9	Ingrid Ammondson	60F	Amitiy, OR USA	60,000	34.09
10	Cassie Mallen	62F	Pukalani, HI USA	56,080	31.86
11	Jamee Beggs	63F	Crystal Lake, IL USA	54,000	30.68
12	Meegan Wilson	64F	Gainesville, FL USA	51,950	29.52
13	Fran Justinger	61F	West Bend, WI USA	51,454	29.24
14	Sheri Somers	60F	Bainbridge Island, WA USA	50,050	28.44
15	Kathy Holter	61F	South Park, PA USA	43,900	24.94
16	Pam Head	61F	Portland, OR USA	35,400	20.11

**Women 65-69****515,800 yards, Jewell Grigsby-Martin, 68, Stafford VA 2/00**

<b>PI</b>	<b>Name</b>	<b>Age</b>	<b>City/State/Country</b>	<b>Yards</b>	<b>Miles</b>
1	Barbara Larsen	65F	Rochester, MN USA	190,550	108.27
2	Lois Goodman	66F	La Verne, CA USA	102,600	58.30
3	Judy Wagner	68F	College Station, TX USA	54,000	30.68
4	Mary Tuffley	65F	Bainbridge Island, WA USA	42,000	23.86
5	Connie Waddington	65F	Bainbridge Island, WA USA	40,100	22.78
6	Neela Sheeh	67F	Pukalani, HI USA	36,650	20.82
7	Julie Shryock	66F	Bainbridge Island, WA USA	18,500	10.51
8	Darby Sitter	69F	Portland, OR USA	14,450	8.21
9	Angela de Oliveira	66F	Bainbridge Island, WA USA	2,300	1.31

**Women 70-74****601,650 yards, Jewell Grigsby-Martin, 73, Stafford VA 2/05**

<b>PI</b>	<b>Name</b>	<b>Age</b>	<b>City/State/Country</b>	<b>Yards</b>	<b>Miles</b>
1	Vivian Reinikainen	70F	Santa Fe, NM USA	152,000	86.36
2	Barbara Frid	70F	Portland, OR USA	48,850	27.76
3	Patricia Amey	71F	Camarillo, CA USA	48,525	27.57
4	Nancy Kelley	74F	Rocklin, CA USA	46,850	26.62
5	Beverly Nesen	70F	Camarillo, CA USA	45,650	25.94
6	Amy Johnson	71F	Buffalo, NY USA	37,350	21.22
7	Theresa Cain	73F	Eagle River, AK USA	14,836	8.43
8	Lillie Thompson	71F	Austin, TX USA	6,780	3.85

**Women 75-79****364,000 yards, Jewell Grigsby-Martin, 76, Stafford VA 2/08**

<b>PI</b>	<b>Name</b>	<b>Age</b>	<b>City/State/Country</b>	<b>Yards</b>	<b>Miles</b>
1	Susan Bradley-Cox	75F	Lexington, KY USA	54,300	30.85
2	Janet Olsen	76F	Loomis, CA USA	53,650	30.48
3	Geraldine Kawabata	78F	Beaverton, OR USA	28,700	16.31

**Women 80-84****229,100 yards, Jewell Grigsby-Martin, 76, Stafford VA 2/12**

<b>PI</b>	<b>Name</b>	<b>Age</b>	<b>City/State/Country</b>	<b>Yards</b>	<b>Miles</b>
1	Jewell Grigsby-Martin	81F	Stafford, VA USA	196,100	111.42
2	D J Murray	83F	Hilton Head, SC USA	35,950	20.43
3	Eugenie Gruender	84F	Topeka, KS USA	16,900	9.60
4	Lois Madsen	80F	Village of Lakewood, IL USA	7,000	3.98

**Women 85-89****123,300 yards, Judy Melcher, 86, Beaverton OR 2/07**

<b>PI</b>	<b>Name</b>	<b>Age</b>	<b>City/State/Country</b>	<b>Yards</b>	<b>Miles</b>
1	Bernice Phillips	85F	Poulsbo, WA USA	54,800	31.14
2	Marie Brown	88F	Nashua, NH USA	21,046	11.96

**Women 90-95****6,440 yards, Elfie Stevenin, 90, Salem, OR 2/12**

<b>PI</b>	<b>Name</b>	<b>Age</b>	<b>City/State/Country</b>	<b>Yards</b>	<b>Miles</b>
1	Elfie Stevenin	91F	Salem, OR USA	3,300	1.88



## Age Group Results



### Men

#### Men 18-24

203,500 yards, Brad Boekes, 21, Fargo ND 2/96

PI	Name	Age	City/State/Country	Yards	Miles
1	Kyle Jonas	24M	Lexington, KY USA	90,600	51.48
2	Michael Saturnino	23M	Grass Valley, CA USA	67,300	38.24
3	Michael Cortes	19M	Oxnard, CA USA	46,200	26.25
4	Paul Jeffrey	20M	Beaverton, OR USA	19,700	11.19
5	Micah Nelson	18M	Rochester, MN USA	19,100	10.85
6	Tom Walsh	24M	Rochester, MN USA	5,850	3.32
7	John Johnson	24M	Allentown, PA USA	3,000	1.70

#### Men 25-29

725,533 yards, Tom McCrae, 28, Menlo Park CA 2/96

PI	Name	Age	City/State/Country	Yards	Miles
1	Kevin Cleary	29M	Portland, OR USA	100,102	56.88
2	Alex Hooke	29M	Rochester, MN USA	56,800	32.27
3	Drew Oelke	29M	Rochester, MN USA	36,800	20.91
4	Brian Katz	29M	Rochester, MN USA	18,650	10.60

#### Men 30-34

353,000 yards, Mike Hall, Terre Haute IN 2/02

PI	Name	Age	City/State/Country	Yards	Miles
1	Jason Troutman	32M	Kempton, PA USA	115,658	65.71

#### Men 35-39

541,000 yards, Chris Shoup, 38, Conyers GA 2/00

PI	Name	Age	City/State/Country	Yards	Miles
1	James Adams	35M	Wenatchee, WA USA	125,750	71.45
2	Paul Slotemaker	38M	Beaverton, OR USA	108,950	61.90
3	Paul Cunningham	39M	Denham Springs, LA USA	80,000	45.45
4	Todd MacCulloch	37M	Bainbridge Island, WA USA	40,350	22.93
5	Clifton Cox	39M	Lexington, KY USA	36,000	20.45

#### Men 40-44

456,700 yards, James Begly, 42, Goshen IN 2/03

PI	Name	Age	City/State/Country	Yards	Miles
1	David Linden	40M	Rochester, MN USA	187,000	106.25
2	Gordon Gridley	40M	Syracuse, UT USA	156,650	89.01
3	Mark Knutz	44M	McMinnville, OR USA	110,000	62.50
4	Ross Reichard	42M	Rochester, MN USA	101,100	57.44
5	William Siebenthaler	42M	Lexington, KY USA	47,800	27.16
6	Brian August	42M	Beaverton, OR USA	44,000	25.00
7	Mike Saint-Cyr	43M	Rochester, MN USA	40,500	23.01
8	Neil Hatler	42M	Beaverton, OR USA	34,800	19.77
9	Kieran McGee	44M	Rochester, MN USA	29,150	16.56
10	Tom Meese	42M	Beaverton, OR USA	22,700	12.90
11	Marcelo Silva	44M	Beaverton, OR USA	19,100	10.85

