



## Gentle C-Section

Thank you for explaining why a c-section is now medically necessary. If possible, we would like a couple of minutes to gather ourselves before going to theatre. Please see below our preferences to make the c-section as gentle, calm and special as possible.

Cannula + Finger pulse monitor in Left hand please

Blood Pressure Cuff removed to leg as soon as possible

Heart Monitors on my back to facilitate skin to skin asap please

Can we please play music?

Can the theatre be as quiet as possible please?

I would like Shane to stay with me and be next to me for the birth

Please lower the screen so I can see the baby being born

Please show me my baby's face as soon as possible

I would like to hold my baby as soon as possible and keep the baby with me in recovery

