

June 2, 2016

Everett L. Worthington, Jr.

CURRICULUM VITAE

1. PERSONAL INFORMATION

Born: Knoxville, Tennessee, September 19, 1946

Military Service: U.S. Navy, Nov 1969-Apr 1974 active; Honorable Discharge (Lt., O-3), 1979

Married, 1970 to Kirby (Canipe) Worthington; children born 1976, 1978, 1980, 1982

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Wikipedia article: https://en.wikipedia.org/wiki/Everett_Worthington

2. EDUCATION

1978 Ph.D., Psychology (Counseling), University of Missouri-Columbia

Dissertation: *Self-Control of Pain: Type of Imagery, Choice of Imagery Content, and Self-Verbalization*

1976 M.A., Psychology (Counseling), University of Missouri-Columbia

Thesis: *As You Like It--Validity Studies of the Strong Vocational Interest Inventories*

1970 M.S.N.E., Nuclear Engineering, Massachusetts Institute of Technology

(U.S. Atomic Energy Commission Special Fellow)

Thesis: *The Steam-Cooled Fast-Breeder Reactor: Past, Present, and Future*

1968 B.S.N.E., Nuclear Engineering, University of Tennessee-Knoxville (with High Honors)

3. WORK EXPERIENCE

Dec 2015- Oct 2017 **Commonwealth Professor, Virginia Commonwealth University**

Oct 2016 Selected Norman Munn Distinguished Visiting Scholar Award, Flinders University, Adelaide, Australia (October-November, 2017)

Jul 1989 – Dec 2015 **Professor, Psychology, Virginia Commonwealth University**

Jul 2010 Visiting Research Fellow, St. Edmunds College, University of Cambridge

Jun 2010 Visiting Research Scholar, University of the West of England, Bristol, Department of Psychology

Jun 2006 Visiting Research Scholar, Hong Kong University, Department of Education

Sep 2005-Dec 2005 Visiting Research Scholar, Centre for Advanced Religious and Theological Studies, University of Cambridge, and Visiting Fellow, St. Edmund's College, University of Cambridge, Cambridge, England, while on scholarly research leave from VCU

- Sep 2005-Dec 2005 Visiting Fellow, St. Edmund's College, University of Cambridge, Cambridge, England, while on scholarly research leave from VCU
- Aug 2000 – Jun 2005 Chair, Department of Psychology, Virginia Commonwealth University
- Aug 1999 – Jun 2000 Interim Chair, Department of Psychology, Virginia Commonwealth University
- Aug 1998 – Dec 2005 Executive Director and Treasurer, *A Campaign for Forgiveness Research* (501 c (3) corporation)
- Jun 1996 Visiting Scholar, Government of South Africa
- Aug 1983 - Jun 1989 **Associate Professor, Psychology, Virginia Commonwealth University.**
- Jan 1982 - present Private practice of Psychology (Counseling/Clinical)
Active clinical practice ceased in mid-1986.
- Jun 1983 - Jun 1985 Clinical Supervisor for (1) Beyond, Inc., (2) Counseling Services of Richmond, and (3) the Richmond Crisis Pregnancy Center.
- Jun 1981 - Jun 1984 Director and Clinical Supervisor, Midlife Counseling Service, VCU, Department of Psychology (Training Clinic)
- Aug 1978 - Aug 1983 **Assistant Professor, Psychology, Virginia Commonwealth University.**
- Aug 1976 - May 1978 Psychology Intern, Counseling Services, University of Missouri-Columbia (APA-accredited).
- Jan 1978 - May 1978 Adjunct Instructor, Psychology of Personality, University of Missouri-Columbia.
- Aug 1974 - Dec 1976 Teaching Assistant, Psychology, University of Missouri-Columbia.
- Apr 1973 - Apr 1974 Director, Academic Physics Division/Senior Division Officer, U.S. Naval Nuclear Power School, Mare Island, California.
- Apr 1970 - Apr 1973 Instructor, Nuclear Physics, Nuclear Reactor Physics/Division Officer, U.S. Naval Nuclear Power School.
- Nov 1969 - Apr 1970 U.S. Naval Officer Candidate
- Jun 1969 - Nov 1969 Engineer, Stone & Webster Engineering Corp., Massachusetts
- Jun 1968 - Sep 1968 Engineer, U.S. Atomic Energy Commission, Oak Ridge, Tennessee
- Jun 1967 - Sep 1967 Engineer Aide, Oak Ridge National Laboratory, Oak Ridge, Tennessee.

4. FIELDS OR AREAS OF SPECIAL INTEREST

Areas of training

Counseling Psychology (Program member, 1978-1999, 2005-date; Affiliate, 1999-2005;)
Social Psychology (Affiliate 1999-date)
Developmental Psychology (Affiliate 1999-date)
Health Psychology (Affiliate 2010-date)

Areas of special research interest

Forgiveness and Reconciliation: Basic and Intervention Research (includes Humility and Positive Psychology)
Religious and Spiritual Issues

Marriage: Dynamics and Interventions (Enrichment, Prevention, Therapy)

Previous areas of special interest

Family dynamics and therapy, including adolescents

Supervision of counseling

Cognitive-behavioral self-control of pain, anxiety, and stress

5. PROFESSIONAL AFFILIATIONS

General Psychology

American Psychological Association (Division 17, Counseling Psychology, 1975-1982, 2008-date; Fellow, August 2014; Division 36, Psychology of Religion, 2008-date; Fellow, August 2012)

American Psychological Society (1989-date; Fellow since 2005)

Southeastern Psychological Association (1978-date)

Virginia Psychological Association (1978-date)

Society for Psychotherapy Integration (1990-2007)

American Association of Applied and Preventive Psychology (1993-1998)

Virginia Counseling Psychology Association (1983-1987)

Richmond Area Psychological Association (1978-1983)

Specialty: Religious

American Association of Christian Counselors (1990-date)

Christian Association for Psychological Studies (1985-date)

Society for the Scientific Study of Religion (1985-2008)

Religious Research Association (1988-2008)

American Scientific Affiliation (1977-1995)

Specialty: Marriage and Family

National Council on Family Relations (1990-2011)

Association for Interdisciplinary Research in Values and Social Change (1989-1995)

Society for Research in Adolescence (1986-1993)

Other

Tau Beta Pi (Engineering Honorary, equivalent to Phi Beta Kappa) (1966-date)

**6. MEMBERSHIP IN AND SERVICE TO
COMMUNITY ORGANIZATIONS**

Service to Community Organizations

Column Editor, Line of Dance Newsletter, USA Dance, Richmond, Member of the Month 2009 (Feb) through 2014 (May) I wrote 11 articles each year.

Chair, Mental Health Planning Council, Commonwealth of Virginia Department of Mental Health, Mental Retardation, and Substance Abuse Services, 1994-1998

Member, Virginia Secretary of Health and Human Services' Mental Health System Reform

Task Force, 1995-6

Virginia Legislature, Courts, and State Board of Education: Testified in writing and orally before various state political bodies on 6 occasions

Virginia Congress of Parents and Teachers: Presented five bills before state conventions; testified on numerous others

Involved in local PTAs, School System, Henrico County, Virginia

Member, Community Involvement Team for Family Life Education in Henrico County School Board

Testified before Education 2000 Commission

Written testimony to Henrico County School Board on Family Life Education

Member, Community Advisory Board for Richmond Metropolitan Crisis Pregnancy Center, April 1983-August 1990.

Member, Community Advisory Board for Reporting Academy of Virginia, January 1991-7.

Church (Christ Presbyterian Church): I have been actively involved in church activities in Richmond since 1978, serving on the church Session for 12 years, as Director of Christian Education (8 years), Clerk (5 years), and Director of Political Involvement (3 years), teaching adult (usually), adolescent, and children's Sunday School (20 years), leading adult mid-week groups for 14 years, and giving 20 sermons.

Youth Sports: I coached youth wrestling (5 years), T-ball (1 year), soccer (10 years, 20 teams), and contributed to youth sports through service on committees, publication of reports, and publication of a paper distributed to 300 or more families annually on youth sports and family values.

Public Teaching

Papers and Talks to Community Organizations: Since 1978, I have given well over 200 prepared talks to community organizations (no longer counting)

Interviews with News Media: Since 1978, I have made (a) over 60 television appearances (including appearances on *Continental Airlines In-Flight Video*, *Good Morning America*, *Jane Pauley Show*, *CNN*, *The Leeza Show*, *The Iyanla Show*, *Talk to America*, and *700 Club*), and others; (b) over 200 radio appearances or interviews (including NPR and Talk America Radio Network); and (c) over 450 interviews with print media and internet (nationally and internationally, including *Time*, *Newsweek*, and *US News and World Report* magazines and *People* magazine and major daily newspapers such as *USA Today*, *New York Times*, *Chicago Tribune*, *Los Angeles Times*, *Boston Globe*, *Philadelphia Inquirer*, *National Catholic Reporter*, *Dallas Morning News*, *WebMD*, and many others). [Again, no longer counting media interviews]

Documentary Movies: I have also been featured in numerous documentary movies (aimed at PBS, national distribution, or in other countries such as Korea, Australia, and Singapore). These include *The Power of Forgiving* (2007, winner best documentary 2007, Sun Valley Film Festival); *The Big Question: A Film about Forgiveness* (due 2008); *Forgiving the Unforgivable* (2009), and several others over the years. All feature excerpts from my clinical-research program to REACH forgiveness.

