



ABOUT

The Dinner Party is a community of mostly 20- and 30-somethings who have each experienced significant loss, and get together over dinner parties to talk about it and the ways in which it continues to affect our lives. Together, we are pioneering tools and community through which young people who've experienced significant loss can use their shared experience as a springboard toward living better, bolder, and more connected lives.

OUR STORY

In late 2010, five women, each of whom had lost a parent, sat down to dinner in a Los Angeles backyard. All of our stories were different, as every story is: some of us identified as actively grieving, while others were in that nameless space that we've come to simply call, "life after". We craved a space where we could talk openly about the people we'd lost, and about the very real and very present ways in which that experience and all that came with it continued to color our lives.

Our tables now include a wide array of stories and experiences, ranging from the loss of a parent, partner, sibling, or friend, to miscarriage, loss to physical and mental illness, and more.

Behind each of these stories is a common thread: A hunger to connect with others who have lived a similar experience—one that is often tabooed, stigmatized, or otherwise isolating—and to do so in a setting that is casual, warm, and peer-driven.

FROM ONE TO MANY

- 200+ tables in 85+ cities, ranging from Sydney, to Amsterdam, Calgary, Toledo, OH, and Middlebury, VT
- 250+ hosts and thousands of Dinner Partiers

AS FEATURED IN



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TIMELINE

In December 2013, we took our story public. Since then, we've grown from a few dozen friends and friends-of-friends to a community of thousands worldwide.

- September 2010: First dinner, Los Angeles
- July 2011: Second table launched in Washington, DC. Additional tables in San Francisco, New York City and Baltimore soon follow.
- December 2013: Public launch via Indiegogo campaign

BY THE NUMBERS

- Two million Americans under the age of 30 lost a parent or sibling in the last two years¹
- One in seven will lose a parent or sibling before they're 20²

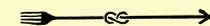
OUR VISION

We aim to realize a day in which Dinner Parties are as pervasive as AA meetings, and as culturally acceptable and readily accessible as yoga and meditation classes: a day in which young people who have experienced loss are recognized not as objects of pity, but as better listeners and better leaders, characterized by profound empathy, resilience, and agency.

GRAB A SEAT OR START A TABLE OF YOUR OWN

www.thedinnerparty.org/join-a-table
www.thedinnerparty.org/start-a-table

For more information, email Lennon at lennon@thedinnerparty.org.



THEINNERPARTY.ORG

“The Dinner Party entered my life when I was still dazed from the loss of my dad. When the grief really set in and shook me to the bone, I found myself held by a supportive and profoundly compassionate community.”

—Ysette, New York

“The Dinner Party community has become my kin, my tribe, my family. It’s nurtured my healing and growth in a very unique way, reviving my perspective and sense of peace with what has been, is, and will be.”

—Jules, San Francisco

“The Dinner Party entered my life after the sudden loss of both of my parents, at a time when I felt totally alone. TDP helped me realize I wasn’t.”

—Kevin, New York



“The Dinner Party has been such an amazing source of peace and encouragement and has helped me live a full life after experiencing death.”

—Michael, Boulder

“The Dinner Party has provided me with a space of unconditional acceptance and warmth, allowing me to really sit and reflect on my father’s life and death. I am reminded every time that I am not alone and that even loss can be a source of strength and connection with others.”

—Eva, Los Angeles

THANK YOU TO OUR SUPPORTERS:



¹www.ssa.gov/oact/STATS/table4c6.html

²Hetter, Katia. (2011, September 9). Parenting while grieving. CNN. www.cnn.com/2011/09/09/living/grief-children/