

Sit, Walk, Stand | Ephesians | 26 November 2017

Walk = *peripateo*

And you were dead in the trespasses and sins in which you once walked, following the course of this world, following the prince of the power of the air, the spirit that is now at work in the sons of disobedience—among whom we all once lived in the passions of our flesh, carrying out the desires of the body and the mind, and were by nature children of wrath, like the rest of mankind. **2:1-3**

But God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved—and raised us up with him and **seated** us with him in the heavenly places in Christ Jesus, so that in the coming ages he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast. **2:4-9**

For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them. **2:10**

I therefore, a prisoner for the Lord, urge you to **walk** in a manner worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit—just as you were called to the one hope that belongs to your call—one Lord, one faith, one baptism, one God and Father of all, who is over all and through all and in all. **4:1-8**

Now this I say and testify in the Lord, that you must no longer **walk** as the Gentiles do, in the futility of their minds. They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart. They have become callous and have given themselves up to sensuality, **greedy** to practice every kind of impurity. But this is not the way you learned Christ! **4:17-20**

Therefore be imitators of God, as beloved children. And **walk** in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. **5:1-2**

At one time you were in darkness, but now you are light in the Lord. **Walk** as children of light (for the fruit of light is found in all that is good and right and true), and try to discern what is pleasing to the Lord. **5:8-10**

Look carefully then how you **walk**, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery, but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with all your heart, giving

thinks always and for everything to God the Father in the name of our Lord Jesus Christ, submitting to one another out of reverence for Christ. **5:15-21**

Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to **stand** against the schemes of the devil... 6:10 ff.

Watchman Nee, ***Sit, Walk, Stand***, (Christian Literature Crusade 1965).

We have sought to make it clear that Christian experience does not begin with walking, but with sitting. Every time we reverse the divine order, the result is disaster. The Lord Jesus has done everything for us, and our need now is to rest [dwell, abide] confidently in Him. He is seated on the throne, so we are carried through in His strength. It cannot be too strongly emphasized that all true spiritual experience begins from rest.

Eight times in Ephesians the word "walk" is used. It means literally "to walk around" and is used here figuratively by Paul to mean "to comport oneself; to order one's behavior." It brings immediately before us the subject of Christian conduct, and the second section of the letter is largely taken up with this.