Workshops: I have given numerous (well over 100) workshops and seminars, usually to international, national, regional, and state conventions to professional therapists, but also to organizations and churches in the United States, Canada, England (many times), Scotland (2 times), Northern Ireland (Belfast), Romania (Iasi), Brazil (4 times; Sao Paulo, Rio de Janeiro, Porto Alegre, small city near Rio), Peru (Lima), Hong Kong (2 times), Taiwan (2 times), the Philippines (3 times), Singapore (4 times), Malaysia (2 times), South Africa (2 times), Ghana (Skype), Australia (2 times, Sydney, Adelaide), New Zealand (Christchurch, Otago), Turkey (Istanbul), Spain (Barcelona), Ukraine (Kiev). I have supervised graduate students who have conducted numerous other workshops in marital enrichment, forgiveness, and lay counseling. [Again, no longer counting workshops]

Service to the Scholarly Community

Editorial Responsibilities

- a. Founding Editor *Marriage and Family: A Christian Journal*, appointment for May, 1994, through December 31, 2001.

- b. Editorial Boards

Current

American Journal of Family Therapy, Jan 1985-date.

Journal of Psychology and Theology, Jan 1985-date.

Journal of Psychology and Christianity, March 1989-date.

Psychology of Religion and Spirituality, November 2007-date

Journal of Management, Spirituality, and Religion, November 2008-date

Past

The Clinical Supervisor, September 2007- December 2014

Journal of Counseling Psychology, Dec 1998-Dec 2000.

VCU Teaching Online, June 1996-Dec 1998.

- c. Guest Editor for special issues of journals

Journal of Psychology and Christianity, 2012, on "Promoting Research in Psychology and Christianity"

Journal of Psychology and Theology, 2011, 2012 (two issues) on "Current Trends in Integration of Psychology and Theology"

Journal of Clinical Psychology: In Session, 2009, 65(2), on "Religious Interventions."

Journal of Psychology and Christianity, 2008 (2) and (4), on "Empirical Research on Forgiveness," (two issues, Summer 2008 and Winter 2008).

Journal of Psychology and Christianity on "Christian Marriage Counseling," 1994, 13(2).

Journal of Psychology and Christianity on "Religious Values and Psychotherapy," 1991, 10(2) and 10(3).

- d. Contributing Editor
Borders, L.D., & Leddick, G.R. (1987). *Handbook of counseling supervision*.
Alexandria, VA: Association for Counselor Education and Supervision.
- e. Editor, *CAPS-East Newsletter* (2 years, 1994-1995)
- f. Department Co-Editor for "The Journal File," *American Journal of Family Therapy*, Jan 1985-June 1990.

(1) Worthington & O'Shea, M.

AJFT, 1990, *18*, 118-128

AJFT, 1990, *18*, 218-224

AJFT, 1989, *17*, 86-95

AJFT, 1989, *17*, 184-191

AJFT, 1989, *17*, 287-296

AJFT, 1989, *17*, 377-389

AJFT, 1988, *16*, 87-94

AJFT, 1988, *16*, 181-191

AJFT, 1988, *16*, 281-287

AJFT, 1988, *16*, 376-380

AJFT, 1987, *15*, 87-94

AJFT, 1987, *15*, 185-192

AJFT, 1987, *15*, 279-288

AJFT, 1987, *15*, 370-378

AJFT, 1986, *14*, 373-379

(2) Markman, H. J., & Worthington

AJFT, 1986, *14*, 91-96

AJFT, 1986, *14*, 184-192

AJFT, 1986, *14*, 279-288

AJFT, 1985, *13* (2), 86-95

AJFT, 1985, *13* (3), 87-95

AJFT, 1985, *13* (4), 85-90

- g. Research Consultant-Reviewer for *Family Therapy Networker*,
1982-1984. I wrote two columns before the journal changed its format.

(1) *FTN*, 1983, *3*(1), 55

(2) *FTN*, 1983, *3*(3), 55-56

- h. Ad hoc manuscript review for the following journals (and others) on occasion:

International Journal for the Psychology of Religion

Research in the Social Scientific Study of Religion

The Journal of Positive Psychology

Applied and Preventive Psychology
Journal of Personality and Social Psychology
Journal of Social and Clinical Psychology
Journal of Family Psychology
Personality and Individual Differences
Personal Relationships
Journal of Family Psychology
Journal of Consulting and Clinical Psychology
Journal of Counseling Psychology
Cognitive Therapy and Research
Journal of Counseling and Development (formerly *Personnel and Guidance Journal*)
Journal of Social and Personal Relationships
Journal for the Scientific Study of Religion
Professional Psychology: Research and Practice
Journal of Marriage and the Family
The Counseling Psychologist
Perceptual and Motor Skills
Journal of Peace Research
Journal of Health Psychology
Clinical Psychology: Science and Practice
Journal of Marital and Family Therapy
Psychological Bulletin
Journal of Personality
Personality and Social Psychology Bulletin
Psychotherapy
Open Theology
Others

i. Book Reviews for Publishers: too numerous to count

j. Grant Review Panels

Ad hoc reviewer for numerous Foundation grant proposals (1997-date)

Co-chair (with David Myers), Research Grant Review Panel, The John Templeton Foundation, RFP "Empirical Research in Forgiveness," August 1997-March, 1998 (136 proposals).

Chair, Grant Review Panel, Commonwealth of Virginia, Department of Mental Health, Mental Retardation, and Substance Abuse Services, RFP #720-95706M, "Community-Based Services to Adults with Serious Mental Illness and Children with a Serious Emotional Disturbance," \$585,025, June, 1995 (52 proposals)

VCU Faculty Grant-in-Aid Research Review Panel, Member 1988-1990

k. *Organizer or Track Coordinator for National or International Conventions*
Track Co-Leader, American Association of Christian Counselors National Conference, Dallas, TX, September 2016

Track Co-Leader, American Association of Christian Counselors Church Conference, Charleston, SC, May 2016

Track Co-Leader, American Association of Christian Counselors World Conference, Nashville, TN, September 2015

Track Co-Leader, American Association of Christian Counselors National Conference, Branson, MO, September 2014

Track Co-Leader, American Association of Christian Counselors World Conference, Nashville, TN, September 2013

Track Co-Leader, American Association of Christian Counselors National Conference, Branson, MO, September 2012

Track Co-Leader, American Association of Christian Counselors Marriage Conference, Orlando, April 2012

Track Co-Leader, American Association of Christian Counselors International Convention, Nashville, TN 2011

Planning Committee, Conference on Mercy, Atlanta, 2011

Track Co-Leader, American Association of Christian Counselors National Convention, Branson, MO 2010

Track Co-Leader, American Association of Christian Counselors International Convention, Nashville, TN, 2009

Track Co-Leader, American Association of Christian Counselors, National West Region, Dallas, 2008

Track Co-Leader, American Association of Christian Counselors, National East Region, Orlando, FL, 2008

Track Co-Leader, American Association of Christian Counselors International Convention, Nashville, TN, 2007

Track Co-leader, Marriage and Family Therapy Track, Counseling Conference, Counsel Works, Orlando, 2004

Organizer, Scientific Findings about Forgiveness, Atlanta, GA, 2003 (*A Campaign for Forgiveness Research*, sponsor)

Organizer, Helping People Forgive, Atlanta, GA, 2003 (*A Campaign for Forgiveness Research*, sponsor)

Track Co-coordinator, Counseling Theory and Research, AACC World Conference on Christian Counseling 2001, Nashville

Organizer, Forgiveness and Reconciliation, sponsored by Harvard Kennedy School of Government and the John Templeton Foundation, Harvard University, Forgiveness Researchers Track, October, 1999

Track coordinator, Innovations in Psychology, Christian Association for Psychological Studies, Chattanooga, TN, 1998

Track coordinator, Family Counseling Track, World Congress on Christian Counseling, Dallas, November, 1997

Organizer, Conference for Research on Forgiveness, sponsored by the John Templeton Foundation, Hope College, Holland, Michigan, October, 1997

Associate Director for Religion and Mental Health, National Task Force on Research in Religion, Templeton Foundation and National Institute for Healthcare Research, three conventions: July, 1996; January 1997; July 1997; co-author of "white paper" on policy implications for a research agenda on mental health and religion in the United States; presenter at press conference at the National Press Club (televised by numerous outlets)

Track coordinator, CAPS National Convention, Marriage and Family Track, Virginia

Beach, 1995

Track coordinator, AACC and Focus on the Family, National Congress on the Family, Premarital and Marital Counseling Track, Denver, 1995

- l. Ad hoc reviewer for convention presentations: Many years, many organizations
- m. Institute for Spirituality and Health (formerly National Institute of Healthcare Research) Research Fellow (1994-2003)
Speakers' Bureau (1996-2003)
- n. International Board of Advisors, John Templeton Foundation (1996-2001; 2003-2006)
- o. Fetzer Institute, Consultant to the Board (2007-date)

Professional Organizations/Groups

- a. Liaison, Divisions 17 (Society for Counseling Psychology, Special Interest Group) and Division 36 (Society for Psychology of Religion and Spirituality) (August 2011-August 2014)
- b. President-Elect (2008-2009), President (2009-2010), and Past-President (2010-2011), APA Division 36 (Psychology of Religion); associated duties like Executive Committee (2008-2011)
- c. Board, Christian Association for Psychological Studies (International) elected Academic Representative, 1994-1997 (Publications Committee, Chair, Video Series Committee)
- d. Board, Christian Association for Psychological Studies-East Region, 1993-1995 (Elections committee, New Members committee, Newsletter editor).
- e. Advisory Board, American Association of Christian Counselors, 1991-date.
- f. Division 36 (Psychology of Religion; Psychologists Interested in Religious Issues) APA Task Force on Families and Religion, 1990-1992.
- g. ACES Supervision Committee, member (1984-1993).
- h. Formed and participated in a variety of groups of helping professionals within the metropolitan Richmond area (1980-1985).

