

What is Women in Leadership Forum – Group B?

Group B, the closed small group, will provide a more dedicated opportunity for women to explore ideas around leadership and self, and open up new ways of thinking, within a group of trusted peers. Women will develop the skills and awareness to step into a leadership identity that is authentic, courageous and aligned to their values, with the support of their peers.

What to Expect

The five sessions will work through topics related to women in leadership. For example:

- Beliefs about leadership (including unconscious bias and the imposter syndrome);
- Awareness of self, of one's values, of what's important;
- Importance of intention, presence and attention
- Boundaries – knowing what we want, what we don't want
- Acting and speaking in what we want and don't want, soothing the 'nice' girl, our fear and self-doubt.

WiLF is devoted to developing 'Personal Power', defined as:

- freedom and flexibility of choice in thinking, feeling and behaviour (*self-leadership*);
- the power to engage others' thinking, feeling and behaviour from their place of self (*leading others*) as opposed to leveraging positional power (*control*).

I can't praise WiLF more highly. I felt I have found my "tribe" of diverse thinking, respectful and inspiring women to support my leadership journey. I look forward to each session and always come away with a tactical take-away to implement or reflect on.

(I liked) the networking, the frankness of conversations shared, the learnings that are able to be applied daily, and mechanisms to remind yourself of how to be a better Leader.

WiLF Participants 2017

Details:

Time: 8.30am - 10.00am

Dates for 2018 (2nd Tuesday except for July)

13 March; 10 April; 8 May; 12 June; 3 July.

Cost: \$135.00 (Places limited)

Venue: Engineers Australia, Level 5, 188 Collins St, Hobart.

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