**Men 45-49****761,000 yards, Jim Fitzpatrick, 45, Laguna Niguel CA 2/00**

PI	Name	Age	City/State/Country	Yards	Miles
1	Utley Noble	49M	Franklin, TN USA	154,677	87.88
2	Sameer Phadke	46M	Orefield, PA USA	130,578	74.19
3	Todd Cheever	48M	Lexington, KY USA	127,000	72.16
4	Matthew Bronson	47M	Spokane, WA USA	108,277	61.52
5	Tim Waud	45M	Oregon City, OR USA	106,573	60.55
6	Robert Albright	47M	Rochester, MN USA	106,000	60.23
7	Mike Baele	48M	Beaverton, OR USA	104,400	59.32
8	William Faubion	46M	Rochester, MN USA	103,700	58.92
9	Andrei Karyukin	47M	Lake Oswego, OR USA	98,800	56.14
10	Randy Sharp	49M	Rochester, MN USA	75,175	42.71
11	Sunil Rane	46M	Orefield, PA USA	67,697	38.46
12	Brian Pittner	47M	Rochester, MN USA	49,450	28.10
13	Brett Miller	48M	Beaverton, OR USA	48,200	27.39
14	Floyd Goodrich	49M	Portland, OR USA	46,500	26.42
15	Glenn Jaecks	45M	Sacramento, CA USA	43,750	24.86
16	Mark Phillips	48M	Portland, OR USA	40,950	23.27
17	Ken Pinchiff	49M	Bainbridge Island, WA USA	38,200	21.70
18	Brad Johnson	49M	Beaverton, OR USA	37,300	21.19
19	David Galbriath	48M	Aloha, OR USA	34,600	19.66
20	Michael Hamby	48M	Granite Bay, CA USA	32,962	18.73
21	Iddo Kadim	49M	Portland, OR USA	28,850	16.39
22	Pierre Blouin	46M	Portland, OR USA	28,250	16.05
23	Mike Derzon	46M	Bainbridge Island, WA USA	19,300	10.97
24	Darrin McCarthy	47M	Sherwood, OR USA	16,600	9.43

**Men 50-54****616,000 yards, Jim McConica, 54, Ventura CA 2/05 and Jim Fitzpatrick, 54, Laguna Niguel, CA 2/09**

PI	Name	Age	City/State/Country	Yards	Miles
1	Lyle Grosbach	52M	Rochester, MN USA	146,800	83.41
2	Bill Shipp	52M	Mitchellville, MD USA	132,350	75.20
3	Raymond Delio	54M	Durango, CO USA	122,000	69.32
4	Richard Knowles	51M	Temperance, MI USA	99,000	56.25
5	Timothy Kirby	51M	McMinnville, OR USA	82,650	46.96
6	Bill Heinemann	54M	Beaverton, OR USA	71,500	40.63
7	Peter Turner	53M	Palm Bay, FL USA	57,300	32.56
8	Mark Bickford	54M	Bainbridge Island, WA USA	50,200	28.52
9	Tom Goodlin	53M	Bainbridge Island, WA USA	48,000	27.27
10	David Feldman	54M	Scotch Plains, NJ USA	46,881	26.64
11	Mark Wren	54M	Portland, OR USA	42,050	23.89
12	Chris Ludwick	52M	McMinnville, OR USA	40,200	22.84
13	Paul Webber	54M	Bainbridge Island, WA USA	39,400	22.39
14	Art Simuro	50M	Plainview, NY USA	35,152	19.97
15	Bill Lightfoot	53M	Roseville, CA USA	32,600	18.52
16	Chris Loberg	52M	Beaverton, OR USA	31,650	17.98
17	Tom Jager	54M	Rochester, MN USA	30,550	17.36
18	Craig Johnson	54M	Pittsburgh, PA USA	30,150	17.13
19	Charley Tiff	51M	Granite Bay, CA USA	25,950	14.74
20	Keith Uyekawa	51M	Bainbridge Island, WA USA	17,850	10.14
21	Neil Shepherd	53M	Lake Oswego, OR USA	16,600	9.43

**Men 55-59****575,000 yards, Kent Price, 56, Palo Alto CA 2/94**

<b>PI</b>	<b>Name</b>	<b>Age</b>	<b>City/State/Country</b>	<b>Yards</b>	<b>Miles</b>
1	John Kuzmowski	59M	Greensburg, PA USA	367,075	208.57
2	Mark Hagen	55M	Rochester, MN USA	107,200	60.91
3	Kennard Goodman	59M	Bainbridge Island, WA USA	103,600	58.86
4	Jim Stewart	56M	Rochester, MN USA	100,100	56.88
5	James Brent	58M	Oak Ridge, TN USA	89,817	51.03
6	Glenn Shishido	58M	Makawao, HI USA	80,500	45.74
7	Bryan Johnson	58M	Indianapolis, IN USA	74,275	42.20
8	Steve Erickson	58M	Ojai, CA USA	60,600	34.43
9	Orlando Boleda	58M	Bainbridge Island, WA USA	58,400	33.18
10	Thomas Meikrantz	55M	Allentown, PA USA	57,274	32.54
11	Douglas Brewer	59M	Roseville, CA USA	51,400	29.20
12	George Van Meter	57M	Lexington, KY USA	48,950	27.81
13	Matt Browning	56M	Portland, OR USA	35,800	20.34
14	Pete Brooks	56M	Rochester, MN USA	33,000	18.75
15	Forrest Miller	58M	Lexington, KY USA	25,450	14.46
16	Mark Becker	58M	Portland, OR USA	24,100	13.69
17	Larry West	55M	Haiku, HI USA	19,750	11.22
18	Andy Hahs	56M	Beaverton, OR USA	17,200	9.77
19	Ed Ramsey	56M	Hillsboro, OR USA	15,000	8.52
20	Tony Toohey	55M	Meadow Vista, CA USA	13,300	7.56

**Men 60-64****443,920 yards, Michael Nasta, 61, East Meadow NY 2/08**

<b>PI</b>	<b>Name</b>	<b>Age</b>	<b>City/State/Country</b>	<b>Yards</b>	<b>Miles</b>
1	Kenneth Marti	61M	Roseville, CA USA	167,200	95.00
2	Michael Carew	63M	Bend, OR USA	125,900	71.53
3	David Head	64M	Portland, OR USA	101,200	57.50
4	Jim Teisher	63M	Beaverton, OR USA	65,350	37.13
5	Joe Persico	62M	Shavertown, PA USA	65,000	36.93
6	Allen Stark	64M	Lake Oswego, OR USA	51,062	29.01
7	Barney Voegtlen	63M	Bainbridge Island, WA USA	45,500	25.85
8	Todd Brunhoff	60M	Portland, OR USA	40,900	23.24
9	Chris Toole	61M	Forest Grove, OR USA	35,525	20.18
10	John Baker	61M	Bainbridge Island, WA USA	31,100	17.67
11	Michael Last	61M	Wilkes-Barre, PA USA	30,000	17.05
12	Amin Chisti	62M	Beaverton, OR USA	25,650	14.57
13	John Schwander	60M	Rocklin, CA USA	9,050	5.14

**Men 65-69****545,600 yards, Kent Price, 68, Palo Alto CA 2/07**

<b>PI</b>	<b>Name</b>	<b>Age</b>	<b>City/State/Country</b>	<b>Yards</b>	<b>Miles</b>
1	Andrew Grannell	65M	Annapolis, MD USA	202,400	115.00
2	Pete Saloutos	65M	Bainbridge Island, WA USA	201,600	114.55
3	George Nelson	67M	Kirkwood, MO USA	132,327	75.19
4	James Kroll	68M	Rochester, MN USA	84,656	48.10
5	Billy Atkins	68M	Morgantown, WV USA	70,000	39.77
6	Mike Bridges	65M	Ventura, CA USA	65,600	37.27
7	Edward Price	68M	Cold Springs Harbor, NY USA	55,200	31.36
8	Dennis Sawyer	69M	Seabeck, WA USA	50,900	28.92
9	Jon Stout	66M	McMinnville, OR USA	50,100	28.47
10	Michael Kelber	65M	Salem, OR USA	50,020	28.42



11	Sandy Bratz	65M	Bainbridge Island, WA USA	42,250	24.01
12	Roy Lambert	66M	Portland, OR USA	36,000	20.45
13	Blair Bates	65M	Bethlehem, PA USA	33,027	18.77
14	Bill Sturm	69M	Lexington, KY USA	30,850	17.53
15	Michael Silves	69M	Bainbridge Island, WA USA	30,000	17.05
16	Ron Montgomery	65M	Kula, HI USA	28,250	16.05
17	Richard Ennis	68M	Rocklin, CA USA	24,350	13.84
18	Thomas Hinds III	65M	Solana Beach, CA USA	23,400	13.30
19	David Moyer	69M	Allentown, PA USA	20,824	11.83
20	Jed Cronin	65M	Beaverton, OR USA	20,200	11.48
21	John Taylor	68M	Lexington, KY USA	19,750	11.22