Administrative Positions

- a. Chair, Department of Psychology, July 2000-June 2005
Administrative Accomplishments: Led the Department in developing a strategic plan and adhering to those mission, values, goals, and objectives throughout five years. Presided over the hiring of about 1/3 of the faculty. Secured full-time non-tenure track collateral teaching faculty to cover courses vacated by tenure-track faculty successful grant-getting. Promoted graduate student excellence through (1) securing summer money to fund research and publication of graduate-student first-authored journal articles, (2) offering cash incentives for professional publications, (3) insuring full coverage of graduate students who wished to be funded, (4) promoting NRSA F31 awards through establishing a course aimed at securing those awards (taught by Dr. Tom Eisenberg). Promoted undergraduate excellence by providing cash incentives to Psi Chi for community service projects and money to support publication and presentations.
- b. Interim Chair, Department of Psychology, August 1999-June 2000
Administrative Accomplishments: Assumed the Chair during a period of turmoil after the previous Chair resigned precipitously and the Department was without a Chair for

five months. Led the Department in stabilizing and re-initiating growth.

- c. Executive Director and Treasurer, *A Campaign for Forgiveness Research*, 1998-2005
- d. Board of Directors, *A Campaign for Forgiveness Research*, 1998-2005
Administrative Accomplishments: Fund raising. Worked with the Board of Directors to secure \$3.25M in funding from 14 funding partners. Administered the grants successfully. Organized two national conferences run concurrently in Atlanta. Published *Handbook of Forgiveness* (Editor) to review research in 30 areas pertaining to the scientific study of forgiveness.
- e. Executive Director, VCU's MATE Center (Marital Assessment, Treatment, and Enrichment Center) 1997-date (Annual reports available on request)
- f. Director of Training, Graduate Program in Counseling Psychology, May 1997-Aug 1999; Aug 2013-June 2015
Administrative Accomplishments: 1997-9, wrote the first APA self-study under the new guidelines of stating the program goals and measures and then adducing evidence for reaching those goals; 2013-5, new mission and vision statements, curriculum reform, redid the plan for assessment of student learning (WEAVE), evaluated the new assessment plan, brought paperwork into conformity with the plan, redid prelims, committees to hire two new professors in Counseling
- g. Interim Director of Undergraduate Studies in Psychology, August 1993-January 1994
- h. Acting Program Chair and Training Director, Counseling Psychology Program, August, 1991-January, 1992
- i. Director of Undergraduate Studies in Psychology, August, 1985-June 1987
- j. Director, Midlife Counseling Service, June 1981-June 1984

Scholarly Talks and Papers: Local

Since 1978, I have given well over 350 prepared papers to various groups within the scholarly community of VCU and professional organizations throughout the greater Richmond area.

7. SPECIAL AWARDS, FELLOWSHIPS, AND OTHER HONORS

Licenses

Licensed in Virginia as Clinical Psychologist No. 0810001428 (April 1987-date)

Approved Supervisor by Virginia Board of Professional Counselors: May 1983-1990.

Licensed in Virginia as Psychologist (Counseling) No. 418 (Jan 1982-1996)

Awards

Honorary Degree:

2014, Doctor of Humane Letters (Honorary Doctorate), Pepperdine University, May 17, 2014

Overall Awards:

2016, State Council of Higher Education in Virginia (SCHEV), Outstanding Faculty Award, Feb 16, 2016

2015, Elder Recognition Award for Distinguished Contributions to Counseling Psychology, Division 17, Society for Counseling Psychology, August 7, 2015

2014, VCU Commonwealth Professor, December 15, 2014

2011, American Psychological Association, Fellow, Division 17, October, 2012

2011, American Psychological Association, Fellow, Division 36, October, 2011

2012, "Roast" of Ev Worthington, Christian Association for Psychological Studies (April, 2012)

2009, VCU University Award for Excellence, September, 2009

2008, Narramore Award for Integration of Psychology and Christianity, Christian Association for Psychological Studies, April 2008

2005, American Psychological Society, Fellow, December, 2005

2005, Division 36, APA, Certificate of Recognition for Professional Dedication and Scholarly Endeavors that Have Enhanced the Field of the Psychology of Religion and Spirituality, Awarded April, 2005

2001, Distinguished Member Award, Christian Association for Psychological Studies, 2001 (organization's highest honor, one per year)

1999, Gary R. Collins Award for Excellence in Christian Counseling (by American Association of Christian Counselors), 1999 (one per year)

Teaching Awards:

2013, one of 21 honored Top Psychology professors in Virginia by StateStas.org
<http://onlineschoolsVirginia.com/top-college-professors-in-Virginia/psychology/>

2003, Virginia Sexton Mentoring Award, Division 36 of the American Psychological Association (Psychology of Religion)

1996, Selected by the College of Humanities and Sciences as a participant in the International Council for Faculty Exchange summer program to Brazil.

1995-6, VCU College of Humanities and Sciences Distinguished Teaching Award.

1995, Selected by CAPS International as third lecturer in the "Master's Therapist" videotape series; videotaped lecture and demonstration of Christian Marriage Counseling, June 1995.

1994, 2000. Syllabus accepted 1994 as model syllabus for Introductory Psychology by Project Syllabus, Division 2 (Teaching Psychology) of the American Psychological Association; renewed, 2000

1993-1997, Appointed Senior Faculty for Quality Instruction, Department of Psychology, VCU

1983-1984, Outstanding Teacher of the Year in Psychology at VCU (selected by Psi Chi).

1977-1978, Outstanding Graduate Student Teacher, University of Missouri-Columbia

Scholarship Awards:

2016, Norman Munn Distinguished Visiting Scholar Award (Flinders University) October-November 2017

2012, William Bier Award for Sustained Professional Contributions, Division 36 (Society for Psychology of Religion and Spirituality)

2012, The William Henry Griffith Thomas Lectures, Dallas Theological Seminary, February 7-10, 2012

2011, Dorothy Booz Black Award for Heath Psychology; Division 17 (Society of Counseling Psychology)

2008, Hope College, Pew Faith and Learning University Lecturer

2008, Trinity Evangelical Divinity School, Integration Lecturer

2007, VCU College of Humanities and Sciences Distinguished Scholar Award

2006, Azusa Pacific University, Integration Lecturer

2006, Visiting Research Scholar, Department of Education, Hong Kong University

2006, *The Power of Forgiveness*, chosen semi-finalist in Independent Publishers Book-of-the-Year award, Spiritual/Religious.

2006, *The Power of Forgiveness*, chosen a Book of Distinction, John Templeton Foundation.

2005, Distinguished Visiting Scholar, Centre for Advanced Religious and Theological Studies, University of Cambridge, Cambridge, England

2005, Visiting Fellow, St. Edmund's College, University of Cambridge, Cambridge, England

2003, *Forgiving and Reconciling: Bridges to Wholeness and Hope*, chosen a Book of Distinction, John Templeton Foundation

2003, Scandrette Lecturer, Wheaton College

2001, Gimbel Scholar

2000, Fuller Theological Seminary, Annual Invited Integration Lecturer

1998, Templeton Humility Theology Award (Honorable Mention) for McCullough, M.E., Worthington, E.L., Jr., & Rachal, K.C. (1998). Interpersonal forgiving in close relationships. *Journal of Personality and Social Psychology*, 75, 321-326.

1998, Templeton Humility Theology Award (Exemplary Paper) for McCullough, M.E., Worthington, E.L., Jr., Maxie, J.L., & Rachal, K.C. (1997). Gender in the context of religious counseling: An example of the interactive framework for gender and counseling. *Journal of Counseling Psychology*, 44, 80-88.

1997, Templeton Humility Theology Award for Worthington, E.L., Jr. (1998). The empathy-humility-commitment model of forgiveness applied within family dyads. *Journal of Family Therapy*, 20, 59-76.

1997, Christian Association for Psychological Studies Annual Convention, Best Data-Based Research Presentation, for Worthington, E. L., Jr., Hight, T. L., Ripley, J. S., Perrone, K. M., Kurusu, T. A., & Jones, D. R. (1997, June). *Hope focused couple enrichment: Practice and research*. Paper presented at the meeting of the Christian Association for Psychological Studies, Seattle.

1996, Templeton Humility Theology Award for Worthington, E. L., Jr., Kurusu, T. A., McCullough, M. E., & Sandage, S. J. (1996). Empirical research on religion and psychotherapeutic processes and outcomes: A ten-year review and research prospectus. *Psychological Bulletin*, 119, 448-487.

1996, Visiting Scholar, government of South Africa, June, 1996

1996, Templeton Humility Theology Award for McCullough, M. E., & Worthington, E. L., Jr. (1995). Promoting forgiveness: A comparison of two psychoeducational group interventions with a waiting-list control. *Counseling and Values*, 40, 55-68.

