


# MAY



## Wadena-Deer Creek Middle/High School

This institution is an equal opportunity provider.

\*Menu is subject to change

<p>1 Donut, fruit, juice, milk _____</p> <p>Popcorn chicken (bread 9-12), or pizza crunchers, mashed potatoes, fruit, veggies, milk</p>	<p>2 Breakfast burrito, fruit, juice, milk _____</p> <p>chicken or beef nacho's, green beans, fruit choice, fresh veggies, milk</p>	<p>3 Fruit smoothie, fruit, juice, milk _____</p> <p>Hamburger/bun or pizza, broccoli, fruit choice, fresh veggies, milk</p>	<p>4 Oatmeal/toast, fruit, juice, milk _____</p> <p>Hot ham/cheese/pretzel bun, or meatball sub, baked beans, fruit choice, fresh veggies, milk</p>	<p>5 French toast, fruit, juice, milk _____</p> <p>chicken patty/bun, or riblet/bun, tator tots, carrots, fruit choice, fresh veggies, milk</p>
<p>8 Dutch waffle, fruit, juice, milk _____</p> <p>chicken wrap (bread 9-12), build a burger/bun, potato cubes, fruit choice, fresh veggies, milk</p>	<p>9 scrambled egg/toast, fruit, juice, milk _____</p> <p>pulled pork/bun, or quesadilla, deluxe baked beans, fruit choice, fresh veggies, milk</p>	<p>10 long john, fruit, juice, milk _____</p> <p>Mandarin chicken/rice, or Calzone, carrots, fresh veggies, fruit choice, milk</p>	<p>11 breakfast bites, fruit, juice, milk _____</p> <p>salisbury steak, bread (cookie 9-12) or chicken drumstick (bread 9-12), mashed potatoes, fruit choice, fresh veggies, milk</p>	<p>12 French toast sticks, fruit, juice, milk _____</p> <p>Italian dunkers, or corn dog nuggets, carrots, fruit choice, fresh veggies, milk</p>
<p>15 Stuffed crust bagel, fruit, juice, milk _____</p> <p>Beef hot dog/bun or hamburger/bun, baby baked potatoes, fruit choice, fresh veggies, milk</p>	<p>16 pancake/sausage, fruit, juice, milk _____</p> <p>chicken dipper/mac 'n cheese, tator tot hot dish, fruit choice, peas, fresh veggies, milk</p>	<p>17 Cinnamon roll, fruit, juice, milk _____</p> <p>taco or fajita, fixings, baked beans, fruit choice, fresh veggies, milk</p>	<p>18 omelet/toast, fruit, juice, milk _____</p> <p>turkey gravy or pork chop patty, mashed potatoes, bread, fresh veggies, fruit choice, milk</p>	<p>19 breakfast pizza, fruit, juice, milk _____</p> <p>Homemade pizza, broccoli, fresh veggies, fruit choice, milk</p>
<p>22 Dutch waffle, fruit, juice, milk _____</p> <p>build a burger or chicken patty/bun, baked fries, cole slaw, fruit choice, veggies, milk</p>	<p>23 cook's variety, fruit, juice, milk _____</p> <p>meatballs, or pork gravy, mashed potatoes, fruit choice, fresh veggies, milk</p>	<p>24 long john, fruit, juice, milk _____</p> <p>cooks variety, fruit, veggies, milk</p>	<p>25 cooks variety, fruit, juice, milk _____</p> <p>cooks variety, fruit, veggies, milk</p>	<p>26 cooks variety, fruit, juice, milk _____</p> <p>cooks variety, fruit, veggies, milk</p>
<p>29 <b>NO SCHOOL</b></p> 	<p>30 cooks variety, fruit, juice, milk _____</p> <p>cooks variety, fruit, veggies, milk</p>	<p>31 cooks variety, fruit, juice, milk _____</p> <p>cooks variety, fruit, veggies, milk</p>	<p><u>1 cooks variety, fruit, juice, milk</u> _____</p> <p><u>cooks variety, fruit, veggies, milk</u></p>	<p><u>Lunch Entrées:</u></p> <ul style="list-style-type: none"> <li>• Main Entrée</li> <li>• Sub Sandwich</li> <li>• Yogurt Parfait</li> <li>• Pre-made Salad</li> </ul> <p><u>Breakfast Entrées:</u></p> <ul style="list-style-type: none"> <li>• Main Entrée, Pop-Tart, Snack Bread, Waffle, Cereal, Cereal Bar, Cheese Stick, Yogurt</li> </ul>

Milk choice each day: skim, choc. skim & 1%.