

**LARA DEVGAN, MD, PLLC**  
**PLASTIC & RECONSTRUCTIVE SURGERY**  
121A E. 83<sup>RD</sup> ST. NEW YORK, NY 10028  
OFFICE 212.452.2400

**OUT OF TOWN PATIENTS**

1. **CONTACT OUR OFFICE:** Please email [office@LaraDevganMD.com](mailto:office@LaraDevganMD.com) or call 1-212-452-2400 to let us know that you are interested in becoming a patient of Dr. Devgan.
2. **COMPLETE OUR NEW PATIENT FORMS:** These can be found under the Patient Resources tab of our website. Once your new patient forms are completed, please email them to [office@LaraDevganMD.com](mailto:office@LaraDevganMD.com) or fax them to 1-212-898-1391
3. **SEND US YOUR PHOTOS:** Please send us several photos of your areas of concern from front, side, and three quarters views. Look at our before and after photos to get a sense of the types of photos that are appropriate for your concerns. They can be emailed to [office@LaraDevganMD.com](mailto:office@LaraDevganMD.com) or mailed to us via US mail or international carrier.
4. **PHONE CONSULTATION:** Once we are in receipt of the above information, our patient coordinator will contact you to schedule a phone consultation with Dr. Devgan. During this consultation, Dr. Devgan will review your photos, discuss your concerns, and determine if you are a candidate for surgery. Dr. Devgan will explain the surgery in detail and answer any of your questions. Our new patient consultation fee is \$500, payable by credit card prior to your consultation. Your \$500 consultation fee will be fully applied toward your surgery or procedure.
5. **SCHEDULE YOUR SURGERY:** Once you have completed your consultation, our patient coordinator will give you a financial quote for your procedure and help you pick a date for your surgery. A 25% deposit is required to book your surgery date.
6. **INSTRUCTIONS & CONSENT FORMS:** After you have scheduled your surgery, we will send you a packet containing pre- and post-operative instructions, as well as consent forms for your procedure. PLEASE read all the documents carefully, initial each page, and sign them. If you have any questions, please email or call us. Dr. Devgan will review all of your consent forms and instructions with you prior to your surgery.
7. **MEDICAL CLEARANCE & LABS:** Prior to surgery, you will need to obtain blood tests and a medical clearance letter from your doctor indicating that you are safe to have surgery. If you are having breast surgery and are over the age of 40 (or if you have a personal or family history of breast or ovarian cancer), you will likely need to have a mammogram as well. We will send you detailed information about the required tests for your particular case.
8. **MEDICATIONS:** Medications for after surgery, such as pain medicine, antibiotics, eye drops, and so on, will be prescribed to you. These can be obtained in your home city or in New York upon your arrival.
9. **TRAVEL PLANS:** When making your travel plans, you will need to arrive at least one full day prior to your procedure and see the doctor for your pre-operative visit. You will need to stay at least 3-4 days in New York before you can return home. The exact amount of time depends on your procedure and how far you are traveling.
10. **HOTELS:** We are pleased to partner with a number of area hotels in New York City to offer discounted rates of 20% to 33% to our surgical patients: The Surrey, The Carlyle, The Pierre, The Plaza, and Affinia Gardens. If you book a room at one of these hotels, please mention that you would like the discounted rate for Dr. Lara Devgan of Lenox Hill Hospital.
11. **ESCORT/NURSE:** If you are having a procedure with sedation or general anesthesia, you will need to have an adult accompany you to your hotel after surgery. This can be a friend, family member, or medical escort arranged through <http://www.discreetchaperone.com>. If you would like a private duty nurse, our office will help you arrange one to stay with you for one or several 12 hour blocks of time.