1996, Donald Biggs-Gerald Pine Award for Outstanding Scholarly Contribution: Awarded by the Association for Religious and Value Issues in Counseling, a division of the American Association for Counseling and Development for "McCullough, M. E., & Worthington, E.L., Jr. (1995). Promoting forgiveness: A comparison of two psychoeducational group interventions with a waiting-list control. *Counseling and Values*, 40, 55-68."

1995, Templeton Humility Theology Award for McCullough, M. E., & Worthington, E. L., Jr. (1994). Encouraging clients to forgive people who have hurt them: Review, critique, and research prospectus. *Journal of Psychology and Theology*, 21, 3-20.

1994, Templeton Humility Theology Award for Worthington, E. L., Jr. (1991).
Psychotherapy and religious values: An update. *Journal of Psychology and Christianity*, 10
(3), 211-223.

1990, Donald Biggs-Gerald Pine Award for Outstanding Scholarly Contribution: Awarded
by the Association for Religious and Value Issues in Counseling, a division of the American
Association for Counseling and Development for "Worthington, E.L., Jr. (1990). Marriage
counseling: A Christian approach for counseling couples. *Counseling and Values*, 35, 3-15.
(Invited Article)."

1990, *Marriage Counseling* (1989); Finalist, Christian Booksellers Gold Medallion Award,
for Text/Reference Category.

1989, Scandrette Lecturer, Wheaton College.

1968-9, U.S. Atomic Energy Commission Special Fellowship in Nuclear Engineering (1968-
1969)

Leadership Awards:

2011, AACC Silver Award for Outstanding Influence and Leadership in the Development
and Advancement of Christian Counseling around the World, September 30, 2011 (AACC is
the American Association of Christian Counselors, membership over 50,000)

(Not really an award, but more like an honor) Interview included in a book, Long, S. (2005).
Difference makers: Stories of those who dared. Singapore: World Scientific. The chapter is
entitled, "Dr. Everett Worthington: The healer within Dr. Forgiveness," pp. 109-118.

Grace E. Harris Leadership Scholar, 2000-2001

Courses Taught by Invitation at Other Universities

2016 Master's program in Counseling and Chaplaincy in Crisis Situations, REALIS
Christian Center and National Pedagogical Dragomanov University, Kiev, Ukraine,
"Forgiveness"

2016 Regent University, "Forgiveness"

2015 Denver Seminary, "Relational Therapies"

2013 Light University, "Research Design and Statistics" [online master's level course]

2012 Denver Seminary, "Relational Therapies"

2009 Denver Seminary, "Relational Therapies"

2007 Denver Seminary, "Relational Therapies"

2007 Rosemead School of Psychology, "Forgiveness"

2006 Alliance Graduate School (Quezon City, Philippines) "Forgiveness"

2004 Grace University, Psychology, "Forgiveness"

2004 Rosemead School of Psychology and Talbot Seminary (Biola University),
"Forgiveness: Theory Research and Practice"

2004 Denver Seminary, "Marriage Enrichment: Review and Role of Forgiveness Training
in Marriage Enrichment"

2002 Alliance Biblical Seminary and Pacific Consortium of Graduate Schools (Quezon

- City, Philippines), "Forgiveness": Theory, Research, and Practice.”
- 2001 Denver Seminary, "Marital Enrichment."
- 1998 Denver Seminary, "Premarital and Marriage Enrichment Interventions.”
- 1992 Denver Seminary, "Marriage and Premarriage Counseling."
- 1991 Liberty University School of Lifelong Learning "Theories and Techniques of Counseling I" (videotaped plus live).
- 1990 Liberty University School of Lifelong Learning "Dealing with Marital Stress, Infidelity, and Divorce." (audiotaped).
- 1990 Denver Seminary "Marriage and Premarriage Counseling."

8. MAJOR ACADEMIC COMMITTEES

University

- University Awards Committee, Interim (2016, Spring)
- Online Education Committee (2010-2011)
- Life Sciences and Religion Advisory Committee (2004-2006)
- Search Committee, Chairman Behavioral Program, School of Public Health (2004-5)
- Committee for Behavioral Program in Addictions, School of Public Health (2004-5)
- Search Committee, Dean of the School of Graduate Studies (2001-2)
- Co-Coordinator, Life Sciences 102 (Behavioral Life Sciences)(2001-2002)
- Life Sciences Initiative Executive Advisory Committee (2000-2005)
- Task Force on Academic Success for Promoting Student Retention (1997)
- South African Initiative Committee (1997-1999)
- VCU Teaching Online*, Editorial Board (1996-1998)
- Senior Faculty Mentor Program (1994-1995)
- Task Force for Description of Social Sciences and Humanities (1994)
- FAME Faculty Mentor Program (1993-1995)
- Faculty Grant-in-Aid Committee (1988-1990)
- Committee to Evaluate Proposals for Centers of Inquiry (1989)

College of Humanities and Sciences

- CHS Award Recipients (2012)
- CHS General Education Task Force (2007-2009)
- Search Committees, Directors, School of World Studies and for School of Government (2003)
- Life Sciences Committee (2001-2006)
- Task Force for the Evaluation of the English Department (2000-2001)
- CHS Dean's Administrative Committee (1999-2005)
- Faculty Development Task Force (1999)
- Senior Mentor for New Faculty Members in the CHS (1996-1997; 1997-1998)
- Grievance Committee (1994-1997)
- Task Force on Advising (1993-4)
- Faculty Status Committee (1990-1992)
- Undergraduate Academic Committee (1980-1981; 1985-1987, 1993)
- Faculty Council (1980-1981; 1985-1987; 1990-1992; 1993)
- Committee on Extra-institutional Learning, Chair (1980-1983)
- Committee for the Feasibility Study for a New Building for Psychology and Mass Communications (1980-1981)

Department of Psychology

Academic Curricula Committees

Undergraduate Committee (1979-1983; 1985-1987; 1988-1989; 1993-1999, 2007-2009),
Chair (1985-1987; 1993)

Psychology Graduate Committee (1983-1985, 1991, 1997-1999, 2013-2015)

Personnel Committees

Committee on Faculty Peer Review of Instruction (1993-1994), while Chair (1999-2005)

Personnel Committee (1994-1997)

Personnel and Policy Committee (1982-1983, 1985-1986)

Administrative Committee (1985-1987)

Departmental Service Committees

Multicultural Advocacy Committee (1997-1999)

Human Subjects Research Review (1990-1993)

Ombudsperson (1996-1999)

Task Forces and Ad Hoc Committees

Task force for 6-Year Hiring Plan (2014-5)

Ad Hoc Committee for Mission Statement Review (1994-5)

Ad hoc Committee on Governance (1993-1994)

Ad Hoc Committee on Statistics, Methodology and Computer Skills

Ad hoc Committee for Training for Psychology Graduate Students (1981-1982)

Ad Hoc Committee on Merging the Psychology Department's Clinics (1983-1984)

Ad Hoc Committee for Renovation of the Center for Psychological Services and Development
(1985)

Ad Hoc Committee for Departmental Space Allocation (1985)

Task Force for Large Section Instruction (1987)

Counseling Psychology Program

Director of Training (2013-2015; 1997-1999; Acting Director of Training, 1991)

Faculty Search Committee for Director of Training in Counseling (2013-5)

Faculty Search Committee for Assistant Professor in Counseling (2013-5)

Practicum and Internship Coordinators (2013-5)

Search Committee, Director of the Center for Psychological Services and Development (2014)

Prelims Coordinator (2005-date)

Science Committee (1996-1997)

Multi-cultural Task Force (1992-1993)

Preliminary Examination Coordinator (1990-1993; 2006-2016)

Recorder (1987-1990; 2013-2015)

Graduate Admissions (1979-1986), Chair (1981-1985)

Midlife Counseling Service Committee, Chair (1981-1984)

Planning and Development Committee (1979-1981)

Faculty Search Committees (1983)

Tenure and/or Promotion Committees (n=20; 7 as Chair)

Terri Sullivan (Professor, Psychology) (2015, Chair)

Suzanne Mazzeo (Professor, Psychology) (2011, Chair)

Kirk Warren Brown (Associate Professor, Psychology) (2010, Chair)

Jeffrey D. Green (Associate Professor, Psychology) (2009, Chair)

Terri Sullivan (Associate Professor, Psychology) (2009)

Wendy Kliewer, (Professor, Psychology), (2006, Chair)
Susan Kornstein (Tenure, Professor; Psychiatry) (2001)
Scott Vrana (Tenure) (1999)
Earle Coleman (Professor; Philosophy and Religious Studies) (1998)
Wendy Kliewer (Tenure, Associate Professor; Psychology) (1997)
Finetta Reese (Tenure, Associate Professor; Psychology) (1996)
Judy M. Chartrand (Tenure; Associate Professor; Psychology) (1994)
Steven B. Robbins (Professor; Psychology) (1993, Chair)
Janet Younger (Professor, Nursing) (1992)
Timothy Elliot (Tenure; Associate Professor; Psychology) (1992, Chair)
Albert Farrell (Professor; Psychology) (1992)
Thomas V. McGovern (Professor; Psychology) (1989)
Steven Danish (Tenure, Professor; Psychology) (1985)
Arnold Stolberg (Tenure, Associate Professor; Psychology) (1984)
Steve Auerbach (Professor; Psychology) (1983)

