



Catholic Parish of St. Catherine, Penrith, with St. Wulstan's Chapel, Alston

Parish Priest: Fr. John B. Winstanley, St. Catherine's Rectory, Drovers Lane, Penrith, Cumbria. CA11 9EL

T: 01768 862273 E: parishoffice.stcatherines@btinternet.com W: www.stcatherinepenrith.org.uk

St. Wulstan's Church, Kings Arms Lane, Alston, Cumbria, CA9 3JF

The Haydock Community Centre (restricted bookings only): via parish website, T: 07976 255145, E: haydockcc@btinternet.com

12 June 2022 – The Most Holy Trinity, Year C

Mass Book page 81, Pr of The Most Holy Trinity page 64, EPII page 24

'How great is your name, O Lord our God, through all the earth!'

MASS TIMES & INTENTIONS:

Sat 11 **9am St. Barnabas**

9.30am - 10am Adoration of the Blessed Sacrament & Confessions

5.30pm Confessions at Alston

6pm at St. Wulstan's, Alston Ivan Baines

Sun 12 **THE MOST HOLY TRINITY**

8.30am Dominic Nguyen Ngocthanh

10.30am People of the Parish

12.15pm Baptism of Phillip Nasal Jensen

Mon 13 **St. Anthony of Padua** No Mass

Tue 14 **12 Noon** Patricia McGeown

3pm - 5pm Prayer Group in the Haydock Centre

Wed 15 **9.15am** Eugene Cross. Am: PMG meeting, Quiet Rm

Thur 16 **St. Richard of Chichester**

6.40pm Rosary. **7pm** Ints of the Cooper Family

Fri 17 **12 Noon** Elizabeth O'Donohoe

3pm Mass at Nenthead, Intentions of Terry Connor

Sat 18 **9am** The Barnes Family Intentions

9.30am - 10am Adoration of the Blessed Sacrament & Confessions

5.30pm Confessions at Alston

6pm at St. Wulstan's, Alston Priest's Intention

Sun 19 **THE MOST HOLY BODY & BLOOD OF CHRIST**

(CORPUS CHRISTI)

8.30am People of the Parish

10.30am Jocelyn Leeder (Birthday Intention)

12.15pm Baptism of Delilah Lee

CONFESSIONS: St. Catherine's: Saturdays 9.30am - 10am and anytime on request. St. Wulstan's: Saturdays 5.30pm.

PLEASE PRAY FOR:

The Sick: Josie Fenney, Ken Oakley, Pat Struthers, Tony McGrath, Eileen Forrester, Terry Connor, Margaret Harper, Helen Farrow and Maureen Richardson.

Lately Dead: Donald Terrett. *May he rest in peace.*

Anniversaries: Robert Stanley Simpson, Bernard Broadbent, Thomas Robinson, Hans Christian Billie, Gerry Rowan, Janet Noble, Brian Cafferky and Isobel Campbell.

MASS ATTENDANCE: Sun 5 June: Sat Alston 6pm 19 + Sun 8.30am 80 + 10.30am 86 = 185. Collection: Penrith £541.22 + Alston £28.70 + Weekly SO £424 = £993.92 Many thanks.

PRIEST'S HOLY COMMUNION VISITS: On Thursday Fr. John will visit Raiselands Croft & Monks Close in the morning and Sockbridge in the afternoon.

BAPTISM: Today at 12.15pm we welcome into the family of the Church through the Sacrament of Baptism **Phillip Nasal Jensen**. Please remember Phillip and his family in your prayers.

TEA & COFFEE in the Haydock Centre after 10.30am Mass each Sunday. All welcome.

CROSS FELL - John Bradburne's 101st Birthday Pilgrimage Climb, Saturday 18 June, To reserve your place and make a donation please contact us: info@johnbradburne.com or call 07979 187498.

Gavin Young on behalf of JBMS

DRIVEWAY from the Rectory/Haydock Centre: The mirror attached to the gatepost, which enables a safe exit onto Drovers Lane, seems to have been removed during the week! Please be very careful when driving out of the car park.