#### Men 70-74

**297,000 yards, Virgil Young, 71, Hannibal MO 2/96**

PI	Name	Age	City/State/Country	Yards	Miles
1	Kent Price	74M	San Carlos, CA USA	184,800	105.00
2	Vince Herring	70M	Rochester, MN USA	164,690	93.57
3	Grayson Marshall	70M	Larkspur, CA USA	154,100	87.56
4	Ronald Johannsen	70M	Rochester, MN USA	132,150	75.09
5	David Arlander	72M	Rochester, MN USA	111,000	63.07
6	Terry O'Rourke	72M	Larkspur, CA USA	84,150	47.81
7	Jon Schieltz	74M	Beaverton, OR USA	66,850	37.98
8	Ronald Cain	73M	Eagle River, AK USA	38,162	21.68
9	Bill Pearce	72M	Houston, TX USA	31,600	17.95
10	Richard Sylva	74M	Hillsboro, OR USA	8,500	4.83
11	Fred Kawabata	73M	Beaverton, OR USA	8,200	4.66
12	Stephen Davis	74M	Cary, IL USA	1,510	0.86

#### Men 75-79

**396,000 yards, Richard Taylor, 78, Levittown PA 2/96**

PI	Name	Age	City/State/Country	Yards	Miles
1	David Radcliff	78M	Hillsboro, OR USA	82,247	46.73
2	Will Moser	78M	Racine, WI USA	76,700	43.58
3	James Bowditch	75M	Bainbridge Island, WA USA	60,000	34.09
4	Joe Wilson	78M	Lexington, KY USA	22,000	12.50

#### Men 80-84

**181,000 yards, Brothers Harry 2/99 and Ian Redpath 2/05, 80, Brisbane, QLD, Australia**

PI	Name	Age	City/State/Country	Yards	Miles
No entrants this year					

#### Men 85-89

**104,552 yards, Ian Redpath, 85, Runaway Bay, QLD, Australia 2/10**

PI	Name	Age	City/State/Country	Yards	Miles
1	Ian Redpath	88M	Runaway Bay, QLD AUS	101,920	57.91

### Special Thanks to our International Swimmers

Thanks for making this a "true" World fitness event. Ian Redpath from Runaway Bay in Australia was our winner in the Mens 85-89 di-



vision and Katie Nimmo from Gloucestershire, in England won the Womens 35-39 division. Ruthie Cartwright from Leics, England joined us this year. For pure enjoyment about our wonderful sport of swimming, you must read the blog by Verity Dobbie from Durham in England. <http://bingeswimming.blogspot.com/>





## Overall Results Yardage



PI	Name	Age	City/State/Country	Yardage	Miles	Gender Place	Age Grp Place
1	John Kuzmkowski	59M	Greensburg, PA USA	367,075	208.57	1	1
2	Maureen Rohrs	57F	Severna Park, MD USA	311,550	177.02	1	1
3	Diane Morehead	48F	Riva, MD USA	252,375	143.39	2	1
4	Andrew Grannell	65M	Annapolis, MD USA	202,400	115.00	2	1
5	Pete Saloutos	65M	Bainbridge Island, WA USA	201,600	114.55	3	2
6	Jewell Grigsby-Martin	81F	Stafford, VA USA	196,100	111.42	3	1
7	Barbara Larsen	65F	Rochester, MN USA	190,550	108.27	4	1
8	Lynn Kubasek	54F	Laguna Beach, CA USA	187,540	106.56	5	1
9	David Linden	40M	Rochester, MN USA	187,000	106.25	4	1
10	Kent Price	74M	San Carlos, CA USA	184,800	105.00	5	1
11	Andrea Harris	63F	Pukalani, HI USA	181,250	102.98	6	1
12	Annette Ihrke	30F	Rochester, MN USA	177,800	101.02	7	1
13	Kenneth Marti	61M	Roseville, CA USA	167,200	95.00	6	1
14	Vince Herring	70M	Rochester, MN USA	164,690	93.57	7	2
15	Paula Yankauskas	58F	Hyde Park, VT USA	157,945	89.74	8	2
16	Gordon Gridley	40M	Syracuse, UT USA	156,650	89.01	8	2
17	Renee Reiser	46F	Annapolis, MD USA	155,000	88.07	9	2
18	Utley Noble	49M	Franklin, TN USA	154,677	87.88	9	1
19	Grayson Marshall	70M	Larkspur, CA USA	154,100	87.56	10	3
20	Vivian Reinikainen	70F	Santa Fe, NM USA	152,000	86.36	10	1
21	Lyle Grosbach	52M	Rochester, MN USA	146,800	83.41	11	1
22	Katie Nimmo	36F	Cheltenham, Gloucestershire ENG	135,827	77.17	11	1
23	Bill Shipp	52M	Mitchellville, MD USA	132,350	75.20	12	2
24	George Nelson	67M	Kirkwood, MO USA	132,327	75.19	13	3
25	Ronald Johannsen	70M	Rochester, MN USA	132,150	75.09	14	4
26	Sameer Phadke	46M	Orefield, PA USA	130,578	74.19	15	2
27	Sally Marshall	64F	Larkspur, CA USA	127,270	72.31	12	2
28	Todd Cheever	48M	Lexington, KY USA	127,000	72.16	16	3
29	Michael Carew	63M	Bend, OR USA	125,900	71.53	17	2
30	James Adams	35M	Wenatchee, WA USA	125,750	71.45	18	1
31	Raymond Delio	54M	Durango, CO USA	122,000	69.32	19	3
32	Barbara Hewitt	53F	Lakewood, CO USA	119,700	68.01	13	2
33	Sallie Perkins	52F	Rochester, MN USA	118,300	67.22	14	3
34	Jason Troutman	32M	Kempton, PA USA	115,658	65.71	20	1
35	Patricia Pallotta	56F	Crofton, MD USA	114,700	65.17	15	3
36	Julie Andrade	51F	Beaverton, OR USA	114,400	65.00	16	4
37	David Arlander	72M	Rochester, MN USA	111,000	63.07	21	5
38	Mark Knutz	44M	McMinnville, OR USA	110,000	62.50	22	3
39	Paul Slotemaker	38M	Beaverton, OR USA	108,950	61.90	23	2
40	Matthew Bronson	47M	Spokane, WA USA	108,277	61.52	24	4
41	Kate Carr	46F	Bainbridge Island, WA USA	107,650	61.16	17	3
42	Mark Hagen	55M	Rochester, MN USA	107,200	60.91	25	2
43	Tim Waud	45M	Oregon City, OR USA	106,573	60.55	26	5
44	Robert Albright	47M	Rochester, MN USA	106,000	60.23	27	6
45	Sue Phillips	48F	Corvallis, OR USA	105,248	59.80	18	4
46	Mike Baele	48M	Beaverton, OR USA	104,400	59.32	28	7
47	William Faubion	46M	Rochester, MN USA	103,700	58.92	29	8
48	Kennard Goodman	59M	Bainbridge Island, WA USA	103,600	58.86	30	3
49	Rita Belserene	61F	Bainbridge Island, WA USA	103,200	58.64	19	3
50	Margaret Sandner	62F	Morrison, CO USA	102,800	58.41	20	4
51	Lois Goodman	66F	La Verne, CA USA	102,600	58.30	21	2
52	Ian Redpath	88M	Runaway Bay, QLD AUSTRALIA	101,920	57.91	31	1