External Consultant on Tenure and Promotion Committees (n=47)

Jon Webb (Professor, East Tennessee State University, 2016)
Michael Steger (Professor, Colorado State University, 2016)
Loren L. Toussaint (Professor, Luther College, 2015)
Jason Nieuwsma (Associate Professor V, Duke University, 2015)
Patrick Hill (Associate Professor, Psychology, Carleton University, Canada, 2015)
Kim Penberthy (Clinical Professor, University of Virginia, 2014)
Ron Welch (Professor, Psychology, University of Denver, 2014)
Mark Rye (Professor, Psychology, Skidmore College, 2014)
Keith Edwards (Professor, Psychology, Biola University, 2014)
Kevin Ladd (Professor, Psychology, Indiana University South Bend, 2014)
Gina Magyar-Russell (Associate Professor, Counseling, University of Loyola—Maryland, 2013)
Peter C. Hill (Professor of Psychology, Biola University, 2013)
Heather D. Gingrich (Professor of Counseling, Denver Seminary, 2013)
Steven J. Sandage, (Professor of Psychology for the Boston University Danielsen Chair in Religion and Psychology, 2012)
Gina Brelsford (Associate Professor, Psychology, Penn State University, Harrisburg, 2012)
Mark S. Rye (tenured as Associate Professor, Skidmore College, 2012)
Steve Stratton (Professor of Counseling, Asbury University, 2011)
Adriel Boals (Professor of Psychology, University of North Texas, 2011)
Fraser Watts (Starbridge Endowed Chair; Readership to Professor, University of Cambridge, 2010)
Fred Gingrich (Professor of Counseling, Denver Seminary, 2010)
Jon Webb (Associate Professor, East Tennessee State University, 2010)
Michael Steger (Associate Professor, Colorado State University, 2010)
Glen Milstein (Associate Professor, City College of New York, 2010)
Seiji Takaku, Soka University (Associate Professor and Tenure, 2010)
Christina Puchalski (Professor of Psychiatry, George Washington University School of Medicine, 2009)
Todd W. Hall (Professor of Psychology, Rosemead School of Psychology, Biola University, 2009)

Charlotte VanOyen Witvliet (Professor, Hope College, Michigan, 2008)
Loren Toussaint (Associate Professor, Luther College, Iowa, 2008)
Kevin Masters (Professor, Syracuse University, 2007)
Timothy Kelly (Professor, Fuller School of Psychology, 2006)
Helen DeVries (Professor; Wheaton College, 2004)
Shann Ferch (Professor; Gonzaga University, 2004)
Annette Mahoney (Professor; Bowling Green State University, 2004)
Mark Rye (Associate Professor; University of Dayton, 2003)
Jennifer Ripley (Associate Professor; Regent University, 2003)
Charlotte Witvliet (Associate Professor; Hope College, 2002)
Scott Richards (Professor; Brigham Young University, 1999)
Shann Ferch (Associate Professor; Gonzaga University, 1999)
Randall Sorenson (Professor; Biola University, 1998)
Brian McNeil (Professor; Washington State University, 1998)
Helen DeVries (Associate Professor; Wheaton College, 1997)
David Larson, M.D. (Professor; Duke University, 1995)
Rebecca Propst (Professor; Lewis and Clark College, 1994)
Alan Tjeltveit (Professor; Muhlenberg College, 1994)
Scott Richards (Associate Professor; Brigham Young University, 1993)
Beverly E. Thorn (Associate Professor; University of Alabama, 1987)
Beverly E. Thorn (Associate Professor; Ohio State University, 1985)

Third-Year Academic Review Committees (n=9, 2 as Chair)

Natalie Shook (Social Psychology, 2010)
Jeffrey Green (Social Psychology, 2008)
Kathy Ingram (Counseling Psychology, Chair, 1998)
Micah McCreary (Counseling Psychology, Chair, 1996)
Judy M. Chartrand (Counseling Psychology, 1992)
Timothy Elliott (Counseling Psychology, 1990)
Lesley Slavin (Counseling Psychology, 1989)
Sandra Olson (Counseling Psychology, 1986)
Theresa Buczek (Counseling Psychology, 1983)

Dissertation and Thesis Committees and Research Advising

Chaired 54 dissertations to completion
Chaired 55 master's theses to completion
Chaired 7 undergraduate honors theses to completion.
Chairing 2 dissertations and 0 thesis in progress.
Participated as a committee member on 43 completed dissertations, 42 completed master's theses.
Participated as external committee member on dissertations at other universities: Rachel Stoetebecker (Griffith University, Australia), Monique Howell (Richmont University), Emma Kemp (University of Adelaide); Cecilia Tang (Hong Kong University); Rebecca Loundar (Macquarie University, Australia); Louise Mooney (University of Adelaide, Australia); Jin Yuk Park (Liberty University); Teresa Harrison (Trevecca Nazarene, Nashville); Yin Kwan Loraine PUN (University of Hong Kong); Daniel Chong (Liberty University); David Lipschitz (Transpersonal Institute); Eric Lau (Hong Kong University);

Wanda Malcolm (York University, Toronto, Canada); Lee Anne Vaughn (Regent University, Virginia Beach); Glenice Burchard (Regent University, Virginia Beach)

9. SIGNIFICANT SCHOLARLY, PROFESSIONAL, RESEARCH, OR ADMINISTRATIVE EXPERIENCE

9.1 Convention Presentations and Colloquia: over 1,000

I have presented papers at international conferences in the United States, Canada, England, Scotland, Northern Ireland, Scotland, Romania, Spain, Brazil, Peru, Taiwan, Singapore, Malaysia, the Philippines, Hong Kong, Australia, New Zealand, Ghana, and South Africa. I have also presented well over 1,000 convention papers, invited colloquia, or professional seminars and workshops throughout the world and the United States at national, regional, and state conferences.

9.2 Research Grants and Contracts

Worthington, E. L., Jr. (PI). Forgiveness in Africa. Templeton World Charity Fund, \$938,248 TC (\$838,903 DC), 9-19-2014 to 9-18-2017 (current)

Davis, D. E. (PI), Joshua N. Hook, Charlotte v. O. Witvliet, Lynsey Root Luna, Daryl Van Tongeren, and Everett L. Worthington, Jr. (Co-Is). Behavioral indications of humility. John Templeton Foundation, \$200,000 TC, 12-01-2013 to 11-30-2016 (current)

Joel Myers (PI), Don E. Davis (Co-I) and Joshua N. Hook (Co-I), Worthington, E. L., Jr.(Co-I). *Relational humility*. John Templeton Foundation, \$199,000 TC, 04-01-2012 – 03-31-2014 (current).

Worthington, E. L., Jr. (PI), & Don E. Davis (Co-I) and Joshua N. Hook (Co-I). *Relational humility*. John Templeton Foundation, \$344,584 TC (\$299,638 DC), 01-01-2010 – 12-31-2014 (current).

Worthington, E. L., Jr. (PI). *Forgiveness in Christian Colleges: A study of the community impact of forgiveness awareness raising*. Fetzer Institute, \$72,000 TC (\$65,000 DC). Co-Is: Nathaniel Wade, Charlotte Witvliet, Steven J. Sandage 06/01/2009-05/31/2011 (ext. 07/31/2013).

Wade, N. G. (PI), Rye, M. (Co-I), & Worthington, E. L., Jr. (Co-I). Forgiveness in groups: Are common factors responsible for gains or specific psychoeducational exercises? Fetzer Institute, \$72,000 TC (\$65,000 DC), 06/01/2009-05/31/2011 (ext. 07/31/2013).

Rye, M. (PI), Wade (Co-I), & Worthington, E. L., Jr. (Co-I). Forgiveness groups and gratitude writing exercises in families of women who are recently divorced. Fetzer Institute, \$72,000 TC (\$65,000 DC), 06/01/2009-05/31/2011 (ext. 07/31/2013).

Witvliet, C.v. O. (PI), Exline, J. J. (Co-I), Tsang, J. A. (Co-I), & Worthington, E. L., Jr. (Co-I). Baseline vagal tone and its effects on reactions to transgressions and forgiveness. Fetzer

Institute, \$72,000 TC (\$65,000 DC), 06/01/2009-05/31/2011 (ext. 07/31/2013).

Exline, J. J. . (PI), & Prince-Paul, M. J. (Co-I), Worthington, E. L., Jr. (Co-I). Forgiveness in families of patients in hospice. Fetzer Institute, \$72,000 TC (\$65,000 DC), 06/01/2009-05/31/2011 (ext. 07/31/2013)

Sandage, S. J. (PI), & Worthington, E. L., Jr. (Co-I). Forgiveness group intervention as an adjunct to Dialectical Behavior Therapy (DBT) for borderline personality disorder patients. Fetzer Institute, \$72,000 TC (\$65,000 DC), 06/01/2009-05/31/2011 (ext. 07/31/2013)

Hui, E. A. P. (PI), Watkins, D. (Co-I), Sun, R. (Co-I), & Worthington, E. L., Jr. (Co-I). Forgiveness and culture in Hong Kong students. Research award competition, Hong Kong University, (\$65,000 HKD, about \$8200 USD) 06/01/2009-05/31/2011

Worthington, E. L., Jr. (PI) & Michael McCullough (Co-I) and Steven Sandage (Co-I). *Forgiveness and relational spirituality*. Fetzer Institute, \$350,000 DC and TC (September 2006-August 2010), Fetzer #2266.

