



# Integral Yoga Natural Foods

Last Name (Write Below)		First Name		Middle Name	
Address	Number	Street	City	State	Zip Code
Telephone Number(s)			Social Security Number (Voluntary)		
Date of Birth(Optional):	How Did you Learn About Us? (Circle One)				
Date of Application:	Cville Weekly   Friend   Self –Inquiry				
	Craigslist   Other _____				

Email Address (Please Write Very Clearly):
If you are under 18 years of age, can you provide required proof of your eligibility to work? ___Yes___No ___I am over 18 years of age
Have you ever filed an application with our store before? ___Yes ___No If yes, please give date:
Have you ever been employed here before, or with this organization? ___Yes ___No If yes, please give dates:_____
Do any of your friends or relatives work here? ___Yes ___No If yes, please state name and relationship:_____
Are you currently employed? ___Yes ___No If yes, may we contact your employer? ___Yes ___No
Are you prevented from lawfully becoming employed in this country because of Visa or Immigration Status?      Yes      No

Which Days of the Week Are You Available to Work? (Check All That Apply)

Monday  Tuesday  Wednesday  Thursday  Friday

Saturday  Sunday  No Schedule Restrictions

What is the Earliest Time of Day You Are Available To Work?

6am  7am  8am  9am  10am  11am  12pm  1pm  2pm

3pm  4pm

What is the Latest Time of Day You are Available to Work?

2pm  3pm  4pm  5pm  6pm  7pm  8pm  9pm

Are you Available to Work?  Part Time  Full Time  Overtime (40+ hours)

Please Note: Starting Pay for Entry Level Positions is \$9/hour

How Long Do You Intend to Work Here?      Earliest start date?

If you are still in school, are you planning to return next semester?  Yes  No

If yes, do you plan to reduce your work hours when you return?  Yes  No

Please list any other schedule restrictions or preferences you may have. (Note that if hired, you must submit any new schedule restrictions in writing for approval):

Do you have reliable transportation?  Yes  No

Some of the positions require heavy lifting. Are you able to routinely lift 25- 50lbs?

Yes  No

Have you ever been convicted of a felony?  Yes  No If Yes, Please Explain:

What position are you applying for?

Grocery Stocker/Cashier       Produce Stocker       Management

Deli/Chees/Juice Bar       Data Entry       Accounting

Buyer       Supplements       Any Position Available

<b>EDUCATION</b>				
School	Name of School	Course of Study	Year Completed	Degree
High School				
Undergraduate College				
Graduate				
Other (Specify)				

**Work Experience** (Begin with your present or most recent job)

Employer:

Address:

Telephone Number:

Starting/Present Job Title:

Supervisor:

Reason for Leaving:

May We Contact?  Yes  No Dates Employed from \_\_\_\_\_ to \_\_\_\_\_

Starting Rate/ Salary: \_\_\_\_\_ Final Rate/Salary: \_\_\_\_\_

Work Performed:

Employer:

Address:

Telephone Number:

Starting/Ending Job Title:

Supervisor:

Reason for Leaving:

May We Contact?  Yes  No Dates Employed from \_\_\_\_\_ to \_\_\_\_\_

Starting Rate/ Salary: \_\_\_\_\_ Final Rate/Salary: \_\_\_\_\_

Work Performed:

Employer:			
Address:			
Telephone Number:			
Starting/Ending Job Title:			
Supervisor:			
Reason for Leaving:			
May We Contact? <input type="checkbox"/> Yes <input type="checkbox"/> No Dates Employed from _____ to _____			
Starting Rate/ Salary: _____ Final Rate/Salary: _____			
Work Performed:			
Employer:			
Address:			
Telephone Number:			
Starting/Ending Job Title:			
Supervisor:			
Reason for Leaving:			
May We Contact? <input type="checkbox"/> Yes <input type="checkbox"/> No Dates Employed from _____ to _____			
Starting Rate/ Salary: _____ Final Rate/Salary: _____			
Work Performed:			
Have you ever been in the military? <input type="checkbox"/> Yes <input type="checkbox"/> No			
Personal/Professional References (Do not include family members or past supervisors)			
Name	Phone Number	Best Time To Call	Occupation
1.			
2.			
3.			

Why do you want to work for Integral Yoga Natural Foods?

What experience do you have with natural foods and supplements (personally or professionally)?

Describe any specialized training, apprenticeships, skills or extra-curricular activities.

What would you contribute to Integral Yoga as an employee?

What do you think your responsibilities towards a job are?

Do you have any career objectives? How would they be satisfied here?

What are your hopes and dreams? Where do you see yourself in five years?