

BREAKFAST (SERVED 9:30 AM - 3:30PM)	
Toast Fresh artisan bread from Ursa Minor toasted served with Lost & Found jam & Irish butter	2,6
Granola Homemade pecan & walnut granola served with Clandeboye natural yoghurt & Irish honey.	3,9
Poached Eggs On Toast 2 soft poached free range eggs served on toasted sourdough with salted butter & cracked black pepper <ul style="list-style-type: none"> - <i>add smoked pancetta bacon</i> 1,6 - <i>add slow-roasted heirloom tomato</i> 1,5 - <i>add Ballymaloe jalapeno relish</i> 1,3 - <i>add Haloumi</i> 1,6 - <i>add avocado</i> 1,6 	4,3
L&F Green Eggs Soft poached eggs topped with smoked ham & wild garlic hollandaise on Ursa Minor toasted sourdough	6,7
L&F Brunch Brioche Broughgammon sausage, mature cheddar, rocket & Ballymaloe jalapeno relish topped with a soft cooked fried egg in a brioche bap	6,8
Seasonal French Toast Pina Colada French toast, rum glazed pineapple, coconut custard, pineapple jam & coconut crumble on house brioche	6,7
LUNCH (SERVED 11:30AM - 3:30PM)	
Bloody Mary soup (GF, DF, VEG) tomato, red pepper, cucumber garnished w/h sourdough croutons & served w/h Ursa Minor sourdough bread	4,6
Sweet potato soup (GF, DF, VEG) Sweet potato, coconut, chilli & lemongrass served w/h Ursa Minor sourdough bread	4,6
WEEKDAY SPECIAL Conchita pibil Mexican style pulled pork cooked in banana leaves, sriracha & lime mayo w/h agave & coriander slaw on levain flatbread (add soup 2,2)	7,0
The L&F Seasonal Salad Pad Thai salad w/h baby gem, bok choy, rice noodles, chilli, lime & ginger (add chicken 1,6)	7,0
Kids Lunch Cheese toastie served with a banana and kids smoothie (**age 12 & under only).	3,0

We will always try our best to cater for your dietary needs, however during busy periods this may not be possible