Worthington, E. L., Jr. (PI). *National study of the effectiveness of Christian marriage counseling*. American Association for Christian Counselors Foundation, \$39,000 DC and TC, (Sep 1, 2006-Aug 31, 2009).

Worthington, E. L., Jr. (PI). *Multi-method measurement of forgiveness and marriage enrichment*. Fetzer Institute, \$10,500, (June 2006-September 2007) Fetzer #2254.01.

Worthington, E.L., Jr. (PI), & Jane Talley (Co-0I). *Prevention of youth violence in abused and neglected children through interventions with parents*. Subaward from the Center for the Study and Prevention of Youth Violence, \$7650 (July 1, 2003-Sept. 30, 2005) Award No. 2003-011 (from Center for Disease Control and Prevention #15460001758A1).

Berry, J.W., (PI), Worthington, E.L., Jr. (Co-I). (January 2002- Dec 2003). *Warmth based versus conscientiousness-based virtues, altruistic personality trait, and expressions of altruistic and compassionate love*. The Fetzer Institute, grant #1653.3, \$86,324.

Worthington, E. L., Jr. (PI) (Aug 1, 1997-Aug 1, 2001). *Forgiveness, humility, and gratitude in recently married couples: An intervention study of some important laws of life*. The John Templeton Foundation, grant # 239, \$295,068.(years 1 and 2). Extension,\$10,900.(pilot study). Extension, \$105,457 (year 3). Extension, \$53,546 (year 4). Total award = \$464,972.

Supplemental grant from NIH General Clinical Research Center Grants 5M01 RR000065-410535 (approx. \$10,000 in assays for validity pilot study; approx. \$10,000 in assays for the pilot study; approx. \$80,000 in assays for main study).

Worthington, E.L., Jr. (1999-2003). Training new parents in forgiving and communicating. VCU Faculty Grant-in-aid, \$4977.

Worthington, E.L., Jr. (1997). Visiting research scholar, travel award. South Africa, Human Sciences Research Council, Centre for Science Development, \$2000.

Worthington, E. L., Jr. (1996). Policies within the states that promote fatherhood. Virginia Department of Health, \$5300.

Worthington, E. L., Jr. (1995). Resiliency in adolescents and health. Virginia Department of Health, \$3425.

Worthington, E. L., Jr. (1995). Fatherhood and health. Virginia Department of Health, \$5156.

Worthington, E. L., Jr. (1993). Large lectures with and without computer simulation laboratories. Office of Assessment, VCU, \$1500.

Worthington, E. L., Jr. (1993). Establishing a Faculty Peer Evaluation System within the Department of Psychology. Faculty Rewards Innovative Projects, \$4000.

Worthington, E. L., Jr. (1984). Compliance with psychotherapeutic homework directives. \$4865; (VCU Grant-in-Aid #84-004 June 1, 1984 - May 31, 1985)

Worthington, E. L., Jr. (1979). The Lamaze childbirth method: A component analysis using cold pressure pain. \$2935; (VCU Grant-in-Aid #79-02 June 1979 - May 1980)

9.3 Grants to *A Campaign for Forgiveness Research*, Everett L. Worthington, Jr., PI

As Executive Director (and Treasurer) of the *Campaign*, I have been involved with raising \$10.6 M to fund research projects on forgiveness. Beginning with a seed grant of \$3M from the John Templeton Foundation, a gift of \$1,000,000 from an anonymous donor, and about \$400,000 from the Fetzer Institute, which together funded 16 original grants in 1998, the *Campaign* has raised an additional \$1.957M to fund research grants. I have obtained other support to operate the *Campaign*, a 501c(3) corporation, administers the grants, for \$271,107 (see below), for the purpose of administering research grants and disseminating research results concerning forgiveness.

**Grants and Gifts Awarded to Worthington, PI, for
A Campaign for Forgiveness Research for Operating the Campaign and Dissemination of
Research Results on Forgiveness
Total Grant Support Raised = \$306,107**

Everett L. Worthington, Jr. (PI, Executive Director). Grant ID # 11015, Forgiveness Conference. Awarded by the John Templeton Foundation, TC= \$10,000, November 15, 2003 to February 14, 2004.

Everett L. Worthington, Jr. (PI, Executive Director). Forgiveness Conference and Dissemination of Results. Awarded by the Fetzer Institute, TC = \$25,000, November 1, 2003.

Everett L. Worthington, Jr. (PI, Executive Director). Grant ID# 10130. Media and Public Relations. Awarded by the John Templeton Foundation, TC = \$33,968, December 3, 2001-

December 31, 2002.

Everett L. Worthington, Jr. (PI, Executive Director). Administering and disseminating results for 8 research grants on forgiveness. Awarded by the Atlantic Philanthropies Foundation, TC = \$71,250 (awarded July 18, 2001). November 28, 2000- December 31, 2005.

Everett L. Worthington, Jr. (PI, Executive Director). Grant ID# 862. Operation costs for A Campaign for Forgiveness Research. Awarded by the John Templeton Foundation, TC = \$165,889, (\$65,389 awarded August 24, 1998; supplement \$100,500 awarded July 1, 2000), August 24, 1998-December 31, 2002.

Grants to *A Campaign for Forgiveness Research* Grant #11015 from the John Templeton Foundation to *A Campaign for Forgiveness Research*, Everett L. Worthington (PI), \$10,000, November 22, 2003.

Grant # from the Fetzer Institute to *A Campaign for Forgiveness Research*, Everett L. Worthington, Jr. (PI), \$25,000, November 2, 2003.

**Grants and Gifts Awarded to Worthington, PI, for
A Campaign for Forgiveness Research for Funding Research by Other Investigators
Total Support Raised = \$1,957,000**

Everett L. Worthington, Jr. (PI, Executive Director). Research studies on forgiveness. Awarded by the Galbraith Foundation, TC = \$150,000, June 20, 2001-December 31, 2005.

Everett L. Worthington, Jr. (PI, Executive Director). Research studies on forgiveness. Awarded by the John Woods Foundation, TC = \$40,000, December 15, 2000- December 31, 2005.

Everett L. Worthington, Jr. (PI, Executive Director). Funding 8 research grants on forgiveness. Awarded by the Atlantic Philanthropies Foundation, TC = \$1,425,000 November 28, 2000- December 31, 2005.

Everett L. Worthington, Jr. (PI, Executive Director). Research studies on forgiveness. Awarded by the Moore Foundation, TC = \$5,000, September 5, 2000- December 31, 2005.

Everett L. Worthington, Jr. (PI, Executive Director). Research studies on forgiveness. Awarded by the Impact America Foundation, TC = \$7,000, September 5, 2000- December 31, 2005.

Everett L. Worthington, Jr. (PI, Executive Director). Research studies on forgiveness in families/Dr. Ivan Miller. Awarded by the William E Simon Foundation, TC = \$175,000 February 24, 2000- December 31, 2005.

Everett L. Worthington, Jr. (PI, Executive Director). Research studies on forgiveness. Awarded by the Lawrence Rockefeller Foundation, TC = \$100,000, February 15, 2000- December 31, 2005.

Everett L. Worthington, Jr. (PI, Executive Director). Research studies on forgiveness. Awarded by the Mr. & Mrs. Sanford N. McDonnell Foundation, TC = \$5,000, June 19, 1999- December

31, 2005.

Everett L. Worthington, Jr. (PI, Executive Director). Research on restorative justice: Chester Challenge/Dr. Peter Hill. Awarded by the Friese Foundation, TC = \$50,000, March 31, 1999-December 31, 2005.

10. BIBLIOGRAPHY

10.1 Books: Total Published or In Press (as of June 2016) = 37 (25 published authored; 10 published edited; 1 in press edited; 1 reissued under a new title); plus 2 under contract; 2 books-on-tape; many foreign translations, only 17 of which are listed

Under Contract

Woodyatt, L., Worthington, E. L., Jr., Wenzel, M., & Griffin, B. J. (Eds.). (under contract, due 2017). *Handbook of self-forgiveness*. New York: Springer.

Worthington, E. L., Jr., & Allison, S. T. (under contract, Due Sep 2016). *Heroic humility: What the science of humility can say to people raised on self-focus*. Washington, DC: American Psychological Association.

In Press

Worthington, E. L., Jr., Davis, D. E., & Hook, J. N. (Eds.). (in press). *Handbook of humility: Theory, research, and application*. New York: Routledge.

Published

Toussaint, L. L., Worthington, E. L., Jr., & Williams, D. (Eds.). (2015). *Forgiveness and health: Scientific evidence and theories relating forgiveness to better health*. New York: Springer.

Worthington, E. L., Jr., & Sandage, S. J. (2015). *Forgiveness and spirituality in psychotherapy: A relational approach*. Washington, DC: American Psychological Association.

Ripley, J. S., & Worthington, E. L., Jr. (2014). *Couple therapy: A new Hope-Focused Approach*. Downers Grove, IL: InterVarsity Press. (a CAPS Book)

Worthington, E. L., Jr. (2013). *Moving forward: Six steps to forgiving yourself and breaking free from the past*. Colorado Springs: WaterBrook/Multnomah. (www.forgiveself.com)

Worthington, E. L., Jr., Johnson, E. L., Hook, J. N., & Aten, J. D. (Eds.). (2013). *Evidence-based practices for Christian counseling and psychotherapy*. Downers Grove, IL: InterVarsity Press (a CAPS Book).

