

Did you know that every workplace has a legal responsibility for ensuring adequate first aid provisions? Accidents are a part of everyday life, including your place of work. First aid is the earliest and the easiest response - even you as a bystander can assist a casualty in need. While millions of people are trained in applying basic first aid, many Australians do not know how to perform basic first aid management. By applying effective first aid response to accidents, injuries and illnesses, you can assist a person to speedy recovery, or ultimately save their life.

This Course will assist you to develop your knowledge and skills in applying first aid response to: preserve life; prevent further harm, promote recovery; and protect the unconscious. You will also learn to: assess the situation for danger; apply various first aid procedures; communicate details of the incident; and self-evaluate your performance for continuous improvement as a qualified first aider.

What topics will I learn?

Throughout this Course, you will develop your knowledge and skills in: Basic anatomy and physiology | stress management techniques | abdominal injuries | allergic reactions | altered and loss of consciousness | asthma | anaphylaxis | bleeding | burns | cardiac arrest | chest pain | choking/airway obstructions | drowning | bites and stings | poisoning and toxic substances | respiratory distress | seizures | stroke | social and legal issues | chain of survival | infection control | CPR | AED | fractures, sprains and strains.

How will I be assessed competent?

During Course | Written | Practical Demonstration | Learning support provided.

What employability skills will I develop?

Communication | Teamwork | Problem solving | Initiative and Enterprise | Planning and Organising | Self Management | Learning.

Where will I learn?

Biphasic Training Centres | On-the-job | Tailored workplace solutions.

How long is the Course?

2 days (beginner, have not completed this Course in the last 3 years)  
1 day (refresher, currency update – have completed this Course in the last 3 years)

Is RPL available?

Yes.

What is the cost?

\$295.00 – 2 day beginner workshop; **OR** \$185.00 – 1 day refresher workshop.

What are the entry requirements?

Sound English – spoken and written.

What will I receive upon completion?

You will receive a Nationally Accredited Statement of Attainment and Course Results. You will be qualified to apply first aid and hold currency for 3 years. You will also be qualified to perform CPR and hold currency for 12 months, according to the Australian Resuscitation Council Guidelines.

What else might I find useful?

All learning materials will be provided for you during your Course.

How do I secure my place?

Enrol @ [www.biphasic.com.au/enrol-htfa311a](http://www.biphasic.com.au/enrol-htfa311a)

## 2013 TIMETABLE

Emerald

### 1 Day Refresher Workshop

Sep 23; or 30  
Oct 07; 14; 21; 22; or 28  
Nov 04; 11; 18; or 25  
Dec 02; 09; or 16

### 2 Day Beginner Workshop

Sep 19 and 20  
Oct 03 and 04  
Oct 15 and 16  
Oct 24 and 25  
Nov 05 and 06  
Nov 26 and 27  
Dec 12 and 13

Date not suitable? Please contact Biphasic Training to discuss an alternative training date.



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