

SIDNEY J. GOLDFARB, M.D., F.A.C.S.
419 N. HARRISON STREET, SUITE 206
PRINCETON, NJ 08540
609-921-3008 (phone)
609-921-7533 (fax)

LITHOTRIPSY (ESWL Therapy)

The following information is intended to help make your lithotripsy experience safe and pleasant. Please follow these instructions. Failure to do so could delay or cancel your treatment.

NOTES: *If there is any possibility that you could be pregnant, tell your doctor. You cannot have lithotripsy treatment if you are pregnant. Pregnancy tests must be done within seven (7) days of your procedure. DO NOT engage in unprotected intercourse after your pregnancy test has been done.*

Patients who weigh more than 360 lbs cannot be treated.

One week before your procedure:

DO NOT take aspirin, ibuprofen (or products that contain these drugs), or anti-inflammatory drugs for seven (7) days before treatment. Medications to avoid are listed on the next page.

Acetaminophen (Tylenol) products MAY be taken for any type of pain prior to the procedure.

The evening before your procedure:

Eat a light meal. Avoid gas-producing foods such as dairy products, cabbage, beans, broccoli, brussels sprouts, chicken, and turkey.

On the day of your procedure:

DO NOT EAT OR DRINK ANYTHING, INCLUDING WATER, PAST MIDNIGHT ON THE DAY OF YOUR PROCEDURE. This includes chewing gum, lifesavers, and cough drops. Cardiac (Heart) and anti-hypertensive (high blood pressure) medications should be taken as usual, with 1 oz. of water.

If you are currently taking any medications for diabetes (either pills or injections), please hold your medication on the day of the procedure.

Wear comfortable clothing. Leave valuables, money, and jewelry at home.

Please bring reading glasses with you. DO NOT wear contact lenses.

If you are coming to the Center as an outpatient, arrange to have a responsible adult take you home after your procedure. PATIENTS MAY NOT DRIVE THEMSELVES HOME.

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DRUGS TO AVOID PRIOR TO ESWL THERAPY

Prior to treatment, it is advised to stop certain medications that may affect your blood's ability to clot. Please review the active ingredients in ALL medications you are taking. Consult your urologist or prescribing physician for specific instructions regarding stopping any of the following medications prior to lithotripsy.

ACETYLSALICYLIC ACID	DARVON COMPOUND	LODINE	PERSANTINE
ACTRON	DAYPRO	LOR TAB ASA	PHENYLBUTAZONE
ADPRIN-B	DICLOFENAC	LOVENOX	PRIOXICAM
ADVIL	DICUMAROL	MAGAN	PLAVIX
AGGRENOX	DIFLUNISAL	MAGNAPRIN	PLETAL
ALEVE	DIMETAPP SINUS	MAGNES. SALICYLATE	PONSTEL
ALKA SELTZER	DIPYRIDAMOLE	MAGSAL	PROPOXYPHENE COMPOUND
ALOR 5/500	DISALCID	MARGESIC	RELAFEN
AMAPHEN	DOANS PILLS	MARNAL	REXOLATE
AMIGESIC	DOLOBID	MARTHRTIC	RHINOCAPS
ANACIN	DRISTAN SINUS	MECLOFENAMATE	ROBAXISAL
ANAPROX	EASPRIN	MECLOMEN	ROXIPRIN
ANISINDIONE	ECOTRIN	MEDIGESIC	RUFEN
ANOQUAN	EMPIRIN	MEDIPRIN	SALETO
ANSAID	ENDOLOR	MEFENAMIC ACID	SALETO-D
ANTURANE	ENOXAPARIN	MENADOL	SALFLEX
ARDEPARIN	EQUAGESIC	METHYL SALICYLATE	SALSALATE
ARGESIC	ESGIC	MICRAININ	SALSITAB
ARTHA-G	ETODOLAC	MIDOL	SCOT-TUSSIN
ARTHRITIS PAIN FORMULA	EXCEDRIN	MIRADON	SINE-AID IB CAPLETS
ARTHROPAN	FELDENE	MOBIDIN	SODIUM SALICYLATE
ARTHROTEC	FEMCET	MOBIGESIC	SODIUM THIOSALICYLATE
ASCRIPITIN	FENOPROFEN	MOMENTUM	SODOL COMPOUND
ASPERGUM	FIORGEN PF	MONOGESIC	SOMA COMPOUND
ASPIRIN	FIORINAL	MOTRIN	SULFINPYRAZONE
ASPRIMOX	FIORTAL	NABUMETONE	SULINDAC
ASPROJECT	FLURBIPROFEN	NALFON	SUMMIT EXTRA STRENGTH CAPLET
AXOTAL	FRAGMIN	NAPRELAN	SUPAC
AZDONE	GELPIRIN	NAPRON	SYNALGOS
BACKACHE MAX STRENGTH	GEMNISYN	NAPROSYN	TALWIN COMPOUND
BAYER	GENPRIL	NAPROXEN	TICLID
BC TABS/POWDER	GENPRIN	NIGHT-TIME EFFERVESCENT	TICLOPIDINE
BUFFERIN	GENSAN	NORGESIC	TOLECTIN
BUFFETS II	GOODY'S	NORGESIC FORTE	TOLMETIN SODIUM
BUFFEX	HALFPRIN	NORMIFLO	TORADOL
BUTALBITAL COMP.	HALTRAN	NORWICH EXTRA STRENGTH	TRENTAL
CAMA	HEARTLINE	NUPRIN	TRIAD
CARISOPRODOL COMP.	IBU-TAB	ORGARAN	TRICOSAL
CATAFLAM	IBUPRIN	ORUDIS	TRILISATE
CHOLINE SALICYLATE	IBUPROFEN	ORUVAIL	TRISALATE
CILOSTAZOL	IBUPROHM	OXAPROZIN	TUSAL
CLINORIL	INDOCHRON	PABALATE	URSINUS INLAY TABS
CLOPIDOGREL	INDOCIN	PAIN RELIEVER TABS	VANQUISH
COUMADIN	INDOMETHACIN	PAMPRIN	VOLTAREN
DALTEPARIN	ISOLLYL	PANASAL 5/500	WARFARIN
DAMASON P	KETOPROFEN	PENTOXIFYLLINE	ZORPRIN
DANAPAROID	KETOROLAC	PEPTO BISMOL	
	LANORINAL	PERCODAN	
	LOBAC		

If you have any questions regarding the active ingredients in any medication you are taking, please ask your physician or pharmacist.