Aten, J. D., O'Grady, K., & Worthington, E. L., Jr. (Eds.). (2012). *Psychology of religion and spirituality for clinicians: From research to practice*. New York: Routledge.

Aten, J., McMinn, M. R., & Worthington, E. L., Jr. (Eds.). (2011). *Spiritually oriented interventions for counseling and psychotherapy*. Washington, D. C.: American Psychological Association.

Maamri, M. M., Nevin, N., & Worthington, E. L., Jr. (Eds.). (2010). *A journey through forgiveness*. Oxford, England: Inter-Disciplinary Press. [eBook, ISBN: 978-1-84888-048-1; <http://www.inter-disciplinary.net/publishing/id-press/ebooks/a-journey-through-forgiveness/>]

Worthington, E. L., Jr. (2010). *Coming to peace with psychology: What Christians can learn from psychological science*. Downers Grove, IL: InterVarsity Press.

Worthington, E. L., Jr. (2009). *A just forgiveness: Responsible healing without excusing injustice*. Downers Grove, IL: InterVarsity Press.

Worthington, E. L., Jr. (2008). *Steps to REACH forgiveness and to reconcile*. Boston: Pearson Custom Publishing.
Reissue of: Worthington, E. L., Jr. (2001). *Five steps to forgiveness: The art and science of forgiving*. New York: Crown Publishers.

Worthington, E. L., Jr. (2007). *Humility: The quiet virtue*. Philadelphia: Templeton Foundation Press.

[Worthington, E. L., Jr. (2006). *Humility: The quiet virtue*. Philadelphia: Templeton Foundation Press. (CD, books on tape version)]

Worthington, E. L., Jr. (2006). *Forgiveness and reconciliation: Theory and application*. New York: Brunner/Routledge.

Worthington, E. L., Jr. (2005). *The power of forgiving*. Philadelphia: Templeton Foundation Press.

Translated into Spanish (2006)
Translated into Korean (2007)
Translated into Bulgarian (2007)
Translated into Croatian (2007)
Translated into Russian (2008)
Translated into Chinese (2013)

[Worthington, E. L., Jr. (2006). *The power of forgiveness*. Philadelphia: Templeton Foundation Press. (CD, books on tape version)]

Worthington, E. L., Jr. (Ed.). (2005). *Handbook of forgiveness*. New York: Brunner-Routledge.

Worthington, E. L., Jr. (2005). *Hope-focused marriage counseling: A guide to brief therapy, rev. ed.* Downers Grove, IL: InterVarsity Press.

Worthington, E. L., Jr. (2003). *Forgiving and reconciling: Bridges to wholeness and hope*. Downers Grove, IL: InterVarsity Press.
Translated into Korean (2006) by Korean InterVarsity Press, Seoul, South Korea.

Worthington, E.L., Jr. (2001). *Five steps to forgiveness: The art and science of forgiving*. New York: Crown Publishers.

Worthington, E. L., Jr. (1999). *Hope-focused marriage counseling: A guide to brief therapy*.

Downers Grove, IL: InterVarsity Press.

Translated into Portuguese (2000) by Editora Sepal, Sao Paulo, SP, Brasil.

Translated into Chinese (2005): [trans. Shek Choi Yin]. Hong Kong: Fung Sau Chung.

Worthington, E. L., Jr. (Ed.). (1998). *Dimensions of forgiveness: Psychological research and theological perspectives*. Philadelphia: The Templeton Foundation Press.

McCullough, M. E., Sandage, S. J., & Worthington, E. L., Jr. (1997). *To forgive is human: How to put your past in the past*. Downers Grove, IL: InterVarsity Press.

Translated into Chinese (1999) by InterVarsity Press, Yuan-Lion Publishing Co.

Translated into Hungarian (2005), [trans. J. Fustos Erika]. Harmat Kiado.

Worthington, E. L., Jr. (Ed.). (1996). *Christian marital counseling: Eight approaches to helping couples*. Grand Rapids, MI: Baker Book House.

Out of print at Baker Book House, 1999.

Reprinted WIPF and Stock Publishers, 2000.

Worthington, E. L., Jr., & Worthington, R. K. (1996). *Helping parents make disciples*. Grand Rapids, MI: Baker Book House.

Worthington, R. K., & Worthington, E. L., Jr. (1996). *Value your children: Becoming better parental disciple-makers*. Grand Rapids, MI: Baker Book House.

Worthington, E. L., Jr. (1994). *I care about your marriage: Helping friends or family members with marital difficulties*. Chicago: Moody Press.

McMurry, D., & Worthington, E. L., Jr. (1994). *Value your mate*. Grand Rapids, MI: Baker Book House.

Translated into Chinese by Genevieve Hsu. Tien Dao Publishing House, Ltd.

Worthington, E. L., Jr., & McMurry, D. (1994). *Marriage conflicts*. Grand Rapids, MI: Baker Book House.

Worthington, E.L., Jr. (Ed.). (1993). *Psychotherapy and religious values*. Grand Rapids, MI: Baker Book House.

Worthington, E.L., Jr. (1993). *Hope for troubled marriages: Overcoming common problems and major difficulties*. Downers Grove, Ill.: InterVarsity Press.

Worthington, E. L., Jr. (1990). *Counseling before marriage*. Dallas, TX: Word Publishers.

Worthington, E. L., Jr. (1989). *Marriage counseling: A Christian approach to counseling couples*. Downers Grove, IL: InterVarsity Press.

Translated into Chinese (1997), Taipei, Taiwan, R.O.C.: Campus Evangelical Fellowship.

Translated into Korean (2001), Seoul, Korea. The Presbyterian Church of Korea.

Worthington, E. L., Jr. (1987). *Counseling for unplanned pregnancy and infertility*. Waco, TX: Word Publishers.

Worthington, E. L., Jr. (1985). *How to help the hurting: When friends face problems with self-esteem, self-control, fear, depression, loneliness*. Downers Grove, IL: InterVarsity Press.
Translated into Chinese (1989), Tapiei, Taiwan, R.O.C.: Campus Evangelical Fellowship.

Worthington, E. L., Jr. (1982). *When someone asks for help: A practical guide for counseling*. Downers Grove, IL: InterVarsity Press.
Translated into Chinese, (1985), Hai-In Wong & Dih Cherng (Trans). Taipei, Taiwan, R.O.C.: Campus Evangelical Fellowship.
Translated into Indonesian, (1992), Yayasan Kalam Hidup (Trans.), *Ketika Seseorang Berkata: Tolonglah Saya!* Bandung, Indonesia: InterVarsity Christian Fellowship.
Translated into Hungarian (2003). *Lelkegondozoi ABC*. Harmat Kiado, Budapest.

10.2 Papers Published and In Press (All papers are in refereed journals or edited volumes except those followed by the designation "NR"; at last count over 400 articles and chapters, and several book reviews)

Forgiveness and Reconciliation (as of the end of 2015, 155—108 journal articles; 45 chapters; 2 book reviews) at least 28 more in 2016 and in press)

In press

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1992 (7)

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Worthington, E. L., Jr. (1984). An empirical investigation of supervision of counselors as they gain experience. *Journal of Counseling Psychology, 31*, 63-75.

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1987 (22)

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Worthington, E. L., Jr., & Martin, G. A. (1980). A laboratory analysis of response to pain after training in three Lamaze techniques. *Journal of Psychosomatic Research*, 24, 109-116.

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Worthington, E. L., Jr., & Dolliver, R. H. (1977). Validity studies of the Strong Vocational Interest Inventories. *Journal of Counseling Psychology, 24*, 208-216.

10.3 Articles Published in Popular Journals, Books, Newspapers, Newsletters: (72 by end of 2014)

In Press

2015

Worthington, E. L., Jr. (2015). Forgiveness. *VCU Stall Street Journal*, May 2015 (and perennial Freshman issue).

Worthington, E. L., Jr. (2015). Forgiveness is within your REACH. *Coping with Cancer*, January/February, p. 30.

2014 (72)

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Worthington, E. L., Jr. (2013). Dealing with self-condemnation through responsible self-forgiveness. *Christian Counseling Connection*, 19(3), 11-12.

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Worthington, E. L., Jr. (2013). Reaching toward forgiveness (sidebar). *The Table: The Bulletin of the Biola University CENTER FOR CHRISTIAN THOUGHT*, Issue 2 (Fall, 2013), p. 2. [Also simultaneously published in the online version]

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Worthington, E. L., Jr. (2010). President's column, July 23, 2010, Where freedom, religion, and leadership come together—A personal meditation. *Psychology of Religion Newsletter:*

American Psychological Association Division 36, 35(1), 4-5.

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In *MarriageWorks Online* (2010; Australian online magazine, edited by Grace and James Vine)

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Worthington, E. L., Jr. (1994). Do you need marriage counseling? *Marriage Partnership*, 11 (2), 58-61. (NR) Reprinted in *Family Talk*, 8(2), 1, 6-7. 10.

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Worthington, E. L., Jr. (1988). Healing our hurts. *Virtue: The Christian Magazine for Women*, 11 (2), 30-31. NR)

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Worthington, E. L., Jr. (1986). When to refer a person to professionals. *Virtue: The Christian Women's Journal*, 8 (5), 17. (NR)

10.5 Abstracts Published: 7

Worthington, E.L., Jr., Dupont, P.A., Berry, J.T., & Duncan, L.A. (1987). Use of spiritual guidance techniques by professing Christian psychotherapists in private and agency settings. *Proceedings of the Virginia Academy of Science*.

