

## **CLOTHING / THRIFT STORES**

---

### **Ann's Treasures and Thrift Shop**

46230 Yale Road  
604.792.2760  
Wednesday- Saturday 10:00-4:00pm

### **Bibles for Mission**

- **Sardis:**  
45790 Luckakuck Way  
604.858.9444  
Mon to Sat 9:00 am – 4:30 pm
- **Chilliwack:**  
9280 Nowell Street  
604.793.1996  
Mon to Sat 9:30 am – 4:30 pm

### **Chilliwack Hospital Auxiliary**

9236 Main Street  
604.793.9222  
Monday to Friday, 10:00 am – 4:00 pm  
Saturday, 11:00 am – 3:00 pm

### **Chilliwack Lions Flea Market**

(across from Clarkes Restaurant)  
46293 Yale Road  
604.792.3483  
Tues to Sat 12:00 – 4:00 pm

### **MCC Thrift Store**

- **Chilliwack:**  
45776 Kipp Avenue  
604.792.3731  
Mon to Fri 9:30 pm – 5:00 pm,  
Sat 10:00 am – 4:00 pm
- **Yarrow:**  
42232 Yarrow Central Road  
604.823.4344  
Tues to Fri 9:00 am – 5:00 pm

### **Mother Teresa's Place**

8909 Mary Street  
604.795.7110  
Mon to Fri 9:00 am – 3:00 pm

### **Salvation Army Thrift Store**

(beside 'O'Connor Dodge)  
45680 Hocking Avenue  
604.792.3367  
Mon – Sat 9:00 – 5:00 pm

## **HEALTH SERVICES**

---

### **Chilliwack General Hospital**

45600 Menholm Road  
604.795.4141

### **Walk in Doctor Clinics**

Please bring care card or be prepared to pay for service.

- **Horizon Access Walk-In Satellite Clinic**  
9105 Sunset Drive (across from Prospera Centre)  
604.392.0881  
Mon – Friday 5:00-9:00pm  
Saturday, Sunday & Holiday 10:00 -2:00 pm
- **Stevenson Walk-In Satellite Clinic**  
102A – 6640 Vedder Road  
604.858.8722  
Open 7:00 am Weekdays, 8:00 am weekends
- **Edward's Crossing Medical**  
#9 – 45955 Yale Road  
604.392.9009  
Mon-Fri 8:00 am – 2:00 pm
- **VIVA CARE Doctors Clinic**  
8249 Eagle Landing Parkway  
(inside WalMart) 604.792.8482  
Monday – Thursday 7:30 am–7:00 pm  
Friday 7:30 am – 4:00 pm  
Saturday 8:30 am – 2:30 pm

### **Chilliwack Primary Care Clinic**

**Chilliwack General Hospital**  
45600 Menholm Road  
604.702.2850

- The Family Nurse Practitioner will provide care to individuals that do not have a family physician in Chilliwack.
- **By appointment:** Mon to Fri 10:00 am – 3:00 pm
- **Drop in times:** Mon to Thurs 11:00 am - 12 Noon and 1:00 pm to 2:00 pm

### **Fraser Valley Health Unit**

45470 Menholm Road  
604.702.4900  
Mon to Fri 8:30 am – 4:30 pm

### **Mental Health**

2<sup>nd</sup> Floor – 45470 Menholm Road  
604.702.4860  
Mon to Fri 8:30 am – 4:30 pm

### **Chilliwack Addiction and Prevention Services**

45921 Hocking Avenue  
604.795.5994  
Mon to Fri 9:00 am – 4:30 pm  
(Closed for lunch 12 noon – 1 pm)

- **AIDS Prevention & Risk Management Services**  
9:00 am – 12 noon
- **Needle Exchange**  
12 noon – 4:00 pm  
604.795-5994

### **Sexually Transmitted Disease Information**

1.800.661.4337

## **YOUTH SERVICES**

---

### **Neighbourhood Learning Centre**

46361 Yale Road  
604 819 4603  
Tuesday 1:00 pm – 6:00 pm

### **Stó:lo Service Agency**

7201 Vedder Road Building #7  
1 844 827 2473  
Tuesday 2:00 – 5:00 pm

## **PHONES AND FAXES**

---

### **Pay Phones**

- Chilliwack General Hospital Emergency  
45600 Menholm Road
- Chilliwack Courthouse (Business hours only)  
46085 Yale Road
- Kims' Gas Station  
46909 Yale Road

### **Fax Service**

- Chilliwack Resource Centre  
3-46240 Yale Road
- Service Canada  
9346 Main Street

Updated: January 2018  
by Chilliwack Community Services 604.792.4267

# **MAKING ENDS MEET**



A guide to Basic Resources  
in the Chilliwack Area

## FOOD SUPPORT SERVICES AND/OR SHELTER

---

### Agassiz Food Bank

Agassiz Harrison Community Services  
7086 Cheam Avenue, 604.796.2585  
Provides staple food items from 10:00 am -12:00 pm, and 1:00 – 3:00 pm on Thursdays

### The Bridge

9400 College Street (Chilliwack Senior Centre)  
604.858.2479  
Sun 9:00 am  
Join us for a Gospel message followed by breakfast.