URGENT APPEAL FOR PENRITH FOOD BANK: Items can be left in the baskets at St. Catherine's, and at St. Wulstan's, as well as drop off points in Morrisons and Booths. The following items are always welcome: *pasta, sugar, UHT milk, tinned beans and sausages, tinned ravioli, tinned macaroni cheese, tinned stewed meats, tinned meats for sandwiches (not corned beef).*

PARISH PASTORAL COUNCIL: For our PPC to continue to function, we need a new Secretary from after the AGM and PPC Meeting on 5 July. Lorna, our retiring Secretary, is happy to settle in the new Secretary. Any volunteers? Please speak to Lorna Mullett, Gerard Ainsworth (Chair) or Fr. John.

STRENGTHEN - Catholic Men's Conference this Saturday 18 June 2022. A day to strengthen your character, purpose and impact as a man of God. With John Pridmore and members of Cor et Lumen Christi Community. For booking and more info, go to www.coretlumenchristi.org.

DAY FOR LIFE 2022 – next Sunday 19 June: *'Do not cast me off in the time of old age; forsake me not when my strength is spent' Psalm 71:9.* This year the focus is on caring for and valuing the elderly. The Special Collection on this day will support various Day for Life initiatives which focus on upholding the dignity of every human life from conception to natural death. See parish website for more info.

DAY OF RENEWAL – Sat 25 June 10am - 4pm at St. Clare's Preston. See poster in the narthex.

THE MONZE GROUP BBQ ON 26 JUNE AFTER 10.30AM MASS: Tickets on sale after Masses **today** and next Sunday 19 June. Cost: £5 (adults) & £3 (children) for a burger and tea, coffee or juice. Cakes on sale separately. A member of the group will speak at the end of Mass today.

PARISH SUMMER FAIR: Sunday 10 July from after the 8.30am Mass until 2.00pm. More details to follow. *CWL*

ORDINATION TO THE PRIESTHOOD: On Saturday 16 July, The Rev. Philip Wrigley will be ordained priest for our Diocese at Lancaster Cathedral by Bishop Paul. Please remember Deacon Philip in your prayers. He hails from St. Edmund's, Morton, Carlisle, so he is a local lad! Fr. John knew him as an altar server when supplying from nearby St. Bede's, Wigton Road, when he himself was newly ordained!

ANNUAL SERVICE AT ST. CUTHBERT'S DUFTON: We have received a letter from the church warden of St. Cuthbert's Church, Dufton inviting parishioners to the annual Service to honour the memory of St. John Boste. The Service will take place on Sunday 24 July at 3pm.

100 CLUB –Winners for June: £25 Anna Oliviera, £15 Erica Baxter £10. Jay Maclean. Congratulations!



Preparing for the Mass of Sunday 19th June 2022 - Corpus Christi - The Most Holy Body and Blood of the Lord

1 Relax & Remember

Set aside 10 -15 minutes and create a suitable environment by removing any distractions. Make sure that you are comfortable. Perhaps light a candle. Make the sign of the cross † and remain still for a minute of settling silence. **Call to mind the love that God has for you. Remember that through this scripture our Lord is truly present.** Then read the Gospel, preferably aloud and slowly, and pay attention to any words that stand out. If any do, meditate on them for a few minutes and be invited into a dialogue with God.



2 Read

Taken from the Gospel for 19th June 2022 (Luke 9:11-17): Jesus Gives Food to the Crowds

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing. It was late afternoon when the Twelve came to him and said, "Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here." He replied, "Give them something to eat yourselves." But they said, "We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people." For there were about five thousand men. But he said to his disciples, "Get them to sit down in parties of about fifty." They did so and made them all sit down. Then He took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.



3 Reflect

After spending a few minutes considering this Gospel, continue by reading Fr Henry Wansbrough's reflection.

On the feast of the Body and Blood of Christ should we not have the gospel reading about the institution of the Eucharist at the Last Supper? No, the Church puts before us this reading of the wonderful gift of food from Jesus. It is a sort of open-air picnic Eucharist. It begins with Jesus talking to the crowd about the Kingdom of God; this is what happens in the earlier part of our Eucharist, as we listen to the Word in the readings and to the homily which interprets the Word for us. Then the Lord heals those who are in need of healing, and that means all of us, for we are always in need of healing in various ways. Only then does Jesus raise his eyes to heaven, bless the bread and distribute it, just as he gives himself to us in the Eucharist. A sign of the generosity and plenty of Jesus' gifts in the Eucharist is represented by the twelve baskets of left-overs, ready for consumption by the twelve tribes of the new Israel. In the same way, on the feast of the Body and Blood of Christ we share joyfully in the sustenance which Jesus gives to us and to the huge numbers of his followers across the world.