Buston, B. G., & Worthington, E. L., Jr. (1985). A component analysis of marriage enrichment. *ERIC, Clearinghouse on Counseling and Personnel Services, Resources in Education*, September, 1985, ED255846.

Hammonds, T. M., & Worthington, E. L., Jr. (1984). Compliance with homework tasks in a behavioral self-control weight loss program. *ERIC*.

Worthington, E. L., Jr. (1984). A new universal theory of psychotherapy: Theory, practice, and research--a very preliminary report. *Journal of Polymorphous Perversity*, 1 (2), 11.

Worthington, E. L., Jr., Martin, G. A., & Shumate, M. (1982). Which prepared childbirth coping strategies are effective? *JOGN Nursing*, 77, 45-51. Abstracted in *Perinatal Press*, 6, 69. (NR)

Worthington, E. L., Jr., Tipton, R. M., Cromley, J. S., Richards, T., & Janke, R. H. (1982). Treatment of speech anxiety: A sequential dismantling of speech skills training, coping skills training and paradox. *ERIC, Counseling and Personnel Services Clearinghouse*.

Worthington, E. L., Jr. (1979). Self-control of pain: Type of imagery, choice of imagery content, and self-verbalization. (Doctoral dissertation, University of Missouri-Columbia). *Dissertation Abstracts International*.

10.6 Published Videotapes or Videotape Series and Audiotapes or Audiotope Series: 26 by end of 2012

2013

Worthington, E. L., Jr. (2013). *Research design and statistics*. [15 Videotape; online course for Light University; COUN 546]

Worthington, E. L., Jr. (2013). *Research design and statistics: Worktext*. [100-page worktext for the 15 Videotape; online course for Light University; COUN 546]

Worthington, E. L., Jr. (2013). Evidence-based practice in Christian psychotherapy and couple therapy. [Videotape; Light University]

Worthington, E. L., Jr. (2013). Hope-Focused Couple Approach summarized with recent modifications. [Videotape; Light University]

2012 (26)

Worthington, E. L., Jr. (2012). *Forgiveness*. Lynchburg, VA: AACC [Videotape; Caring for People God's Way series]

2011

Worthington, E. L., Jr. (2011). *The role of forgiveness in mediation*. Lynchburg, VA: AACC [Videotape].

Worthington, E. L., Jr. (2011). *The role of forgiveness in mediation*. Lynchburg, VA: AACC [Worktext to accompany videotape].

Worthington, E. L., Jr. (2011). *Forgiveness: An update on what the research shows*. Lynchburg, VA: AACC [Videotape].

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2005

Worthington, E.L., Jr. (2005). *Forgiveness* [Professional videotape]. Lynchburg, VA: American Association of Christian Counselors.

Worthington, E.L., Jr. (2005). *Helping people handle sexual temptation* [Professional videotape]. Lynchburg, VA: American Association of Christian Counselors.

Worthington, E.L., Jr. (2005). *Worktext for Helping people handle sexual temptation*. Lynchburg, VA: American Association of Christian Counselors.

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Worthington, E.L., Jr. (2003). *Helping people handle sexual temptation* [Professional videotape]. Lynchburg, VA: American Association of Christian Counselors.

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2000

Worthington, E.L., Jr. (2000). *Forgiveness and grief (MICO 306)*. Spartanburg, SC: AACC.

Worthington, E.L., Jr. (2000) *Interventions in hope-focused marriage counseling (MICO 206)*. Spartanburg, SC: AACC.

1999

Worthington, E.L., Jr. (1999). *Forgiveness (BICO 205)*. Spartanburg, SC: American Association of Christian Counselors.

Worthington, E.L., Jr. (1999). *Hope-focused marriage counseling (BICO 304)*. Spartanburg, SC: American Association of Christian Counselors.

1998

Worthington, E.L., Jr. (1998). *Clinical demonstration: Forgiveness in clinical practice: An*

empathy/humility model. Lynchburg, VA: American Association of Christian Counselors.

Worthington, E.L., Jr. (1998). *Forgiveness in therapy*. Lynchburg, VA: American Association of Christian Counselors.

1996

Worthington, E. L., Jr. (1996). *Brief strategic solution-focused marital therapy*. New Braunfels, TX: Christian Association for Psychological Studies. (60-minute demonstration of therapy; third in CAPS Master's Counselors series)

1991

Worthington, E.L., Jr. (1991). *Marriage counseling with Christians*. Lynchburg, VA: American Association of Christian counselors. (60 minute audiotaped interview).

Worthington, E.L., Jr. (1991). *Theories and Techniques of Counseling I: PSYCH 612*. Lynchburg, VA: Liberty University School of Lifelong Learning (25 1-hour videotapes, series).

Worthington, E.L., Jr. (1991). *Workbook for Theories and Techniques of Counseling I: PSYCH 612*. Lynchburg, VA: Liberty University School of Lifelong Learning.

Worthington, E.L., Jr. (1991). *A blueprint for integrating your faith and counseling*. Waukesha, WI: Telling the Truth (60-minute audiotape).

Worthington, E.L., Jr. (1991). *Spiritual health in a therapeutic community*. Waukesha, WI: Telling the Truth (60-minute audiotape).

1990

Worthington, E. L., Jr. (1990). *Marriage counseling with a Christian couple*. Videotape (2 hours) of excerpts from four sessions. Richmond: Virginia Commonwealth University.

Worthington, E. L., Jr. (1990). *Dealing with marital stress, infidelity, and divorce*. Lynchburg, VA: Liberty University (12-audiotape series within the Liberty Institute for Lay Counseling and Discipleship)

Worthington, E. L., Jr. (1990). *Workbook for "Dealing with marital stress, infidelity, and divorce."* Lynchburg, VA: Liberty University.

1989

Worthington, E. L., Jr. (1989). Unwanted pregnancy (30-minute audiotape). In G. R. Collins (Ed.) *Christian counselors' library*. Waco, TX: Word.

10.7 Book Forewords (3)

2013 (3)

Worthington, E. L., Jr. (2013). Foreword to the Chinese translation. *The power of forgiving* [trans.] Taiwan: Taosheng Publishing House.

1998

Worthington, E. L., Jr. (1998). Foreword. In Donald D. Denton, Jr. (1998). *Religious diagnosis in secular society* (pp.vii-ix). Lanham, MD: University Press of America.

Worthington, E. L., Jr. (1998). Foreword. In Gary J. Oliver, M. Hasz, & M. Richburg. (1998). *Promoting change through brief therapy in Christian counseling* (pp. Xi-xii). Wheaton, IL: Tyndale.

10.8 Published Interviews in Professional Journals (3)

Nuran Kormatz (2014). Interview with Everett Worthington on religious/spiritual research and forgiveness.

Benda, B.B. (2002). Interview with Everett Worthington Professor of Psychology, Virginia Commonwealth University. *Marriage and Family: A Christian Journal*, 5, 93-98.

Yarhouse, M.R. (2002). Interview with Everett Worthington. *Family Therapy*,

10.8 Courses Taught

Virginia Commonwealth University

Graduate

Topics: Research in Counseling Psychology
Principles of Psychological Measurement
Forgiveness: Theory, Research, and Practice
Research Practicum
Brief Therapy
Theories of Counseling and Psychotherapy
Marriage Counseling: Theory, Practice, and Research
Marriage and Family Therapy
Counseling Practicum
Counseling Pre Practicum

Undergraduate

Forgiveness: Spotlight on Research
Introductory Psychology
Positive Psychology
Personal Adjustment (formerly called Effective Behavior and Contemporary Psychology;
before that Mental Hygiene)
Personality (Theories and Research)
Psychology of Religion (Honors)
Psychology of Adolescence

University of Missouri-Columbia

Undergraduate

Personal Adjustment
Personality
Introductory Psychology (Team Taught)
Portions of:
Individual Tests and Measures

Experimental Psychology

Rosemead School of Psychology (Biola University)

Graduate

Forgiveness: Theory, Research, and Practice (2 times)

Denver Seminary

Graduate

Marital and Premarital Counseling

Marriage Enrichment (5 times)

Liberty University

Graduate

Counseling Theories

Correspondence (Video or Audio Lectures)

Lay Marriage Counseling (audio series, 12 tapes)

Counseling Theories (video series, 25 sessions on 5 tapes)

Alliance Theological Seminary, Alliance Graduate School

Forgiveness: Research, Theory, and Practice (2 times)

Grace University (Omaha, NE)

Forgiveness: Research, Theory, and Practice

Indiana Wesleyan University (Marion, OH)

Forgiveness: Forgiving Others and Self

Light University (Lynchburg, VA)

Research Design and Statistics (online 15-lecture course)

Guest lectures in two other courses

Regent University (Virginia Beach, VA)

Forgiveness (16 hours)

REALIS Christian Center and National Pedagogical Dragomanov University (Kiev, Ukraine) [Master's program in Counseling and Chaplaincy in Crisis Situations]

Forgiveness (40 hours)

11. WORKSHOPS ATTENDED AND OTHER PROFESSIONAL DEVELOPMENT

Actively involved in keeping abreast of changes in the field by attending workshops, talks, conventions accumulating well over 30 CEs each year, and by having taken 2 graduate classes since 1978.