### Cyrus Centre

45845 Wellington Ave, 604.795.5776

- Provides homeless youth, 18 and under, with a temporary, safe place to stay while working toward a long-term solution. Open referrals, 7 days a week.

### Native Pentecostal Church

9291 Corbould Street (in Evergreen Hall)  
604.794.7431  
Sundays: Services at 11:00 am with lunch to follow for Parishioners and Drop-Ins

### Residential Tenancy Office

1.800.665.8779  
[www.rto.gov.bc.ca](http://www.rto.gov.bc.ca)

### Ruth and Naomi's Mission

46130 Margaret Avenue  
604.795.2322 (day) 604.795.0226 (evening)  
Open all week  
Drop in coffee time 9:30 – 11:30 am  
'For Ladies Only' - 2:00 – 3:00 pm Mon. Wed. Fri.  
'Community Connection' - 2:00 – 4:00 pm  
6pm Family Meal; 7pm adult meal. Devotions before every meal. Daily laundry, showers and clothing distribution. Emergency food hampers are available once every five weeks. Monday - Saturday

### Salvation Army Outreach Team

- Assists individuals in finding and maintaining affordable rentals while recognizing their limitations and goals. The team actively encourages and supports individuals to succeed in the community through referrals, advocacy and housing lists. To reach one of our dedicated staff please contact Scott at 604.703.4524.

### Salvation Army Soup Kitchen / Food Bank/Shelter

45746 Yale Road, 604.792.0001  
Monday to Friday, 9:00 am – 4:00 pm

- Lunch is served to adults only, 12:00–1:00 pm
- Bread Room: 10:00 am, 1:00 & 3:00 pm
- Emergency food supplies for individuals and families **by appointment only**
- Emergency shelter for youth and adults open 24/7. Please call for more info: 604.792.4486

### Saturday Soup Kitchens 2018

- Takes place the first four Saturdays of every month at Chilliwack United Church in their Main Hall. 45835 Spadina Avenue

### Xolhemet Society Outreach

provides one time and short term rental supplements. We do not provide housing through the homeless prevention program. Please call Erin or Angela at 604-824-0939 or complete a contact form from the contact section of our website.  
<http://www.xolhemetsociety.org/homeless-prevention-program.html>

## STREET MINISTRIES

---

### Ruth & Naomi's Mission

46130 Margaret Avenue  
604.795.2322 (day) 604.795.0226 (evening)  
604.819-7022  
Emergency Shelter open 9pm – 7am now until January – weather depending.

### PEARL

9242 Main Street  
604.402.4673  
Monday to Wednesday 9:00-3:00 pm  
Empowers women and girls who are sexually exploited, trafficked, or in prostitution through support and education.

- Mentoring
- Counseling
- Life skills classes
- Hygiene needs
- Lunch
- Faith explorations
- Help to access community resources

## ADVOCACY AND LEGAL SERVICES

---

### Ann Davis Services

9046 Young Road (across from the Chilliwack Fire Department on the corner of Young road and Cheam Avenue)  
604.792.2760, Mon to Fri, 9:00 am – 5:00 pm

- Free advocacy for women involved in Family Court matters, Provincial Government Services, and disability applications
- Safe house
- Men's Support Circle and more....

### Chilliwack Community Legal Advocacy Centre

8937 School Street (located in The Village)  
604.702.2907, Mon to Fri, 9:00 am – 4:00 pm  
(Closed for lunch from 12:00 to 1:00 pm)

#### **Call for an appointment.**

Provide information, advice, referrals and representation on a variety of issues including:

- Income assistance - disability applications & appeals, information rights & benefits, etc.
- Housing - residential tenancy issues for tenants
- Employment Issues - employment insurance, employment standards
- Canada Pension Plan
- Disability applications & appeals

### Chilliwack Resource Centre

Unit 3 – 46240 Yale Road  
604.702.9595, Mon to Thurs, 9:00 am–1:00 pm  
Provide information on:

- free services in the community
- government agencies
- community resource and services
- health info and social events
- income tax year round

### Debt Counselling

Chilliwack Community Services  
45938 Wellington Avenue  
604.792.4267

#### **Wednesday mornings; by appointment only.**

Help with planning family budgets; intervene with creditors; debt consolidation, etc.

### Legal Aid

45938 Wellington Avenue  
604.793.7243  
Tue &, Wed 9:00 am – 3:00 pm  
Make application for Legal Aid. First come – First served; No appointments necessary.

### Pro Bono Law Clinic

Chilliwack Community Services  
45938 Wellington Avenue  
604.792.4267

**Call to make an appointment** for a half hour consultation with a lawyer for legal advice.

**Free service.**

## HELPFUL NUMBERS

---

### Child Tax Benefit

1.800.387.1193

### BC Nurse Line

1.866.215.4700

### Service Canada

9346 Main Street  
604.792.1361

### Crisis Line

604.951.8855.  
1.877.820.7444

### Service BC

1-45467 Yale Road W  
604.795.8415  
1.800.663.7867