PI	Name	Age	City/State/Country	Yardage	Miles	Gender	Age Grp
						Place	Place
53	Gwen Owens	46F	Sacramento, CA USA	101,600	57.73	22	5
54	David Head	64M	Portland, OR USA	101,200	57.50	32	3
55	Patricia Reed	56F	Sidcup, Kent UK	101,159	57.48	23	4
56	Ross Reichard	42M	Rochester, MN USA	101,100	57.44	33	4
57	Victoria Nicholls	47F	Chesapeake, Va USA	101,050	57.41	24	6
58	Loralie Langman	46F	Rochester, MN USA	100,200	56.93	25	7
59	Kevin Cleary	29M	Portland, OR USA	100,102	56.88	34	1
60	Kate Carruthers	64F	Bainbridge Island, WA USA	100,100	56.88	26	5
60	Jim Stewart	56M	Rochester, MN USA	100,100	56.88	35	4
62	Dianne Viales	51F	Damascus, OR USA	100,048	56.85	27	5
63	Richard Knowles	51M	Temperance, MI USA	99,000	56.25	36	4
64	Andrei Karyukin	47M	Lake Oswego, OR USA	98,800	56.14	37	9
65	Marianne Thomas	49F	Round Rock, TX USA	95,100	54.03	28	8
66	Debra Johnson	59F	Allentown, PA USA	94,400	53.64	29	5
67	Elizabeth Harrison	38F	Portland, OR USA	92,000	52.27	30	2
68	Kyle Jonas	24M	Lexington, KY USA	90,600	51.48	38	1
69	James Brent	58M	Oak Ridge, TN USA	89,817	51.03	39	5
70	Lisa Claesson-Gordon	50F	Bainbridge Island, WA USA	87,550	49.74	31	6
71	Rosanna Sikora	57F	Morgantown, WV USA	87,450	49.69	32	6
72	Kathy Lewis	47F	Beaverton, OR USA	85,500	48.58	33	9
73	James Kroll	68M	Rochester, MN USA	84,656	48.10	40	4
74	Terry O'Rourke	72M	Larkspur, CA USA	84,150	47.81	41	6
75	Verity Dobbie	53F	Ebchester, County Durham GBR	83,916	47.68	34	7
76	Timothy Kirby	51M	McMinnville, OR USA	82,650	46.96	42	5
77	Joy Archer	40F	Bainbridge Island, WA USA	82,250	46.73	35	1
78	David Radcliff	78M	Hillsboro, OR USA	82,247	46.73	43	1
79	Karen Gernert	42F	Fishers, IN USA	80,950	45.99	36	2
80	Glenn Shishido	58M	Makawao, HI USA	80,500	45.74	44	6
81	Paul Cunningham	39M	Denham Springs, LA USA	80,000	45.45	45	3
82	Will Moser	78M	Racine, WI USA	76,700	43.58	46	2
83	Randy Sharp	49M	Rochester, MN USA	75,175	42.71	47	10
84	Bryan Johnson	58M	Indianapolis, IN USA	74,275	42.20	48	7
85	Alison Craig	55F	Bainbridge Island, WA USA	72,600	41.25	37	7
86	Bill Heinemann	54M	Beaverton, OR USA	71,500	40.63	49	6
87	Ruthie Cartwright	50F	Market Harborough, Leics UK	71,085	40.39	38	8
88	Janice Kregor	56F	Lexington, KY USA	71,000	40.34	39	8
89	Jessica Bonner	23F	Auburn, CA USA	70,200	39.89	40	1
90	Billy Atkins	68M	Morgantown, WV USA	70,000	39.77	50	5
91	Lorrie Bennett	55F	Rochester, MN USA	69,000	39.20	41	9
92	Sunil Rane	46M	Orefield, PA USA	67,697	38.46	51	11
93	Michael Saturnino	23M	Grass Valley, CA USA	67,300	38.24	52	2
94	Jon Schieltz	74M	Beaverton, OR USA	66,850	37.98	53	7
95	Lori Lamoureux	53F	Tigard, OR USA	66,400	37.73	42	9
97	Julie Porro	34F	North Plainfield, NJ USA	66,000	37.50	43	2
98	Mike Bridges	65M	Ventura, CA USA	65,600	37.27	54	6
98	Kristina Panayotoff	64F	Lincolnton, ME USA	65,600	37.27	44	6
98	Elisabeth Tronoski	51F	Lexington, KY USA	65,600	37.27	45	10
100	Donna Schubkegel	60F	Round Rock, TX USA	65,550	37.24	46	7
101	Jim Teisher	63M	Beaverton, OR USA	65,350	37.13	55	4
102	Elisa Reuter	48F	Carmichael, CA USA	65,050	36.96	47	10
103	Joe Persico	62M	Shavertown, PA USA	65,000	36.93	56	5
104	Cheryl Gettelfinger	55F	Carmel, IN USA	62,050	35.26	48	10
105	Steve Erickson	58M	Ojai, CA USA	60,600	34.43	57	8
106	Marjorie Pannell	62F	Chicago, IL USA	60,200	34.20	49	8
107	Ingrid Ammondson	60F	Amitiy, OR USA	60,000	34.09	50	9
107	James Bowditch	75M	Bainbridge Island, WA USA	60,000	34.09	58	3
109	Anna Casey	36F	Beaverton, OR USA	59,850	34.01	51	3
110	Debra Streiff	54F	Rochester, MN USA	59,200	33.64	52	11

PI	Name	Age	City/State/Country	Yardage	Miles	Gender	Age Grp
						Place	Place
111	Kymmberly Myrick	49F	Bainbridge Island, WA USA	58,500	33.24	53	11
112	Orlando Boleda	58M	Bainbridge Island, WA USA	58,400	33.18	59	9
113	Andrea Wilson	44F	Bainbridge Island, WA USA	57,800	32.84	54	3
114	Peter Turner	53M	Palm Bay, FL USA	57,300	32.56	60	7
115	Thomas Meikrantz	55M	Allentown, PA USA	57,274	32.54	61	10
116	Alex Hooke	29M	Rochester, MN USA	56,800	32.27	62	2
116	Erin Scott	32F	Beaverton, OR USA	56,800	32.27	55	3
118	Cassie Mallen	62F	Pukalani, HI USA	56,080	31.86	56	10
119	Edward Price	68M	Cold Springs Harbor, NY USA	55,200	31.36	63	7
120	Bernice Phillips	85F	Poulsbo, WA USA	54,800	31.14	57	1
121	Susan Bradley-Cox	75F	Lexington, KY USA	54,300	30.85	58	1
122	Jamee Beggs	63F	Crystal Lake, IL USA	54,000	30.68	60	11
122	Judy Wagner	68F	College Station, TX USA	54,000	30.68	59	3
124	Janet Olsen	76F	Loomis, CA USA	53,650	30.48	61	2
125	Cathy Law	45F	Corvallis, OR USA	53,300	30.28	62	12
126	Jane Lindley	51F	Rollingbay, WA USA	53,050	30.14	63	12
127	Lynn Erickson	44F	Bainbridge Island, WA USA	52,200	29.66	64	4
128	Meegan Wilson	64F	Gainesville, FL USA	51,950	29.52	65	12
129	Jan Fick	57F	Bainbridge Island, WA USA	51,550	29.29	66	11
130	Fran Justinger	61F	West Bend, WI USA	51,454	29.24	67	13
131	Douglas Brewer	59M	Roseville, CA USA	51,400	29.20	64	11
132	Candace Morgan	46F	Bainbridge Island, WA USA	51,150	29.06	68	13
133	Allen Stark	64M	Lake Oswego, OR USA	51,062	29.01	65	6
134	Dennis Sawyer	69M	Seabeck, WA USA	50,900	28.92	66	8
135	Cara Lewis	29F	Lexington, KY USA	50,300	28.58	69	1
136	Mark Bickford	54M	Bainbridge Island, WA USA	50,200	28.52	67	8
137	Jon Stout	66M	McMinnville, OR USA	50,100	28.47	68	9
138	Sheri Somers	60F	Bainbridge Island, WA USA	50,050	28.44	70	14
139	Michael Kelber	65M	Salem, OR USA	50,020	28.42	69	10
140	Carleen Gosney	58F	Bainbridge Island, WA USA	50,000	28.41	71	12
141	Laura Hegarty	42F	Bainbridge Island, WA USA	49,600	28.18	72	5
142	Brian Pittner	47M	Rochester, MN USA	49,450	28.10	70	12
143	George Van Meter	57M	Lexington, KY USA	48,950	27.81	71	12
144	Barbara Frid	70F	Portland, OR USA	48,850	27.76	73	2
145	Patricia Amey	71F	Camarillo, CA USA	48,525	27.57	74	3
146	Joy Suppes	44F	Coos Bay, OR USA	48,500	27.56	75	6
147	Nancy Kryka	57F	Rochester, MN USA	48,250	27.41	76	13
148	Brett Miller	48M	Beaverton, OR USA	48,200	27.39	72	13
149	Tom Goodlin	53M	Bainbridge Island, WA USA	48,000	27.27	73	9
150	Ruth Frobe	46F	Bainbridge Island, WA USA	47,850	27.19	77	14
151	William Siebenthaler	42M	Lexington, KY USA	47,800	27.16	74	5
152	David Feldman	54M	Scotch Plains, NJ USA	46,881	26.64	75	10
153	Nancy Kelley	74F	Rocklin, CA USA	46,850	26.62	78	4
154	Floyd Goodrich	49M	Portland, OR USA	46,500	26.42	76	14
155	Michael Cortes	19M	Oxnard, CA USA	46,200	26.25	77	3
156	Beverly Nesen	70F	Camarillo, CA USA	45,650	25.94	79	5
157	Barney Voegtlen	63M	Bainbridge Island, WA USA	45,500	25.85	78	7
158	Martha McMahon	56F	Woolford, MD USA	44,750	25.43	80	14
159	Brian August	42M	Beaverton, OR USA	44,000	25.00	79	6
160	Kathy Holter	61F	South Park, PA USA	43,900	24.94	81	15
161	Glenn Jaecks	45M	Sacramento, CA USA	43,750	24.86	80	15
162	Sandy Bratz	65M	Bainbridge Island, WA USA	42,250	24.01	81	11
163	Mark Wren	54M	Portland, OR USA	42,050	23.89	82	11
164	Mary Tuffley	65F	Bainbridge Island, WA USA	42,000	23.86	82	4
165	Cynthia Hlebasko	56F	Bainbridge Island, WA USA	41,900	23.81	83	15
166	Shannon Florea	35F	Lexington, KY USA	41,700	23.69	84	4
167	Mary Gray	55F	Mantorville, MN USA	41,650	23.66	85	16
168	Tracy Spigelman	38F	Lexington, KY USA	41,250	23.44	86	5