How can I participate more fully in Jesus' gift of the Eucharist? Perhaps I could make better preparation before Mass begins; take time for reflection afterwards; give fuller attention during the Mass.

Dom Henry Wansbrough OSB

4 Respond & Request

Now slowly and prayerfully read the Gospel once again but this time in silence. Consider how this Gospel could apply to your life in general. Then thank God for any insight you may have received. Conclude by asking God to bless you with one of the following spiritual gifts to help you act on any resolution you have made: love, understanding, wisdom, faithfulness, peace, self control, patience, or joy. Please remember to pray for the Church and particularly our school families. **Then conclude by requesting the prayers of Our Lady & St Joseph.**



WEDNESDAY WORD PLUS †

Fr Henry's reflections on the first and second readings of Sunday 19th June 2022



First Reading: *The Blessing of Melchizedek*

Genesis 14:18-20

Melchizedek king of Salem brought bread and wine; he was a priest of God Most High. He pronounced this blessing: "Blessed be Abraham by God Most High, creator of heaven and earth, and blessed be God Most High for handing over your enemies to you." And Abraham gave him a tithe of everything.

Melchizedek is a historically mysterious figure; designated a king of Salem, he suddenly appears from nowhere to greet Abraham and bless him. In gratitude Abraham gives Melchizedek a tenth of the spoil he has just won in battle. The only other mention of Melchizedek in the Old Testament is in Psalm 110, where he is the priest-king of Jerusalem. The early verses of this Psalm are frequently cited in the New Testament as a fore-shadowing of the exaltation of Christ to the right hand of the Father at the resurrection: "Sit at my right hand until I make your enemies your footstool". In the New Testament the whole Psalm is understood to point to Christ, and so in the Letter to the Hebrews the verse, "You are a priest according to the line of Melchizedek" is interpreted as a reference to Christ's priesthood. Christ is a priest not in the line of Aaron, but in the line of Melchizedek. The Letter further argues that, since Melchizedek blesses Abraham, Melchizedek's priesthood is superior to that of Abraham and Aaron. So, by this slightly involved explanation, we are celebrating in this first reading the priesthood of Christ, a priesthood superior to that of the Old Law.

What does it mean when we say that all Christians share in the priesthood of Christ?

Second Reading: *The Lord's Supper*

1 Corinthians 11:23-26

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, "This is my body, which is for you; do this as a memorial of me." In the same way he took the cup after supper, and said, "This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me." Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

“The Eucharist is a celebration of the Body of Christ, in which we are all united in love.”

From several points of view this is one of the most significant passages of the New Testament. To begin with, the terms 'received' and 'passed on' are technical terms in the rabbinic process of oral transmission of tradition; they show that what Paul is about to say is part of the tradition conserved in the Christian community. Secondly, it shows us that the repetition of this rite of the Eucharist was seen to bring, to those who took part, a participation in the death and resurrection of the Lord Jesus – whether they were worthy or unworthy. Moreover, Paul's purpose is to rebuke the Corinthians for taking part in the Eucharistic supper without due seriousness. Thirdly, it underlines some of the most precious aspects of the Eucharistic meal: it is the sealing of the new covenant in the cup of Christ's blood, that covenant which brings to each individual the union with the Father wrought by Christ's death. Fourthly, Paul's chief rebuke to the Corinthians is that they are disunited and selfish at their Eucharist, treating it just like an ordinary dinner, neglecting one another's needs; but in this text he reminds us that the Eucharist is a celebration of the Body of Christ, in which we are all united in love, and in which we all depend on one another.

Do we always remember this when we come together to celebrate the Sunday Mass? How does the Eucharist nourish your own life and faith?

The Wednesday Word: *Connecting Home, School & Parish through the Word of God*
w: www.wednesdayword.org e: info@wednesdayword.org