

11518



Nutrition Facts

Serving Size 2 Tenders 3.5 oz (99g)
Servings Per Container about 45

Amount Per Serving

Calories 140 **Calories from Fat** 25

% Daily Value*

Total Fat 3g **5%**

Saturated Fat 0g **2%**

Trans Fat 0g

Cholesterol 35mg **12%**

Sodium 750mg **31%**

Total Carbohydrate 16g **5%**

Dietary Fiber 1g **3%**

Sugars 1g

Protein 18g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



Original Flat Breaded Tenderloins

Uncooked, Par Fried Chicken Tenderloins

Succulent breast tenderloins, marinated and par fried to set the breading. Our tenders and fritters offer all the taste and convenience with virtually no prep time. Served best with a basket of fries, as an appetizer, entree, sliced atop a salad or as a kid's menu item.

INGREDIENTS: CONTAINING UP TO 18% SOLUTION OF WATER, SOY PROTEIN ISOLATE, SALT AND SODIUM PHOSPHATES. BREADED WITH: BLEACHED WHEAT FLOUR, SALT, YELLOW CORN FLOUR, WHEY, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), MUSTARD SEED, SPICES, NONFAT DRY MILK, SODIUM ALGINATE, SOY FLOUR, DRIED WHOLE EGGS, NATURAL FLAVOR, GARLIC POWDER, DEXTROSE, MONO AND DIGLYCERIDES, YEAST. BATTERED WITH: WATER, WHEAT FLOUR, YELLOW CORN FLOUR, WHEY (FROM MILK), DEXTROSE, SALT, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), SPICE, NATURAL FLAVOR, EXTRACTIVES OF PAPRIKA, SODIUM ALGINATE, SOY FLOUR, NONFAT DRY MILK, DRIED WHOLE EGGS. PREDUSTED WITH: WHEAT FLOUR, MODIFIED CORN STARCH, SALT, SPICES AND SPICE EXTRACTIVES. BREADING FLASH FRIED IN SOYBEAN OIL. **CONTAINS: EGG, MILK, SOY, WHEAT.**

NET WEIGHT: 10 lbs. (2/5lb bags)

UPC BOX LABEL: 10038483115185

SERVING SIZE: 2 Tenders (3.5 oz)

CASE DIMENSIONS: 16-1/4" X 10-1/4" X 6-13/16"

SHELF LIFE: 12 months

CASE CUBE: 0.657 cubic ft

PALLET CONFIGURATION: 10 cases per layer/ 12 layers per pallet

COOKING INSTRUCTIONS: Cook according to instructions below or until internal temperature reaches 165F.

DEEP FRYER: Deep fry for 5 minutes at 350F.

CONVECTION OVEN: Bake for 12 minutes at 375F.

CONVENTIONAL OVEN: Bake for 17 minutes and 30 seconds at 400F.

MICROWAVE: Microwave in a 1000 watt microwave for 2 minutes; flip once during cooking.



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