PI	Name	Age	City/State/Country	Yardage	Miles	Gender	Age Grp
						Place	Place
169	Mark Phillips	48M	Portland, OR USA	40,950	23.27	83	16
170	Todd Brunhoff	60M	Portland, OR USA	40,900	23.24	84	8
171	Mike Saint-Cyr	43M	Rochester, MN USA	40,500	23.01	85	7
172	Todd MacCulloch	37M	Bainbridge Island, WA USA	40,350	22.93	86	4
173	Chris Ludwick	52M	McMinmville, OR USA	40,200	22.84	87	12
174	Connie Waddington	65F	Bainbridge Island, WA USA	40,100	22.78	87	5
175	Betty Ogren	36F	Rochester, MN USA	40,062	22.76	88	6
176	Mary Gregg	54F	Camarillo, CA USA	40,000	22.73	89	13
177	Paul Webber	54M	Bainbridge Island, WA USA	39,400	22.39	88	13
178	Toby Petty	56F	Ventura, CA USA	39,000	22.16	90	17
179	Heather Burger	51F	Bainbridge Island, WA USA	38,650	21.96	91	14
180	Ken Pinchiff	49M	Bainbridge Island, WA USA	38,200	21.70	89	17
181	Ronald Cain	73M	Eagle River, AK USA	38,162	21.68	90	8
182	Brenda Beck	51F	Upland, California USA	37,982	21.58	92	15
183	Amy Johnson	71F	Buffalo, NY USA	37,350	21.22	93	6
184	Brad Johnson	49M	Beaverton, OR USA	37,300	21.19	91	18
185	Linda Warren	55F	Bainbridge Island, WA USA	37,200	21.14	94	18
186	Drew Oelke	29M	Rochester, MN USA	36,800	20.91	92	3
187	Neela Sheeh	67F	Pukalani, HI USA	36,650	20.82	95	6
188	Pam Ogden	56F	Eau Claire, WI USA	36,200	20.57	96	19
189	Clifton Cox	39M	Lexington, KY USA	36,000	20.45	94	5
189	Roy Lambert	66M	Portland, OR USA	36,000	20.45	93	12
191	D J Murray	83F	Hilton Head, SC USA	35,950	20.43	97	2
192	Matt Browning	56M	Portland, OR USA	35,800	20.34	95	13
193	Chris Toole	61M	Forest Grove, OR USA	35,525	20.18	96	9
194	Pam Head	61F	Portland, OR USA	35,400	20.11	98	16
195	Art Simuro	50M	Plainview, NY USA	35,152	19.97	97	14
196	Neil Hatler	42M	Beaverton, OR USA	34,800	19.77	98	8
197	Cindy Ruggiero	49F	Bainbridge Island, WA USA	34,685	19.71	99	15
198	David Galbriath	48M	Aloha, OR USA	34,600	19.66	99	19
199	Jo Ann Casselberry	58F	Corvallis, OR USA	33,900	19.26	100	20
200	Lisa Kniginyzky	56F	Bainbridge Island, WA USA	33,850	19.23	101	21
201	Blair Bates	65M	Bethlehem, PA USA	33,027	18.77	100	13
202	Pete Brooks	56M	Rochester, MN USA	33,000	18.75	101	14
203	Michael Hamby	48M	Granite Bay, CA USA	32,962	18.73	102	20
204	Bill Lightfoot	53M	Roseville, CA USA	32,600	18.52	103	15
205	LoRee LeFon	52F	Lincoln City, OR USA	32,535	18.49	102	16
206	Gretchen Gende	42F	Bainbridge Island, WA USA	32,500	18.47	103	7
207	Debra Rateri	52F	Lexington, KY USA	32,450	18.44	104	17
208	Jenn Hess	39F	Rochester, MN USA	32,400	18.41	105	7
209	Chris Loberg	52M	Beaverton, OR USA	31,650	17.98	104	16
210	Bill Pearce	72M	Houston, TX USA	31,600	17.95	105	9
211	Sarah Footh	50F	Bainbridge Island, WA USA	31,500	17.90	106	18
212	John Baker	61M	Bainbridge Island, WA USA	31,100	17.67	106	10
213	Bill Sturm	69M	Lexington, KY USA	30,850	17.53	107	14
214	Tom Jager	54M	Rochester, MN USA	30,550	17.36	108	17
215	Craig Johnson	54M	Pittsburgh, PA USA	30,150	17.13	109	18
216	Michael Last	61M	Wilkes-Barre, PA USA	30,000	17.05	110	11
216	Michael Silves	69M	Bainbridge Island, WA USA	30,000	17.05	111	15
218	Kieran McGee	44M	Rochester, MN USA	29,150	16.56	112	9
218	Jessica Tuffley	34F	Bainbridge Island, WA USA	29,150	16.56	107	4
220	Molly Clark	31F	Beaverton, OR USA	29,050	16.51	108	5
221	Iddo Kadim	49M	Portland, OR USA	28,850	16.39	113	21
222	Geraldine Kawabata	78F	Beaverton, OR USA	28,700	16.31	109	3
223	Robin Moeur	57F	Bainbridge Island, WA USA	28,500	16.19	110	22
224	Julie Peterson	37F	Beaverton, OR USA	28,300	16.08	111	8
225	Pierre Blouin	46M	Portland, OR USA	28,250	16.05	114	22
225	Ron Montgomery	65M	Kula, HI USA	28,250	16.05	115	16



