

BREAKFAST (SERVED 9:30AM - 3:30PM)		
Toast Fresh artisan bread from Ursa Minor toasted served with Lost & Found jam & butter		2,6
Granola Homemade pecan & walnut granola served with Clandeboye natural yoghurt & Irish honey.		4
Poached Eggs On Toast Soft poached free range eggs served on toasted sourdough with Abernathy smoked salted butter & cracked green pepper		4,2
- <i>add pancetta bacon</i>	1,5	
- <i>add slow-roasted tomato</i>	1,2	
- <i>add extra egg</i>	1	
- <i>add Kale Pesto</i>	1,2	
Chorizo & Lentil Eggs chorizo with tomato & lentil stew with with soft poached eggs topped with dukkah and served with toasted sourdough		6,0
L&F Brunch Brioche Broughgammon Farm veal & goat bacon sausage, Dubliner mature cheddar, rocket & Ballymaloe jalapeno relish topped with a soft cooked fried egg in brioche bap		6,7
LUNCH (SERVED 11:30AM - 3:30PM)		
Soup (GF, DF) Carrot & Lentil soup garnished w/h thyme & toasted pecans & served with Ursa Minor sourdough bread		4,4
Smoked Paprika Chicken sandwich paprika chicken, roasted red peppers & harissa mayo w/h Vance farm mixed greens served on Ursa Minor toasted sourdough	<i>(add soup 2,2)</i>	6,7
L&F Chilli Bowl slow cooked beef & chorizo chilli w/h house green salsa, tortilla crisps & sour cream		6,7
Kids Lunch Cheese & ham toastie served with a banana and a choice of apple juice or milk. (**age 12 & under only).		3,8
We will always try our best to cater for your dietary needs, however during busy periods this may not be possible		