PI	Name	Age	City/State/Country	Yardage	Miles	Gender	Age Grp
						Place	Place
227	Claudia Tabini	40F	Rochester, MN USA	28,200	16.02	112	8
228	Jamie Pope	42F	Lexington, KY USA	27,700	15.74	113	9
229	Paula Pavelco	54F	Slatington, PA USA	26,790	15.22	114	19
230	Aubree Legault	30F	Portland, OR USA	26,500	15.06	115	6
231	Elizabeth Coon	30F	Rochester, MN USA	26,300	14.94	116	7
232	Charley Tiff	51M	Granite Bay, CA USA	25,950	14.74	116 1	9
233	Amin Chisti	62M	Beaverton, OR USA	25,650	14.57	117	12
234	Nancy Shurtleff	56F	Bainbridge Island, WA USA	25,600	14.55	117	23
235	Forrest Miller	58M	Lexington, KY USA	25,450	14.46	118	15
236	Richard Ennis	68M	Rocklin, CA USA	24,350	13.84	119	17
237	Nora Masters	52F	Bainbridge Island, WA USA	24,300	13.81	118	20
238	Mark Becker	58M	Portland, OR USA	24,100	13.69	120	16
238	Julie Goldberg	28F	Woodbridge, VA USA	24,100	13.69	119	2
240	Allison Gibson	29F	Lexington, KY USA	23,400	13.30	120	3
240	Thomas Hinds III	65M	Solana Beach, CA USA	23,400	13.30	121	18
242	Jill Beermann	40F	Bainbridge Island, WA USA	22,800	12.95	121	10
243	Tom Meese	42M	Beaverton, OR USA	22,700	12.90	122	10
244	Joe Wilson	78M	Lexington, KY USA	22,000	12.50	123	4
245	Stephanie Trudel	32F	Seattle, WA USA	21,900	12.44	122	8
246	Jocelyn Waite	44F	Bainbridge Island, WA USA	21,400	12.16	123	11
247	Marie Brown	88F	Nashua, NH USA	21,046	11.96	124	2
248	Heidi Kennedy	37F	Goodhue, MN USA	21,000	11.93	125	9
249	David Moyer	69M	Allentown, PA USA	20,824	11.83	124	19
250	Jed Cronin	65M	Beaverton, OR USA	20,200	11.48	125	20
251	John Taylor	68M	Lexington, KY USA	19,750	11.22	127	21
251	Larry West	55M	Haiku, HI USA	19,750	11.22	126	17
253	Paul Jeffrey	20M	Beaverton, OR USA	19,700	11.19	128	4
254	Mike Derzon	46M	Bainbridge Island, WA USA	19,300	10.97	129	23
255	Micah Nelson	18M	Rochester, MN USA	19,100	10.85	131	5
255	Marcelo Silva	44M	Beaverton, OR USA	19,100	10.85	130	11
257	Karen Eady	55F	Bainbridge Island, WA USA	18,900	10.74	126	24
258	Brian Katz	29M	Rochester, MN USA	18,650	10.60	132	4
259	Julie Shryock	66F	Bainbridge Island, WA USA	18,500	10.51	127	7
260	Keith Uyekawa	51M	Bainbridge Island, WA USA	17,850	10.14	133	20
261	Andy Hahs	56M	Beaverton, OR USA	17,200	9.77	134	18
262	Eugenie Gruender	84F	Topeka, KS USA	16,900	9.60	128	3
263	Darrin McCarthy	47M	Sherwood, OR USA	16,600	9.43	135	24
263	Neil Shepherd	53M	Lake Oswego, OR USA	16,600	9.43	136	21
265	Melissa Heyrman	24F	Rochester, MN USA	16,000	9.09	129	2
266	Nina Cousins	45F	Bainbridge Island, WA USA	15,600	8.86	130	16
267	Jan Jeddelloh	57F	Portland, OR USA	15,050	8.55	131	25
268	Ed Ramsey	56M	Hillsboro, OR USA	15,000	8.52	137	19
269	Theresa Cain	73F	Eagle River, AK USA	14,836	8.43	132	7
270	Darby Sitter	69F	Portland, OR USA	14,450	8.21	133	8
271	Tony Toohey	55M	Meadow Vista, CA USA	13,300	7.56	138	20
272	Michaela Ramsey	40F	Portland, OR USA	13,150	7.47	134	12
273	Marisa Frieder	43F	Portland, OR USA	12,800	7.27	135	13
274	Liz Johnson	28F	Allentown, PA USA	10,499	5.97	136	4
275	Sue Yerina	43F	Topsham, ME USA	9,700	5.51	137	14
276	Alanna Woods	38F	Beaverton, OR USA	9,350	5.31	138	10
277	John Schwander	60M	Rocklin, CA USA	9,050	5.14	139	13
278	Richard Sylva	74M	Hillsboro, OR USA	8,500	4.83	140	10
279	Fred Kawabata	73M	Beaverton, OR USA	8,200	4.66	141	11
280	Heather Adkins-Narte	58F	Bainbridge Island, WA USA	7,600	4.32	139	26
281	Julie Campbell	52F	Wilmette, Illinois USA	7,500	4.26	140	21
282	Lois Madsen	80F	Village of Lakewood, IL USA	7,000	3.98	141	4
283	Lillie Thompson	71F	Austin, TX USA	6,780	3.85	142	8
284	Tom Walsh	24M	Rochester, MN USA	5,850	3.32	142	6

PI	Name	Age	City/State/Country	Yardage	Miles	Gender	Age Grp
						Place	Place
285	Angela Payne	37F	Bainbridge Island, WA USA	5,468	3.11	143	11
286	Elfie Stevenin	91F	Salem, OR USA	3,300	1.88	144	1
287	John Johnson	24M	Allentown, PA USA	3,000	1.70	143	7
288	Angela de Oliveira	66F	Bainbridge Island, WA USA	2,300	1.31	145	17
289	Stephen Davis	74M	Cary, IL USA	1,510	0.86	144	12
290	Becky Britton	52F	Rochester, MN USA	1,500	0.85	146	22
291	Wendy Bain	63F	Algonquin, IL USA	Entered Days			
292	Gayle Orner	50F	Madison, WI USA	Entered Days			



## Overall Results: Number of Days

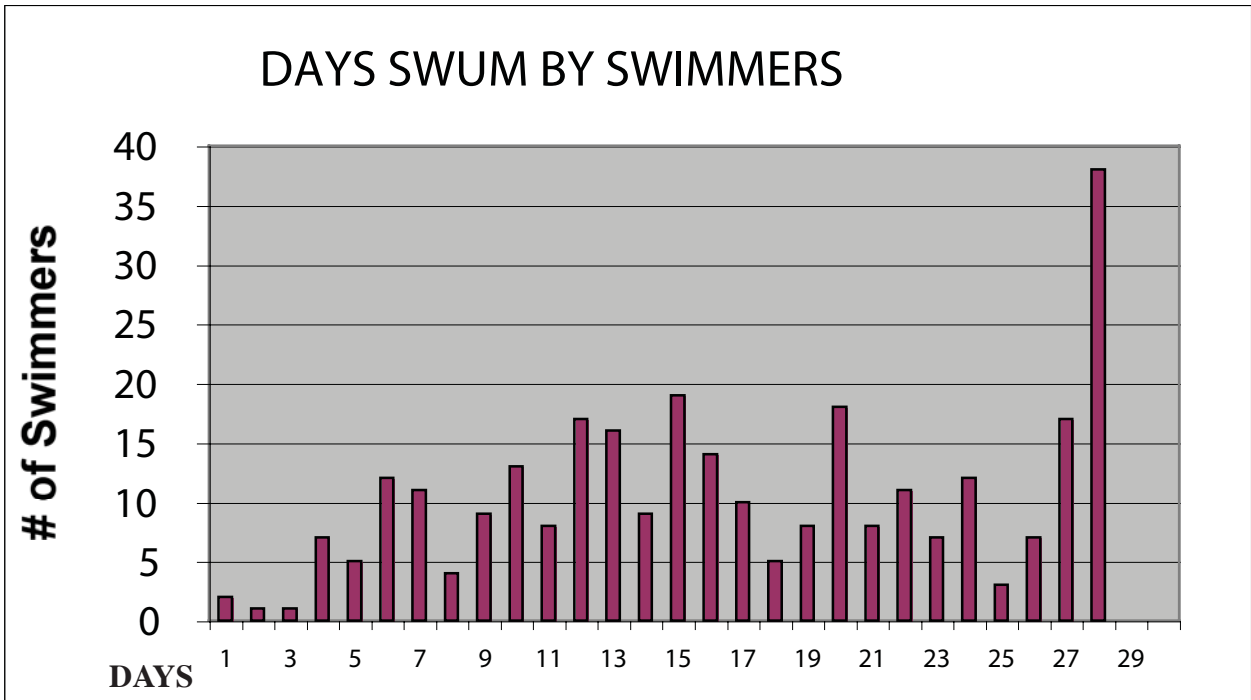
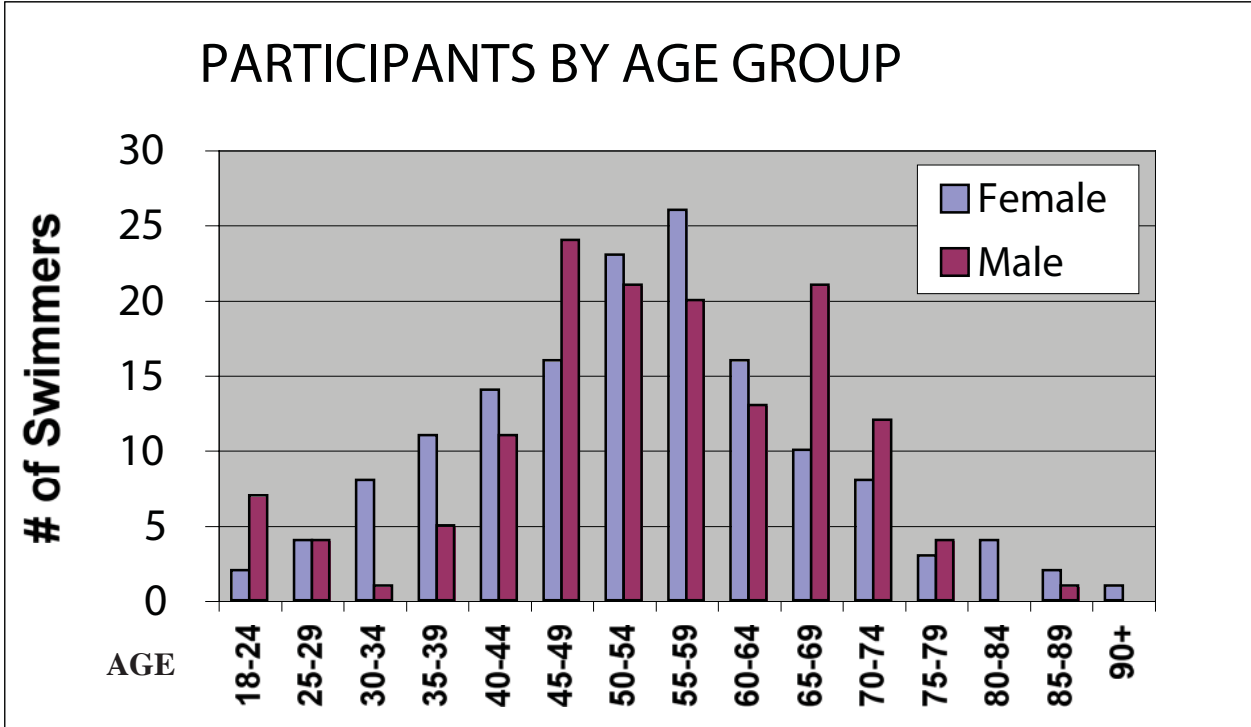


Name	Age	Days	Name	Age	Days	Name	Age	Days
Robert Albright	47M	28	Dianne Viales	51F	28	Jon Schieltz	74M	24
Julie Andrade	51F	28	Matthew Bronson	47M	27	Neela Sheeh	67F	24
Billy Atkins	68M	28	Michael Carew	63M	27	Marianne Thomas	49F	24
James Brent	58M	28	Kate Carr	46F	27	Joy Archer	40F	23
Ruthie Cartwright	50F	28	Todd Cheever	48M	27	Cheryl Gettelfinger	55F	23
Kevin Cleary	29M	28	Verity Dobbie	53F	27	Gordon Gridley	40M	23
Raymond Delio	54M	28	Lois Goodman	66F	27	Elizabeth Harrison	38F	23
Jewell Grigsby-Martin	81F	28	Annette Ihrke	30F	27	Beverly Nesen	70F	23
Lyle Grosbach	52M	28	James Kroll	68M	27	Joe Persico	62M	23
Andrea Harris	63F	28	Will Moser	78M	27	Bill Shipp	52M	23
Barbara Hewitt	53F	28	David Moyer	69M	27	Rita Belserene	61F	22
Ronald Johannsen	70M	28	Katie Nimmo	36F	27	Michael Cortes	19M	22
Debra Johnson	59F	28	Kristina Panayotoff	64F	27	Mark Hagen	55M	22
Richard Knowles	51M	28	Marjorie Pannell	62F	27	Kyle Jonas	24M	22
Lynn Kubasek	54F	28	Glenn Shishido	58M	27	Fran Justinger	61F	22
John Kuzmkowski	59M	28	Jason Troutman	32M	27	Loralie Langman	46F	22
Barbara Larsen	65F	28	Tim Waud	45M	27	Cassie Mallen	62F	22
Cathy Law	45F	28	Paula Yankauskas	58F	27	Sunil Rane	46M	22
David Linden	40M	28	Paul Cunningham	39M	26	Randy Sharp	49M	22
Grayson Marshall	70M	28	Andrew Grannell	65M	26	Allen Stark	64M	22
Sally Marshall	64F	28	LoRee LeFon	52F	26	Jon Stout	66M	22
Victoria Nicholls	47F	28	George Nelson	67M	26	Ronald Cain	73M	21
Utley Noble	49M	28	Sue Phillips	48F	26	Steve Erickson	58M	21
Gwen Owens	46F	28	Paul Slotemaker	38M	26	Karen Gernert	42F	21
Bill Pearce	72M	28	Debra Streiff	54F	26	Bryan Johnson	58M	21
Sameer Phadke	46M	28	James Adams	35M	25	Kathy Lewis	47F	21
Kent Price	74M	28	Lori Lamoureux	53F	25	Gayle Orner	50F	21
Edward Price	68M	28	Renee Reiser	46F	25	Toby Petty	56F	21
Ian Redpath	88M	28	Mike Baele	48M	24	Andrea Wilson	44F	21
Patricia Reed	56F	28	Lorrie Bennett	55F	24	Patricia Amey	71F	20
Vivian Reinikainen	70F	28	Jo Ann Casselberry	58F	24	David Arlander	72M	20
Elisa Reuter	48F	28	Lisa Claesson-Gordon	50F	24	Mike Bridges	65M	20
Maureen Rohrs	57F	28	William Faubion	46M	24	Stephen Davis	74M	20
Pete Saloutos	65M	28	Amy Johnson	71F	24	David Galbriath	48M	20
Margaret Sandner	62F	28	Kenneth Marti	61M	24	Mary Gregg	54F	20
Rosanna Sikora	57F	28	Patricia Pallotta	56F	24	Eugenie Gruender	84F	20
Joy Suppes	44F	28	Sallie Perkins	52F	24	David Head	64M	20

Name	Age	Days	Name	Age	Days	Name	Age	Days
Bill Heinemann	54M	20	Shannon Florea	35F	15	Mike Saint-Cyr	43M	12
Andrei Karyukin	47M	20	Barbara Frid	70F	15	Jim Stewart	56M	12
Heidi Kennedy	37F	20	Carleen Gosney	58F	15	John Taylor	68M	12
Thomas Meikrantz	55M	20	Paul Jeffrey	20M	15	Peter Turner	53M	12
Diane Morehead	48F	20	Mark Knutz	44M	15	Todd Brunhoff	60M	11
David Radcliff	78M	20	Michael Last	61M	15	David Feldman	54M	11
Donna Schubkegel	60F	20	Chris Ludwick	52M	15	Allison Gibson	29F	11
Bill Sturm	69M	20	Martha McMahon	56F	15	Lisa Kniginyzky	56F	11
Larry West	55M	20	Robin Moeur	57F	15	Bill Lightfoot	53M	11
Mark Wren	54M	20	Kymmberly Myrick	49F	15	Mark Phillips	48M	11
James Bowditch	75M	19	Michael Saturnino	23M	15	Tracy Spigelman	38F	11
Kate Carruthers	64F	19	Dennis Sawyer	69M	15	Joe Wilson	78M	11
Kennard Goodman	59M	19	Claudia Tabini	40F	15	Heather Burger	51F	10
Todd MacCulloch	37M	19	Judy Wagner	68F	15	Molly Clark	31F	10
D J Murray	83F	19	Amin Chisti	62M	14	Gretchen Gende	42F	10
Terry O'Rourke	72M	19	Clifton Cox	39M	14	Thomas Hinds III	65M	10
Erin Scott	32F	19	Jan Fick	57F	14	Drew Oelke	29M	10
Meegan Wilson	64F	19	Tom Goodlin	53M	14	Paula Pavelco	54F	10
Jamee Beggs	63F	18	Vince Herring	70M	14	Brian Pittner	47M	10
Anna Casey	36F	18	Cynthia Hlebasko	56F	14	Jamie Pope	42F	10
Craig Johnson	54M	18	Roy Lambert	66M	14	Nancy Shurtleff	56F	10
Timothy Kirby	51M	18	Candace Morgan	46F	14	Michael Silves	69M	10
Jim Teisher	63M	18	Linda Warren	55F	14	Charley Tiff	51M	10
Ingrid Ammondson	60F	17	Blair Bates	65M	13	Chris Toole	61M	10
Alison Craig	55F	17	Mark Bickford	54M	13	Jessica Tuffley	34F	10
Laura Hegarty	42F	17	Pierre Blouin	46M	13	John Baker	61M	9
Nancy Kelley	74F	17	Theresa Cain	73F	13	Sarah Footh	50F	9
Janice Kregor	56F	17	Ruth Frobe	46F	13	Alex Hooke	29M	9
Janet Olsen	76F	17	Julie Goldberg	28F	13	Tom Jager	54M	9
Bernice Phillips	85F	17	Cara Lewis	29F	13	Iddo Kadim	49M	9
Ross Reichard	42M	17	Chris Loberg	52M	13	Aubree Legault	30F	9
William Siebenthaler	42M	17	Brett Miller	48M	13	Nora Masters	52F	9
Connie Waddington	65F	17	Ron Montgomery	65M	13	Betty Ogren	36F	9
Jessica Bonner	23F	16	Pam Ogden	56F	13	Elfie Stevenin	91F	9
Susan Bradley-Cox	75F	16	Ken Pinchiff	49M	13	Richard Ennis	68M	8
Pete Brooks	56M	16	Art Simuro	50M	13	Kieran McGee	44M	8
Lynn Erickson	44F	16	George Van Meter	57M	13	Julie Peterson	37F	8
Floyd Goodrich	49M	16	Barney Voegtlen	63M	13	Stephanie Trudel	32F	8
Pam Head	61F	16	Paul Webber	54M	13	Julie Campbell	52F	7
Kathy Holter	61F	16	Brian August	42M	12	Elizabeth Coon	30F	7
Glenn Jaecks	45M	16	Marie Brown	88F	12	Mike Derzon	46M	7
Michael Kelber	65M	16	Mary Gray	55F	12	Karen Eady	55F	7
Jane Lindley	51F	16	Michael Hamby	48M	12	Jenn Hess	39F	7
Julie Porro	34F	16	Neil Hatler	42M	12	Jan Jeddelloh	57F	7
Sheri Somers	60F	16	Brad Johnson	49M	12	Tom Meese	42M	7
Elisabeth Tronoski	51F	16	Liz Johnson	28F	12	Julie Shryock	66F	7
Mary Tuffley	65F	16	Geraldine Kawabata	78F	12	Darby Sitter	69F	7
Brenda Beck	51F	15	Nancy Kryka	57F	12	Tony Toohey	55M	7
Orlando Boleda	58M	15	Lois Madsen	80F	12	Jocelyn Waite	44F	7
Sandy Bratz	65M	15	Forrest Miller	58M	12	Mark Becker	58M	6
Douglas Brewer	59M	15	Debra Rateri	52F	12	Jill Beermann	40F	6
Matt Browning	56M	15	Cindy Ruggiero	49F	12	Nina Cousins	45F	6

Name	Age	Days	Name	Age	Days	Name	Age
Melissa Heyrman	24F	6	Wendy Bain	63F	5	Lillie Thompson	71F
Fred Kawabata	73M	6	Jed Cronin	65M	5	Alanna Woods	38F
Darrin McCarthy	47M	6	Andy Hahs	56M	5	Sue Yerina	43F
Ed Ramsey	56M	6	Brian Katz	29M	5	John Johnson	24M
John Schwander	60M	6	Tom Walsh	24M	5	Angela Payne	37F
Neil Shepherd	53M	6	Heather Adkins-Narte	58F	4	Becky Britton	52F
Marcelo Silva	44M	6	Micah Nelson	18M	4	Angela de Oliveira	66F
Richard Sylva	74M	6	Michaela Ramsey	40F	4		
Keith Uyekawa	51M	6	Marisa Frieder	43F	4		

**Graphic View of Participation and Number of Days Swum**









## The February Fitness Challenge Women and Men First Place Totals Through the Recent Years



### W o m e n

Age Grp	2004*	2005	2006	2007	2008*	2009	2010	2011	2012*	2013
18-24	45,200	52,200	62,400	90,350	105,450	87,910	<b>200,000</b>	52,300	52,250	70,200
25-29	140,960	193,080	<b>238,500</b>	158,698	103,750	83,500	102,200	82,700	176,400	50,300
30-34	81,200	103,875	85,400	112,000	123,456	101,100	46,100	64,700	85,700	177,800
35-39	194,600	224,000	114,000	67,050	65,600	101,498	125,641	110,500	131,506	135,827
40-44	<b>486,800</b>	132,000	176,100	169,400	235,000	385,000	102,600	112,200	141,928	82,250
45-49	352,000	280,000	231,900	233,500	<b>422,577</b>	253,000	140,800	149,600	141,928	252,375
50-54	294,803	305,800	290,400	308,600	345,600	<b>633,600</b>	281,600	200,700	127,000	187,540
55-59	308,000	202,150	272,305	259,105	248,164	210,065	<b>433,800</b>	307,048	194,782	311,550
60-64	106,350	111,100	182,900	127,500	152,675	173,150	312,150	179,100	308,000	181,250
65-69	81,650	82,600	116,140	89,500	236,800	261,600	250,000	235,025	214,525	190,550
70-74	529,900	<b>601,650</b>	501,700	50,856	60,950	68,700	41,500	82,900	263,850	152,000
75-79	92,400	99,575	70,200	358,000	<b>364,000</b>	291,550	309,900	294,800	59,700	54,300
80-84	20,450	31,680	27,225	55,970	26,400	28,700	62,600	<b>124,850</b>	69,800	196,100
85-89	45,950	23,875	58,900	123,300	13,400	15,000	22,000	18,591	<b>229,100</b>	54,800
F90+									<b>6,440</b>	3,300

\* Leap Year

**B o l d = R e c o r d**

### M e n

Age Grp	2004*	2005	2006	2007	2008*	2009	2010	2011	2012*	2013
18-24	0	38,060	22,600	64,500	120,800	121,100	60,750	117,750	20,000	90,600
25-29	100,500	203,000	165,070	113,050	116,090	116,270	101,800	109,100	110,380	100,102
30-34	55,750	136,500	42,900	71,700	130,500	153,300	22,900	111,246	126,319	115,658
35-39	263,000	250,500	101,600	175,680	134,970	100,920	150,258	137,500	253,450	125,750
40-44	177,800	140,275	201,200	103,700	200,006	169,500	128,300	302,200	107,000	187,000
45-49	215,510	467,000	201,815	311,520	234,156	138,300	161,000	150,018	202,150	154,677
50-54	528,000	<b>616,000</b>	152,400	190,000	179,465	<b>616,000</b>	148,978	186,000	179,471	146,800
55-59	202,400	141,100	167,200	275,500	209,000	239,829	251,000	132,018	257,070	367,075
60-64	103,000	427,725	204,955	200,860	<b>443,920</b>	300,300	212,080	200,300	200,000	157,200
65-69	202,500	172,317	130,800	<b>545,600</b>	262,421	282,000	180,148	144,247	167,669	202,400
70-74	159,800	202,600	222,750	113,100	183,425	150,375	215,110	205,300	211,300	184,800
75-79	207,350	65,670	60,145	63,345	89,917	35,650	105,200	125,908	114,178	82,247
80-84	38,350	<b>181,000</b>	157,300	154,000	116,000	123,200	73,928	74,584	88,145	
85-89	24,550						<b>104,552</b>	76,552	100,050	101,920
M90+	37,700	<b>41,250</b>		28,000						